

500+
CLASSES



MLSN

main line school night

CLASSES, EVENTS & TRIPS

SPRING/SUMMER

2026

INSIDE THE GAME WITH PHILLIES
OWNER JOHN MIDDLETON

BEN FRANKLIN AND THE
GREAT AMERICAN EXPERIMENT

BOARD GAMES: THE CLASSICS

Register Today at MainLineSchoolNight.org

JOIN US FOR THE **10th Annual Visionary Voices**
MAIN LINE SCHOOL NIGHT'S SIGNATURE ANNUAL EVENT

INSIDE THE GAME

WITH PHILLIES OWNER
JOHN MIDDLETON



MONDAY, MAY 11, 2026 | VILLANOVA UNIVERSITY



Phillies Managing Partner John Middleton and Hall of Fame Sportswriter Jayson Stark take us behind the scenes to explore leadership, legacy, and what it means to build a team for the city of Philadelphia.

Join us on May 11 as we celebrate a decade of Visionary Voices and the power of curiosity, connection, and community. Your participation supports MLSN's 88-year legacy of bringing people together through learning.



CHOOSE YOUR EXPERIENCE:

Event Sponsorships | MVP/VIP Opportunities | Standard Admission

MainLineSchoolNight.org/Visionary2026

PRESENTING SPONSOR



Penn Medicine

Photo credit (including front cover): The Philadelphia Phillies

Welcome

TO OUR SPRING 2026 CATALOG!



DEAR FRIENDS,

As we enter a new season of learning, I'm proud to share the programs and experiences that continue to make MLSN a vibrant home for curiosity, conversation, and discovery:

- This spring, MLSN presents two standout experiences: the **10th Annual Visionary Voices with Phillies owner John Middleton and Hall of Fame sportswriter Jayson Stark**, and a **members-only evening with Brad Ingelsby**, creator of *Mare of Easttown* and *Task*.
- Our new **Planning with Heart** series offers guidance and support for aging and navigating life's transitions.
- As we celebrate the nation's **250th Anniversary**, our programming will uncover stories that shaped America.

All of these programs reflect the heart of MLSN: remarkable voices, meaningful conversations, and experiences that bring people together through learning and connection.

Your support through philanthropy, membership, and corporate sponsorship fuels these opportunities and keeps the legacy of MLSN thriving. We are deeply grateful to our instructors, donors, sponsors, volunteers, and lifelong learners who are part of our story.

Warmly,
Rebecca Cain, *Executive Director*

MARK YOUR CALENDARS

Our second Fall for Learning Community Day returns on September 19. You won't want to miss it!

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WAYS TO REGISTER88



The Delaware County America 250 Commission is a local initiative designed to engage the community in celebrating 250 years of American history through enriching educational opportunities, special programs and innovative experiences.



Main Line School Night offers adults of all ages affordable educational experiences to promote personal enrichment and to enhance the quality of our community.

Become A MEMBER

Support MLSN's 88-year tradition of bringing people together through learning—and enjoy member benefits all year long.



SCHOLAR \$65 Individual • \$120 Couple

- Discounted registration
- Early registration
- Members-only opportunities

SENIOR SCHOLAR (65+):
\$60 Individual • \$110 Couple

- Same as Scholar benefits



ARTISAN \$250 (Household)

- All Scholar benefits (up to 2 members)
- 2 complimentary Special Events* registrations per household
- Advance invitations to Signature Events**



DISCOVERER \$500 (Household)

- All Scholar + Artisan benefits (up to 2 members)
- 4 complimentary Special Events* registrations per household
- Priority Access to Signature Events**

SCAN THE QR CODE OR VISIT MainLineSchoolNight.org/Membership

*Special Events include: 90 Minutes That Matter, Smart Lunches, Midday Medley, Hot Topics, Evening Engagements

**Signature events include Members Only programs, Visionary Voices VIP, future marquee program

MEMBERS-ONLY EVENT

A RETURN TO THE SPOTLIGHT



with *Task and Mare of Easttown* Creator, Brad Ingelsby

SOLD OUT!
Join the Waitlist!

Tuesday, February 24

Join fellow MLSN members for a special evening with acclaimed screenwriter and producer, Brad Ingelsby. Enjoy light bites, wine, and a signature cocktail inside the stunning new World Wide Stereo Wayne showroom.

Brad will be joined in conversation by MLSN Board Member, Caroline O'Halloran, Publisher of *SAVVY Main Line* and *Task* Assistant Production Coordinator Sam Rossman.

RESERVE YOUR TICKETS TODAY at MainLineSchoolNight.org/Membership

Limit two tickets per household.

COMMUNITY PARTNER
WORLD WIDE STEREO
EST. 1979



Honoring the Life of ANNE V. ISKRANT



FRIDAY, MAY 15

Creutzburg Center | 2pm

Join us as we celebrate the life and legacy of Anne V. Iskrant—a cherished educator, board member, and longtime friend of Main Line School Night.

Anne's deep belief in lifelong learning and community connection helped shape MLSN for many years, and her leadership continues to inspire all who value curiosity, creativity, and shared discovery.

At this special gathering, we will dedicate a memorial bench in Anne's honor and reflect on the impact she made in our community. All are welcome as we remember an extraordinary life lived with purpose, kindness, and an unwavering love of learning.

In tribute to Anne and her enduring commitment to MLSN, gifts in her name may be made to carry her legacy forward at MainLineSchoolNight.org/AnneTributeGift.



RSVP AT

MStewart@MainLineSchoolNight.org



SPECIAL EVENTS

90 MINUTES THAT MATTER

» Religious Freedom and the Nation's Founding in Philadelphia: Reflections on America



NEW Philadelphia is widely understood to be the birthplace of American democracy, but it is also the birthplace of American religious freedom. The early city was one of the most religiously diverse locales in colonial America, and the experience of diversity influenced discussions about founding principles. Class will highlight a public history initiative by the Dialogue Institute, which aims to use stories of diversity to stimulate dialogue about American identity and belonging today.

David Krueger, Executive Director, Dialogue Institute, Temple University

Thu, 12:30 PM to 2:00 PM, 3/5
SL41819 Creutzburg 1 session, \$39
member \$35

» Development of Latin America-China Relations in the 20th and 21st Centuries



NEW Coverage on China's presence and influence in Latin America has increased. Sometimes, China is presented as a tough competitor to U.S. influence. Other times, as a player that has filled in gaps

that traditional partners have left. What is China's history and role in Latin America? Is it one in which the Latin America-China relationship mirrors a new form of colonialism or dependency? What are the interests and objectives at hand in this relationship?

Victoria Chonn Ching, Non-resident Fellow, FPRI and The Atlantic Council

Fri, 12:30 PM to 2:00 PM, 3/13
SL51525 ONLINE 1 session, \$39
member \$35

» Christian Nationalism and Its Challenges to Faith and Life in a Diverse Democracy

NEW Get an overview of the debates surrounding the relationship between religion and politics in U.S. history, with a focus on the emergence of a movement known as Christian nationalism. While its advocates claim to be restoring faith to American public life, it tends to impose a narrow expression of Christianity that erases the separation of church and state and undermines democracy by marginalizing religious (and non-religious) voices that do not conform.

David Krueger, Executive Director, Dialogue Institute, Temple University

Thu, 12:30 PM to 2:00 PM, 3/19
SL41820 Creutzburg 1 session, \$39
member \$35

» The War on Vaccines



NEW It's been a tough year for vaccines. Discuss the factors that led to vaccine distrust and the harms caused by that distrust.

Paul Offit, Professor of Pediatrics, Perelman School of Medicine, UPenn; Attending Physician, CHOP

Fri, 12:30 PM to 2:00 PM, 5/8
SL51505 ONLINE 1 session, \$39
member \$35

» Qatar: A Little Kingdom That Could



NEW Qatar is a peculiar place — a tiny peninsular kingdom along the Persian Gulf with less than 400,000 citizens. Yet it has hosted the FIFA World Cup, entertains sprawling campuses of Western universities, and harbors one of America's largest overseas airbases,

all while playing a frontline role in every major conflict in the Middle East. Explore Qatar's past and present, and trace the extraordinary cosmopolitan trajectory of this unassuming Arab state.

Sean Yom, Associate Professor, Political Science, Temple University

Fri, 12:30 PM to 2:00 PM, 5/15
SL51813 Creutzburg 1 session, \$39
member \$35

SMART LUNCHES

NOTE THE DAY OF THE WEEK AND THE TIME.

» The Justice Bell: The Sound of Equality



NEW An iconic symbol of women's rights resides right here in our backyard—inside the Bell Tower of Washington Memorial Chapel at Valley Forge! Join Nogar for an engaging look at the Justice Bell—the brainchild of suffragist Katherine Wentworth

Ruschenberger and a powerful symbol of the fight for women's right to vote. Follow its remarkable journey across Pennsylvania, its survival through war and change, and its lasting legacy as a timeless call for equality and justice.

Pat Nogar, Executive Director, Washington Memorial Heritage

Fri, 12:00 PM to 2:00 PM, 4/17
SL51806 Creutzburg 1 session, \$49
member \$44

» Ben Franklin & The Great American Experiment!



NEW Step back in time with Benjamin Franklin as he shares his many scientific discoveries. There will be "behind closed doors" stories about the signing of the Declaration and of Ben's escapades in Paris during the Revolutionary War. It will be

History with a dash of Humor as Dr. Franklin serves up lots of wit & wisdom.

Ben Franklin, portrayed by Brian Patrick Mulligan

Thu, 12:30 PM to 2:00 PM, 4/23
SL41805 Creutzburg 1 session, \$49
member \$44

» Midnight on the Potomac: The Last Year of the Civil War



NEW By the late summer of 1864, the Union war effort was in tatters. Battlefield casualties were appalling, the Lincoln presidency was failing, and there was no end to the war in sight. What happened next was nothing short of miraculous. Ellsworth

unpacks the final, fraught months of America's bloodiest war, and the remarkable coalition of loyal citizens who defeated the Confederacy and destroyed slavery.

Scott Ellsworth, NYT Bestselling Author; Professor, University of Michigan

Fri, 12:00 PM to 2:00 PM, 4/24
SL51807 Creutzburg 1 session, \$49
member \$44

PLANNING WITH HEART

This year-long series connects you with a knowledgeable panel of experts who provide the tools and insight you and your loved ones need to plan confidently for the future. Featuring:

- Liz Dunleavy, Licensed Social Worker and Certified Care Manager
- Felicia Greenfield, Licensed Clinical Social Worker
- Bode Hennegan, Certified Aging in Place Specialist
- Rebecca Thompson, CFP, Wealth Advisor

» Navigating Care: Managing Health, Caregivers, and Daily Life

Caring for an aging loved one can feel overwhelming. Gain practical strategies to coordinate care, recognize when more support is needed, and manage caregivers. Explore guidance from aging specialists, and discover trusted resources to help families and caregivers provide compassionate, well-coordinated support.

Fri, 12:00 PM to 2:00 PM, 4/10
SL51010 Creutzburg 1 session, \$29
member \$26

» Where Will You Live? Housing Options for Aging Well

Choosing where to live later in life involves balancing comfort, independence, and practical needs. Explore how to evaluate aging in place versus alternative senior living options, considering financial and emotional factors, support systems, and long-term goals. Gain insights to align your housing choices with your values, lifestyle, and family dynamics while discovering trusted resources to plan confidently for the future.

Fri, 12:00 PM to 2:00 PM, 5/8
SL51011 Creutzburg 1 session, \$29
member \$26

» Protecting Finances & Independence: Administrative Management and Fraud Prevention

Maintain independence while safeguarding finances through practical, preventive strategies. Learn to recognize and prevent common scams, reduce risk through effective oversight, and support older adults without limiting autonomy. Explore professional resources that help individuals and families stay informed and financially secure throughout the aging process.

Fri, 12:00 PM to 2:00 PM, 6/5
SL51012 Creutzburg 1 session, \$29
member \$26

SPECIAL EVENTS

MIDDAY MEDLEY



» Weight Loss and the GLP-1 Medications

NEW GLP-1 medications like Wegovy and Zepbound are groundbreaking weight loss medications. Learn what they are and how they affect weight loss, insulin resistance and diabetes; how to know if you are a good candidate; why microdosing can be the safest, most effective approach; and why you do NOT need to be on them for life to be successful long term.

Winifred Constable, MD, Diata Health

Fri, 12:30 PM to 1:45 PM, 3/6
SL51808 Creutzburg. 1 session, \$39
member \$35

» Phillies v. Giants, July 16, 1966

NEW Take a deep dive into a very exciting, extra-inning Phillies-Giants game on July 16, 1966, at Connie Mack Stadium. Discover the unusual roster building strategy the Phillies employed. Bob Uecker hit a rare home run. Did Willie Mays hit a triple? Six future Hall of Famers played, as did a long list of really great players from the 60s who didn't make the Hall of Fame but should be remembered nonetheless.

Mike Walsh, Writer; Researcher; Sports Fan

Thu, 1:00 PM to 2:30 PM, 3/12
SL41816 Creutzburg. 1 session, \$39
member \$35

» Notable Houses and Estates of Villanova

NEW Look at a variety of notable properties in Villanova. Focus on the development of the Phillips family land in the early 1900s, the small arts colony planned there, and the subsequent building of large country houses. Highlighted are the work of architects Baily & Bassett and houses from the 18th century updated and expanded by architects like R. Brognard Okie and Walter Durham. Included are large houses along Montgomery Avenue and off Sproul Road and Conestoga Road.

Jeff Groff, Estate Historian (Ret.), Winterthur Museum, Garden & Library

Fri, 12:30 PM to 2:00 PM, 3/20
SL51828 Creutzburg. 1 session, \$39
member \$35

» Bob Dylan as a Prophetic Figure

NEW Green argues that Dylan ought to be seen in prophetic terms, as someone wrestling with fundamental values—individual freedom, social justice, adherence to the divine—and wrestling, too, with the tensions between these values. See how Dylan makes original contributions to the meaning of self-reliance, the quest for rapprochement between the religious and non-religious, and the problem of how ordinary people might operate in a fallen political world.

Jeffrey Green, Prof, Poli Sci, UPenn; Dir, Andrea Mitchell Center for Study of Democracy, UPenn

Thu, 1:00 PM to 2:30 PM, 3/26
SL41817 Creutzburg. 1 session, \$39
member \$35

» Greyhounds: The First Family of Dogs

NEW There are dogs, and then there are Greyhounds. The Greyhound family, including such breeds as Afghan Hounds, Salukis, Whippets, and of course, Greyhounds, trace their origin to 6000 BCE. From ancient carvings, medieval masterpieces, and renaissance paintings, to contemporary show and racing dogs, Greyhounds are living history. Explore Greyhounds in art, history, and sport.



Cynthia Branigan, Author, The Reign of the Greyhound

Mon, 1:00 PM to 2:30 PM, 4/20
SL11818 Creutzburg. 1 session, \$39
member \$35

» Do You Know Where Your Money Sleeps at Night ?

NEW Many people are surprised to learn that their financial investments are not aligned with their values. They may stand in direct opposition to them, to their philanthropic giving, and to what's good for their local community. Explore how you can make sure your investments reflect what matters to you—whether that's caring for the environment, supporting gender or racial equity, strengthening local communities, or other issues close to your heart.

Cory Donovan, Co-Founder & SVP, Community Engagement, ImpactPHL

Fri, 12:30 PM to 2:00 PM, 5/1
SL51821 Creutzburg. 1 session, \$39
member \$35

» The Bravest Wore Bonnets

NEW You've heard of Harriet Tubman and Harriet Beecher Stowe. You'll meet some of the countless other 19th Century women, Black and white, who risked their lives on the front lines of the antislavery and equal-rights struggle. They defied a white elite that enriched itself off slavery and forbade women's political activity. They put themselves in harm's way in whites-only streetcars, theaters and steamships 90 years before Rosa Parks.

Murray Dubin, Author, Journalist

Daniel Biddle, Author, Journalist

Tue, 1:00 PM to 2:30 PM, 5/5
SL21823 Creutzburg. 1 session, \$39
member \$35

» William Still: Father of the Underground Railroad

NEW The story of Philadelphia's William Still may not be widely known, but his imprint on history is deep. Bongiorno explains how Still's character, his family's history, his business acumen and the city's location put him at the front door of freedom for hundreds of people.

Cara Schneider Bongiorno, Founder, Philly History Pop Ups

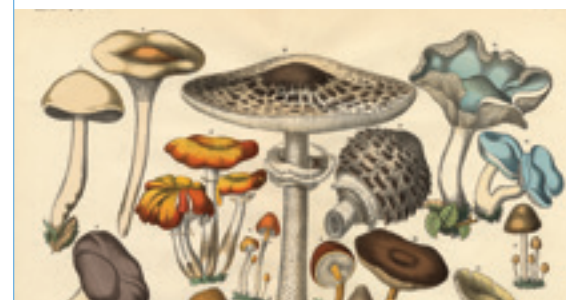
Thu, 1:00 PM to 2:00 PM, 5/14
SL41814 Creutzburg. 1 session, \$39
member \$35

» Mysteries of Mushrooms: An illustrated Lecture

NEW Beneath our feet and within every ecosystem lies a hidden network of extraordinary organisms working wonders—fungi. Learn of the emerging importance of mushrooms and their underground networks in solving critical ecological and environmental issues. Explore their remarkable abilities to detoxify pollution, enrich biodiversity, create sustainable alternatives in clothing and packaging, and even remediate climate change. Be surprised and amazed by the intricate, often unseen, processes by which these unsung alchemists are quietly revolutionizing environmental stewardship. See p. 69 for our 7/7 Kennett Square bus trip.

Mike Weilbacher, Naturalist; Author

Wed, 1:00 PM to 2:30 PM, 6/17
SL31809 Creutzburg. 1 session, \$39
member \$35



» Celebrating the History and Future of the Mann Center for Performing Arts

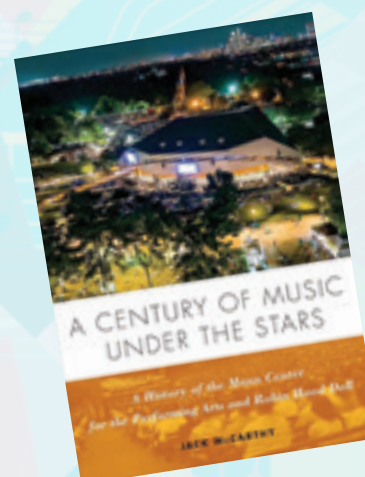
NEW Many of us have a memorable story about attending a performance at the Mann Center for the Performing Arts or the Robin Hood Dell. Join us for the inaugural gathering of our "One Book, One Main Line School Night" series to celebrate the legacy of the Mann (now Highmark Mann) and its many stories. In A Century Under the Stars, archivist and historian Jack McCarthy goes behind the scenes at the iconic venue. At our event, he'll be in conversation with Catherine M. Cahill, the Mann's President and CEO. Bring your favorite Mann memories and questions!

Jack McCarthy, Author, A Century Under the Stars

Catherine M. Cahill, President and CEO, The Highmark Mann Center for the Performing Arts

Thu, 1:00 PM to 2:30 PM, 4/30
SL41830 Creutzburg. 1 session, \$39
member \$35

NEW! ONE BOOK, ONE MAIN LINE SCHOOL NIGHT



SPECIAL EVENTS

HOT TOPICS HAPPY HOUR

» Bourbon and Blazers: A Guide for the Well-dressed Man

NEW Guys—want to dress well, but don't know where to begin? Whether you are back in the office, new to the workforce, a seasoned professional, working from home or a retiree, and are looking for an upgrade—you have come to the right place. Learn the tips and tricks from an industry professional. Discuss fit, color, silhouette, creating outfits, and so much more. Bourbon and light bites included.

Diane Oliva, Personal Menswear Stylist

Wed, 5:45 PM to 7:00 PM, 3/11
SL32828 Creutzburg 1 session, \$39
member \$35

» Raphael: Rock Star of the Renaissance

Raffaello Sanzio was, along with Leonardo and Michelangelo, one of the great artist polymaths of the Renaissance. He is famous for fashioning the style known as “High Renaissance” and was the essential man—painter, architect, designer, tastemaker, entrepreneur, team builder, courtier, and visionary. Sadly, it's trendy to dismiss his work as “too beautiful.” Enjoy a comprehensive exploration (and celebration) of the exquisite beauty, grace, complexity and range of his work. See our 4/14 bus trip to The Met on page 68.

Carla Gambescia, Author, La Dolce Vita University
Wed, 5:45 PM to 7:00 PM, 3/18
SL32804 Creutzburg 1 session, \$39
member \$35

» Quizzo MLSN Style: A Moment in Time

NEW Two hundred and fifty years of history is a mere blip to some countries, yet generates an accumulation of incredible knowledge. Test your mastery of the people and events that defined our country since its inception. Bring your friends or come solo and team up with others for a fun evening of trivia competition. Enjoy light refreshments and play for bragging rights!

MLSN Staff

Thu, 5:45 PM to 7:00 PM, 5/28
SL41822 Creutzburg 1 session, \$20

EVENING ENGAGEMENTS

» Weight Loss and the GLP-1 Medications

NEW See class description and instructor details on page 6.

Tue, 6:15 PM to 7:30 PM, 3/10
SL22829 Lower Merion HS 1 session, \$39
member \$35

» Eighty Years before Jackie Robinson

NEW Baseball has been around forever, right? Yes, in ancient times, around the world, Egyptian pharaohs, too. In America, since the 1700s. There were Black teams as well as white. Jackie Robinson broke baseball's color line in 1947. But learn how Octavius Catto ripped that line in Philadelphia 80 years before. There's a lot to know about the beginnings of baseball.

Murray Dubin, Author, Journalist

Daniel Biddle, Author, Journalist

Tue, 7:00 PM to 8:30 PM, 3/24
SL22824 Lower Merion HS 1 session, \$39
member \$35

» Talking Golf with Michael McDermott

NEW In 2026, Philadelphia will host two of golf's biggest events—the PGA at Aronimink and the U.S. Amateur at Merion. Join us as McDermott, one of Philadelphia's greatest amateur golfers, shares insights on these upcoming championships, his perspectives on golf in our area, and highlights from his extraordinary journey in the game.

*Michael McDermott, Amateur Golfer; CEO,
Kathmere Capital Management*

Tue, 7:00 PM to 8:30 PM, 4/14
SL22802 Lower Merion HS 1 session, \$39
member \$35

» Lead without Barking: What Parenting & Dog Training Teach Us about Leadership

NEW Learn how the principles of parenting and dog training can transform the way you lead. Explore the foundations of clear communication, consistent expectations, healthy boundaries, and calm, confident guidance across contexts. Learn tips for how to build trust, reduce conflict and create environments where staff, children and pups can thrive.

*Laura O'Kane, Executive Director & Instructor,
Paws & Affection*

Wed, 6:00 PM to 7:30 PM, 5/13
SL32803 Creutzburg 1 session, \$39

ART HISTORY & CULTURE

» Alexander Calder: Art of Sculpture in Space

NEW American sculptor Alexander Calder (1898-1976) revolutionized 20th-century sculpture with his kinetic mobiles that playfully shift with the slightest breeze and monumental stabiles that define public space. Explore the artist's deep connection to Philadelphia, his early exploration of abstraction in Paris and his public commissions seen around the world.

*Lynn Marsden-Atlass, President LMART
Consultant LLC*

Wed, 1:30 PM to 2:30 PM, starts 4/1
AA31049 Creutzburg 2 sessions, \$42
member \$32

» Alternate Selves: The Power of Dolls, Puppets & Masks

NEW From ancient rituals to childhood games, dolls and puppets have served for millennia as companions, ritual objects, and powerful devices for navigating life. More than just inanimate objects, toys and masks have loomed large in human history, helping us understand our thoughts, feelings, and intentions without real-world consequences. From Indian shadow puppetry, African ritual masks, Egyptian tomb dolls, and other examples throughout history, explore the role these surrogate people have brought to our lives as both children and adults.

Amy Anna, Esq, Artist, Author

Wed, 11:15 AM to 12:30 PM, starts 4/8
AA31037 ONLINE 3 sessions, \$59
member \$53

» Archaeological Treasures of Italy

NEW Italy's rich history stretches back over 2000 years. Explore Italy's most impressive archaeological remains, including the Etruscan tombs of Tarquinia and Cerveteri, the monumental Greek temples at Selinunte and Agrigento in Sicily, the lavishly decorated and well-preserved villas of Pompeii and Herculaneum, and the towering Colosseum in Rome.

*Devin Lawson, Department of Greek, Latin &
Classical Studies, Bryn Mawr College*

Wed, 2:30 PM to 3:30 PM, starts 4/29
AA31040 Creutzburg 4 sessions, \$69
member \$62

» Based on Books: Literature Inspired by Art

NEW From the hallowed museum halls of the Met in *All the Beauty in the World* to *The Art Forger* set against the backdrop of the Isabella Stewart Gardner Museum see how authors wove tales inspired by artists and collectors to give you fresh perspectives on viewing art. Classic to contemporary works will be explored as featured in four books related to iconic institutions. Reading is optional but a booklist will be provided.

Lynn Berkowitz, BFA, MFA

Mon, 2:00 PM to 3:15 PM, starts 3/2
AA11030 ONLINE 4 sessions, \$69
member \$62

» Curiouser & Curiouser: Enduring Influence of *Alice in Wonderland*

NEW Discover how Lewis Carroll's *Alice in Wonderland* continues to shape the creative landscape. Explore Alice's enduring influence across all art forms from the classic Tenniel illustrations and the more contemporary work of artists like Anna Gaskill to modern media like video games and digital art. See how Alice's themes have been reinterpreted in stage, dance, music, and pop culture. Look deeper than the surface to uncover hidden messages and enter a world where the impossible feels possible.

Amy Anna, Esq, Artist, Author

Wed, 11:15 AM to 12:30 PM, starts 3/4
AA31036 ONLINE..... 4 sessions, \$69
member \$62



» Homer & Wyeth: On Life and Loss

NEW In the late 19th and late 20th centuries, two of America's foremost artists, Winslow Homer and Andrew Wyeth respectively, tried to capture through their artwork the qualities of life and the mystery of death that make both sublime. Each, in a different time and through a different lens, brought his aesthetic to bear on these age-old subjects. What did they see? How did they express what they felt? Come find out.

Kenneth F. DeMarco, MS, JD

Thu, 1:30 PM to 2:30 PM, starts 4/23
AA41043 Creutzburg 4 sessions, \$75
member \$67

» How the Salons of the Steins & Others Changed Art

NEW From Gertrude and Leo Stein's revolutionary weekly gatherings to the vibrant salons of Japan and the collaborative spirit of today's Black artist co-ops, supportive creative spaces have always been vital for artistic evolution. Delve into the history of artist circles, where discussion, comparison, and inspiration sparked new movements. Examine diverse models, including Florence Griswold's hosting of American Impressionists in Connecticut; the playful glamour of Florine Stettheimer's NYC salons; the Club gatherings in Belle Epoque Paris and contemporary examples like Theaster Gates' Rebuild Foundation in Chicago. See how these collaborations lead to wondrous new works of art.

Lynn Berkowitz, BFA, MFA

Mon, 2:00 PM to 3:15 PM, starts 5/4
AA11032 ONLINE..... 3 sessions, \$59
member \$53

» The Story of American Creativity: Our Nation of Artists at Philadelphia Art Museum & PAFA

NEW Featuring more than 1,000 works across two world class museums, *A Nation of Artists* exhibition spans three centuries of American art, with special additions from the Middleton family collection. Trace the ever-evolving story of American creativity as shaped by the crosscurrents of patronage, cultural exchange, historic events, and imagination. What makes a work of art American? Is it a matter of geography, style, or subject? Encounter diverse points of view from indigenous makers, the Peale Family, Eakins, Beaux, Bellows, Pippin, O'Keeffe, and Hopper. An optional field trip to the Philadelphia Art Museum will follow after the final class.

Cynthia H. Veloric, PhD, Art Historian, Curator, Environmentalist

Tue, 10:30 AM to 11:30 AM, starts 3/17
AA21007 Creutzburg 4 sessions, \$75
member \$67



» Hudson River School to Basquiat: Art Around New York

NEW Go beyond midtown and explore the diverse landscapes and urban hubs that shaped New York's most groundbreaking artists from the 19th century Romantics to the 20th century avant-garde. Consider the influence of place on art, from the Catskill Mountains to the gritty energy of SoHo/TriBeCa and the coastal calm of Long Island. Discuss the works of diverse artists within the context of their time and place of inspiration including Frederic Edwin Church, Lee Krasner, Red Grooms, Georgia O'Keeffe and Jackson Pollock, among others.

Lynn Berkowitz, BFA, MFA

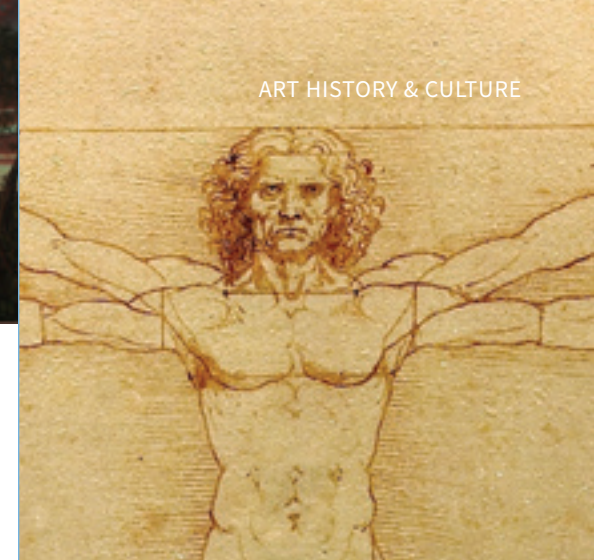
Mon, 2:00 PM to 3:15 PM, starts 4/6
AA11031 ONLINE..... 3 sessions, \$59
member \$53

» Notre Dame, Sagrada Familia & Others: Evolution of Sacred Architecture

NEW Explore the extraordinary human achievements and cultural exchanges which gave rise to Europe's most famous sacred spaces, from the Gothic splendor of Notre Dame to the modern marvel of La Sagrada Familia and others. See how the concept, design, and use of religious architecture evolved through the Middle Ages and the Renaissance in Europe. Reflect on how these structures became enduring testaments to artistic innovation across centuries.

Aliza M. Benjamin PhD

Thu, 10:00 AM to 11:15 AM, starts 3/5
AA41034 ONLINE..... 4 sessions, \$69
member \$62



» Window Into the Mind of a Genius: Notebooks of Leonardo da Vinci

NEW While famous for a few paintings like the Mona Lisa, Leonardo's hundreds of pages of drawings and notes on anatomy, mechanics, and art were the true centers of his creative life. Explore these masterful sketches and writings, which offer a unique approach to understanding the mysteries they hold, giving you a glimpse into Leonardo's extraordinary personality and way of thinking and seeing the world.

Benjamin B. Olshin PhD., Fulbright Scholar

Fri, 10:00 AM to 11:15 AM, starts 3/6
AA51043 Creutzburg 4 sessions, \$69
member \$62



» Walking Japan in the Footsteps of the Pilgrims

NEW Explore the Kumano Kodo, one of only two UNESCO-designated pilgrimage routes, in this virtual journey, led by an award-winning walking guide. Visit Japan's three most sacred sites—Isle Grand Shrine (Shinto), Koya-san (Buddhist), and the syncretic Kumano Grand Shrines— and gain insights into Japanese mythology and religious history.

John McBride, AM (Order of Australia)

Wed, 3:00 PM to 4:30 PM, 2/18
AA31014 ONLINE..... 1 session, \$39
member \$29

COMPUTERS & TECHNOLOGY

» Artificial Intelligence: AI in Your Everyday Life

Join us as we delve into the world of Artificial Intelligence! Together, we will learn to simplify terms such as LLMs, chatbots, and Generative AI while uncovering ways they can be used to enhance and improve your daily life! Find out how AI generates content and engage in discussion on its ethical impacts on society. No technical background is required.

Mo Moadeli, Senior Manager, AI Engineer

Tue, 6:30 PM to 7:30 PM, starts 2/17
CO22065 ONLINE 2 sessions, \$59
member \$54

Tue, 10:30 AM to 11:30 AM, starts 5/19
CO21066 ONLINE 2 sessions, \$59
member \$54

Tue, 6:30 PM to 7:30 PM, starts 7/7
CO22067 ONLINE 2 sessions, \$59
member \$54

» Applied AI Workshop: Unlocking ChatGPT & Gemini

NEW Discover how Gemini, ChatGPT, and Google AI Studio can transform the way you get things done. Imagine drafting polished emails in seconds, creating personalized meal plans instantly, and organizing household projects with ease—all from your computer or mobile device. We'll move beyond the basics, tackling deep research and complex task lists effortlessly. Join us to reclaim your time and upgrade the way you work and live! Beginners are welcome.

Jake Goldblum, CEO of Budge Industries, LLC

Tue, 6:30 PM to 8:00 PM, starts 3/10
CO22070 Lower Merion HS 2 sessions, \$55
member \$49

» PowerPoint: Creating Clear Concise Presentations

Learn how to create an entertaining and informative PowerPoint slideshow using either built-in templates or your own layouts. We'll cover how to insert pictures, text, and graphics along with adding "zip" with transitions and animations with your PC. Beginners are welcome! Please bring your Windows laptop with Microsoft PowerPoint open so you can follow along!

Susan Evans, Owner, Office Assistant

Tue, 6:15 PM to 8:15 PM, 3/24
CO22061 Lower Merion HS 1 session, \$39
member \$35

» Cutting the Cable: Is it for You?

Want to cancel your cable television contract? Learn about alternatives for viewing television shows and movies without a cable service plan.

Joel Price, Technology Consultant

Tue, 10:30 AM to 12:30 PM, 2/24
CO21050 ONLINE 1 session, \$55
member \$49

Mon, 10:30 AM to 12:30 PM, 4/20
CO11053 ONLINE 1 session, \$55
member \$49

Tue, 6:30 PM to 8:30 PM, 6/2
CO22049 Creutzburg 1 session, \$55
member \$49

» Excel: Level 1

Develop confidence using Excel. Learn how to automate data entry, create calculations, and format your spreadsheets to optimize efficiency. Laptop required.

David Grauel, Computer Consultant

Wed, 6:15 PM to 8:15 PM, starts 2/18
CO32060 Creutzburg 3 sessions, \$139
member \$125

» Excel: Level 2

Go beyond the basics of Excel. Learn more advanced formulas, how to sort and filter your data into tables, how to visualize it in charts and graphs, and much more! Laptop required.

David Grauel, Computer Consultant

Wed, 6:15 PM to 8:15 PM, starts 3/11
CO32068 Creutzburg 3 sessions, \$139
member \$125

» Scan Photos, Slides, Negatives, Artwork and More Like a PRO

NEW Learn how to scan and preserve photographic images from a print, negative, slide or virtually any art or heirloom piece from your collection, regardless of the shape, size or dimension of the item. Discover how to choose the right scanner, plan and set up your workspace in addition to the tools and computer skills required to successfully digitize and preserve precious memories. Laptop required.

Nancy White, Computer Consultant

Mon, 3:00 PM to 5:00 PM, starts 3/2
CO12056 The Willows Park. 2 sessions, \$85
member \$80

» Master Your iPhone: Beginners

Take a leap forward with your iPhone use. Learn to navigate the user interface, understand setting options, create folders, and explore the iPhone's built-in applications.

Nina Epstein, IT Consultant and Instructor

Tue, 10:15 AM to 12:15 PM, starts 3/17
CO21052 Creutzburg 4 sessions, \$165
member \$148

» Master Your iPhone: For Intermediate Users

Having mastered the basics, learn the tips and tricks to take your iPhone use to the next level!

Nina Epstein, IT Consultant and Instructor

Tue, 10:15 AM to 12:15 PM, starts 4/14
CO21051 Creutzburg 2 sessions, \$89
member \$80

» Navigating Windows 11: A PC User's Guide

Dive into the exciting world of Windows 11 on your PC! Discover all the new features and enhancements, from mastering the start menu to effortlessly accessing multiple programs. Learn to organize your files, tweak computer settings, arrange your desktop, and efficiently open, save, and print documents. Laptop required.

David Grauel, Computer Consultant

Thu, 6:15 PM to 8:15 PM, starts 4/9
CO42062 Creutzburg 3 sessions, \$139
member \$125

» Photo Editing with GIMP

NEW Discover GIMP, an amazing, powerful, free, open-source software application used for pro level editing, retouching, and restoring digital photos. This is a popular cross-platform alternative to Adobe Photoshop. Laptop required.

Nancy White, Computer Consultant

Tue, 1:00 PM to 4:00 PM, 5/5
CO21054 Creutzburg 1 session, \$59
member \$54

» Photo Mechanic

Master the art of photo organizing by naming, tagging, converting and saving photos using Photo Mechanic, an incredibly lightweight program! Laptop required.

Nancy White, Computer Consultant

Tue, 6:30 PM to 8:30 PM, starts 3/31
CO22055 Lower Merion HS 2 sessions, \$67
member \$59

» Podcasting 101

Podcasts are everywhere. They've become extremely popular, even spawning movies and television programs. Podcasts can take on many forms in media, but what is a podcast exactly and why do people make them? How are they made and what do you need to learn to create your own podcast? You will learn how to break down the process of podcast creation by examining both technical and non-technical aspects of this art form. No prior experience is required.

Jeremy DePrisco, Digital Media Specialist, Producer & Musician

Tue, 6:00 PM to 8:00 PM, starts 5/5
CO22059 Creutzburg 1 session, \$65
member \$59

» Scan & Preserve Old Photos: Fully Immersive

NEW Are your old photos stored away in albums, boxes, or drawers collecting dust and fading away? Learn how you can bring them back to life by scanning them into digital format. Once digitized, you'll be able to save, edit, and share with family and friends in creative ways such as enlargements, calendars, photo books, or narrated slideshows. Join us for a hands-on experience. Laptop required. Take-home scan kit included.

Nancy White, Computer Consultant

Mon, 1:00 PM to 4:00 PM, starts 4/6
CO11069 The Willows Park. ... 2 sessions, \$195
member \$189

» Word for PC

Learn the basics for creating professional documents. Discover how to format or edit documents, and set up a Quick Access Toolbar. Please bring your Windows laptop with Microsoft Word so you can follow along!

Susan Evans, Owner, Office Assistant

Wed, 6:15 PM to 8:15 PM, 5/6
CO32057 Creutzburg 1 session, \$39
member \$35

COOKING, FOOD & WINE

» Chilly Days Chicken and Vegetable Stews

NEW Nothing says warm and cozy more than a hearty stew. Join Ann as she shows you how to prepare a flavorful chicken stew and a vegetable stew filled with seasonal ingredients.

Ann Hazan, Culinary Professional; Cookbook Author
Mon, 10:00 AM to 12:00 PM, 2/23
CW11010 Creutzburg 1 session, \$55
member \$49

» Flatbreads

NEW Flatbreads are the perfect beginnings of wraps or can be used to scoop up your favorite dips recipes demonstrated will be Tortillas, Paratha and Pitais.

Michael Castillo, Owner, Michael Castillo's Kitchen
Thu, 6:00 PM to 8:00 PM, 2/26
CW42039 Creutzburg 1 session, \$45
member \$40

» Koren's Kitchen Favorites: Easy Appetizers

NEW Impress any crowd with three of Chef Koren's most-loved appetizers—simple, flavorful bites that always steal the show! Veggie-Stuffed Mushrooms—tender mushroom caps filled with a savory blend of herbs, vegetables, and cheese, baked until golden and irresistible Cheesesteak Egg Rolls—a playful twist on a Philly classic, filled with seasoned beef, sautéed onions, and melted cheese, served with zesty dipping sauce. Caprese Skewers—fresh mozzarella, cherry tomatoes, and basil drizzled with balsamic glaze for the perfect light, elegant bite.

Koren Draper, Owner, Koren's Kitchen
Mon, 1:30 PM to 3:30 PM, 3/9
CW11011 Creutzburg 1 session, \$55
member \$49

» Festive Feasts: Charcuterie Boards

NEW Your guests will marvel at these beautiful charcuterie boards highlighting savory Mediterranean ingredients and a colorful and tasty fruit board with a sweet dip. Ann and Linda will walk you through how to put these together for your upcoming spring and summer get-togethers. Best of all a small board will be provided for you to put together in class your savory picks to take home!

Ann Hazan, Culinary Professional; Cookbook Author
Linda Munich, Food Enthusiast and Teacher
Mon, 10:00 AM to 12:00 PM, 3/23
CW11014 Creutzburg 1 session, \$59
member \$55

» Foods from the Sea

Love shellfish, seaweed salad, freshwater fish? Aquatic foods provide valuable fats and minerals for good health. Learn to prepare salads with smoked oysters and seaweed, appetizers and savory fish that boost your heart and brain health.

Frances Alloway, MA, RDN, LDN, Nutritionist
Fri, 10:30 AM to 12:30 PM, 3/27
CW51035 Creutzburg 1 session, \$55
member \$49

» Poppa's Custards

NEW Learn how to cook award-winning vanilla and chocolate custard with Poppa's custards and discover the legion of recipes this can be used for. Fill your own tart shells and learn how to pipe it for a beautiful snack. Vegan options included. Hands on with different recipes.

Josh Johnson, Co-Founder & CEO of Poppa's Custard
Tue, 6:30 PM to 8:45 PM, 3/31
CW22024 Lower Merion HS 1 session, \$55
member \$49
Tue, 6:30 PM to 8:45 PM, 6/23
CW22030 Creutzburg 1 session, \$55
member \$49

» Fudge It – Let's Cook

NEW Learn to make scrumptious chocolate fudge in this hands-on class. Swirl in your own topping options of peanut butter, caramel, nuts, and dried fruit.

Franny Zehmer, Pastry Chef
Tue, 6:00 PM to 8:00 PM, 4/7
CW22022 Lower Merion HS 1 session, \$55
member \$49



» Mastering Knife Skills

Are you finding that it takes more time to chop and prep your ingredients than to actually cook them? Sharpen your slicing and dicing techniques so you will feel more confident in the kitchen. Learn how to grip a knife, master the “claw” for safety and other important techniques in this hands-on experience.

Michael Castillo, Owner, Michael Castillo's Kitchen
Tue, 6:00 PM to 8:00 PM, 3/3
CW22011 Lower Merion HS 1 session, \$49
member \$44
Tue, 6:00 PM to 8:00 PM, 5/19
CW22012 Creutzburg 1 session, \$49
member \$44

» The Great Scone-off

NEW Learn the process of making the perfect scone in this hands-on baking class. Choose between a scallion cheddar, maple bacon, or a blueberry lemon recipe. Take home all three recipes and your delicious creation.

Franny Zehmer, Pastry Chef
Fri, 10:00 AM to 12:00 PM, 4/17
CW51023 Creutzburg 1 session, \$55
member \$49

» Cook Once, Eat All Week

NEW Learn to batch-cook flavorful, chef-designed meals that support metabolism, smooth blood-sugar curves, and sustainable weight loss. Perfect for busy weeks—cook once, eat all week, and enjoy practical, delicious food that fuels your goals.

Caroline Ulstrup, Co-Founder of Diata Health
Tue, 6:00 PM to 7:30 PM, 4/21
CW22020 Lower Merion HS 1 session, \$55
member \$49

» Fun with Phyllo

NEW Take the fear out of working with phyllo. You will get step by step instructions on how to work with it successfully and make different shapes. Menu: Appetizer phyllo cheese triangles, Spinach Feta Pie and Baklava Rolls.

Ann Hazan, Culinary Professional; Cookbook Author
Mon, 10:00 AM to 12:00 PM, 5/4
CW11016 Creutzburg 1 session, \$55
member \$49

» Fig & Basil Pesto Cheese Tart

NEW Learn to make this delicious and sophisticated sweet and savory delight that harmoniously blends the herbaceous, garlicky notes of basil pesto with the natural, honey-like sweetness and chewy texture of figs, all within a creamy, cheesy filling and a flaky or crisp crust. This tart is visually striking and offers a beautiful presentation.

Scott Noye, Owner, Chef Dad's Table
Thu, 10:30 AM to 12:00 PM, 5/14
CW41001 Creutzburg 1 session, \$55
member \$49

» All Things Caramel

NEW Learn how to make caramel sauce, caramel chews and toffee as well as the science behind cooking sugar. Leave with a little goodie bag perfect for sharing with family on Memorial Day weekend!

Franny Zehmer, Pastry Chef
Fri, 10:00 AM to 12:00 PM, 5/22
CW51024 Creutzburg 1 session, \$50
member \$45

» High-Protein Meals You Actually Want to Eat

NEW Discover delicious, satisfying, high-protein recipes that steady blood sugar, support hormones, and promote lasting weight loss. Learn chef techniques and functional-medicine principles to make every meal taste amazing—and work with your body, not against it, even on busy weeks.

Caroline Ulstrup, Co-Founder of Diata Health
Fri, 11:00 AM to 12:30 PM, 8/7
CW51021 Creutzburg 1 session, \$45
member \$40





SPRING FAVORITES

» Make and Take Preserved Strawberry Jam

Learn the basics of water bath canning while preparing strawberry jam that can be stored in the pantry or gifted later. Everyone prepares a jar to enjoy at home.

Frances Alloway, MA, RDN, LDN, Nutritionist

Fri, 10:00 AM to 12:00 PM, 5/29
CW51042 Creutzburg 1 session, \$55
member \$49

» Spring Seasonal Brunch

NEW Entertain with ease and enjoy your own party with these dishes that are tasty and visually beautiful. Sure to please your guests, menu will include: Crustless Spinach and Goat Cheese Quiche and a fabulous stuffed French Toast with Fresh Fruit.

Ann Hazan, Culinary Professional; Cookbook Author

Mon, 10:00 AM to 12:00 PM, 4/6
CW11015 Creutzburg 1 session, \$60
member \$55

» Mother's Day Cake Decorating

NEW Celebrate spring and Mother's Day with a fresh and fun cake decorating class hosted by Jane! Learn frosting and piping techniques as you decorate a charming 5-inch, two-layer cake inspired by the season. Perfect for gifting or enjoying yourself! All supplies are included—just bring your creativity and get ready for a sweet, hands-on experience.

Jane Hodson, Owner Jane Baked It

Wednesday, 6:30 PM to 8:30 PM, 5/6
CW32005 Creutzburg 1 session, \$60
member \$55

» Mouthwatering Mushrooms

NEW Explore different types of mushrooms and recipes that highlight their flavors and health benefits. Included will be vegan mushroom burgers, salads and quesadillas. Boost your vitamin D by including some mushrooms in your diet. Did you know Pennsylvania is the Mushroom capital of the world?

Frances Alloway, MA, RDN, LDN, Nutritionist

Thu, 12:00 PM to 2:00 PM, 6/18
CW41043 Creutzburg 1 session, \$55
member \$49



» Bond Over Bites: "TikTok" Food

NEW Test out some of the coolest food trends and run a few food experiments of your own... Boba anyone?? We will make a few tasty bites and maybe even "go viral"! Fee is for a pair. \$25 for additional child.

Scott Noye, Owner, Chef Dad's Table

Tue, 6:00 PM to 7:30 PM, 3/17
CW22019 Lower Merion HS 1 session, \$65
member \$59

» Bond Over Bites: Toddler Time

NEW You get to be the sous chefs and we do all the shopping, organizing, and clean up. Cook together side by side with your young one, bonding, having fun, and eating delicious mac & cheese bites and edible cookie dough. Fee is for a pair. \$25 additional child.

Scott Noye, Owner, Chef Dad's Table

Tue, 10:30 AM to 12:00 PM, 4/28
CW21001 Creutzburg 1 session, \$49
member \$44

» Lilo & Stitch: Movie Munchies

NEW Enjoy our very first themed grandparent/parent and child dinner and discussion. Surf your way through a delicious 3-course Hawaiian meal and craft with food as you enjoy the classic film and learn about creating movie themed-culinary treats and discuss how food is used in the movie. Fee is a pair. \$25 fee for each additional child.

Scott Noye, Owner, Chef Dad's Table

Thu, 5:30 PM to 7:30 PM, 5/21
CW42002 Creutzburg 1 session, \$65
member \$59



» Spring & Summer Meals

NEW Easy lunch and dinner options for warm days: whether entertaining friends or making a meal for family, these menu options can be prepared within 30 minutes with fabulous results. Menu: Pita sandwiches and Chicken and Shrimp with a Mixed Fruit Salsa.

Ann Hazan, Culinary Professional; Cookbook Author

Mon, 10:00 AM to 12:00 PM, 6/1
CW11017 Creutzburg 1 session, \$49
member \$44

» Spring Fling Tea

NEW Let's celebrate the season of warmer weather, Spring flowers, and Easter hats—worn once more! Don your Derby bonnets and join us for a delightful Spring—inspired afternoon tea. Floral teas, delicious tea sandwiches, and seasonal scones and desserts fill the menu.

Marie Cosgrove, Founder, Ruby Tableaux

Sat, 2:00 PM to 4:00 PM, 4/18
CW61012 Creutzburg 1 session, \$55
member \$49

» Seasonal Salads

Tender lettuce, hearty greens, asparagus, sugar snaps, and radishes are just a few of the local crops to include in spring salads. Learn to make your own dressings while enjoying several salad recipes highlighting local and seasonal foods.

Frances Alloway, MA, RDN, LDN, Nutritionist

Thu, 10:00 AM to 12:00 PM, 4/9
CW41041 Creutzburg 1 session, \$55
member \$49

» St Patrick's Day Cake Decorating

NEW Get into the St. Patrick's Day spirit with a lively cake decorating class. Learn frosting and piping techniques as you design your own festive 5-inch, two-layer cake to take home in its own cake box. All supplies are included—just bring your creativity and get ready for a sweet, hands-on celebration!

Jane Hodson, Owner Jane Baked It

Tue, 6:30 PM to 8:30 PM, 3/10
CW22025 Lower Merion HS 1 session, \$60
member \$55

» Stove Top Grilling

NEW No outdoor grill, no problem. Quick, easy and delicious, enjoy grilled chicken and shrimp, a grilled vegetable medley and for the perfect finish, grilled peaches with cream, honey and toasted nuts.

Ann Hazan, Culinary Professional; Cookbook Author

Mon, 10:00 AM to 12:00 PM, 6/22
CW11018 Creutzburg 1 session, \$55
member \$49

» Taste of Spring Cooking

NEW Celebrate the season with a colorful, elegant meal that highlights spring's best ingredients: Chicken and Asparagus Roulade—tender chicken breasts rolled with fresh asparagus and herbs, roasted to perfection, and finished with a light pan sauce. Garlic Roasted Potato Wedges—golden and crisp on the outside, fluffy inside, and seasoned to perfection. Spring Berry Salad—mixed greens tossed with fresh seasonal berries and a bright citrus vinaigrette for a refreshing finish.

Koren Draper, Owner, Koren's Kitchen

Mon, 1:30 PM to 3:30 PM, 4/20
CW11038 Creutzburg 1 session, \$55
member \$49

» Lemon Curd Tart

NEW A Lemon Curd Tart is the perfect summer pie. You can enjoy the pie as is or top it with berries or just whipped cream. The tart will be made with an all butter crust.

Michael Castillo, Owner, Michael Castillo's Kitchen

Thu, 6:00 PM to 8:00 PM, 4/30
CW42040 Creutzburg 1 session, \$55
member \$49

» The Art of the Sugar Rose

NEW Learn to create an exquisite, lifelike sugar rose in this hands-on class. Using professional edible gum paste techniques, students will shape petal and leaves, wire stems, and apply delicate edible color dusting to achieve natural beauty and realism. Perfect for anyone who loves botanical art, cake decorators and floral enthusiasts. No prior experience required—all materials included.

Bellafrida Andres, Founder of Bella Sugar Craft

Fri, 9:00 AM to 12:00 PM, 3/13
CW51046 Creutzburg 1 session, \$49
member \$44

» Berries, Berries, Berries

NEW From reduced risk of chronic diseases, improved cognitive function, better digestive health and support for the immune system, berries are a good choice to include in your diet. Taste a variety of berry treats, including blueberry pork chops, berry crepes, and a healthy berry spinach salad with a mixed berry vinegar.

Frances Alloway, MA, RDN, Nutritionist

Thu, 10:00 AM to 12:00 PM, 7/16
CW41044 Creutzburg 1 session, \$55
member \$49



» **The Scoop on Ice Cream Basics**

NEW A treat from America's beginning that we went wild for as children. Many of our ice creams are made with a custard base then flavored. Learn the basic recipe then use your imagination. We will be making Vanilla, Lavender and a Mystery Flavored Ice Cream.

Michael Castillo, Owner, Michael Castillo's Kitchen

Tue, 6:00 PM to 8:00 PM, 6/16

CW22013 Creutzburg. 1 session, \$55
member \$49

**INTERNATIONAL DELIGHTS**» **Wok Cooking: Beef Lo Mein**

NEW Turn up the heat and master the art of wok cooking in this hands-on class! You'll learn to prepare: Beef Lo Mein—tender slices of marinated beef wok-tossed with bell peppers, carrots, snow peas, and scallions, coated in a rich garlic-ginger soy sauce, and served with glossy lo mein noodles for a vibrant, restaurant-quality stir-fry that's fresh, fast, and full of flavor.

Koren Draper, Owner, Koren's Kitchen

Mon, 1:30 PM to 3:30 PM, 2/16

CW11037 Creutzburg. 1 session, \$55
member \$49

» **Taste of Mexico: Chicken Enchiladas & Mexican Rice**

NEW Bring bold, south-of-the-border flavors to your kitchen in this flavorful class featuring Chicken Enchiladas—filled with tender shredded chicken, topped with a homemade enchilada sauce, and baked until bubbly with melted cheese. Mexican Red Rice—simmered with tomatoes, onions, garlic, and spices for a warm, savory side that pairs perfectly with your enchiladas.

Koren Draper, Owner, Koren's Kitchen

Mon, 1:30 PM to 3:30 PM, 3/2

CW11027 Creutzburg. 1 session, \$55
member \$49

» **Korean Street Food: Gimbap & Scallion Pancakes**

NEW Take a bite out of Korea's bustling street food scene! You'll roll vibrant, flavor-packed gimbap (think sushi's cooked cousin) and whip up crispy Korean scallion pancakes. Perfect for lunchboxes or sharing with friends—this class brings the street food buzz right into your kitchen.

Ann Goody, CEO & Founder of Philly Cooking Lessons LLC

Thu, 6:30 PM to 8:30 PM, 3/5

CW42038 Creutzburg. 1 session, \$55
member \$49

» **Korean Dumplings (Mandoo): Pork & Mushroom**

NEW Master the art of making Korean dumplings from scratch! In this hands-on class, you'll learn to prepare savory fillings like pork & cabbage or earthy mushroom, and fold beautiful mandoo ready to steam or pan-fry. Fun, flavorful, and beginner-friendly—your dumpling game is about to level up.

Ann Goody, CEO & Founder of Philly Cooking Lessons LLC

Tue, 6:30 PM to 8:30 PM, 3/24

CW22050 Lower Merion HS 1 session, \$55
member \$49

» **Summer Rolls & Bao Buns: Shrimp, Veggie & Peanut Sauce**

NEW Fresh, fluffy, and full of flavor! Learn to roll delicate summer rolls (shrimp or veggie), whip up a creamy peanut dipping sauce, and steam pillowy bao buns using the same tasty fillings. Light, healthy, and absolutely delicious—this class is a must for fans of Southeast Asian eats.

Ann Goody, CEO & Founder of Philly Cooking Lessons LLC

Tue, 6:30 PM to 8:30 PM, 5/5

CW22051 Creutzburg. 1 session, \$55
member \$49

» **Making Pasta by Hand**

NEW Learn to make pasta like a Nonna. We will focus on how to make ravioli and tortellini by hand. Followed by shaping and cooking the finished pasta with a brown butter sage sauce and creamy cheese sauce.

Michael Castillo, Owner, Michael Castillo's Kitchen

Tue, 6:00 PM to 8:00 PM, 4/14

CW22047 Lower Merion HS 1 session, \$49
member \$44

WINE, SPIRITS, & COFFEE» **Penns Woods Winery Dinner**

NEW Join Rob Peters for a memorable evening at Penns Woods Winery, beginning with a splash of sparkling wine and individually plated charcuterie. Enjoy six wines tasting led by seasoned wine professionals, exploring the Winery's rich history and the nuances of their handcrafted wines through a sensory analysis experience. Savor a buffet-style Italian dinner by Talluto's, complete with dessert, a drink of your choosing, and full coffee and tea service. Tour the sprawling vineyard at sunset and take home specially discounted wine and a souvenir wine glass.

Staff, Penns Woods Winery

Rob Peters Wine Specialist, Best of Philadelphia Magazine

Wed, 5:00 PM to 8:00 PM, 6/3

CW32001 Penns Woods Winery 1 session, \$145

» **Wine & Cheese: The Perfect Pair**

NEW It's a perfect pairing for a reason! Sommelier Daniel Solway will lead us through four different wines and cheeses as he discusses the rules and tricks for pairing.

Daniel Solway, Owner of Santé LLC

Tue, 6:30 PM to 8:30 PM, 6/9

CW22038 Creutzburg. 1 session, \$65
member \$58

» **Wine & Pottery**

NEW The relationship between wine & clay goes back thousands of years! Taste featured wines grown in clay soils from around the world, and wines aged in clay vessels, revealing the subtle influence of this ancient material on flavor. Learn about amphora, soil properties in vineyards, and more! Decorate your own pottery piece as you sip and savor this unique combination.

Daniel Solway, Owner of Santé LLC

Fri, 10:30 AM to 12:00 PM, 5/15

CW51047 Creutzburg 1 session, \$65
member \$58

» **Wine on the Screen**

NEW Whether it's decanting wine in a blender, the celebratory pop of champagne, or drinking wine before a mob hit, wine has been an iconic character in some of the most famous scenes in Movie and Television history. Daniel will guide you through some of his favorite, and least favorite iconic wine moments. This tasting is for winos and cinephiles alike!

Daniel Solway, Owner of Santé LLC

Wed, 6:30 PM to 8:30 PM, 3/11

CW32039 Creutzburg. 1 session, \$65
member \$58

» **A Taste of the Aegean – Exploring Greek Wines**

NEW Transport yourself to the sun-drenched shores of Greece for a tasting journey through one of the world's most ancient and dynamic wine regions. From the volcanic island of Santorini to the mountainous mainland, the Grecian landscape produces some of the most unique wines of the world. Get ready to expand your palate with a flight of 5 fascinating local varieties, including the citrusy Assyrtiko and food friendly Agiorgitiko.

Amanda Blevins, Owner, Blevins Sommelier Services

Wed, 6:30 PM to 8:00 PM, 6/10

CW32036 Creutzburg. 1 session, \$65
member \$58

» **A Taste of the Cape – South African Wines**

NEW Take a journey to the stunning vineyards of South Africa's Cape Winelands. In this class, we will explore the country's rich winemaking history, its diverse terroirs, and the signature grapes that make its wines so distinctive. You'll sample flight of five unique and vibrant varietals, including the bold, smoky flavors of Pinotage and the refreshing, fruity Chenin Blanc. Discover why South Africa has become a leading force in the new world of winemaking, balancing old-world tradition with modern innovation. Perfect for both new and experienced wine lovers.

Amanda Blevins, Owner, Blevins Sommelier Services

Wed, 6:30 PM to 8:00 PM, 3/18

CW32029 Creutzburg. 1 session, \$65
member \$58

» **Call me a Cab: Cabernet Sauvignons from around the World**

NEW Calling all cab lovers! Explore this popular noble grape in a unique way. Compare and contrast 5 Cabernet Sauvignon styles from around the world. From Napa to the Left Bank, we'll explore how climate and terroir influence the stylistic differences, along with varied winemaker choices. Learn the marquis flavor profile and attributes of this beloved varietal. Review classic food pairings and why they work so well.

Amanda Blevins, Owner, Blevins Sommelier Services
Wed, 6:30 PM to 8:00 PM, 5/13
CW32035 Creutzburg. 1 session, \$65
member \$58

» **Coffees from around the World**

Take a tour of the coffee growing regions of the world. Join us as we taste coffee and discuss the characteristics that define coffee varietals from countries and continents between the Tropics of Cancer and Capricorn.

Richard Berman, Owner, Pour Richard's Coffee Company
Wed, 5:00 PM to 6:30 PM, 3/11
CW32009 Pour Richard's 1 session, \$41



» **Is a Wine Worth Its Price?**

NEW Try wines at two different price points from the West Coast. Taste and evaluate whether the flavor profile justifies the price. You be the judge.

Robert Peters, Wine Specialist, Best of Philadelphia Magazine
Wed, 6:30 PM to 8:00 PM, 3/4
CW32031 Creutzburg. 1 session, \$65
member \$58

» **Judgement of Paris 50 Years Later**

NEW In May of 1976, Steven Spurrier, who ran a wine shop and school in Paris, organized a tasting of top California Wines to celebrate the U.S. Bicentennial. He included well known French wines as a comparison to the California wines. We will revisit this historic event by tasting and comparing these wines today.

Robert Peters, Wine Specialist, Best of Philadelphia Magazine
Wed, 6:30 PM to 8:00 PM, 4/15
CW32033 Creutzburg. 1 session, \$65
member \$58



» **Kentucky Derby Bourbon**

NEW We're off to the races! Enjoy a tasting flight of 4 bourbons inspired by the Kentucky Derby. Explore the rich bourbon heritage of Kentucky and Bourbon criterion. Learn why Kentucky's water & climate make it the epicenter of bourbon growth. Practice Bourbon tasting techniques with Glencairn glasses. Cap the evening with Mint Julip and learn the history of the famed drink. Take home cocktail & derby appetizer recipes.

Amanda Blevins, Owner, Blevins Sommelier Services
Wed, 6:30 PM to 8:00 PM, 4/22
CW32030 Creutzburg. 1 session, \$65
member \$58

» **Summer Wines on the Porch**

In the warm weather our food and wine preferences change. Rosé can give you that red wine flavor without heavy tannins or overbearing fruit. Come try various wines that will take you through the summer months!

Robert Peters, Wine Specialist, Best of Philadelphia Magazine
Wed, 6:30 PM to 8:00 PM, 5/20
CW32034 Creutzburg. 1 session, \$69
member \$60

» **Wine and Chocolate Tasting**

NEW Savor five exquisite chocolates, paired perfectly with wines from around the world. Explore the scientific depths of how wine and sweets interact on your taste buds. Discover tasting techniques. Take home recipes that incorporate wine & chocolate. Bring a friend and indulge in the ultimate sweet treat you've been longing for!

Amanda Blevins, Owner, Blevins Sommelier Services
Wed, 6:30 PM to 8:00 PM, 2/18
CW32028 Creutzburg. 1 session, \$65
member \$58

» **Wines of Piedmont**

NEW Piedmont in Northwest Italy is renowned for it's cool climate, hilly terrain, and noble grapes. Taste Barolo, Barbaresco, Barbera, and Dolcetto balanced by the region's aromatic whites Arneis and Gai.

Robert Peters, Wine Specialist, Best of Philadelphia Magazine
Wed, 6:30 PM to 8:00 PM, 3/25
CW32032 Creutzburg. 1 session, \$65
member \$58



» **English Country Dance**

NEW Popular in the 17th and 18th centuries in both England and the American colonies, English country dance remains popular today because it's fun, easy to learn and social. In this form of dance, you interact with others throughout, switching partners often. Meet people and try something new. It's great for mind, body and mood. No partner or experience required.

George Tolton, Itinerant Dance Master
Thu, 7:00 PM to 8:30 PM, starts 4/9
DA42052 Creutzburg 4 sessions, \$85
member \$76



» **Tap Dancing**

Loosen up. Tap your feet. Swing your arms. Look, sound and feel great! Improve balance and coordination while enjoying healthy aerobic exercise, learning simple routines and having a great time. Beginner Plus welcomes beginners and students with previous experience.

Sarah K Vogan, Professional Dancer
Wed, 10:30 AM to 11:30 AM, starts 2/18
DA31049 **Beginner** The Studio of Valley Forge
. 10 sessions, \$175
Debbie Smith, MLSN Dance Instructor for 40 years
Tue, 5:45 PM to 6:45 PM, starts 3/3
DA22044 **Beginner Plus** Lower Merion HS
. 8 sessions, \$159
member \$142

» **Line Dancing**

NEW Enjoy learning favorite line dances. Every step is broken down and easy to follow. The class will cover a mix of the classics along with some newer line dances. Whether you're brushing up on your steps for an upcoming event or just want to dance to upbeat music, you'll have a great time! All levels welcome.

Sarah K Vogan, Professional Dancer
Wed, 1:00 PM to 2:00 PM, starts 4/15
DA31050 The Studio of Valley Forge
. 4 sessions, \$85

» **Soul Line Dancing**

Get fit and have fun as you dance to R&B, jazz, the Philly sound, classic oldies and the latest soul favorites. It's easy and good exercise.

Gloria Kingcade, Soul Line Dance Instructor
Tue, 7:00 PM to 8:00 PM, starts 3/3
DA22045 Lower Merion HS. . . 8 sessions, \$155
member \$139
Tue, 7:00 PM to 8:00 PM, starts 5/5
DA22046 Creutzburg 8 sessions, \$155
member \$139
Kenneth James, Soul Line Dance Instructor
Tue, 8:10 PM to 9:10 PM, starts 3/3
DA22048 Lower Merion HS. . . 8 sessions, \$155
member \$139





» Irish Céilí Dance: Beginner

NEW Discover the joys of Irish Céilí dance! Learn the basic footwork to all Irish traditional dance, called “7’s and 3’s,” then dance favorites such as “Haymakers Jig,” “Siege of Ennis,” “Walls of Limerick” and more. No partner or experience necessary.

Terry Kane, MME, Irish Dancer, Singer and Musician

Mon, 6:15 PM to 7:15 PM, starts 3/2
DA12041 The Willows Park. . . . 6 sessions, \$105
member \$94

» Celtic Meets Country Dance

Explore Irish step dance, Céilí and Country Line adapted to Irish music. Have fun and get great aerobic exercise at the same time. No partner or experience required. Sequence is beginner, intermediate, advanced. Must take previous level to go on to the next level.

Maggie Wreski, Irish and Country Line Dance Instructor

Thu, 6:00 PM to 7:00 PM, starts 2/19
NEW DA42051 **Advanced** Creutzburg
..... 6 sessions, \$105
member \$94

Thu, 7:15 PM to 8:15 PM, starts 2/19
DA42054 **Intermediate** Creutzburg
..... 6 sessions, \$105
member \$94

» Argentine Tango

Discover the phenomenon of Argentine tango, dance and music. With roots in Spain, Cuba and Africa, tango evolved as the signature dance of Argentina in the early 20th century, then spread in popularity worldwide. Learn body movement, sequences, the culture and codes of tango. All levels welcome. Register individually or with a partner.

Ellen (Lena) & Oleg Mashkovich, Tango Teachers & Performers, Owners of Tango Design Company

Tue, 7:30 PM to 8:30 PM, starts 3/3
DA22047 Lower Merion HS. . . . 7 sessions, \$125
member \$112/ Partner \$79

» Social Dance

Get ready to dance for an upcoming special occasion or for your own enjoyment! Learn (or revisit) basic ballroom, Latin, and swing, while getting great exercise and having fun. Expect to rotate partners. Instruction includes new steps each week and time for review and practice. Partner required. Fee is for a pair.

Donna Boyle, Professional Dancer and Dance Teacher

Mon, 4:30 PM to 5:30 PM, starts 3/2
DA12042 The Willows Park. . . . 4 sessions, \$205
member \$184

» East Coast Swing Dance

Learn to dance East Coast Swing. We’ll cover the basics, including good leading and following dance techniques, along with fun dance moves and routines. Open to beginners and continuing. No partner required.

Donna Boyle, Professional Dancer and Dance Teacher

Mon, 4:30 PM to 5:30 PM, starts 3/30
DA12043 The Willows Park. . . . 4 sessions, \$85
member \$76

Engage with MAIN LINE SCHOOL NIGHT!



VOLUNTEER

Are you looking for a meaningful way to give back, make new friends and be part of something big in the community? Volunteering with MLSN is a unique opportunity to make a difference — and have a great time doing it!

Visit MainLineSchoolNight.org/get-involved/volunteer



TEACH

Do you have a class idea you’d love to teach or a special skill or talent you’d like to share? Become part of the MLSN faculty and inspire eager, enthusiastic adult learners in a relaxed and engaging environment!

Visit MainLineSchoolNight.org/get-involved/teach



FITNESS & HEALTH

MIND & BODY

» Support Your Aging Brain

NEW Discover how to keep your brain sharp and resilient at every stage of life. Gain hope and practical, research-backed tools that support cognitive improvement—even for those facing early Alzheimer’s, concussion, stroke, or chronic inflammation. Learn to distinguish normal aging from true decline, and explore effective strategies in diet, exercise, herbal support, acupuncture, and infrared therapy to strengthen memory, focus, and overall brain health.

Dr. Nancy Post, PhD, MAC

Thu, 1:30 PM to 3:00 PM, starts 2/19
FH41021 Creutzburg 3 sessions, \$79
member \$71

» Perimenopause Unfiltered: Real Talk Q&A

NEW Join this honest, interactive session to explore common symptoms, emotional shifts, and treatment options. Learn practical strategies for supporting your health through nutrition, movement, and lifestyle choices. Bring your questions and leave with clarity, confidence, and tools to navigate this transformative phase with greater ease and energy.

Kim Einhorn, MD, OB/GYN, Certified Menopause Provider

Thu, 7:00 PM to 8:30 PM, 4/16
FH42014 Creutzburg 1 session, \$45
member \$40

» Sheng Zhen Healing Qigong

NEW Benefit your overall health with this gentle yet powerful heart-centered movement and meditation practice. By engendering feelings of peacefulness and well-being, this practice improves sleep, boosts the immune system, balances emotions, and often brings about healing from chronic and acute conditions. This series of ten movements are done seated in a chair, making them appropriate and accessible for individuals at all levels of health. Learn stage 1 and begin stage 2 as well as the revitalizing Gathering Qi form.

Rona Cordish Satten, MCAT; MQT-Certified Qigong Instructor; Sheng Zhen Instructor

Tue, 11:30 AM to 12:30 PM, starts 3/10
FH21046 Creutzburg 9 sessions, \$139
member \$125

» Qigong Outdoors: Rejuvenate with Spring Energy

NEW Capture nature’s vibrant spring energy with a variety of Qigong movements designed to revitalize your health and balance your emotions. Connect with the restorative power of the outdoors to relax your mind, feel grounded in the earth, and lessen your anxiety or overthinking. Explore movements from Sheng Zhen ‘Return to Spring,’ Shaking—the Ritual of the Heart, and more.

Rona Cordish Satten, MCAT; MQT-Certified Qigong Instructor; Sheng Zhen Instructor

Mon, 11:00 AM to 12:00 PM, starts 4/27
FH11047 Harford Park 3 sessions, \$59
member \$53



» How to Keep Your Bones Healthy

Keeping your bones strong is essential to maintaining good health and ease of movement at every stage of life. In this lecture class, learn about risk factors, what a DEXA scan tells you, how to prevent bone loss as well as how to reduce the effects of osteopenia and osteoporosis with nutrition and the BoneWise exercise program. Try some balance and posture exercises to incorporate into your everyday activities to help boost your bone health.

Alison Hallam, MSc, Physical Therapist

Tue, 10:00 AM to 11:30 AM, 3/3
FH21006 Creutzburg 1 session, \$45
member \$40

» Joint Longevity through Movement and Release

NEW A balanced pelvis is the foundation for healthy alignment and comfortable, free movement in all your joints. Learn a simple blend of mindful movement and gentle myofascial release that you can easily repeat at home. Soften tension, build functional strength, and help prevent stress, imbalance, and pain. Leave feeling more aligned, mobile, and at ease in your body.

Emily Smith, LMT Myofascial Release Therapist

Tue, 12:00 PM to 1:00 PM, starts 3/10
FH 21017 ONLINE 3 sessions, \$55
member \$49

» CPR Certification

In this hands-on class, learn basic emergency response procedures for adults, children and infants including CPR, response to conscious and unconscious choking and Automatic External Defibrillator usage. You will receive a digital CPR certification card. Handbook included.

Staff, Tri-State Training

Sat, 10:00 AM to 12:30 PM, 3/28
FH61023 Creutzburg 1 session, \$65

Tue, 6:30 PM to 9:00 PM, 4/21
FH22013 Lower Merion HS 1 session, \$65

» Nutrition for Strong Bones

Good bone health is a factor in increasing longevity and your ability to live independently. Learn which foods help improve bone density, what contributes to bone degradation and loss, along with how exercise builds and supports healthy bones and muscles. Leave with recipes and resources for strengthening your bones.

Dianne Moore, Founder & Owner, MooreBetterFood

Mon, 10:00 AM to 11:30 AM, 3/30
FH11020 Creutzburg 1 session, \$45
member \$40

» Basic First Aid Certification

Get hands-on training including practical skills testing and a two-year basic first aid certification card. Class covers medical emergencies including cardiac, respiratory, diabetic and allergic reactions; injury emergencies such as fractures, dislocations and bleeding; environmental emergencies related to cold, heat, bites and stings; dealing with specialty equipment and specialty population patients.

Jennifer Colucciello, State Certified EMT Instructor

Sat, 9:00 AM to 1:00 PM, 4/18
FH61008 Creutzburg 1 session, \$65
member \$58

» Sit and Walk Without Pain Using the Gokhale Method®

Learn how to alter the way you stand, sit and move based on the Gokhale Method®—a postural awareness technique which helps realign and restore the spine to its natural shape. Learn how to sit at your computer, at a table and in your car using practical approaches you can use every day to relieve back, neck and musculoskeletal pain and avoid injury.

Roberta Cooks, MD, Gokhale Method® Teacher

Wed, 1:00 PM to 3:00 PM, 4/22
FH31034 Creutzburg 1 session, \$45
member \$40

» Healing Your Gut

Healthy digestion is a fundamental foundation for good health and if the process is compromised, it often affects not just your gut, but also your immune, hormonal and nervous systems. Learn about the Functional 5 R protocol to resolve your digestion issues. Take away top functional nutrition principles, recipes and recommendations.

Dianne Moore, Founder & Owner, MooreBetterFood

Thu, 2:30 PM to 4:00 PM, 4/30
FH41016 Creutzburg 1 session, \$45
member \$40



» Medical Cannabis 101

The details regarding the use of medical cannabis can be challenging. Discuss cannabis, the endocannabinoid system and terpenes with a veteran registered pharmacist who will also help you understand the disease conditions that can qualify for a medical marijuana (MMJ) card, the process of applying for an MMJ card, forms of consumption and which medical cannabis products are best suited for specific medical issues.

Franmar Kopko, Registered Pharmacist; Medical Cannabis Counselor

Tue, 6:00 PM to 8:00 PM, 5/5
FH22015 Creutzburg 1 session, \$45
member \$40

» Improve Your Posture: Feel Younger & Stronger

Discover how healthy posture can transform your body. Learn key principles from the Gokhale Method® along with gentle exercises that strengthen your core, improve flexibility, and support balance and fall prevention. Build habits that ease everyday aches and prevent pain caused by poor alignment. Increase mobility, expand your range of motion, and feel more confident and comfortable in your body. All levels welcome, with plenty of modifications.

Roberta Cooks, MD, Gokhale Method® Teacher

Wed, 1:00 PM to 3:00 PM, 5/6
FH31024 Creutzburg 1 session, \$45
member \$40

» Self-Defense for Women & Teen Girls

Designed exclusively for female teens and adults, this class teaches powerful skills for your body, mind, and spirit. Build confidence through practical self-defense techniques and personal safety strategies. Develop street smarts and situational awareness to help you avoid danger, while practicing effective physical techniques you can rely on.

Jennifer Colucciello, State Certified EMT Instructor

Wed, 7:15 PM to 9:15 PM, starts 5/20
FH32009 Creutzburg 2 sessions, \$65
member \$58

EXERCISE

» Barre-Inspired Fitness

NEW Experience the strength, balance, and grace of barre - no barre required! This low-impact workout blends ballet-inspired moves with Pilates and yoga to tone muscles, improve posture, and boost flexibility. Using a chair or wall for support, you'll sculpt and tone in a supportive, energizing atmosphere. All fitness levels welcome!

Valerie Dickman, Certified Group Exercise Instructor

Fri, 10:20 AM to 11:20 AM, starts 4/10
FH51055 Creutzburg 4 sessions, \$65
member \$58

» Zumba

NEW Get ready to move, groove, and have fun! This upbeat Zumba class combines salsa, cha-cha, merengue, calypso, and a touch of disco to keep your body active and your spirits high. Dress in comfortable athletic clothes, wear sneakers, and bring water and a towel. Each class is designed to leave you feeling accomplished, energized, and excited to come back for more fun!

Lauren DiMartino, Certified Zumba Instructor

Tue, 5:45 PM to 6:45 PM, starts 3/3
FH22022 Lower Merion HS. 4 sessions, \$69
member \$62

» ESSETRICS® Aging Backwards

Learn about this age reversing, slow paced, full body workout that will restore movement in your joints, flexibility in your muscles, relieve pain, stimulate your cells to increase energy and vibrancy and boost your immune system. This workout draws on flowing movements of tai chi which create health and balance, the strengthening theories behind ballet which create long lean, flexible muscles and the healing principles of physiotherapy which create a pain-free body.

Charo Evangelista, ESSETRICS® Level 1 Instructor

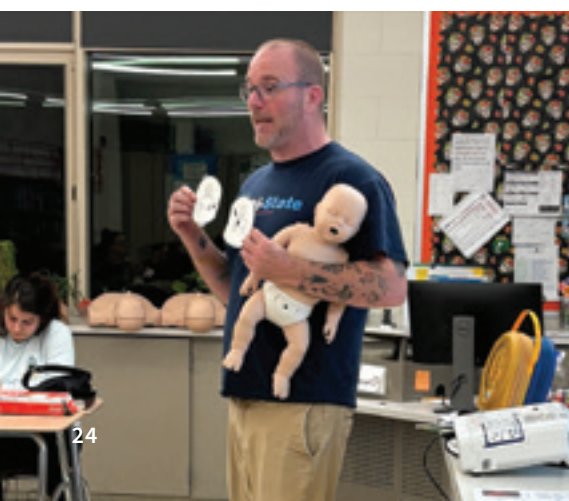
Mon, 10:00 AM to 11:00 AM, 2/9
FH11060 **Introduction** ONLINE . 1 session, \$29

Mon, 10:00 AM to 11:00 AM, starts 2/16
FH11061 ONLINE. 12 sessions, \$289
member \$279

Wed, 10:00 AM to 11:00 AM, starts 2/18
FH31070 ONLINE. 12 sessions, \$289
member \$279

Mon, 10:00 AM to 11:00 AM, starts 6/1
FH11067 ONLINE. 10 sessions, \$241
member \$233

Wed, 10:00 AM to 11:00 AM, starts 6/3
FH31064 ONLINE. 10 sessions, \$241
member \$233





» Awesome Abs and Thighs

Get in shape with this super program of toning exercises. Focus on abs and thighs for a leaner, tighter, more toned body. Learn effective ways to flatten your tummy, firm your fanny and trim inches from your waist, hips and thighs.

Julie Seville, Julie Seville's Lifetime Fitness

Mon, 9:15 AM to 10:15 AM, starts 2/16
FH11054 ONLINE. 12 sessions, \$165
member \$148

Mon, 9:15 AM to 10:15 AM, starts 5/11
FH11057 ONLINE. 7 sessions, \$113
member \$105

Mon, 9:15 AM to 10:15 AM, starts 7/6
FH11050 ONLINE. 8 sessions, \$125
member \$112

» Power Tone and Tighten

Blast away those soft spots! Sculpt a leaner, stronger body with resistance exercises using hand-held weights, resistance bands and your own body weight. This total body conditioning class is fun, easy-to-follow and effective. Resistance band required – see receipt.

Julie Seville, Julie Seville's Lifetime Fitness

Wed, 9:15 AM to 10:15 AM, starts 2/18
FH31058 ONLINE. 12 sessions, \$165
member \$148

Wed, 9:15 AM to 10:15 AM, starts 5/13
FH31055 ONLINE. 7 sessions, \$113
member \$105

Wed, 9:15 AM to 10:15 AM, starts 7/1
FH31051 ONLINE. 9 sessions, \$137
member \$123

» 45-Minute Express Workout

Squeeze in a workout with this non-stop, high-energy class which combines low impact aerobic exercises, muscle sculpting, weight exercises and abdominal work. This fat-burning workout is a great way to get an energy boost and increase strength, stamina and overall fitness. Light weights and mat required.

Julie Seville, Julie Seville's Lifetime Fitness

Fri, 9:00 AM to 9:45 AM, starts 2/20
FH51056 ONLINE. 12 sessions, \$165
member \$148

Fri, 9:00 AM to 9:45 AM, starts 5/22
FH51059 ONLINE. 5 sessions, \$85
member \$76

Fri, 9:00 AM to 9:45 AM, starts 7/10
FH51053 ONLINE. 8 sessions, \$125
member \$112

» Fitness Over 50

These safe and gentle body sculpting movements will help strengthen and tone your muscles while also enhancing your flexibility and range of motion. Designed for active older adults, those who may be recovering from an injury or people just getting started with an exercise program, you'll enjoy this low-intensity workout focusing on total body conditioning.

Sandi Kirschner, Certified Group Fitness Instructor

Tue, 10:00 AM to 10:30 AM, starts 2/17
FH21005 ONLINE. 12 sessions, \$135
member \$121

» Stretch Every Body

This inclusive class welcomes all sizes, shapes, and mobility levels. Stretching offers powerful benefits—from improved flexibility and range of motion to reduced stress and enhanced mindfulness. Each session targets multiple muscle groups to help you feel stronger, calmer, and more connected to your body. Join us and discover how stretching can be a powerful act of self-care. Let this be how you take care of you.

Simone L. Pollard, Founder, The Stretch Room®

Wed, 1:45 PM to 2:45 PM, starts 3/4
FH31015 Creutzburg. 4 sessions, \$69
member \$62

Wed, 1:45 PM to 2:45 PM, starts 5/13
FH31016 Creutzburg. 4 sessions, \$69
member \$62



» Exercising for Bone Strength

Build stronger bones and better balance in this workout designed to support bone health. Learn safe, research-based exercises with expert guidance to help prevent and manage osteoporosis. Improve posture, strength, and balance as you move through floor and standing routines. Ideal for those who can transition independently between positions. Join us for movement that makes a difference!

Alison Hallam, MSc, Physical Therapist

Thu, 11:45 AM to 12:45 PM, starts 3/5
FH41003 Creutzburg. 4 sessions, \$69
member \$62

PILATES, YOGA & TAI CHI

» Mat Pilates

NEW Strengthen, lengthen, and mobilize your body with classic mat Pilates. Using mindful breath and precise movements, you'll enhance core strength, posture, and everyday ease—no equipment needed. Class themes evolve from students' goals, creating a tailored and empowering practice. All levels welcome.

Tara Ominsky, Certified Pilates Instructor

Tue, 3:30 PM to 4:30 PM, starts 3/24
FH21007 Creutzburg. 4 sessions, \$75
member \$67

» Chair Yoga

NEW Breathe, stretch, and relax, while promoting strength, calm, and confidence. Using a chair for support, you'll improve flexibility, balance, and circulation through gentle poses and mindful breathing. Ideal for beginners or anyone seeking a low-impact way to stay active and centered.

Valerie Dickman, Certified Group Exercise Instructor

Fri, 9:15 AM to 10:15 AM, starts 4/10
FH51054 Creutzburg. 4 sessions, \$65
member \$58

» Aerial Yoga

NEW Experience yoga in a whole new way! Using suspended hammocks, this class combines gentle stretching, strength-building, and deep relaxation. Improve flexibility, core strength, and balance while feeling weightless and supported. Perfect for all levels, aerial yoga nurtures body and mind, leaving you energized, calm, and inspired.

Staff, Purenergy Studio

Thu, 6:00 PM to 7:00 PM, starts 3/5
FH42023 Purenergy Studio. 4 sessions, \$89
member \$80

» Yoga Flow with Charo

Experience gentle yoga flows that combine posture, breath, focus, mantra and meditation. With regular practice, you'll notice not only physical changes, but also a subtle shift in your approach to life. As you consistently tone and relax the body and still the mind, you begin to glimpse a deep inner peace—your true nature—emerging from within.

Charo Evangelista, Certified Hatha Yoga Instructor

Tue, 9:00 AM to 10:00 AM, starts 2/17
FH21068 Creutzburg. 12 sessions, \$175
member \$159

Tue, 9:00 AM to 10:00 AM, starts 6/2
FH21062 Creutzburg. 10 sessions, \$149
member \$133

» Serenity Yoga with Charo

Slow down and gently reconnect with yourself. Through a nourishing blend of yoga postures, breathing techniques, and meditation, you'll reduce stress, quiet the mind, elevate your sense of well-being, and tap into a deep inner stillness.

Charo Evangelista, Certified Hatha Yoga Instructor

Tue, 10:15 AM to 11:15 AM, starts 2/17
FH21063 Creutzburg. 12 sessions, \$175
member \$159

Tue, 10:15 AM to 11:15 AM, starts 6/2
FH21069 Creutzburg. 10 sessions, \$149
member \$133

» Yoga for Beginners and Beyond

Study with a master practitioner who can guide you personally at your level. Learn skills you can apply to any practice in this step-by-step exploration that includes postures, breathing exercises, affirmations and meditation, along with practical life principles specially designed with you in mind to create a healthy foundation for a harmonious life on and off the mat.

Hari Zandler, Master Yoga Instructor/Practitioner

Tue, 7:00 PM to 8:00 PM, starts 3/3
FH22012 Lower Merion HS. ... 8 sessions, \$119
member \$107

» Tai Chi

Longevity and rejuvenation are the primary goals of this gentle, centuries-old system of exercise. Ideal for those of any age who want to maintain or improve flexibility, energy, balance, coordination and tranquility.

Andrew Heckert, Germantown Tai Chi Study Group

Thu, 9:15 AM to 10:15 AM, starts 2/19
FH41018 **Beginner** Creutzburg. . 12 sessions, \$189
member \$175

Thu, 10:30 AM to 11:30 AM, starts 2/19
FH41019 **Advanced** Creutzburg. . 12 sessions, \$189
member \$175

Beth Perry, Tai Chi Instructor

Tue, 6:30 PM to 7:30 PM, starts 3/3
FH22010 **Beginner** Lower Merion HS
..... 8 sessions, \$129
member \$116

Tue, 7:35 PM to 8:35 PM, starts 3/3
FH22011 **Beyond Beginners** Lower Merion HS
..... 8 sessions, \$129
member \$116

Tue, 6:00 PM to 7:00 PM, starts 5/5
FH22007 **Beginner** Creutzburg. . 8 sessions, \$129
member \$116

Thu, 9:30 AM to 10:30 AM, starts 5/28
FH41022 **Beyond Beginners** Creutzburg
..... 8 sessions, \$129
member \$116

CREATIVE ARTS

DRAWING, PAINTING & CALLIGRAPHY

» Flourishing: Intermediate Calligraphy

NEW Take your skills to the next level with flourishing! Create elegant embellishments and decorative strokes for letters in the Copperplate Script and surrounding space. Gain the confidence to flourish your work with style and complete a final project to showcase your new skills. Prerequisite: knowledge of Copperplate. Materials included.

Kristina Maletta, Professional Calligraphy Artist

Thu, 10:30 AM to 12:00 PM, starts 3/12
HC41017 Creutzburg 5 sessions, \$115
member \$103

» Introduction to Modern Calligraphy

Curious about calligraphy? In one evening, receive the tools and resources needed to launch your journey with the pointed pen in a modern way. Materials & manual included. No experience necessary. A perfect night for a date with a friend, or your partner!

Kristina Maletta, Professional Calligraphy Artist

Tue, 5:45 PM to 8:45 PM, 3/31
HC22027 Lower Merion HS 1 session, \$67
member \$62

» Intuitive Abstract Painting

Learn to paint from the inside out! Develop a step-by-step process for uncovering your inner self, allowing your feelings and intuition to guide your creative journey. Class exercises will dampen the desire to “try” and help you to explore the art of letting go. All levels welcome. Supply list on receipt.

Sally Weinstock, Founder, Pennington Arts

Thu, 7:00 PM to 9:00 PM, starts 2/19
HC42011 Creutzburg 5 sessions, \$125
member \$112

» Drawing What You Love

It's time to uncover the secret to drawing things you love. Objects, characters and scenes are made up of shapes in space; learn how to see shapes to draw. Perfect for beginners and those who want a refresher. Supply list on receipt.

Jason Rodriguez, Professional Artist

Mon, 6:00 PM to 8:00 PM, starts 2/16
HC12015 **People** ONLINE 5 sessions, \$109
member \$98

Mon, 6:00 PM to 8:00 PM, starts 3/30
HC12016 **Mammals & Birds** ONLINE
. 5 sessions, \$109
member \$98

» Drawing with Color Pencils

Discover the possibilities of color pencils! Learn techniques to make this accessible media your go-to for color and shading. Topics include how light affects color, color theory, line quality, color relationships and more. All levels welcome. Supply list on receipt.

Michelle Oosterbaan, Professional Artist

Tue, 6:00 PM to 8:00 PM, starts 3/3
HC22030 Lower Merion HS . . . 8 sessions, \$159
member \$142

Jason Rodriguez, Professional Artist

Wed, 6:00 PM to 8:00 PM, starts 5/13
HC32019 Creutzburg 5 sessions, \$109
member \$98

» Watercolor for Beginners

NEW Come get lost in the spread of color and water into paper. That's all watercolor painting is about! In this beginner class we'll cover washes, brush strokes, layering, good color combinations and more. For anyone who wants an accessible and fun way to bring color to your art. Supply list on receipt.

Jason Rodriguez, Professional Artist

Mon, 1:30 PM to 3:30 PM, starts 3/2
HC11014 Creutzburg 7 sessions, \$145
member \$129

» Expressive Watercolor Painting: Intermediate

NEW Explore this versatile medium in a supportive and immersive environment. Focus will be color theory and brush work as we explore color mixing, layering washes and a sense of touch while painting natural subject matter. Previous watercolor and drawing experience is required. Supply list on receipt.

Michelle Oosterbaan, Professional Artist

Thu, 1:15 PM to 3:15 PM, starts 2/19
HC41015 Creutzburg 8 sessions, \$159
member \$142

» Drawing for Beginners & Continuing

Open your ways of seeing and enjoy expressing yourself through drawing. Learn basic techniques for interpreting the three-dimensional world onto a two-dimensional picture plane. Topics include line, shape, value, perspective, figure and ground, and communicating with a variety of traditional drawing media (pencil, charcoal, pastel). Supply list on receipt.

Michelle Oosterbaan, Professional Artist

Thu, 3:30 PM to 5:30 PM, starts 2/19
HC41022 Creutzburg 8 sessions \$159
member \$142

» Botanical Illustration

Join us for the study of living plants in graphite and watercolor. We will explore flora and fauna through careful observation, beginning with drawing. Learn how colors interact with each other in hue and value. Work on composition and layering transparent watercolor. Demonstrations will be given. Supply list on receipt and reviewed at first class.

Marylyn Waltzer, NY Botanical Gardens, Certified Botanical Illustrator

Tue, 12:45 PM to 3:30 PM, starts 2/24
HC21050 Creutzburg 8 sessions, \$259
member \$232



CREATIVE ARTS

» Acrylic Painting

Explore this versatile and forgiving medium! Work from still life and reproductions. Learn to mix, copy and layer colors. Discover how to create strong compositions, fine-tune your perception and use this medium to its maximum potential. Class includes demonstration of materials and techniques and guided work in a supportive atmosphere. Supply list on receipt.

Nury Vicens, Professional Artist

Mon, 10:30 AM to 1:00 PM, starts 3/9
HC11054 Creutzburg 8 sessions, \$225
member \$202

» Vibrant Pastels

NEW Learn to use the versatile, luminous and forgiving medium of pastel, working mostly from still life. Create a range of colors from soft and subtle to bold and brilliant. Through demonstrations and exercises, learn techniques to achieve a variety of textures and blended finishes. Numerous artists such as Renoir, Cassatt, Bonnard and more used pastels as finished work. Play and experiment in a safe and encouraging atmosphere! Drawing experience advisable. Supply list on receipt.

Nury Vicens, Professional Artist

Mon, 10:30 AM to 1:00 PM, starts 5/11
HC11053 Creutzburg 6 sessions, \$199
member \$179

» Introduction to Color Theory

Take your art further by learning the principles of Munsell color theory (hue, chroma, value). Create your own color charts, using gouache paint sets, brushes and paper to paint small squares and mix colors. You'll compile the charts into a small booklet to bring home to use as a color guide for future arts projects. Materials included.

Bradford Carmichael, Artist, Freelance Designer

Tue, 6:30 PM to 8:30 PM, starts 3/3
HC22026 Lower Merion HS 4 sessions, \$85
member \$76



» Alcohol Ink for Beginners

Learn the captivating art of dye-based ink. Explore color and movement with inks that work beautifully on a variety of surfaces. This engaging medium allows anyone to create beautiful abstract art! Materials included.

Lori Lorraine Crook, Alcohol Ink Artist

Wed, 3:00 PM to 5:15 PM, 2/18
HC31048 Creutzburg 1 session, \$55
member \$49

Sat, 10:00 AM to 12:15 PM, 4/18
HC61004 Creutzburg 1 session, \$55
member \$49

» Creating Alcohol Ink Abstract Florals

Explore the magical medium of dye-based ink. Learn the basics then create abstract florals with a variety of techniques. Make several pieces for yourself or for gifts. No previous experience required. Materials included.

Lori Lorraine Crook, Alcohol Ink Artist

Tue, 1:00 PM to 3:15 PM, starts 4/28
HC21052 Creutzburg 3 sessions, \$105
member \$94

» Zentangle™ Essentials

Discover the meditative practice of Zentangle™. Learn the technique and explore this inspirational art form by creating beautiful images, drawing structured, repetitive patterns. It is a fun way to intentionally facilitate a shift in focus and perspective. No prior art experience required. Material fee \$13 payable to instructor.

Sue Trembeth, Certified Zentangle™ Teacher

Sat, 1:00 PM to 3:00 PM, 3/28
HC61001 Creutzburg 1 session, \$45
member \$40

» Zentangle™ Lettering

Discover the combination of Zentangle™, a meditative art form, and hand lettering in this engaging and beginner-friendly class. You'll walk away with finished artwork and the skills to keep creating Zentangle™ lettering. Bring a basic Zentangle™ kit to class or pay \$13 to instructor.

Sue Trembeth, Certified Zentangle™ Teacher

Tue, 6:45 AM to 8:45 PM, 3/31
HC22044 Lower Merion HS 1 session, \$45
member \$40

JEWELRY

» Brass Tulip Earrings

NEW Design and make your own tulip earrings. Instruction includes cold metalsmithing techniques, such as sewing, hammering, and polishing. Leave with a new pair of earrings for the spring! Materials included.

Alicia Marziani, Jewelry Maker & Instructor

Tue, 5:45 PM to 8:45 PM, 4/7
HC22028 Lower Merion HS 1 session, \$49
member \$44

» Beading 101

NEW Enjoy learning the basics of beading. Choose from a variety of beads to make a bracelet and necklace set, custom designed by you! If you have beads you want to incorporate, bring them to class. Discover why beading is such a popular and accessible hobby and a great entry into jewelry making. Materials included.

Alicia Marziani, Jewelry Maker & Instructor

Wed, 3:00 PM to 6:00 PM, 4/22
HC31021 Creutzburg 1 session, \$49
member \$44

» Personalized Jewelry Creations

NEW Reshape old items in the bottom of your jewelry box into something new and unique! Bring projects, found objects, or worn-out jewelry to the first class to discuss possibilities of giving them new life, with various techniques, including metalsmithing. Material fee payable to instructor starting at \$30 to cover most supplies.

Hali MacLaren, HKM Jewelry Owner, Maker & Instructor

Tue, 6:00 PM to 9:00 PM, starts 3/3
HC22031 Lower Merion HS 4 sessions, \$89
member \$80

» Stone Set Pendants

NEW Learn the basics of working with sterling silver and semi-precious stones using traditional jewelry tools and techniques. Discover how to hammer texture, solder, set, and finish your very own bezel set pendant for a necklace. Choose from various gemstones like aventurine, onyx, carnelian, malachite, mother of pearl, and more! Material fee \$40 payable to instructor.

Hali MacLaren, HKM Jewelry Owner, Maker & Instructor

Tue, 6:00 PM to 9:00 PM, 4/14
HC22040 Lower Merion HS 1 session, \$59
member \$53

» Lapidary Workshop: Gemstone Cutting

Make something beautiful out of rough rock! Learn how to shape and polish rounded gemstones (cabochons). Use a diamond trim saw as well as diamond grinding, sanding and polishing equipment. A variety of natural materials such as jaspers and agates will be available for your use or you may bring your own rough. Lots of individual attention given.

Staff, Tuscarora Lapidary Society

Sun, Sat, 9:00 AM to 5:00 PM, starts 5/16 & 5/17
HC61097 Tuscarora Lapidary . . 2 sessions, \$189
Sat, 9:00 AM to 5:00 PM, starts 6/6 & 6/7
HC61096 Tuscarora Lapidary . . 2 sessions, \$189

NEEDLECRAFTING, FABRIC ART

» Fashion and Textile Histories: Materials 101

NEW Dive into the intricacies of weave structures, fibers, and threads with dress and textile historian Kyra Zapf as she takes you on a hands-on historical tour of fabrics. Make your own natural dye samples and a small sewing project. Materials included.

Kyra Zapf Mliitt, Teaching Artist, Textile Historian

Wed, 5:00 PM to 6:30 PM, starts 2/18
HC32006 Creutzburg 3 sessions, \$69
member \$62

» Knitting for Beginners

Discover the joys of knitting! Learn all the basics you need to get started. Knit a stitch sampler scarf (pattern provided). Material fee (\$23) payable to instructor.

Laura Shook, Knitting Coach

Mon, 10:30 AM to 12:00 PM, starts 2/16
HC11058 Creutzburg 8 sessions, \$145
member \$129

» Knitting

Join a knitting circle! Be inspired to create a blanket, sweater or something else. We'll share patterns and ideas. Bring in a project you are working on or want to try. Enjoy individual instruction in a relaxing setting.

Sue Hilger, Knitting and Crochet Designer

Wed, 9:45 AM to 11:15 PM, starts 2/18
HC31023 Creutzburg 10 sessions, \$169
member \$152

Wed, 11:15 AM to 12:45 PM, starts 2/18
HC31024 Creutzburg 10 sessions, \$169
member \$152

Elizabeth Wright, Knitting Coach

Tue, 7:00 PM to 8:30 PM, starts 3/3
HC22090 Lower Merion HS . . . 7 sessions, \$125
member \$112

» Crochet

Find out why crochet is a popular pursuit for all ages! Get comfortable with the yarn and hook as you learn the foundation chain and single and double stitches. For open studio class, students must be able to do the basics of crochet. Bring a project you are working on or are ready to start. Samples and individual guidance provided. Supply list on receipt.

Sue Hilger, Knitting & Crochet Designer

Tue, 9:30 AM to 11:00 AM, starts 2/17
HC21047 **Basics** Creutzburg . . 10 sessions, \$169
member \$152

Tue, 11:00 AM to 12:30 PM, starts 2/17
HC21048 **Guided Open Studio** Creutzburg
. 10 sessions, \$169
member \$152



» Crochet Fortune's Shawlette

NEW Inspired by the corner-to-corner stitch also known as the diagonal box stitch, Fortune's Shawlette, is a lovely lacy stitch pattern with an easy to remember one-row repeat. Prerequisites: know the chain stitch, slip stitch, single crochet stitch, and double crochet stitch. Make a beautiful light shawl, perfect for warmer weather, with individual guidance on design options. Supply list on receipt.

Yolanda Booker, Experienced Crochet Teacher

Tue, 6:30 PM to 8:30 PM, starts 3/3
HC22035 Lower Merion HS . . . 7 sessions, \$129
member \$116

» Sewing Introduction: Make a Bold Clutch

NEW Join fellow crafters in this introduction to some sewing basics and leave with a unique statement clutch of your own design. Learn to interpret sewing patterns and pattern drafting techniques. Explore fabrics and how they affect final products. Bring your own sewing machine. Supply list on receipt.

Tira Kelly, Fashion Designer & Sewing Instructor

Tue, 5:45 to 7:45 PM, starts 3/10
HC22029 Lower Merion HS . . . 4 sessions, \$75
member \$67



» Yarn Embroidery on a Backpack

NEW In this fun, beginner-friendly class, you'll personalize a soft 16" x 11" x 5" corduroy backpack with a name, word, or simple design using colorful chunky yarn and easy embroidery techniques. The bag features durable corduroy fabric, zippered compartments, and adjustable straps; perfect for everyday use or gifting. No experience needed. All materials supplied.

Emily Gunn, Embroidery Artist, Owner of Fishtown Stitch

Tue, 6:30 PM to 8:30 PM, 3/10
HC22041 Lower Merion HS 1 session, \$85
member \$76

» Yarn Embroidery Wall Hanging

NEW Create a charming yarn-embroidered wall hanging to brighten any space. Stitch a name, word, or simple design onto a 10" x 10" canvas banner (included). Each piece comes ready to hang with a wooden dowel and string. No experience needed. Materials included.

Emily Gunn, Embroidery Artist, Owner of Fishtown Stitch

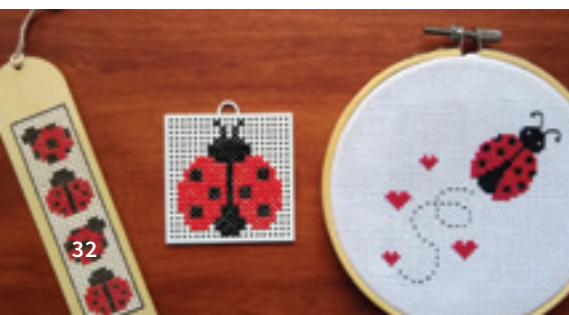
Tue, 6:30 PM to 8:30 PM, 4/14
HC22042 Lower Merion HS 1 session, \$85
member \$76

» Cross Stitch for Beginners

NEW Join the modern revival of this needle craft. Learn to cross stitch, including basic stitches, backstitching, working from patterns, and techniques, tips and tricks for success. Create an ornament, a bookmark and a small hooped project, with individual guidance as you build your skills. Discover the possibilities of this creative craft. Material fee \$15 payable to instructor

Elliott Segelbaum, Owner, Designer The Manly Art of Cross Stitch

Thu, 10:30 AM to 12:00 PM, starts 3/26
HC41018 Creutzburg 4 sessions, \$75
member \$67



» Punch Needle with Embroidery Floss

Learn to punch an intricate floral 4" embroidery hoop; choosing between various different flower colors. Leave with instruction and knowledge to punch and the tools to create your own future pieces. Class materials \$75 payable to instructor includes an ultra punch punch needle, 7" Morgan interlocking hoop for punching, wooden display hoop, backing fabric and floss to complete the piece. Bring sharp thread scissors to class.

Katie Kriner, Author, Fibert Artist, Shop Owner The Bee & The Bear

Sat, 10:00 AM to 12:00 PM, 3/28
HC61099 Creutzburg 1 session, \$53
member \$47

» Eco-Friendly Dyeing

NEW Discover the art of textile dyeing with turmeric and onion skins to create a stunning one-of-a-kind silk scarf. Perfect for beginners and experienced crafters alike. Ignite your creativity and deepen your appreciation for sustainable practices. Materials included.

Tatiana Zelenetskaya Young, PhD, Fiber Artist

Wed, 1:00 PM to 4:00 PM, 5/6
HC31049 Creutzburg 1 sessions, \$59
member \$53

PHOTOGRAPHY

» iPhone Photography for Beginners

Learn how to take better pictures with your iPhone camera app, edit them in Photos, and take their visual appeal to the next level using filters. Bring your iPhone updated to the latest iOS version to class.

Joel Price, Technology Consultant

Wed, 10:15 AM to 12:15 PM, 3/11
HC31025 ONLINE 1 session, \$49
member \$44

» The Art of Smartphone Photography

Learn how to take compelling photographs with the camera that's always in your pocket. This class focuses on nature photography and portraits using an iPhone or other smartphone. We'll cover essential topics like exposure, sharpness, color, zoom, archiving, and lighting strategies. Get an in-depth look at Google's free app Snapseed for editing, plus a quick overview of other top photo apps and leading mobile photographers for inspiration. Bring your phone and your curiosity—no other gear required.

Anthony Wood, Professional Photographer

Tue, 6:00 PM to 8:00 PM, starts 3/3
HC22034 Lower Merion HS 3 sessions, \$75
member \$67

» Portrait Photography, Smartphone or DSLR

The human face is an infinitely fascinating subject. We'll cover the history of portrait photography and examine the different techniques used by fine art, editorial and commercial photographers. How you choose to light a face is a big part of making a portrait. We'll explore available light, inside and outside, hard and soft light, the direction and color of light and how to create an engaging portrait. All levels welcome.

Anthony Wood, Professional Photographer

Tue, 6:00 PM to 8:00 PM, starts 3/24
HC22032 Lower Merion HS 3 sessions, \$75
member \$67

» Street Photography

NEW From Cartier Bresson's Decisive Moment to modern day masters of street photography, we'll cover the origins and traditions of street photography from the traditional to the fringes of the genre. Learn about trends, technique, composition and light. Class is suitable for any camera, from a smartphone to a high end DSLR. All levels welcome.

Anthony Wood, Professional Photographer

Tue, 6:00 PM to 8:00 PM, starts 4/14
HC22033 Lower Merion HS 2 sessions, \$55
member \$49

» DSLR and Mirrorless Photography: Master Class

DSLR and Mirrorless cameras are designed to give tremendous control and to take exciting pictures. For students who are ready to explore further their sophisticated cameras, this master class will delve into principles of composition and higher-level technical skills. Assignments between classes and in class analysis and feedback are provided.

Owen Biddle, Professional Photographer

Mon, 10:00 AM to 1:00 PM, starts 3/23
HC11059 Creutzburg 2 sessions, \$65
member \$58



» Landscape Photography with DSLR/Mirrorless Cameras

Explore essential techniques for capturing stunning outdoor scenes with DSLR/mirrorless cameras. Learn how to use natural light, compose dynamic shots, and various camera settings for landscapes. Ideal for beginners and enthusiasts, we'll cover working with filters, camera settings, editing and post-processing. Bring your camera to class.

Robert Siravo, Owner Siravo Photography LLC

Thu, 1:00 PM to 3:00 PM, starts 4/9
HC41012 Creutzburg 3 sessions & field trip, \$79
member \$71

» Night Photography

NEW Learn the essential skills and techniques required to capture stunning low-light images. This workshop covers camera settings, composition, editing and post-processing workflow and includes hands-on exercises, a guided photo shoot, and interactive discussions. It does not include astro photography. Whether a beginner or an enthusiast looking to refine your craft, you'll gain a solid foundation in night and low-light photography. Bring your DSLR/Mirrorless camera to class.

Robert Siravo, Owner Siravo Photography LLC

Wed, 5:30 PM to 7:30 PM, starts 4/29
HC32021 Creutzburg . 3 sessions & field trip \$79
member \$71

» Photography: Phone and Camera, for Print & Internet Display

Start with the basics of creating the optimal photo, using light and camera settings for artistic effects, how to obtain sharp photographs in low light or moving objects, and understanding white balance, focus, aperture, and panning. Discuss digital file types, naming, sizes, compression, and methods of transferring to a computer. An introduction to digital processing software such as Photoshop or Lightroom will be covered.

David R. Back, Photojournalist

Tue, 6:30 PM to 8:30 PM, starts 6/2
HC22094 Creutzburg 2 sessions, \$55
member \$49

VARIOUS ARTS

» Basket Weaving: Mellon Basket

NEW Learn to make a handled mellon basket, a very common style of basket in the 18th century. Mellon baskets were used to store and transport food and household items. All skill levels welcome. Materials included.

Eva Mergen, Craftsperson of Historic Trades & Crafts

Wed, 3:30 PM to 5:30 PM, starts 2/25
HC32010 Creutzburg 2 sessions, \$75
member \$67

» Tape Loom Weaving

NEW We will use a very simple “tape loom,” similar to those used in the 18th century, to create rustic ribbons that can be used for gift wrapping, shoe laces, decorations for flower arrangements and much more. Enjoy learning an unusual handcraft! All skill levels welcome. Materials included.

Eva Mergen, Craftsperson of Historic Trades & Crafts

Thu, 6:30 PM to 8:00 PM, starts 4/9
HC42009 Creutzburg 3 sessions, \$59
member \$53

» Corn Husk Dolls, Kids & Adults

NEW In the 18th century, many toys were made by hand. A popular toy in Colonial America was corn husk dolls. Make your own simple corn husk dolls to take home. All ages welcome. Materials included.

Eva Mergen, Craftsperson of Historic Trades & Crafts

Sat, 1:00 PM to 2:00 PM, 4/18
HC61006 Creutzburg 1 session, \$25
child & adult, \$30; additional child, \$5

» Glassblowing Workshop: Pin Striped Tumbler

A workshop designed for the total beginner! Students will be led through the process of blowing and shaping a molten pin striped glass tumbler of their very own—a MLSN class exclusive! All supplies and tools are provided! Class structure consists of one hour of instruction and introduction to the process, followed by each student making a piece. Actual class duration may vary slightly.

Staff, East Falls Glassworks

Sun, 10:00 AM to 1:00 PM, 3/1
HC71092 East Falls Glassworks. . 1 session, \$195

Sun, 10:00 AM to 1:00 PM, 4/12
HC70393 East Falls Glassworks. . 1 session, \$195

» Glass Mosaics

NEW Create a beautiful glass mosaic on a display stand in this fun, hands-on class. Learn mosaic design, glass cutting, and grouting techniques while working with colorful tesserae. No experience is needed—we’ll guide you step-by-step and provide all materials. Leave with a finished project ready to display in your home or to give as a unique handmade gift. Material fee \$30 payable to instructor.

Jessica Liddell, Professional Artist; Owner, Bella Mosaic Art

Wed, 6:30 PM to 8:30 PM, starts 3/18
HC32020 Creutzburg 2 sessions, \$55
member \$49

» Fused Glass Jewelry

Create your own custom jewelry with fused glass! Learn the basics of glass fusing and explore several techniques. Cut and layer glass to make glass pendants, pins and/or earring sets. Material fee \$30 payable to instructor.

Jessica Liddell, Professional Artist; Owner, Bella Mosaic Art

Wed, 3:00 PM to 5:00 PM, starts 4/8
HC31022 Creutzburg 2 sessions, \$55
member \$49



» Personal Care for Skin and Mind

NEW Explore the soothing process of making your own natural body scrubs and soaps. Blend simple ingredients, many from the local environment, into scrubs and bar soaps. As you measure, mix and create, you’ll be guided to slow down, engage your senses and immerse yourself in the moment. Leave with your crafted skin products as well as a renewed sense of calm, focus and appreciation for mindful living. Materials included.

Felicia Newman, Mindfulness & Natural Body Products Instructor

Sat, 10:00 AM to 12:00 PM, 3/28
HC61005 Creutzburg 1 session, \$55
member \$49

» Family Tree Maker: Basics of Data Entry

NEW Get introduced to Family Tree Maker, a genealogy software for Windows and Mac. Learn the basics of entering your family history data. Bring your digital device, loaded with Family Tree Maker (2019 or 2024). Bring digital or paper documents from your own research to input.

Susan Evans, Genealogist; Owner, Family Tales & Trails

Tue, 6:15 PM to 8:15 PM, 3/10
HC22036 Lower Merion HS 1 session, \$45
member \$40

» Genealogy: Organizing Digital Information

NEW Get tips on how to organize the information you find about your genealogy, including setting up folders, naming documents and more. Class will be taught on a PC/Windows platform. Bring your digital device to follow along, but not required.

Susan Evans, Genealogist; Owner, Family Tales & Trails

Mon, 10:00 AM to 12:00 PM, 4/20
HC11017 Creutzburg 1 session, \$45
member \$40



» Elegant Succulent Display

Create a beautiful tabletop display of succulents in a glass orb in this fun hands-on class. Learn best practices for choosing, propagating and caring for succulents, then build your own artful arrangement to enjoy in your home. Materials included.

Alison Jaeger, Garden Designer, Fresh Look Design

Sat, 9:45 AM to 11:45 AM, 4/18
HC61038 Creutzburg 1 session, \$75
member \$67

» The Buzz about Beekeeping

Learn about the rewarding and important art of beekeeping. See how a hive is constructed of frames and wax and how to use an apiary costume and tools.

Bruce Gill, Beekeeper and Blacksmith

Sat, 10:00 AM to 12:00 PM, 5/16
HC61098 TBD 1 session, \$55

» Glass Blowing Workshop: Succulents!

A workshop designed for the total beginner! Students will be led through the process of blowing and shaping molten glass into a little case and glass pot—a MLSN class exclusive! All supplies and tools are provided. Class structure consists of one hour of instruction and introduction to process, followed by each student making a piece. Actual class duration may vary slightly.

Staff, East Falls Glassworks

Tue, 6:00 PM to 9:00 PM, 3/24
HC22091 East Falls Glassworks. . 1 session, \$195

Tue, 6:00 PM to 9:00 PM, 5/5
HC22089 East Falls Glassworks. . 1 session, \$195

Sun, 10:00 AM to 1:00 PM, 5/31
HC22092 East Falls Glassworks. . 1 session, \$195

HOME & GARDEN

HOME & GARDEN
CLASSES ARE
SPONSORED BY:



» Beech Trees Under Threat

Learn how to identify, manage, and respond to the rapid spread of Beech Leaf Disease. In this essential workshop, an ISA certified arborist from Shreiner Tree Care will explain how Beech Leaf Disease spreads, why 2026 will be a pivotal year, and what homeowners can do to protect their trees. Learn identification techniques, emerging research, and treatment options to support the health of your beech trees and landscape.

Certified Arborist, Shreiner Tree Care

Sat 10:00 AM to 11:00 AM, 4/18

HG61002 Creutzburg 1 session, \$15

» The Way of Art Tea

NEW Explore the way of art tea, a tea ceremony or Chado, and Chabana (flower arrangement for the tea ceremony) in this meditative, hands-on class. Draw inspiration from nature to create simple yet profound flower arrangements for the tea setting, culminating in a shared tea ceremony. Materials included.

Bin Wu, Japanese Ikebana & Chado Instructor

Thu, 3:30 PM to 5:30 PM, starts 3/12

HG41020 Creutzburg 2 sessions, \$99
member \$89

» Household Electrical Safety: From Air Conditioners to Outdoor Tools

NEW Discuss the importance of safety using extension cords, A/C, appliances, and outdoor tools. Receive an introduction of basic electrical systems including AC and DC circuits, their differences, the relationship between how electricity is measured, along with the tools used to diagnose components. Learn about wires sizes, types, and the difference between a conductor, semiconductor and an insulator.

David R. Back, ASE Master Certified Electrical Instructor

Sat, 11:00 AM to 1:00 PM, 3/28

HG61095 Creutzburg 1 session, \$45
member \$40

» Paper Clutter Control

Overwhelmed with mail and paperwork? Manage information overload with a system that helps you find what you need. You'll know what to keep, how long to keep it and what should go in your 911 file. Handouts included.

Leslie Robison, Professional Organizer

Tue, 6:30 PM to 8:30 PM, 3/10

HG22008 Lower Merion HS 1 session, \$45
member \$40

» Staging Your Home to Sell or for Better Living

Called a marketing strategy "with a dash of psychology," staging brings out your home's assets, minimizes flaws, highlights its best features and may result in an increase in its listing price. Consider changes that make your home more appealing.

Melissa Schweiter Oeth, Professional Stager; Real Estate Agent

Thu, 3:30 PM to 5:30 PM, 3/19

HG41004 Creutzburg 1 session, \$45
member \$40

» Downsizing: What to Sell, Save & Do With the Rest

Whether you're downsizing or rightsizing into a more streamlined life, knowing what to do saves time, money and stress. Learn ways to make money from things no longer needed and make your spaces more spacious and enjoyable.

Leslie Robison, Professional Organizer

Tue, 6:30 PM to 8:30 PM, 3/17

HG22009 Lower Merion HS 1 session, \$45
member \$40

Tue, 10:00 AM to 12:00 PM, 4/14

HG21014 Creutzburg 1 session, \$45
member \$40

» Speed Cleaning

Stop wasting time cleaning the house. Get it done faster, better and with less effort. No matter how many years you've been cleaning, you'll be pleased with what you'll learn!

Leslie Robison, Professional Life & ADD Coach & Organizer

Tue, 12:30 PM to 2:30 PM, 4/14

HG21015 Creutzburg 1 session, \$45
member \$40

» Gardening for Birds & Butterflies

Create a beautiful bird and butterfly friendly garden sanctuary by learning about which plants and shrubs are most likely to entice them. Flowers provide nectar and seeds, trees and shrubs provide nuts, berries, nesting sites, and shelter. These flowers, shrubs, and trees have the added benefit of providing interesting textures and bright colors to your landscape. You'll see how easy it is to have a yard that welcomes wildlife.

Andrea Hallmark, MLA, BSA, Landscape Architect

Thu, 10:15 AM to 11:45 PM, 3/5

HG41015 Creutzburg 1 session, \$45
member \$40

» Container & Window Box Gardening

Find out which plants work best to make beautiful containers and window boxes that will give you months of color. See design examples to help you create your own.

Andrea Hallmark, MLA, BSA, Landscape Architect

Thu, 11:00 AM to 12:00 PM, 3/12

HG41016 Creutzburg 1 session, \$41
member \$37

» English Cottage Gardens

Create a lovely English cottage garden using plants that grow in the Delaware Valley. A whimsical and charming tradition—you will feel you are in the English countryside. Use the new hybrids of delphinium and foxglove that are right for our area.

Andrea Hallmark, MLA, BSA, Landscape Architect

Thu, 11:00 AM to 12:00 PM, 3/19

HG41017 Creutzburg 1 session, \$41
member \$37

» Quick Composting

Proper soil is the foundation of any garden. And that means amending your existing soil to the type of plants that you want to grow and feeding them with the right kind of compost. Learn how to do organic composting in 2 weeks instead of a year, with no special tools or bins!

John Parker, Gardener & Orchid Care Specialist

Fri, 11:30 AM to 1:30 PM, 3/27

HG51012 Creutzburg 1 session, \$45
member \$40

» Orchid Care Essentials

The commonly available *Phalaenopsis* orchid originates from tropical rain forests where it grows upside down from the crook of a tree. Learn proper care for this "air plant." Class will cover repotting, hydrating, watering, fertilizing, and more. Bring one *Phalaenopsis* orchid and pruning shears to class.

John Parker, Orchid Care Specialist

Wed, 12:30 PM to 2:30 PM, 4/8

HG31007 Creutzburg 1 session, \$55
member \$49

» The Awakening Garden

NEW Focus on essential spring stewardship including assessing structural complexity and habitat as new growth begins. Plant layering techniques in both time and space building on garden structure to maximize diversity and beauty will be discussed. Additional topics will include cool season perennials, spring ephemerals and early weeds. The stormwater reduction possibilities of well-layered gardens will also be highlighted.

Noah Meanix, Assistant Horticulturist, Chanticleer Garden

Wed, 6:00 PM to 7:30 PM, 4/8

HG32005 Creutzburg 1 session \$35

» The Abundant Garden

NEW Focal point is on the plants themselves and their growth rate and habit with a particular emphasis on planting design and learning how plants can come together to form beautiful, self-reliant communities. Additional topics include assessing and editing the planting, summer pruning, beneficial insects & pollinators, understanding pest & disease lifecycles and garden resilience in a changing climate.

Noah Meanix, Assistant Horticulturist, Chanticleer Garden

Tue, 6:00 PM to 7:30 PM, 5/19

HG22006 Creutzburg 1 session \$35

» Know & Enjoy Your Birds

Learn the art and science of identifying birds by their unique characteristics, including field marks, bill structure, plumage, postures and more. Find out how you can attract a wide variety of birds to your yard.

Phil Witmer, Birder and Conservationist

Fri, 10:00 AM to 12:00 PM, starts 4/10

HG51001 Creutzburg. 3 sessions & 2 field trips, \$89
member \$80

» Birding with MLSN & Radnor Conservancy

Experience the exciting hobby of bird watching. Learn tips on using field guides and electronic gadgets. Includes birding basics, binocular training and information about Radnor Conservancy.

Staff, Radnor Conservancy

Phil Witmer, Birder and Conservationist

Sat, 8:00 AM to 10:00 AM, 5/16

HG61018 John James Audubon Center
. 1 session, \$35
member \$31

HOME & GARDEN

LANGUAGE & CULTURE

» ESL: Conversation

Learn to use English in real life situations. Improve your speaking ability. Learn about sentence patterns. Work on pronunciation and understanding spoken language. Material fee \$15 payable to instructor.

Harrington Crissey, ESL Instructor

Tue, 7:00 PM to 8:15 PM, starts 3/3
LF22064 Lower Merion HS . . . 8 sessions, \$139
member \$125

» ESL: Grammar & Composition

Study grammar, usage, sentence structure and punctuation to improve reading and writing skills. Develop a fluent writing style. For more rapid improvement pair with conversation course. Material fee \$15 payable to instructor.

Harrington Crissey, ESL Instructor

Tue, 8:15 PM to 9:30 PM, starts 3/3
LF22065 Lower Merion HS . . . 8 sessions, \$139
member \$125

» American Sign Language

Beginners class is an introduction to American Sign Language (ASL), one of the primary languages used by the Deaf community in the U.S. Designed for absolute beginners with no prior knowledge of ASL, classes are taught by a Deaf individual. Be introduced to ASL grammar, Deaf culture and its history and ASL. Continuing Beginner is for those with prior ASL language experience and for returning students who want to take their skills further. Required textbook – see receipt.

Staff, Deaf-Hearing Communication Centre

Tue, 10:00 AM to 11:30 AM, starts 2/17
LF21070 **Beginner** Creutzburg 10 sessions, \$195
member \$175

Tue, 12:00 PM to 1:30 PM, starts 2/17
LF21071 **Continuing Beginner** Creutzburg
10 sessions, \$195
member \$175

» Chinese Language & Culture

Focus on conversational Chinese to become functional with the basic, everyday Mandarin spoken language by studying Chinese pinyin—the basic four-tone phonetic system which is the most important part in learning the language. Develop your speaking and listening skills through imitation, repetition, role play, and group exercise in different everyday life situations. Chinese cultural topics conducive to learning the language will also be explored. New material for returning students.

Xuemei Li, Native Speaker, Experienced CSL and Chinese Teacher

Tue, 7:15 PM to 8:30 PM, starts 3/24
LF22066 Lower Merion HS . . . 6 sessions, \$115
member \$103

» Korean Language & Culture

Learn the basics of Korean language; how to write and read consonants, vowels, and diphthongs as well as speak simple phrases useful in everyday conversations. Survey the history and types of Korean food, kimchi and bibimbap; and discover various popular street foods. Considering the global popularity of K-Pop, explore music and dance that collaborates conventional and modern elements. The Continuing Beginner level is for those with some prior Korean language experience and for returning students who want to take their skills further.

Ji Ku, Native Speaker; ACTFL Certified, Korean Instructor

Tue, 6:35 PM to 7:35 PM, starts 3/3
LF22063 **Continuing Beginner** Lower Merion HS
8 sessions, \$101
member \$90

Tue, 7:40 PM to 8:40 PM, starts 3/3
LF22062 **Beginner** Lower Merion HS
8 sessions, \$101
member \$90

FRENCH

» French Language & Culture

Through the combination of interactive conversations, drills and oral practice, improve your skill in using practical everyday vocabulary. Using the teachings of a progressive grammar, and the understanding of verb tenses (présent, passé composé, imparfait, and futur) increase your mastery of the language.

Elena Kazakova, Ph.D

Thu, 9:30 AM to 11:00 AM, starts 2/19
LF41075 Creutzburg 9 sessions, \$175
member \$159

» French Language & Culture: Advanced

If you are familiar with the seven major French verb tenses and some of the complex aspects of the grammar, but need practice join us. Several chapters of a novel will be assigned weekly and discussed during the following class. Conversation and paragraph writing are also part of this class. French is exclusively spoken. Required book – see receipt.

Christiane De Boisseson, Native Speaker; Former Instructor, The Baldwin School

Thu, 10:30 AM to 12:00 PM, starts 2/12
LF41076 ONLINE 12 sessions, \$229
member \$210

» French I: Beginners

Learn to speak French covering basic sentence structure, grammar and vocabulary in an engaging, supportive environment. Required textbook -see receipt.

Muriel Harmon, Native Speaker; French Instructor

Mon, 7:15 PM to 8:15 PM, starts 2/16
LF12030 ONLINE 12 sessions, \$195
member \$179

Fabienne Lauret, Native Speaker

Tue, 5:45 PM to 7:00 PM, starts 3/3
LF22067 Lower Merion HS . . . 8 sessions, \$175
member \$159

» French I: Continuing Beginners

Expand French vocabulary and knowledge of basic grammar. Develop confidence in speaking and listening. Required textbook – see receipt.

Muriel Harmon, Native Speaker; French Instructor

Tue, 5:50 PM to 6:50 PM, starts 2/17
LF22032 ONLINE 12 sessions, \$195
member \$179

Fabienne Lauret, Native Speaker

Tue, 7:15 PM to 8:30 PM, starts 3/3
LF22068 Lower Merion HS . . . 8 sessions, \$175
member \$159

» French II

Improve your confidence and knowledge while learning new verbs. Discuss different topics such as how to order food, activities, weather, some idiomatic expressions and reflexive verbs. Required textbook – see receipt.

Muriel Harmon, Native Speaker; French Instructor

Tue, 8:10 PM to 9:10 PM, starts 2/17
LF22033 ONLINE 12 sessions, \$195
member \$179

» French II: Continuing Beginners

Improve your speaking and listening skills while gaining more vocabulary and a more detailed grammar review. Required textbook – see receipt.

Muriel Harmon, Native Speaker; French Instructor

Wed, 6:10 PM to 7:10 PM, starts 2/18
LF32036 ONLINE 11 sessions, \$184
member \$168

» French II: Beginning Conversation

Designed to help bridge the gap between beginners and conversation classes. Introduction of the past tense, new vocabulary while reinforcing your grammar skills will be covered. Required textbook – see receipt.

Muriel Harmon, Native Speaker; French Instructor

Mon, 6:00 PM to 7:00 PM, starts 2/16
LF12031 **Part One** ONLINE . . 12 sessions, \$195
member \$179

Tue, 7:00 PM to 8:00 PM, starts 2/17
LF22034 **Part Two** ONLINE . . 12 sessions, \$195
member \$179

Tue, 4:40 PM to 5:40 PM, starts 2/17
LF22035 **Part Three** ONLINE 12 sessions, \$195
member \$179





» French III: Intermediate Conversation

Focus on everyday speech through listening, speaking, role-play, grammar, reading and discussion designed to give you a native speaker's feel for the language. Review or learn to express yourself in the past, future, Conditionnel, and pluperfect tenses. Required textbook – see receipt.

Muriel Harmon, Native Speaker; French Instructor

Wed, 7:20 PM to 8:20 PM, starts 2/18
LF32037 **Part One** ONLINE .. 11 sessions, \$184
member \$168

Wed, 8:30 PM to 9:30 PM, starts 2/18
LF32038 **Part Two** ONLINE .. 11 sessions, \$184
member \$168

» French IV: Advanced Conversation & Reading

This lively conversation group is for those with well-established French skills. Improve your speaking skills, grammar, vocabulary and use of idioms and slang. Discuss cultural topics and current events using newspaper, essays and other materials. Prerequisite: solid knowledge of grammar.

Vincent Lartigue, Native Speaker; Cultural Trainer

Tue, 9:30 AM to 11:00 AM, starts 2/17
LF21072 ONLINE 12 sessions, \$229
member \$210

Lawrence Minisci, Corporate Language and Intercultural Trainer

Thu, 5:00 PM to 6:30 PM, starts 2/19
LF42088 ONLINE 10 sessions, \$249
member \$223

» Exploring French Literature

Read and discuss famous French poems and short stories on different topics. Discussions will be in French. Prerequisite: solid knowledge of the French language.

Muriel Harmon, Native Speaker; French Instructor

Wed, 5:00 PM to 6:00 PM, starts 2/18
LF32039 ONLINE 11 sessions, \$184
member \$168

» French Club: Un Peu de Tout

Read, write, speak and listen to French in this class (conducted entirely in French) for those with advanced reading, comprehension and communication skills. Each week engage in insightful discussion of current happenings in France then sample contemporary short stories and articles from leading publications to improve your communication skills and knowledge of French and Francophone culture. Prerequisite: advanced level of reading comprehension and ability to converse in French during the entire class. Materials included.

Nancy Gabel, MA, French

Wed, 9:45 AM to 11:15 AM, starts 4/15
LF31077 Creutzburg 10 sessions, \$248
member \$223

» French Grammar: Pre-Intermediate

In this pre-intermediate grammar class study the present, possessive adjectives and possessive pronouns, réflexive verbs, imperative, present perfect (passé composé) and imparfait tenses with various grammar points associated to these tenses. Class can be taken alone or in conjunction with any other MLSN French class.

Muriel Harmon, Native Speaker; French Instructor

Thu, 9:30 AM to 10:30 AM, starts 3/5
LF41040 ONLINE 9 sessions, \$132
member \$120

» French Grammar: Intermediate

Learn or review hypothesis with if, and its tenses, as well as grammar points associated with this class level. Class can be taken alone or with any French class.

Muriel Harmon, Native Speaker; French Instructor

Thu, 12:30 PM to 1:30 PM, starts 3/5
LF41041 ONLINE 9 sessions, \$132
member \$120

» French Grammar: Advanced

Conducted entirely in French, learn or review “Futur antérieur, les compléments circonstanciels de lieu, temps, manière...” As well as grammar points associated with this class level. Class can be taken alone or with any other MLSN class.

Muriel Harmon, Native Speaker; French Instructor

Thu, 11:00 AM to 12:00 PM, starts 3/5
LF41042 ONLINE 9 sessions, \$132
member \$120

GERMAN

» German: Continuing Beginners

NEW Expand your vocabulary and your knowledge of basic German grammar. Improve your listening skills and develop confidence in speaking. Part One is for those who have had a beginning German class. Part Three is for those who have had Continued Beginners Part Two.

Anne Harris, MEd; MA, German, Duke University

Mon, 11:00 AM to 12:15 PM, starts 2/23
LF11010 **Part One** Creutzburg 9 sessions, \$165
member \$149

Thu, 7:30 PM to 8:45 PM, starts 2/26
LF42014 **Part Three** ONLINE . 9 sessions, \$165
member \$149

» German: Pre-Intermediate

Ideal for those who have had several continuing beginners classes. Build your vocabulary and develop your listening, speaking, and reading skills. Increase your understanding of German grammar through oral and written exercises.

Anne Harris, MEd; MA, German, Duke University

Thu, 6:00 PM to 7:15 PM, starts 2/26
LF42013 ONLINE 9 sessions, \$165
member \$149

» German II

Designed for those who would like to improve their communication skills. Class is conducted in German as you develop your listening and speaking ability, increase your understanding of grammar and expand your vocabulary. We will read and discuss several short stories, as well as explore various cultural topics.

Anne Harris, MEd; MA, German, Duke University

Mon, 6:00 PM to 7:15 PM, starts 2/23
LF12011 ONLINE 9 sessions, \$165
member \$149

ITALIAN

» Italian for Beginners

NEW For those who have never taken an Italian class and would like to learn some basics before a trip to Italy. Learn the everyday vocabulary and phrases needed to deal with real-life situations. Some basic grammar and sentence structure will be covered.

Anthony Russo, Italian Language Faculty (Ret.), Conestoga High School

Fri, 12:30 PM to 1:45 PM, starts 2/27
LF51079 Creutzburg 8 sessions, \$167
member \$151

» Italian for Travelers & Language Lovers

If you are a beginner or want to refresh your skills, learn basic grammar, essential tourist phrases and pronunciation to help you get around on your trip.

Lawrence Minisci, Corporate Language and Intercultural Trainer

Wed, 7:40 PM to 8:40 PM, starts 2/18
LF32082 ONLINE 10 sessions, \$165
member \$149

Anthony Russo, Italian Language Faculty (Ret.), Conestoga High School

Fri, 11:00 AM to 12:15 PM, starts 2/20
LF51078 Creutzburg. 10 sessions, \$165
member \$149

» Italian: Beginning Conversation

For more experienced beginners; learn the everyday vocabulary and phrases needed to deal with real life situations. Some basic grammar and sentence structure will be covered.

Lawrence Minisci, Corporate Language and Intercultural Trainer

Thu, 11:15 AM to 12:15 PM, starts 2/19
LF41085 ONLINE 10 sessions, \$165
member \$149

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Main Line School Night

» Italian: Pre-Intermediate Conversation

Learn everyday vocabulary and phrases needed to deal with real life situations and the past tense. Some basic grammar and sentence structure will be covered. Covers basic grammar, vocabulary, pronunciation, culture and everyday conversation. Materials will be emailed.

Lawrence Minisci, Corporate Language and Intercultural Trainer

Wed, 5:00 PM to 6:00 PM, starts 2/18
LF32080 ONLINE 10 sessions, \$165
member \$149

Thu, 12:30 PM to 1:30 PM, starts 2/19
LF41086 ONLINE 10 sessions, \$165
member \$149

» Italian: Intermediate Conversation

Review and learn practical vocabulary, past tense, imperfect, future, direct and indirect object pronouns, and prepositions and avoid common pitfalls through oral drills, conversation, reading and written exercises. Materials will be emailed.

Lawrence Minisci, Corporate Language and Intercultural Trainer

Thu, 6:40 PM to 7:40 PM, starts 2/19
LF42087 **Part One** ONLINE .. 10 sessions, \$165
member \$149

Wed, 6:05 PM to 7:35 PM, starts 2/18
LF32081 **Part Three** ONLINE .. 10 sessions, \$249
member \$223

» Italian: Advanced Conversation & Grammar

Review and learn more complex grammar points and avoid common pitfalls through oral drills, conversation, and written exercises. Take this class alone or in conjunction with any other MLSN Italian class.

Lawrence Minisci, Corporate Language and Intercultural Trainer

Thu, 10:05 AM to 11:05 AM, starts 2/19
LF41084 ONLINE 10 sessions, \$165
member \$149

» Italian: Advanced Conversation Seminar

Conducted entirely in Italian, learn vocabulary, idiomatic expressions, grammar and culture by discussing Italian podcasts and vlogs. Each week participate in engaging dialogue to improve your communication skills.

Lawrence Minisci, Corporate Language and Intercultural Trainer

Thu, 9:00 AM to 10:00 AM, starts 2/19
LF41083 ONLINE 10 sessions, \$165
member \$149

SPANISH

» Spanish I: Beginners

Whether you are new to Spanish or would like to review basic grammar and pronunciation, this class will help you develop your listening and speaking skills. Through vocabulary building exercises you'll also learn practical phrases useful in real-life situations. Required textbook – see receipt.

Laura Kanavy, Native Speaker; Legal and Medical Core CHI and CHI Interpreter

Mon, 5:00 PM to 6:00 PM, starts 2/16
LF12020 ONLINE 12 sessions, \$165
member \$149

Wed, 7:20 PM to 8:20 PM, starts 2/18
LF32024 ONLINE 12 sessions, \$195
member \$179

Pedro Suarez, M.A.; Native Speaker; Spanish Instructor

Tue, 5:45 PM to 7:00 PM, starts 3/3
LF22060 Lower Merion HS 8 sessions, \$185
member \$169

Cynthia Foxworth, retired HS Language Teacher

Wed, 9:45 AM to 11:00 AM, starts 3/4
LF31040 Creutzburg 12 sessions, \$205
member \$189

» Spanish I: Continuing Beginners

Take your basic Spanish skills one step further by continuing to build your comprehension and understanding through interactive dialogue and exercises. Improve your comfort in listening and speaking and practice using direct and indirect object pronouns and verb tenses. Appropriate for those who have studied Spanish or have some basic Spanish knowledge. Required textbook – see receipt.

Laura Kanavy, Native Speaker; Legal and Medical Core CHI and CHI Interpreter

Wed, 5:00 PM to 6:00 PM, starts 2/18
LF32025 ONLINE 12 sessions, \$195
member \$179

Tue, 6:10 PM to 7:10 PM, starts 2/17
LF22023 **Part Two** ONLINE .. 12 sessions, \$195
member \$179

Pedro Suarez, M.A.; Native Speaker; Spanish Instructor

Tue, 7:10 PM to 8:25 PM, starts 3/3
LF22061 Lower Merion HS 8 sessions, \$185
member \$169

Cynthia Foxworth, retired HS Language Teacher

Wed, 11:15 AM to 12:30 PM, starts 3/4
LF31041 Creutzburg 12 sessions, \$205
member \$189

» Spanish II

Ideal class for those who have taken a beginners or continuing beginners class. Improve your listening and speaking abilities and review object pronouns while introducing new vocabulary and grammar. Gain confidence with your communication skills. Required textbook – see receipt.

Cynthia Foxworth, retired HS Language Teacher

Wed, 12:45 PM to 2:00 PM, starts 3/4
LF31042 Creutzburg 12 sessions, \$205
member \$189

» Spanish II: Beginning Conversation

Gain the ability and confidence to understand and to take part in conversations on simple topics of daily life using all grammar tenses and grammar structures. Review indicative and subjunctive moods, direct, indirect and reflexive pronouns with the introduction of more advanced grammar. Emphasis will be placed on oral communication and the development of reading and vocabulary skills.

Laura Kanavy, Native Speaker; Legal and Medical Core CHI and CHI Interpreter

Tue, 5:00 PM to 6:00 PM, starts 2/17
LF22022 ONLINE 12 sessions, \$195
member \$179

Cynthia Foxworth, retired HS Language Teacher

Wed, 2:15 PM to 3:30 PM, starts 3/4
LF31043 Creutzburg 12 sessions, \$205
member \$189

» Spanish with Laura

Retain what you learned this fall with Laura's expertise and encouragement.

Laura Kanavy, Native Speaker; Legal and Medical Core CHI and CHI Interpreter

Mon, 6:10 PM to 7:10 PM, starts 2/16
LF12021 ONLINE 12 sessions, \$195
member \$179

» Spanish Conversation: Intermediate to Advanced

Designed for those who want to improve their communicative abilities in Spanish. With this goal in mind, class will provide exposure to the other language skills (reading and listening comprehension, writing, vocabulary acquisition, sociocultural competence) which are integral to developing speaking fluency. Various topics will be discussed and debated.

Laura Kanavy, Native Speaker; Legal and Medical Core CHI and CHI Interpreter

Wed, 6:10 PM to 7:10 PM, starts 2/18
LF32026 ONLINE 12 sessions, \$195
member \$179

TRAVEL *to*

DOMESTIC & INTERNATIONAL DESTINATIONS

» Travel the World with MLSN

Join us for a MLSN Travel reception and learn about the exciting travel adventures MLSN has planned.

Thu, 4:30 PM to 6:00 PM, 2/19

TRAVEL3 Creutzburg1 session, FREE

FOR DETAILS AND ITINERARY:

mainlineschoolnight.org/international-travel

Contact Sarah Doody with questions and for more information. Call **904.432.3141** or email: travel@mainlineschoolnight.org.



THE BEST OF THE BALKANS JUNE 27 – JULY 5, 2026

Trip Price: \$3,999 per person, based on double occupancy, single occupancy: \$4,598



DISCOVERING SOUTHEAST ALASKA JULY 31 – AUGUST 7, 2026

Cabin prices start at \$5,995 per person, based on double occupancy



CUBA: A CULTURAL IMMERSION JANUARY 2027

Trip Price: \$5,995 per person, based on double occupancy



RAINFORESTS TO VOLCANOES: EXPLORING COSTA RICA MARCH 19 – 28, 2027

Trip Price: \$3,795 per person, based on double occupancy



BLACK HILLS, BADLANDS & MT. RUSHMORE AUGUST 26 – SEPTEMBER 1, 2026

Trip Price: \$3,899 per person, based on double occupancy, single occupancy: \$4,774
Price includes round-trip international airfare



GREECE: ATHENS & KALAMATA SEPTEMBER 4 – 13, 2026

Trip Price: \$3,995 per person, based on double occupancy. No single supplement



RIVER LIFE ALONG THE DUTCH WATERWAYS: HOLLAND & BELGIUM APRIL 22 – 30, 2027

Cabin Prices Start at \$4,995, per person, based on double occupancy



UMBRIA: THE GREEN HEART OF ITALY APRIL 2027

Trip Price: \$4,295, per person. No single supplement



SPECTACULAR SEINE RIVER: PARIS & NORMANDY SEPTEMBER 12 – 20, 2026

Cabin prices start at \$3,995 per person, based on double occupancy



PORTUGAL: ROMANCE OF THE DOURO MAY 2027

Cabin Prices Start at \$5,995, per person. No single supplement

LITERATURE, HISTORY, SCIENCE & CURRENT AFFAIRS

CURRENT AFFAIRS

» Topics in the News

Analyze a different topic in depth each week. The topics may currently be in the news while others are more eclectic and focus on timeless issues. American domestic politics as well as foreign policy are constant themes running through many of the topics. Classmates and guest speakers contribute regularly, ensuring a wide variety of points of view.

Ken Sklar, Teacher (Ret.), Global Issues and American Politics, Radnor High School

Wed, 9:30 AM to 11:00 AM, starts 2/11
LH31847 Creutzburg & Online (Hybrid)
..... 17 sessions, \$229
member \$210

Wed, 9:30 AM to 11:00 AM, starts 6/10
LH31848 Creutzburg & Online (Hybrid)
..... 17 sessions, \$229
member \$210

» Political Polarization, Religious Rifts, Charlie Kirk & Gen Zers

NEW Deep divisions in American politics have spawned serious splits in faith communities. Since the 2024 elections, versions of Christian Nationalism have grown in influence, even as surveys indicate an unprecedented dissolution of institutional religion and hint at its transformation. The murder of Charlie Kirk revealed the complex appeal of conservative Evangelicalism to Gen Zers. Explore a fusion of religion and politics 250 years after writers of our Constitution rejected the idea of the union of church and state.

Mary Ann Meyers, PhD, American Religious History, University of Pennsylvania

Thu, 2:00 PM to 3:00 PM, starts 3/12
LH41004 Creutzburg 3 sessions, \$59
member \$53

HISTORY

» Fashion and Textile Histories: The Wacky Victorians

NEW Due to popular-demand we are taking a crack at the wacky Victorians (and maybe some Edwardians). We'll look at Victorian hair art, combusting dresses, dye poisoning, mourning clothing, and eating mummies (yes, you read that right). Perfect for fashion and history enthusiasts, or just for people who enjoy interesting stories. Step back in time and into the shoes of the Victorians.

Kyra Zapf Mlitt, Teaching Artist & Dress Historian
Fri, 10:30 AM to 12:00 PM, starts 2/20
LH51854 Creutzburg 5 sessions, \$121
member \$109

» Fashion and Textile Histories: Medieval Madness

NEW Get a behind-the-scenes look at some of the greatest medieval textiles and fashion finds of Western Europe from 1100-1600 AD. Learn what real relics inspired your favorite historical films and get taken on an object-based tour of medieval history.

Kyra Zapf Mlitt, Teaching Artist & Dress Historian
Fri, 10:30 AM to 12:00 PM, starts 4/10
LH51855 Creutzburg 5 sessions, \$121
member \$109

» Revolution and Decorum: The Enlightenment in Britain and America

NEW Explore the impact of the eighteenth-century Enlightenment on Britain and her North American colonies. British thinkers contributed much of the intellectual foundations for the Enlightenment, and these ideas had a significant influence on Britain and her colonies. The results, however, could be dramatically different, in some instances leading to a rational style of living and in other cases to political radicalism. Investigate these disparities in art and politics.

R. Barry Levis, PhD; Professor Emeritus, History, Rollins College; Author

Jean French, Museum Educator (Ret.)
Mon, 3:00 PM to 4:00 PM, starts 2/23
LH11801 Creutzburg 5 sessions, \$89
member \$80

» The American Revolution: A Revision

NEW Americans are taught the history of the founding of our nation in elementary school. Unfortunately, we hear only one side of the story; there is another. We will examine the causes and consequences of this struggle not only from the colonists' perspective but also from the Mother Country's. Was George III really a tyrant? Was "life, liberty, and the pursuit of happiness" the real motivation? Address these and other questions about this struggle.

R. Barry Levis, PhD; Professor Emeritus, History, Rollins College; Author

Tue, 6:45 PM to 8:30 PM, starts 3/3
LH22830 Lower Merion HS. 5 sessions, \$115
member \$103

» England Under the Stuarts

Seventeenth-century England saw a series of conflicts between the Stuart monarchy and Parliament, leading to the beheading of one king and the banishment of another. The English Civil Wars and the Glorious Revolution represent two critical events in shaping Britain as well as her North American colonies. Consider those dramatic events through the reigns of James I, Charles I, Oliver Cromwell, Charles II, James II, William and Mary, and Queen Anne.

R. Barry Levis, PhD; Professor Emeritus, History, Rollins College; Author

Mon, 3:00 PM to 4:00 PM, starts 5/11
LH11837 Creutzburg 5 sessions, \$89
member \$80



» The Presidency of Jimmy Carter

NEW Generally regarded as a weak, ineffectual president, but having a towering, post-president impact on health and disease-extermination programs in developing countries, Carter's presidential record stands out under competent, critical biographers analyses (i.e. Kai Bird, Jonathan Alter) as "exceptionally consequential" and "exceptionally productive," nationally and internationally. His record in government deregulation, social legislation, foreign policy, international trade, U.S. strategic military defense support this revisionist view.

James H. Scott, Sr., BS, MA, MBA, White House Fellow, Staff, Presidential Task Forces, '78 & '79

Tue, 6:00 PM to 7:00 PM, 3/3
LH22801 Lower Merion HS 1 session, \$35
member \$31

» Forbidden Political Philosophies: Continuing Explorations

NEW If we look back at writers ranging from Plato to George Orwell, there have always been a wide variety of political philosophies—everything from monarchism to philosopher-kings to anarcho-syndicalism. Continue to broaden your understanding of political philosophies, and the valuable insights they offer in addressing the challenges of political polarization, classism, and societal instability.

Benjamin B. Olshin PhD., Fulbright Scholar

Mon, 10:00 AM to 11:15 AM, starts 3/9
LH11046 Creutzburg 4 sessions, \$69
member \$62

» The Industrial History of the Schuylkill River Valley

NEW Prior to America's Civil War, more than 50% of America's iron and steel came from the Schuylkill River Valley. Additional industry that flourished was transportation, paper manufacturing, textile manufacturing and more. Discuss the various ways that the diverse population of the Schuylkill River Valley combined their talents and cultural backgrounds to thrive.

Perry Hamilton, Business Historian

Tue, 7:15 PM to 8:30 PM, 3/10
LH22821 Lower Merion HS 1 session, \$35
member \$31

» William Penn: Founding Father

NEW Examine William Penn as the forgotten Founding Father who contributed some of the highest philosophical principles to America's founding. Penn's writings were grounded in the Magna Carta and compatible with the principles of Natural Rights: principles that made their way into the Preamble to the Constitution and the Bill of Rights.

Perry Hamilton, Business Historian

Tue, 7:15 PM to 8:30 PM, 3/17
LH22840 Lower Merion HS. 1 session, \$35
member \$31


» Who and Where and When Was the Historical St. Patrick?

NEW Was he Irish-born? What job did he hold as a teenager? Do we know the name of his father (yes)? The name of his mother (maybe)? How many places around the world are named for him and what are the places he visited in his lifetime? Find out the answers to these questions and more in this lively session celebrating one of Ireland's three patron saints!

Roslyn Blyn-LaDrew, PhD, University of Pennsylvania

Thu, 7:00 PM to 8:30 PM, 3/12
LH42501 ONLINE 1 session, \$39
member \$35


» **America's Founding Fathers**

 **NEW** The America that we know began as a unique idea; ordinary people could be a sovereign citizens that would govern themselves. Turn back the pages of history two and half centuries and examine how some extraordinary men, Hamilton, Knox, Madison and Morris, labored to make this idea a reality. Learn of their backgrounds and the interactions that allowed them to form history's first and longest living people's federal representative republic.

Lawrence Swesey, MEd; Instructor (Ret.); Adj Prof, VFMC, Ethics and History; Maj USA (Ret.)

Wed, 3:00 PM to 4:15 PM, 3/18
LH31803 Creutzburg 1 session, \$45
member \$40


» **America's Founding Mothers**

 **NEW** Americas Founding Fathers could not have succeeded without the Founding Mothers. Their actions during the foundation period were significant. Women's importance in that period was underrated but they were vital to the founding of this nation. Take a focused look at how Pinckney, Warren, Wheatley and others helped ensure that this nation was born. You'll find that without them the successful founding would have been problematic.

Lawrence Swesey, MEd; Instructor (Ret.); Adj Prof, VFMC, Ethics and History; Maj USA (Ret.)

Wed, 3:00 PM to 4:15 PM, 3/25
LH31804 Creutzburg 1 session, \$45
member \$40


» **America's Founding Uncles**

 **NEW** The work done by the citizenry of this nation in the last quarter of the eighteenth century was fundamental to the establishment of our nation. But a valid argument exists that without the aid of foreign supporters the nation's foundation would not have succeeded. Delve into the philosophies, communications, and actions of a handful of significant men, Lafayette, von Steuben, Pulaski, Rochambeau and others, that directly contributed to the existence of the United States.

Lawrence Swesey, MEd; Instructor (Ret.); Adj Prof, VFMC, Ethics and History; Maj USA (Ret.)

Wed, 3:00 PM to 4:15 PM, 4/8
LH31805 Creutzburg 1 session, \$45
member \$40


» **Athens, Rome & Birth of USA**

 Our founders took inspiration from ancient Greece and Rome as they tried to create a constitution that would stand the test of time. Read what they were reading and think about how/whether ancient ideas can help us today.

Joanna Kenty, PhD, Classics Professor (Ret.)

Tue, 6:45 PM to 8:15 PM, starts 3/24
LH22804 Lower Merion HS. 5 sessions, \$89
member \$80

» **The American Revolution that You Don't Know, With a Local Twist**

 Develop a new perspective of the American Revolution that examines little-known battles and events. Examine situations leading to the armed conflict with Britain. Study the miscues and lessons learned in the opening battles including the Philadelphia Campaign. Learn how the nation pivoted toward victory after Valley Forge. Discover how the revitalized Continental Army, with French support, forced the British Empire to yield. Finally, gain an understanding of the legacy of the nation's foundation.

Lawrence Swesey, MEd; Instructor (Ret.); Adj Prof, VFMC, Ethics and History; Maj USA (Ret.)

Thu, 3:00 PM to 4:15 PM, starts 4/16
LH41806 Creutzburg 5 sessions, \$89
member \$82

» **In Future Days: The Roosevelts in our Lives Today**

NEW We live in a world largely built by the ideas and goals created by Franklin Roosevelt. Explore the many ways the Roosevelts and their policies still influence us to this day.

Jeffrey Urbin, Education Director, Roosevelt Presidential Library and Museum

Thu, 1:00 PM to 2:30 PM, 5/7
LH41520 ONLINE. 1 session, \$39
member \$35


SCIENCE AND SOCIAL SCIENCE» **Take Charge of Your Emotions**

NEW Emotions are necessary and useful, but sometimes can be overwhelming. Some of us react at times to emotionally challenging situations in ways that may make things worse. Learn how to negotiate emotional storms, tolerate distress in non-harmful ways, and even reduce the likelihood of emotional overload. Explore how unbalanced thoughts can lead to unhelpful emotions. Concepts from cognitive behavioral therapy (CBT) and dialectical behavior therapy (DBT) will be presented.

Naomi Pliskow MD, MA

Thu, 7:00 PM to 8:30 PM, starts 3/5
LH42853 Creutzburg 2 sessions, \$59
member \$53


» **Stars & Stripes in the Sky: 250 Years of US Contributions to Astronomy**

 **NEW** Celebrate 250 years of American discovery, innovation, and wonder under the same night sky that inspired our nation's founders. Get an introduction to the science of astronomy with historical reflection, connecting key discoveries with the cutting-edge science of today.

Ken Koeplinger, NASA-JPL Solar Ambassador; Chemistry Instructor, DCCC

Wed, 12:45 PM to 2:15 PM, starts 3/11
LH31836 Creutzburg 2 sessions, \$59
member \$53

» **David Rittenhouse, Philosopher-Mechanic and His Famous Clocks**

 **NEW** Explore the life and work of David Rittenhouse, Colonial and early Federal America's most famous scientist and clockmaker. Consider his personal life and scientific and astronomical achievements, the latter of which brought him international fame. Special emphasis will be given to his clocks.

Donald L. Fennimore, Curator Emeritus, Winterthur Museum

Wed, 1:00 PM to 2:30 PM, 4/15
LH31801 Creutzburg 1 session, \$45
member \$40

» **Explore the Beauty of Vedic Math**

NEW Explore a few magnificent techniques from mathematics as passed on from the Vedas or ancient Indian scriptures. Included are quick methods for multiplication and division, solving quadratic and cubic equations, and neat proofs for theorems in geometry. Walk away with a renewed sense of wonder at the beauty of mathematics.

Abha Belorkar, PhD, Computer Science

Tue, 6:00 PM to 7:00 PM, starts 4/14
LH22822 Lower Merion HS 2 sessions, \$55
member \$49

LITERATURE» **The Iliad**

Read and discuss Homer's *Iliad* in English translation. It is one of the first, and greatest, poems in western literature. It explores the human condition in ways that are deeply meaningful and unforgettable using Robert Fitzgerald's translation.

Alice Garrett, MA; Latin Teacher, Lower Merion High School (Ret.)

Wed, 1:30 PM to 2:30 PM, starts 2/18
LH31842 Creutzburg 13 sessions, \$195
member \$175

» **Shakespeare Revisited**

NEW The "upstart crow" has only gotten better with age. Dare to reacquaint yourself with the Bard's work, as we delve deep into the moral complexity, inspired language, and timeless themes of three of his most distinguished plays: the lively romance, *Much Ado About Nothing*, the provocative tragicomedy, *Measure for Measure*, and the great, fateful tragedy, *Macbeth*.

Justin Ahlback, MA, Teacher

Wed, 3:15 PM to 4:30 PM, starts 2/25
LH31519 ONLINE. 10 sessions, \$129
member \$116

» **Ireland's 4 Nobel Laureates in Literature—and Their Wives**

NEW Irish literature enthusiasts know something of Yeats, Shaw, Beckett, and Heaney, but less about their wives (George, née Georgiana, Charlotte, Suzanne, and Marie). How did these couples balance their relationships and their creative talents? Explore the literary works of the Laureates and the literary output and socio-cultural significance of their wives.

Roslyn Blyn-LaDrew, PhD, University of Pennsylvania

Fri, 10:30 AM to 11:30 AM, starts 2/27
LH51523 ONLINE. 5 sessions, \$89
member \$80

» **Happy Anniversary, Little Prince**

NEW A favorite in French language classes and in over 500 other languages, Saint-Exupéry's *Le Petit Prince* is one of the most beloved classics of all time. While on the surface, it seems to be for children, it contains profound messages about life and human nature, with adaptations from animé to (now vintage) vinyl.

Roslyn Blyn-LaDrew, PhD, University of Pennsylvania

Fri, 10:30 AM to 12:00 PM, 4/10
LH51524 ONLINE. 1 session, \$45
member \$40

» **Jane Austen and Emma**

Jane Austen thought Emma "A heroine whom no one but myself will much like." That may be true about the character Emma, but the book is one that readers love. It underscores Austen's sharp wit and elegant writing. It's filled with riddles, anagrams and puzzles that both the characters and readers must solve. Film clips from the many adaptations will be included.

Susan Weisgrau, MA, English Literature; English Teacher, Former Jane Austen Society Board Member

Tue, 10:30 AM to 11:45 AM, starts 3/3
LH21516 ONLINE. 5 sessions, \$95
member \$85





» The Philosophy of Baruch Spinoza

NEW Spinoza was excommunicated from the Jewish community of Amsterdam because of the radicalism of his ideas. He is credited to be the philosopher that brought philosophy into the modern age. Labeled an atheist or a pantheist, he thought he was the one true monotheist. Study excerpts from his *Ethics* and his *Theological-Political Treatise*.

Barnett Kamen, Teacher (Ret.), Bible, Literature and Philosophy

Wed, 10:00 AM to 11:00 AM, starts 3/4
LH31844 Creutzburg 3 sessions, \$59
member \$53

» The Book of Proverbs

NEW Credited to Solomon, Proverbs exemplifies wisdom as a guide to the good life. In it, wisdom is personified as a woman. The message of wisdom is that morality will lead to a utopia. Others believed wisdom was created by God as the blueprint of the universe. If the universe is governed by the laws of wisdom, is there a reason for this?

Barnett Kamen, Teacher (Ret.), Bible, Literature and Philosophy

Wed, 10:00 AM to 11:00 AM, starts 4/8
LH31846 Creutzburg 3 sessions, \$59
member \$53

» Dante's Divine Comedy: A Whirlwind Tour of the Afterlife

NEW "In the middle of this our life..." With these words, Italian poet Dante Alighieri begins one of the greatest achievements of the poetic imagination in history. Explore Dante's *Canticas*—Inferno, Purgatorio, Paradiso. With attention to art, poetry, and theology inspired by Dante, discover what this medieval whirlwind tour of the afterlife has to say to us today.

Kevin Hughes, Professor, Historical Theology, Villanova University

Mon, 1:00 PM to 2:30 PM, starts 3/9
LH11802 Creutzburg 3 sessions, \$69
member \$62


» Zadie Smith's White Teeth and the Politics of Identity

NEW Smith's novel examines how mixed-race characters struggle with unstable identities, the contradiction of being both native born and an outsider. Discuss her most recent essays on politics in the U.S. and U.K., along with the novel, to underscore the current anxiety produced by migration.

Rebecca Jaroff, PhD, Professor Emerita, English, Ursinus College

Wed, 11:15 AM to 12:45 PM, starts 3/11
LH31845 Creutzburg 8 sessions, \$149
member \$133

» Athens, Rome and the Birth of the USA

 The leaders of our country's founding took inspiration from ancient Greece and Rome as they tried to create a constitution that would stand the test of time. Read what they were reading, including ancient philosophers like Aristotle, speeches of leaders like Pericles and Cicero and stories about famous characters like Julius Caesar and Brutus. Read what America's founders said about Greece and Rome, and think about how (or whether) ancient ideas can help us today.

Joanna Kenty, PhD, Classics Professor (Ret.)

Tue, 6:45 PM to 8:15 PM, starts 3/17
LH22804 Lower Merion HS. 5 sessions, \$89
member \$80

» The Heart Wants What It Wants... Edith Wharton's The Age of Innocence & Short Stories

The conflict between the individual and society, between desire and duty, is a perennial theme in literature, and one which Edith Wharton vividly dramatizes in both her Pulitzer Prize winning novel, *The Age of Innocence*, and in many of her short stories. Through lively discussion of this jewel of a novel, and also of some of her equally sparkling short stories, we will follow Wharton's exploration of this conflict, as her young lovers struggle for happiness against the strict conformity of 1870's New York society.

Olive Ledlie, PhD, Former Chair, English Department, The Baldwin School

Thu, 1:00 PM to 2:15 PM, starts 4/9
LH41001 Creutzburg 6 sessions, \$95
member \$85

MONEY MATTERS & CAREERS

» Business Growth Workshop

Attention: Serious business owners! Are you looking to scale your business but feel tired of wasting money on ineffective marketing and advertising? Learn proven growth strategies that are guaranteed to double any businesses' lead and sales without spending more money on marketing or advertising. Everyone will leave this workshop with a roadmap on how to get predictable results in their business. Seats are limited!

Leahcim James, Business Growth Specialist, Owner, Leahcim James Coaching

Thu, 6:00 PM to 8:00 PM, 4/30
IM42072 Creutzburg 1 session \$45
member \$40

» Design Your Next Chapter to Flourish in Retirement

Find meaning, satisfaction and enjoyment in retirement! Through self-discovery exercises and group support, explore the key areas of relationships, health & well-being, service and community to determine what a happier retirement means to you.

Lisa Kramer, MSW, PCC

Wed, 6:00 PM to 7:30 PM, starts 6/3
IM32086 Creutzburg 4 sessions, \$75
member \$67

» Earn Income by Teaching English

Teaching English can fund traveling worldwide! It can be a high-paying career or a way to travel for free. While a certificate helps with landing these jobs, there are still many opportunities to teach conversational English thanks to its global reach and usefulness. Earn money teaching online, secure a free vacation, a paid summer job, or full-time work. Class covers the best opportunities, certifications, and promotions. Includes digital handout.

Gina Henry, Owner, GoGlobal

Mon, 7:00 PM to 9:00 PM, 4/13
IM12078 ONLINE 1 session, \$59

» Estate Planning: Getting Started

Discover why everyone should have a will. Who are fiduciaries and what do they do? Get an overview of estate administration, including state inheritance tax, taxable assets vs. probate assets, and federal estate and gift taxes. Recent changes to the law are explained.

Carol Ryan Livingood, Esq., Timoney Knox

Thu, 10:00 AM to 11:30 AM, 4/9
IM41084 Creutzburg 1 session, \$49
member \$44

» Financial Empowerment for Women

Are your financial circumstances changing due to a major life event? Enhance your financial knowledge and learn to invest with confidence in the company of other women.

Karen Santini Clemens, CPA, CFP®

Wed, 7:00 PM to 8:00 PM, starts 4/15
IM32080 Creutzburg 3 sessions, \$59
member \$53

» Medicare 101

The Medicare process is confusing and finding the right Medicare plan can be a daunting task. It doesn't have to be that way. For those people turning 65 in the next six months, we discuss how Medicare works, dissect all options, and review a real life example of the Rx "donut hole". For those people currently on a Medicare plan, learn how to save on your Medicare insurance.

Allen Heffler, ChFC; CLU; President, MyMedicareAdvisor

Wed, 6:30 PM to 8:30 PM, 4/29
IM32075 Creutzburg 1 session, \$55
member \$49

» Mystery Shopping: Get Paid to Shop!

Get paid to shop at local stores or online from home. Learn how to avoid scam companies and work for the best mystery shopping platforms. Find out how to promote your qualifications for the best assignments, how to fit mystery shopping into your daily schedule, and how to earn the most income.

Gina Henry, Owner, GoGlobal

Thu, 7:00 PM to 9:00 PM, 4/23
IM42076 ONLINE 1 session, \$59

» Powers of Attorney & Advance Medical Directives

Learn about Financial Powers of Attorney, Healthcare Powers of Attorney and Advance Medical Directives/Living Wills. Prepare your own living will in compliance with Pennsylvania law. Also covered: the consequences of not having these documents in place and who should retain them for you after they are signed.

Carol Ryan Livingood, Esq., Timoney Knox

Thu, 10:00 AM to 11:00 AM, 3/19
IM41085 Creutzburg. 1 session, \$39
member \$35

» QuickBooks Desktop Pro for Bookkeeping

NEW Learn how to set up accounts and enter transactions to generate financial reports, track business progress and prepare for tax season more efficiently. Uncover hidden secrets for recording the data correctly, reconciling accounts, and more! Some bookkeeping knowledge will be helpful but not required. Bring your laptop with QuickBooks installed.

Susan Evans, Owner, Your Office Assistant

Tue, 6:15 PM to 8:15 PM, 4/7
IM22060 Lower Merion HS 1 session, \$39
member \$33

» Real Estate Investing: Asset Protection and Tax Strategies

Discover strategies to protect your assets, leave a legacy, and reduce your taxes. This course is for existing real estate owners seeking to elevate their planning. It is not recommended for beginners. Real life case studies and interactive classroom discussions will help you achieve your goals. A book will be provided and used as a resource.

Jon Bock, CPA/PFS, CEPA®

Wed, 6:30 PM to 8:00 PM, starts 6/17
IM32073 Creutzburg. 2 sessions, \$59
member \$53

» Real Estate Investing: Success by the Numbers

Unlock the secrets of successful real estate investments! Whether you're a beginner or looking to sharpen your skills, discover how to analyze deals and understand the numbers that drive success. Real life case studies with discussions help you learn these essential strategies. Book included.

Jon Bock, CPA/PFS, CEPA®

Tue, 6:30 PM to 8:00 PM, starts 5/12
IM22073 Creutzburg 2 sessions, \$59
member \$53

» Retirement Income and Withdrawal Strategies

Replacing your income when you stop working is one of the most important and least talked about issues in personal finance. Understand common withdrawal strategies including their benefits and risks. Discuss Roth Conversions and other tax strategies that can have a significant impact on the longevity of your assets. Learn about the 4% rule, dividends, the pros and cons of annuities, plus more.

*Andrew Herron CFP®, Managing Partners,
Stone Pine Financial Partners*

Mon, 6:30 PM to 8:30 PM, starts 3/2
IM12082 The Willows Park 2 sessions, \$65
member \$58

» Retirement Readiness for Women

Are you a woman nearing or newly in retirement? Venture with us as we navigate challenging experiences like longer life expectancy and managing wealth solo due to widowhood, divorce, or staying single. You'll learn how to assess retirement readiness, create a sustainable income plan, and align finances with your values! Topics include tax-efficient withdrawals, investing in retirement, Social Security, Medicare, and estate planning. Leave with tools and confidence to make informed decisions for your next chapter!

*Myriah Lipke, CFP®, Financial Advisor,
Stone Pine Financial Partners*

Wed, 6:30 PM to 8:30 PM, starts 2/18
IM32079 Creutzburg 2 sessions, \$65
member \$58

» Retirement Reinvented

NEW What if retirement wasn't just the end of your career, but the start of the most dynamic, meaningful phase of your life? Traditionally, retirement meant a handshake, a gold watch and days of idle rest. Now, retirement is an invitation to discovery, renewal and adventure! This class focuses on the non-financial aspects of retirement, which will shape your experience over the next 10, 20 or 30 years. Join us to design a retirement you can't wait to live!

Ford R. Myers, Certified Retirement & Award-Winning Career Coach

Tue, 6:30 PM to 8:00 PM, starts 3/17
IM22070 Lower Merion HS 4 sessions, \$79
member \$74



» The Secrets of Travel-Hacking

Earn thousands of airline frequent flyer miles, hotel reward points & cash back without ever stepping foot on a plane or paying for a hotel. Flights and hotels are the most expensive part of your vacation. Learn how to travel for free using reward credit cards with "Beginner Strategies" to "Advanced Strategies". All reward programs are detailed.

Gina Henry, Owner, GoGlobal

Wed, 6:30 PM to 9:00 PM, 4/8
IM32077 ONLINE 1 session, \$59

» Teaching Transformed: AI Course Creations

NEW Bring your course idea to life with this beginner-friendly, hands-on class! Learn how to use AI to plan, script, and create a professional-quality course — no camera or tech skills required. You'll discover simple tools and smart strategies to save time, simplify the process, and build a profitable course that practically runs itself. Perfect for entrepreneurs, coaches, consultants, and first-time course creators ready to turn their ideas into income.

*Beance Jenkins, Business & AI Strategy
Consultant; Founder, AI Power Course*

Sat, 12:30 PM to 2:30 PM, 3/28
IM61090 Creutzburg. 1 session, \$49
member \$44

» The Importance of Long-Term Care

Tailored for proactive individuals, you will be empowered to master essential tools to address extended care costs and preserve wealth through informed decision-making. Explore current trends in long-term care (LTC) planning, including traditional and hybrid LTC solutions, annuities with LTC riders, and life insurance with LTC benefits. Gain insight into evolving state tax legislation, caregiver impacts, and how to strategically protect your assets while planning for future care needs.

*Christopher Glover, Cerebrum Strategic Advisor,
Managing Partner*

Thu, 6:00 PM to 7:00 PM, 4/16
IM42083 Creutzburg. 1 session, \$45
member \$40

» Transition to Retirement: The Top 5 Decisions Everyone Must Consider

Take control of your finances and avoid costly mistakes when you consider the five most important topics for every retiree: Social Security, Medicare, housing, income replacement, and taxes. Learn an effective way to consolidate your retirement planning decisions to one page.

*Myriah Lipke, CFP®, Financial Advisor,
Stone Pine Financial Partners*

Wed, 6:30 PM to 8:30 PM, starts 3/11
IM32071 Creutzburg 2 sessions, \$65
member \$58

» Travel for Less

Are you curious to travel near and far? Not sure how to plan your next trip without breaking the bank? Discover how to create an affordable solo or family vacation. Learn to navigate the confusing number of travel services, websites and apps so you can take advantage of the best deals available. Confidently book your next themed or wellness journey of your dreams. All travelers, including those seeking 'revenge travel,' are welcome!

*Suzanne Wolko, Travel Expert; Writer of
PhilaTravelGirl*

Sat, 1:30 PM to 4:00 PM, 4/18
IM61088 Creutzburg 1 session, \$49
member \$40

» Understanding Social Security

Learn how to make sense of Social Security and how it fits into your broader retirement strategy. Discover how benefits are calculated, when to claim for maximum value, and how spousal, survivor, and taxation rules impact overall income. Whether nearing retirement or planning ahead, you will walk away with practical guidance to optimize your benefits and make confident, informed decisions about the Social Security options.

*Christopher Glover, Cerebrum Strategic Advisor,
Managing Partner*

Tue, 6:00 PM to 7:00 PM, 3/21
IM22087 Lower Merion HS 1 session, \$45
member \$40

» Your Red File: Vital Information at the Ready

Identify and organize the information your family or others need if you're unavailable. Avoid fruitless hunting; put your legal, medical and other information in order. Material fee \$20 payable to instructor.

Leslie Robison, Professional Organizer

Sat, 10:00 AM to 12:00 PM, 3/28
IM61077 Creutzburg. 1 session, \$45
member \$40

MUSIC, FILM & PERFORMING ARTS

MUSIC & PERFORMING ARTS APPRECIATION

» The Philadelphia Orchestra Celebrates 125 Years! Continued

Preview selections from the Orchestra's 2025-2026 performances at the Kimmel Center. Using audio-visual examples, focus on the forms, instrumentation and other stylistic elements of the music. Understanding great music is much easier when you know what to listen for! You need not have attended during the fall semester.

Elizabeth Cochran, AB, Bryn Mawr; New School of Music

Mon, 1:30 PM to 3:00 PM, starts 2/16
MT11810 Creutzburg 4 sessions, \$85
member \$76

» Into Film: A Deeper Appreciation

Enjoy an in-depth introduction to the history, context, anecdotes, and "Things to Look For." Then, see a celebrated, exciting, but somewhat rare film in its entirety. The discussion that follows will be interesting, spirited and directed more to the total experience rather than technical aspects. All new material for previous students.

Neal Newman, Actor; Theater Director; Producer; Writer; Teacher

Tue, 12:30 PM to 3:00 PM, starts 2/17
MT21811 Creutzburg 5 sessions, \$79
member \$71

» Gilbert and Sullivan's Bungling Swashbucklers – The Pirates of Penzance

NEW Ready your scabbard. *The Pirates of Penzance* are coming, raising plenty of hijinx in Gilbert and Sullivan's greatest hit. Learn the context for this satire as serious issues of Victorian England are addressed: illegitimacy, wayward orphans and, well, piracy. All are handled uproariously with the most delightful music in English operetta. Noted music lecturer Middleman lifts the curtain on the meanings and madcappery with sparkling videos. Join this crash course in G&S and Pirates pranks.

Karl Middleman, Founder & Artistic Dir. (Ret.), Philadelphia Classical Symphony; Prof., Temple U.

Tue, 6:30 PM to 8:00 PM, starts 3/3
MT22820 Lower Merion HS 2 sessions, \$59
member \$53

» America Dances with Fred Astaire

NEW Ginger Rogers fondly remembered her films with Astaire as "the only jewels of my life." Mikhail Baryshnikov raved, "No dancer can watch Fred Astaire and not know that we all should have been in some other business." Here is the story of America's greatest musical film star, the quintessential model of style and sophistication effortlessly shimmying through dazzling dance sequences to music by George Gershwin, Cole Porter and Irving Berlin. Thrilling videos and expert commentary capture Astaire's life and times.

Karl Middleman, Founder & Artistic Dir. (Ret.), Philadelphia Classical Symphony; Prof., Temple University

Tue, 6:30 PM to 8:00 PM, starts 3/17
MT22822 Lower Merion HS 4 sessions, \$99
member \$89



» The Search for SUPERMAN: The George Reeves Story

NEW Superman has shaped American pop culture since the 1930's through appearances in comic books, animated cartoons, radio, movie serials, television and feature films. Begin with an overview of Superman's early history and then focus on the life and career of George Reeves. Reeves was a minor film player but is best remembered as TV's first Superman. Reeves' Superman inspired a generation.

Rick Spector, Owner, Moviehouse Productions

Mon, 1:00 PM to 2:30 PM, 3/23
MT11806 Creutzburg 1 session, \$45
member \$40

» "Hey kids, what time is it?"

If you know the answer, let's take a trip back in time when your only worry was what show to watch on TV or listen to on the radio. When Sunday nights belonged to Ed Sullivan, Lucy ruled Mondays and Tuesdays meant Uncle Miltie! When we were "Stuck on Band-aids" and drank that "Heavenly Coffee." When we asked "Mikey to try it 'cause he hates everything!" Keyboard accompaniment will help bring it all back!

Jackie Strauss, Co-host, "Remember When" Radio Show; Singer, "The Tridels"

Wed, 1:00 PM to 2:30 PM, 3/25
MT31827 Creutzburg 1 session, \$45
member \$40



» Bollywood Cinema

Gain an understanding of the vast diversity and richness of Indian culture through the medium of cinema and move beyond stereotypes to experience what this beautiful and profound genre has to offer. Focus on popular Hindi language films, aka Bollywood, from the last twenty years. They will serve as a back-drop for an analysis of the culture, language, history and cuisine of northern India. Foods depicted in each movie are provided.

Anjali Shaw, BA, MLS

Thu, 1:00 PM to 4:00 PM, starts 4/23
MT41830 Creutzburg 4 sessions, \$109
member \$98

MEET THE SPIRITS of '76

» Gen. 'Mad' Anthony Wayne – Gentleman Rebel of the American Revolution

PA NEW Ever wonder why the famous Revolutionary War General Anthony Wayne was called "Mad," or what really happened at the Paoli Massacre? Then prepare to fall in and march back in time as we meet "Mad" Anthony himself — Fighting General, Revolutionary War hero, dandy of the Continental Army, local country squire, and Main Line native son as he reflects upon his adventurous life as one of America's finest fighting generals!

Jack Covington, Oxford-educated Living Historian; Classically Trained Stage Actor

Wed, 2:00 PM to 3:15 PM, 4/15
MT31829 Creutzburg 1 session, \$39
member \$35

» Patrick Henry – Thunder of the Revolution!

PA NEW "Give me liberty or give me death!" These compelling, immortal words embodied the patriotic, fighting spirit of Patrick Henry—a brilliant orator whose uncompromising love of liberty at any cost fueled the fire of the American Revolution. Henry was the first of America's Founding Fathers, the first to call Americans to arms against Britain, and the first to demand a bill of rights and equality for all. Discover the story behind these famous words.

Jack Covington, Oxford-educated Living Historian; Classically Trained Stage Actor

Wed, 2:00 PM to 3:15 PM, 5/20
MT31826 Creutzburg 1 session, \$39
member \$35

» Thomas Paine – Storm of the Revolution!

PA NEW "These are the times that try men's souls." With that phrase, Paine entered the ranks of revolutionary immortals as the author of such famous treatises as "Common Sense" and "The American Crisis". He was instrumental in inspiring the American cause of liberty to victory. A political writer/activist, he proved that "reason obeys itself, and ignorance submits to whatever is dictated to it," and "the harder the conflict, the more glorious the triumph!"

Jack Covington, Oxford-educated Living Historian; Classically Trained Stage Actor

Wed, 2:00 PM to 3:15 PM, 6/10
MT31828 Creutzburg 1 session, \$39
member \$35

» Music in Revolutionary Philadelphia

250 **NEW** Philadelphia was a key American musical center in the years before and after the Revolutionary War. From concerts and musical theater to formal dances and singing in taverns, the city supported a vibrant musical culture. Much of this activity was suspended during the war years, but a rich musical life emerged again after the war. This period comes to life in a combination of lecture, archival images, and audio clips.

Jack McCarthy, Archivist; Historian

Tue, 1:30 PM to 3:00 PM, 4/28

MT21501 ONLINE 1 session, \$39
member \$35

» Zelda Fitzgerald, Doomed Princess of the Jazz Age

Zelda Fitzgerald was the embodiment of the Roaring 20s. Her husband, Scott Fitzgerald, himself, christened it the Jazz Age. They rode the crest of the 20s from its glamorous excess to its guttering, tragic final phase. Zelda has been portrayed as the unstable foiler of Scott's great talent. Yet, she was an artist in her own right, a ballet dancer and a writer. She was the quintessential Flapper, beautiful, risk-taking, a proto-feminist. Her life, and Scott's, will be explored. Join us for tea and scones following the lecture.

Catherine Jeanne Robert, PhD, Professor of Liberal Arts, U of the Arts (Ret)

Sat, 3:00 PM to 5:00 PM, 4/18

MT61833 Creutzburg 1 session, \$49
member \$44

VOICE, INSTRUMENT & PERFORMANCE ART

» An Introduction to Voice Over

From audio books to advertisements and beyond, we encounter recorded voices everywhere! Go behind-the-scenes in the voice over field for a fun and realistic look at how the voice over field really works. Gain inside perspective on developing skills, and how to leverage your voice's strengths and interests, and more. Record a sample professional voice over under the direction of the instructor in the in person class or a one on one read if participating online.

Staff, Creative Voice Development Group

Wed, 6:30 PM to 8:00 PM, 2/25

MT32503 ONLINE 1 session, \$55
member \$49

Tue, 6:30 PM to 9:00 PM, 4/7

MT22814 Lower Merion HS 1 session, \$55
member \$49



» Beginning Mandolin

NEW Explore the beautiful possibilities of the mandolin. For beginners and students with some experience. Learn to tune the instrument and play easy tune sets that are used in local sessions and in Ireland. Students who have basic knowledge already will learn more advanced ornamentation to enhance your playing. Individual help will be given. Bring your instrument (any model) to class.

Terry Kane, MME, Irish Dancer, Singer and Musician

Mon, 5:00 PM to 6:00 PM, starts 3/2

MT12040 The Willows Park ... 6 sessions, \$105
member \$94

» Improv, Why Not?: Beginner

What is improvisation, or improv for short? Basically, it's unscripted acting. You do scenes without writing a script first. But there are warmups to doing that, games you play and exercises you do to learn the principles of Improv. Learn to think fast on your feet, listen better, trust yourself, be in the moment and unwind and have fun. Best for those who have never done any or very little improv.

Larry Kaufman, Improviser/Facilitator

Tue, 5:30 PM to 7:00 PM, starts 3/3

MT22813 Lower Merion HS ... 7 sessions, \$135
member \$121

» Improv, Why Not?: Advanced

NEW Learn to think fast on your feet, listen better, trust yourself, be in the moment and unwind and have fun. Best for those who have already done a fair amount of improv.

Larry Kaufman, Improviser/Facilitator

Tue, 7:30 PM to 9:00 PM, starts 3/3

MT22804 Lower Merion HS ... 7 sessions, \$135
member \$121

» Harmonica: Beginner

Learn simple traditional folk songs and elementary blues on one of America's most popular portable instruments — the harmonica. Cover basic techniques such as bending, trilling, tongue-blocking, vibrato, and wah-wah. Individual attention will be given. Bring a 10-hole diatonic key of C-major harmonica (such as the Hohner Special 20, the Hohner Marine Band Model 1896, or equivalent). Required \$10 manual payable to instructor.

Seth Holzman, BA, Music; Musician, Studio and Performing

Tue, 6:30 PM to 7:45 PM, starts 3/10

MT22504 ONLINE 8 sessions, \$125
member \$112

» Harmonica: Blues

Continue our work with the harmonica and focus on the blues. The harmonica's unique sound is integral to the distinctiveness of many great blues bands. Work on songs by Slim Harpo, Little Walter, Sonny Terry and more. Bring a 10-hole diatonic key of C major harmonica (such as the Hohner Special 20, the Hohner Marine Band Model 1896, or equivalent). Required \$10 manual payable to instructor.

Seth Holzman, BA, Music; Musician, Studio and Performing

Tue, 8:00 PM to 9:15 PM, starts 3/10

MT22505 ONLINE 8 sessions, \$125
member \$112

» Guitar: Beginner

NEW Learn the basics of guitar, including learning to play open position major and minor chords, individual notes on the first 3 frets of every string, strumming patterns, reading of music, and picking and finger picking techniques. Material fee of \$10 payable to instructor.

Samuel DiTrollo, Guitar Instructor/Performer

Tue, 6:45 PM to 8:15 PM, starts 3/10

MT22823 Lower Merion HS ... 6 sessions, \$125
member \$112

» Piano: Beginner

Learn the basic fundamentals of the piano and develop a basic understanding of piano music. Also discuss music history. Learn a simple piece of music to play at the end of six weeks! Play the piano during each class (bring your keyboard or digital piano.) Practice at home is required to be prepared for the next class. Learning to play the piano can be fun and enriching!

Jean Distefano, Instructor; Student, Nelly Berman School of Music

Tue, 6:00 PM to 7:00 PM, starts 3/10

MT22819 Lower Merion HS ... 6 sessions, \$119
member \$107

» Intro to Acting for Film & TV

Cover breaking down a script, staying grounded, creating prior circumstances, making specific choices, tapping into your imagination, all in the service of producing work that is compelling and truthful. No experience necessary.

Marti Keegan, Acting Coach

Tue, 6:45 PM to 8:45 PM, starts 3/10

MT22821 Lower Merion HS ... 6 sessions, \$119
member \$107

» Acting and Writing for TV

NEW Former actor-writer Rosin takes you through the process of auditioning for an acting job and then once employed, playing a part in an episodic TV drama. Also cover the basic steps to writing a 60 minute teleplay from start to finish.

James Rosin, Actor; Writer

Tue, 7:00 PM to 8:30 PM, starts 4/14

MT22803 Lower Merion HS 2 sessions, \$59
member \$53

» Keyboard Music Made Easy

NEW Learn to play any song with as little as three or four chords. Identify the basic building blocks of music—melody, harmony, and rhythm, as well as demonstrate how composers put them together using scales, chords, arpeggios, inversions, and chord progressions to write the music. Mozart or McCartney, it's the same chords! Bring your keyboards or use the one in class. Come away playing music you love or even writing your own!

Sally Weinstock, Founder, Pennington Arts

Thu, 7:30 PM to 9:00 PM, starts 3/26

MT42817 Creutzburg 5 sessions, \$99
member \$89



PERSONAL ENRICHMENT

» Create Your Act 3: Joy & Meaning Every Day

NEW As you get older, you're suddenly faced with filling a 24-hour day—so how do you do that with clarity, joy, and meaning? Create a practical plan in this interactive class. Using engaging exercises, the Life Wheel, and values-based tools, identify what you want more of, what to release, and concrete steps for building a purposeful, energized daily life that fits who you are now.

Melinda B. Shorr, PhD, Act3 Life Coach

Thu, 2:00 PM to 3:30 PM, starts 3/12
SE41025 ONLINE 3 sessions, \$69
member \$62

» Women Who Run With the Wolves

NEW In her powerful book, Clarissa Pinkola Estés, a Jungian analyst, explores the development of the feminine through fairy tales, myths and stories. Estés believes that within each woman there exists a creative, fierce, intuitive, wise, passionate Self. No prior knowledge of Jung is needed—only a willingness to listen deeply and begin to reconnect with your own individual “wild and natural” Self.

Lennie Perrott, MS, Licensed Psychologist

Tue, 12:30 PM to 2:00 PM, starts 3/17
SE21012 Creutzburg 6 sessions, \$149
member \$133

» You, One Year from Now

Where do you want to be one year from today—and what small steps can you take to get there? This engaging and reflective workshop invites you to reconnect with what matters most to you. Through guided experiences, creative exploration and meaningful self-discovery, you'll gain clarity, inspiration and a renewed sense of direction. Whether you're navigating change or seeking a fresh start, you'll leave with insight and energy for the next chapter.

Nancy Sullivan, Board Certified Health and Wellness Coach

Jood Thompson, Functional Medicine Certified Health Coach

Sat, 1:00 PM to 4:00 PM, 4/18
SE61023 Creutzburg 1 session, \$65
member \$58

» Find Inner Peace Through Meditation

Throughout the ages, meditation has helped people find peace of mind and balance in daily living. Today, modern medicine uses meditation to help reduce stress, lower blood pressure and improve mental outlook. Practice a variety of meditation techniques and find one that works for you.

Hari Zandler, Master Yoga Instructor and Practitioner

Tue, 8:10 PM to 9:10 PM, starts 3/3
SE22016 Lower Merion HS . . . 8 sessions, \$110
member \$99

» Dating Strategies for Men & Women

Join us for a lively class designed for men and women over 50. Discover what the opposite sex really wants to see and hear from your dating profile, and what expectations are common on first dates and relationships. This interactive class includes open discussions, statistical data, and honest real-world advice in a supportive environment. Whether you're refreshing your approach or re-entering the scene, learn to navigate dating confidently and safely.

Nancy Rugart Plummer, Life Coach, Dating Expert

Tue, 6:30 PM to 8:30 PM, 3/10
SE22022 Lower Merion HS 1 session, \$39
member \$35

» Explore Your Past Lives

NEW Have you ever wondered what mysteries your soul carries from lifetimes past? Uncover your own past life memories, helping you gain clarity, release old patterns, and find deep healing that resonates across time.

Pamela Aloia, Past Life Regression Therapist

Wed, 6:30 PM to 8:30 PM, 4/22
SE32021 Creutzburg 1 session, \$45
member \$40



» Time Management

NEW Feeling stretched thin? Learn practical time management strategies to improve focus, reduce stress, and make each day more productive and fulfilling. Gain tools to plan smarter, prioritize better, and create more balance and fulfillment in your life.

Leslie Robison, Professional Life & ADD Coach & Organizer

Sat, 1:00 PM to 2:30 PM, 3/28
SE61024 Creutzburg 1 session, \$45
member \$40

» Walking the Labyrinth: Your Path to Inner Peace

Experience the transformative power of the labyrinth, an ancient pathway to personal growth and spiritual connection. During this workshop format class, you will learn how to quiet your mind, open your heart, and find a deeper sense of peace within. This class combines contemplation/reflection time with experiential learning.

Anne Montgomery Schmid, Certified Labyrinth Facilitator and Founder, Encircled Grace

Tue, 6:30 PM to 8:30 PM, 3/24
SE22015 Lower Merion HS 1 session, \$45
member \$40

Thu, 2:00 PM to 4:00 PM, 4/30
SE41023 Creutzburg 1 session, \$45
member \$40

» The Comedy Cure

Everyday blues and stress are no joke but joking about them can be life-changing! This humor how-to will have you mastering your stressors like a comedy pro (without having to be one). Learn and practice specific comedy-crafting techniques that transform frustrations into funnies to turn your “Oyl!” into “Joy!” ... because it's ALL material!

Margie Cherry, Career Counselor, Reinvention Coach

Sat, 11:00 AM to 12:30 PM, 3/28
SE61025 Creutzburg 1 session, \$49
member \$44

» Navigating the Rough Waters of Divorce

Learn how to deal with divorce in a cost-effective manner from a family lawyer with over 25 years of experience. Topics include protecting yourself before filing for divorce, choosing and communicating with your lawyer, dealing with the financial aspects of divorce as well as custody issues, negotiating a top-notch settlement, and moving on after divorce.

Jennifer A. Brandt, Esq. Partner, Family Law, Cozen O'Connor

Tue, 7:00 PM to 9:00 PM, 3/31
SE22024 Lower Merion HS 1 session, \$39
member \$35

COUNCIL FOR Relationships

Rediscovering Yourself

RELATIONSHIPS & RENEWAL

» Reinventing Connection in a Disconnected World

NEW Discover fresh, encouraging ways to stay connected and build meaningful relationships at any stage of life. Navigate change, loss, divisive cultural realities, and shifting social circles while opening the door to new possibilities. Explore practical strategies for making friends, deepening existing connections, and creating a social life that truly energizes you. Leave with confidence, clarity, and a renewed sense of belonging.

Jennifer Phelps, DMin, MFT, Council for Relationships

Wed, 6:30 PM to 8:00 PM, 3/25
SE32011 ONLINE 1 session, \$39
member \$35

» Never Too Late: Growing Through Change

NEW Even after life transitions or losses, growth remains possible. Explore how we adapt, heal, and rediscover ourselves through changing seasons of life. With guidance from a therapist experienced in renewal and growth, learn how self-compassion and curiosity can help you create purpose and peace in your next chapter.

Sara J. Corse, PhD, Chief Clinical Officer, Council for Relationships

Wed, 1:00 PM to 3:00 PM, 4/22
SE31013 Creutzburg 1 session, \$39
member \$35

» Use Intuition to Make Choices with Confidence

Awaken your inherent intuition and become a master of perceptive living. Go beyond the five senses and tap into the world of subtle energies and inner wisdom. Cultivate your inner guidance system with exercises, grounding techniques and meditations to strengthen your sense of self-trust. Learn to perceive the auras surrounding people and places, gaining insights into their true nature. Benefit from the wisdom of others and share your own experiences in this interactive class.

Denise Daniels, Co-Founder, Believe Dream Become

Tue, 6:30 PM to 8:30 PM, starts 5/5
SE22020 Creutzburg 2 sessions, \$59
member \$53

SPORTS, GAMES & OUTDOOR ADVENTURES

Board Games: The Classics

NEW Step back in time and rediscover the timeless fun of the board games that started it all! From strategy staples to family favorites, you'll explore how these classics shaped modern gaming—and maybe master a few tricks to win next time. Perfect for nostalgia lovers and game-night hosts alike!

Matt Hendricks, Board Game Enthusiast

Tue, 7:00 PM to 9:00 PM, starts 5/5
SP22007 Creutzburg 2 sessions, \$65
member \$58

» Mexican Train Dominoes

NEW Discover the fun and strategy of Mexican Train Dominoes in this engaging, social class for adults! Learn the rules, improve your gameplay, and enjoy friendly competition in a relaxed setting. Whether you're new to dominoes or a seasoned player, you'll build skills and connections while having a great time. No experience needed—just bring your curiosity and love of games!

Marebeth Conard, Experienced Games Teacher

Thu, 1:00 PM to 3:00 PM, starts 4/30
SP41007 Creutzburg 4 sessions, \$89
member \$80

» Bridge

Keep your mind sharp and enjoy the thrill of bridge! Build a strong foundation in bidding, communication, and play in the Beginners class. In Shuffle and Deal, test your skills with live hands and expert, impromptu instruction in bidding, play, and defense. Every hand is a new challenge!

Susanne Lennon, Bridge Instructor

Tue, 6:30 PM to 8:30 PM, starts 3/3
SP22016 **Beginner** Lower Merion HS
..... 6 sessions, \$136
member \$121

NEW Wed, 6:30 PM to 8:30 PM, starts 3/4
SP32010 **Shuffle and Deal** Creutzburg
..... 6 sessions, \$136
member \$121

» Bridge Club

NEW Meet fellow Bridge enthusiasts and enjoy friendly games in a relaxed, social setting. The Bridge Club meets on the 1st and 3rd Wednesdays of each month. Please note: This is not an instructional class; students should know the basic rules of Bridge. MLSN cannot guarantee tables of four.

Wed, 4:00 PM to 5:30 PM, starts 3/18
SP32012 Creutzburg 6 sessions, \$39

» Cribbage

This centuries-old card game is a great way to socialize and connect with others, and its rules are simple and easily understood. In the Beginners class you will learn how to play, tips for counting points, and basic strategy through supervised play. For Advanced students who are experienced players, you will study deeper strategies like board position, playing offense and defense, reading cards, and more.

Scott Harker, Four-Time Champion, American Cribbage Congress

Wed, 2:30 PM to 4:30 PM, starts 2/25
SP31007 **Beginner** Creutzburg. 5 sessions, \$109
member \$98

Wed, 2:30 PM to 4:30 PM, starts 4/1
SP31008 **Advanced** Creutzburg 5 sessions, \$109
member \$98

» Chess

Discover the fun and challenge of chess! Learn from an expert instructor, practice with fellow players, and sharpen your skills step by step. In the Beginners class, master piece movement and basic strategy. Advanced Beginners dive into middlegame and endgame planning, and the Endings class teaches how to turn an advantage into victory. (Beginner Chess is a prerequisite for Endings.)

Anthony Durkin, U.S. Chess Federation Certified Chess Coach

Tue, 1:30 PM to 3:00 PM, starts 2/24
SP21027 **Beginner** Creutzburg. 6 sessions, \$129
member \$116

Tue, 1:30 PM to 3:00 PM, starts 4/7
SP21028 **Advanced Beginner** Creutzburg
..... 6 sessions, \$129
member \$116

Tue, 1:30 PM to 3:00 PM, starts 5/19
SP21026 **Endings** Creutzburg. 6 sessions, \$129
member \$116

» Mah Jongg Overview

Learn about Chinese history and culture, how the game came to America, and its popularity today with celebrities and younger people. Get introduced to the game so you know what to expect if you take a class. Open to those who play Mah Jongg and those who don't (yet!)

Michelle Partlow, Professional Educator

Thu, 12:00 PM to 1:15 PM, 2/12
SP41018 ONLINE 1 session, \$20

» Mah Jongg 2026 Card Review

NEW Be among the first to explore the new 2026 Mah Jongg card! Join fellow players to walk through all the updates, review new hands, and share strategies that will help you feel confident and ready to enjoy the new card.

Esther Gordon, Professional Educator

Wed, 11:00 AM to 1:00 PM, 4/22
SP31030 Creutzburg 1 session, \$29

» Mah Jongg Club

NEW Connect with others who share your love of Mah Jongg in a welcoming and engaging atmosphere. The Mah Jongg Club meets on the 2nd and 4th Wednesdays of each month. Please note: This is not an instructional class; students should know the basic rules of Mah Jongg. MLSN cannot guarantee tables of four.

Wed, 4:00 PM to 5:30 PM, starts 3/25
SP32011 Creutzburg 6 sessions, \$39

» Mah Jongg

Learn to play American Mah Jongg, a four-person game played with decorative tiles. A current Mah Jongg card is required – see receipt.

Michelle Partlow, Professional Educator

Thu, 12:00 PM to 2:00 PM, starts 2/19
SP41019 **Beginner** ONLINE... 5 sessions, \$129
member \$116

Thu, 12:00 PM to 2:00 PM, starts 4/16
SP41021 **Advanced Beginner** ONLINE
..... 3 sessions, \$89
member \$80

Sharon Frisch, Mah Jongg Enthusiast

Tue, 5:30 PM to 7:00 PM, starts 3/3
SP22031 **Beginner** Lower Merion HS
..... 8 sessions, \$143
member \$129

Meredith Krain, Mah Jongg Enthusiast

Tue, 7:00 PM to 9:00 PM, starts 3/3
SP22015 **Beginner** Lower Merion HS
..... 8 sessions, \$195
member \$175

Esther Gordon, Professional Educator

Mon, 11:15 AM to 1:15 PM, starts 3/16
SP11023 **Beginner** Creutzburg. 8 sessions, \$195
member \$175

Mon, 1:45 PM to 3:45 PM, starts 4/13
SP11022 **Beginner** Creutzburg. 8 sessions, \$195
member \$175

Mon, 1:45 PM to 3:45 PM, starts 3/16
SP11024 **Supervised Play** Creutzburg
..... 3 sessions, \$75
member \$67

Mon, 11:15 AM to 1:15 PM, starts 5/18
SP11029 **Supervised Play** Creutzburg
..... 3 sessions, \$75
member \$67

» **Canasta: Beginner**

Enjoy playing Canasta, a card game in the rummy family. Beginners learn the fundamentals of play and winning strategies so you can join in the fun of playing this widely popular game. Strategy classes are designed to improve success for players with at least 3 months’ experience. In all classes, we play Modern American canasta where you cannot discard a wild card.

- Sue Laskin, Experienced Canasta Teacher*
- Mon, 1:00 PM to 3:00 PM, starts 2/23
SP11028 **Beginner** Creutzburg. . 8 sessions, \$135
member \$121
- Tue, 1:00 PM to 3:00 PM, starts 2/24
SP21018 **Beginner** Creutzburg . 8 sessions, \$135
member \$121
- Wed, 1:00 PM to 3:00 PM, starts 2/25
SP31011 **Beginner** Creutzburg. . 8 sessions, \$135
member \$121
- Tue, 1:00 PM to 3:00 PM, starts 4/21
SP21019 **Beginner** Creutzburg. 8 sessions, \$135
member \$121
- Wed, 1:00 PM to 3:00 PM, starts 4/29
SP31010 **Beginner** Creutzburg. . 8 sessions, \$135
member \$121
- Mon, 1:00 PM to 3:00 PM, starts 5/4
SP11030 **Beginner** Creutzburg . 8 sessions, \$135
member \$121
- Tue, 1:00 PM to 3:00 PM, starts 6/16
SP21020 **Strategy and Supervised Play**
Creutzburg 3 sessions, \$69
member \$62

» **Canasta Meet-Up**

A fun opportunity to meet and play canasta with others who have completed the Canasta for Beginners class and would like to form a group or join a game. We will rotate tables for optimum exposure.

Sue Laskin, Experienced Canasta Teacher

Wed, 12:30 PM to 3:00 PM, 6/24
SP31009 Creutzburg 1 session, \$20

» **Pinochle**

Learn one of the country’s most popular games that is also fun, fast-moving and social. Pinochle uses a 48-card deck and each hand is played in three phases: bidding, meld and tricks. Beginning students learn and practice the basics and receive a pinochle deck of cards. If you have experience playing Pinochle, join the Supervised Play class to improve your strategy.

Marebeth Conard, Experienced Games Teacher

Thu, 1:00 PM to 3:00 PM, starts 2/26
SP41003 **Beginner** Creutzburg. 4 sessions, \$89
member \$80

Thu, 1:00 PM to 3:00 PM, starts 3/26
SP41002 **Supervised Play** Creutzburg
. 4 sessions, \$89
member \$80

» **Play Pool!**

This classic game is a lot easier to pick up than you think. Learn the game and cover topics including the proper stance, body alignment and stroking techniques. Learn how to aim accurately, the proper shot selection, cue ball positioning and other fundamentals. Discuss strategies of the game including run-out patterns, safeties and banking. Explore the mental side of the game including pre-shot visualization, self confidence builders and practice routines. All skill levels welcome.

Michael Lizzio, Certified Pool Instructor

Mon, 2:00 PM to 4:00 PM, starts 3/30
SP11090 Dunwoody Village. . . 4 sessions, \$115
member \$103

Mon, 6:30 PM to 8:30 PM, starts 3/30
SP12093 The Mansion at Rosemont
. 4 sessions, \$115
member \$103

OUTDOOR ADVENTURES

» **Rhododendron Ramble at Jenkins Arboretum & Gardens**

NEW Since opening 50 years ago, Jenkins has built a remarkable collection of plants in the *Ericaceae* (heath) family, including the stars of our spring display, rhododendrons and azaleas! Enjoy a guided tour through Jenkins’ woodland gardens, bursting with color from these sensational shrubs complemented by varied woodland wildflowers. Explore the differences between rhododendrons and azaleas, discover some unique hybrids, and gain tips for growing them in your own garden.

Steve Wright, Director of Horticulture/Curator of Plant Collections, Jenkins Arboretum & Gardens

Tue, 10:30 AM to 12:00 PM, 5/5
SP21001 Jenkins Arboretum. . . . 1 session, \$35
member \$31

» **Head for the Hills: Lemon Hill Hike & Tour**

NEW Lemon Hill will be a site for the 2026 World Cup. But this rolling parcel of land overlooking the Schuylkill River has always been a popular destination with a fascinating history. Join us to explore the current rim trail, visit historic sites, then enjoy a brief tour inside the colonial mansion. Learn about significant figures from Lemon Hill’s past, including William Penn, Founding Father Robert Morris and more.

John Sigmund, Director of Partnerships, Fairmount Park Conservancy

Sat, 9:30 AM to 12:00 PM, 5/16
SP61043 Lemon Hill Mansion . . . 1 session, \$39
member \$35



» **Forest Bathing: A Therapeutic Walk in Nature**

Originating in Japan, “Forest Bathing” or “taking in the forest atmosphere,” is a way to see both outer and inner worlds with new eyes. This practice has been found to help calm, center and heal both body and mind. On our gentle walk you’ll be guided in immersing all of your senses in the natural world as you experience the restorative benefits of the forest. At the end, gather to sip tea and enjoy some small snacks.

Rona Cordish Satten, MCAT; MQT-Certified Qigong Instructor; Sheng Zhen Instructor

Thu, 10:00 AM to 12:00 PM, 5/7
SP41001 Shortridge Park 1 session, \$39

» **MLSN Hiking Club**

Join the club and head outside. Explore local trails with varied terrain and moderate inclines at a moderate pace. We’ll hike 3 to 4 miles with stops to enjoy the calm.

Tasha Carson, Hike Leader

Tue, 9:30 AM to 11:30 AM, starts 4/7
SP21070 TBD 6 sessions, \$69
member \$62

» **Trail Trekkers**

Discover beautiful local trails (4-5 miles) with challenging terrain. Tackle roots, rocks and water crossings with other experienced hikers. Brisk pace; good company.

Tasha Carson, Hike Leader

Fri, 9:30 AM to 11:30 AM, starts 4/10
SP51074 TBD 5 sessions, \$59
member \$53

» **A Walk in the Woods: Area Trail Hikes**

Enjoy the outdoors hiking a series of 4-mile trails of varied terrain along picturesque creeks, through woods, sweeping meadows and historic rock formations. Experience the unsurpassed beauty of area parks and preserves in the fun company of other nature enthusiasts.

David and Barbara Heaton, Hike Leaders

Thu, 9:30 AM to 11:30 AM, starts 4/9
SP41071 TBD 6 sessions, \$69
member \$62

» **Step Back in Time: Historic McKaig Hike**

PA Embark on a 2-mile historic journey within McKaig Nature Center! Discover Colonial and Revolutionary American history rooted in this very land, from the symbolism of the Tree of Liberty and the Pine Tree Riot to a 1731 Swedish Settlers Farm House. The hike culminates in tracing the route of the Continental Army’s march to Valley Forge after the battle of Germantown, highlighting their week-long stay in Gulph Mills in December 1777. Expect some moderate elevation changes and uneven terrain along serene trails.

Vytas Masalaitis, McKaig Park Ranger, VP KoP Historical Society (Ret.)

Thu, 5:30 PM to 7:30 PM, 4/9
SP42072 McKaig Nature Center . 1 session, \$35
member \$31

» **Hike and Tree Identification in McKaig’s Old Growth Forest**

Join us for an after-work guided tour of McKaig Nature Center’s Old Growth Forest. Learn practical skills for tree identification, focusing on how to distinguish species by leaves, bark texture and unique structural shape. Expect some moderate elevation changes and uneven terrain on this 2-mile hike along serene trails.

Vytas Masalaitis, McKaig Park Ranger, VP KoP Historical Society (Ret.)

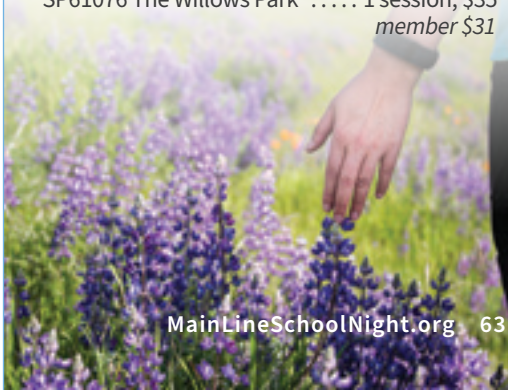
Thu, 5:30 PM to 7:30 PM, 4/23
SP42073 McKaig Nature Center . 1 session, \$35
member \$31

» **Wildflower Walk**

Take a walk on the wild side! Put on your hiking shoes and join us as we greet the spring ephemerals — trout lilies, spring beauties, trilliums, Virginia bluebells and more! These native spring wildflowers bloom before the trees leaf out, then disappear until next year. Catch them while you can!

Mary Coe, Hike Leader, Willows Park Preserve Board

- Sat, 1:00 PM to 3:00 PM, 4/18
SP61075 The Willows Park 1 session, \$35
member \$31
- Sat, 1:00 PM to 3:00 PM, 4/25
SP61076 The Willows Park 1 session, \$35
member \$31



SPORTS

» Boat America

Basic boating class for power, sail & PWC operators. Meets the education requirements for certification in PA, NJ, DE, and MD. Covers types of boats, boating law, safety equipment, handling, boating problems, navigation and more. Successful completion earns you PA State Operator Certification (\$10 fee). Official manual and exam included.

Staff, U.S. Coast Guard Auxiliary
Tue, 7:00 PM to 9:00 PM, starts 3/24
SP22025 Lower Merion HS. 4 sessions, \$99
member \$89/ Partner \$49

» Boating Skills and Seamanship Certification

This officially certified Coast Guard class for recreational power boat operators covers rules of the sea, safe boating procedures, charts, navigation and more. Successful completion earns PA State Operators Certification and Basic Skills and Seamanship Certification. Meets requirements for PA, NJ and MD safe boating education laws. Text (\$30) available from instructor.

Staff, U.S. Coast Guard Auxiliary
Wed, 7:00 PM to 9:00 PM, starts 4/8
SP32027 Creutzburg 8 sessions, \$149
member \$133/ Partner \$79

» Coast Guard Sailing Certification

If you own a medium size sailboat or plan a charter, this class will get you ready. Learn the basics of sailboat maneuvering. Topics: reaching, running, tacking and jibing, highway signs, navigation, advanced rigging, advanced sail trim, handling catastrophe, electronics and knots. Textbook (\$30) payable to instructor. Successful completion includes U.S. Coast Guard Auxiliary Certificate.

Staff, U.S. Coast Guard Auxiliary
Wed, 7:00 PM to 9:00 PM, starts 4/8
SP32026 Creutzburg 8 sessions, \$149
member \$133/ Partner \$79

» Tennis at Narberth Tennis Club

Improve your strokes through drills and skill-building exercises. Practice footwork and see results in your on-court movement. Focus on improving your game versus simply changing it. Class is for those who play at a modest level.

Teaching Professionals, Julian Krinsky School of Tennis
Mon, 10:30 AM to 11:30 AM, starts 3/16
SP11055 Narberth Tennis Club . 6 sessions, \$169

» Archery

After brief introductions and a safety talk, learn the proper technique for correctly holding a bow and releasing an arrow for optimal accuracy and precision. Students will practice hitting targets with a recurve bow. All necessary archery equipment is provided.

Staff, L.L. Bean
Sun, 3:00 PM to 5:00 PM, 4/19
SP71085 Marsh Creek State Park . 1 session, \$69

» Fly Casting

Learn the basics of fly casting in a fun, relaxed atmosphere. We'll guide you, step-by-step, through the four-part cast, false cast and roll cast and explain how to strip and shoot line, as well as how to tie basic fishing knots. Receive plenty of one-on-one instruction and time to practice each skill. You'll gain an excellent foundation of fly-casting knowledge. All necessary fly-casting equipment is provided. Please note this does not include fishing time on the water. Class limited to 8 students.

Staff, L.L. Bean
Sat, 9:00 AM to 12:00 PM, 3/14
SP61084 Marsh Creek State Park . 1 session, \$89

» Full Moon Kayaking

Discover the beauty of nature at night as you paddle through calm waters under the glow of the moon. In comfortable, stable kayaks get a chance to experience nature up close. As the moon rises higher in the sky, see the fascinating wildlife that emerges when the sun sets. View the full moon and enjoy a complimentary snack. No prior experience needed and all equipment is provided.

Staff, L.L. Bean
Sun, 7:00 PM to 10:00 PM, 5/31
SP72089 Marsh Creek State Park . 1 session, \$79
Mon, 7:00 PM to 10:00 PM, 6/29
SP12088 Marsh Creek State Park . 1 session, \$79
Tue, 7:00 PM to 10:00 PM, 7/28
SP22096 Marsh Creek State Park . 1 session, \$79
Wed, 7:00 PM to 10:00 PM, 7/29
SP32095 Marsh Creek State Park . 1 session, \$79
Fri, 7:00 PM to 10:00 PM, 8/28
SP52093 Marsh Creek State Park . 1 session, \$79
Sun, 7:00 PM to 10:00 PM, 8/30
SP71092 Marsh Creek State Park . 1 session, \$79
Sun, 7:00 PM to 10:00 PM, 9/27
SP72091 Marsh Creek State Park . 1 session, \$79



» Kayaking Skills Series

Find your rhythm on the water and the skills and confidence to enjoy the beauty and benefits of recreational kayaking. Experience hands-on guidance from expert instructors using drills and feedback with ample time to practice. Topics cover essential equipment, clothing, safety gear and planning tools, fundamental paddling strokes and crucial kayak rescue methods. Each session builds on the last, for a gradual and thorough introduction that gives all the tools required for safe and successful kayaking. No prior experience needed and all equipment provided.

Staff, L.L. Bean
Sat, 9:00 AM to 11:30 AM, starts 6/6
SP61087 Marsh Creek State Park . .4 sessions, \$202
Sun, 9:00 AM to 11:30 AM, starts 7/19
SP71097 Marsh Creek State Park . .4 sessions, \$202

» Meteor Shower Kayak at Marsh Creek State Park

NEW Watch a spectacular celestial display on a night paddle through the calm waterways. The Perseid meteor shower is the brightest of the year and you might view between 50 to 100 meteors per hour. After a brief demonstration to review basic kayak strokes and techniques, your guide will take you on a leisurely paddle to an optimal viewing spot. Along the way spot wildlife and learn fascinating facts about local history. All equipment provided.

Staff, L.L. Bean
Tue, 9:00 PM to 12 M, 8/11
SP22094 Marsh Creek State Park . . 1 session, \$81



» Stand Up Paddle Boarding

Discover how easy it is to balance on top of the water. Learn the basic skills needed for maneuvering a paddle board, receive instruction on a variety strokes, and have the opportunity to practice by the shore. You'll set out in a guided, interpretive tour as you experience the freedom of skimming across the water, learning about the ecosystem and history of the area. All necessary equipment is provided. Class size limited.

Staff, L.L. Bean
Fri, 2:00 PM to 4:00 PM, 6/12
SP51086 Marsh Creek State Park . 1 session, \$79

» Stand Up Paddle Boarding Series

NEW Find your rhythm on the water and build the skills and confidence to enjoy the benefits of Stand Up Paddleboarding. Learn through hands-on instruction, drills, and feedback from experts, with ample practice time. Topics include essential equipment, clothing, safety gear, planning tools, fundamental paddling strokes, and rescue techniques. Each session builds on the last, providing a progressive introduction for safe and successful paddleboarding. No prior experience needed; all equipment provided.

Staff, L.L. Bean
Fri, 2:00 PM to 4:30 PM, starts 7/10
SP51098 Marsh Creek State Park . .4 sessions, \$202

» Beginner Sculling on the Schuylkill

Ever wondered what it must be like to glide effortlessly along the Schuylkill River in a rowing shell? This Beginner/Advanced Beginner class will offer the fundamentals of proper sculling technique, safety and boat handling skills. Expect a total body workout from this strenuous sport that requires flexibility and stamina. You must be able to swim. Class limited to 6 students.

Brannon Johnson, Head Coach and Owner, BLJ Community Rowing
Mon, 5:30 PM to 7:00 PM, starts 8/3
SP12095 Public Dock 4 sessions, \$202

» FitPickle

FitPickle is a high energy class that combines the best features of Pickleball and movement drills for an ultimate full body, calorie burning workout. It's very social and fun for players with skill levels from 2.0 - 5.0+. Focus on the ABC's: Agility, Balance and Coordination using agility ladders, training and medicine balls, and a vast variety of pickleball drills all to upbeat music. Activities can be adapted for all skill levels and limitations.

Staff, Berwyn Squash & Fitness Club
Tue, 6:00 PM to 7:00 PM, starts 7/7
SP22048 Berwyn Squash & Fitness Club
. 4 sessions, \$105

PICKLEBALL

Don't miss out on the hottest new sport! Rules of the game, serve, court positioning, groundstrokes, volleys, the all-important "soft" game, and basic strategies will be covered. Start your lifelong love of Pickleball with MLSN!

» Pickleball at UMCC

Staff, Upper Merion Community Center

Sun, 1:00 PM to 2:00 PM, starts 2/22
SP71090 **Beginner** 6 sessions, \$142

Sun, 1:00 PM to 2:00 PM, starts 4/12
SP71091 **Beginner** 6 sessions, \$142

» Pickleball at Berwyn Squash & Fitness Club

Staff, Berwyn Squash & Fitness Club

Sat, 10:00 AM to 11:30 AM, starts 4/11
SP61044 **Beginner** 4 sessions, \$142

Tue, 10:00 AM to 11:30 AM, starts 3/24
SP21040 **Advanced Beginner** .. 4 sessions, \$142

Thu, 5:30 PM to 7:00 PM, starts 4/9
SP42042 **Advanced Beginner** .. 4 sessions, \$142

Tue, 10:00 AM to 11:30 AM, starts 4/21
SP21041 **Advanced Beginner** .. 4 sessions, \$142

Thu, 5:00 PM to 6:30 PM, starts 5/7
SP42043 **Advanced Beginner** .. 4 sessions, \$142

Sat, 10:00 AM to 11:30 AM, starts 5/9
SP61045 **Advanced Beginner** .. 4 sessions, \$142

Tue, 10:00 AM to 11:30 AM, starts 5/19
SP21047 **Advanced Beginner** .. 4 sessions, \$142

Sat, 10:00 AM to 11:30 AM, starts 6/13
SP61046 **Advanced Beginner** .. 4 sessions, \$142

Tue, 10:00 AM to 11:30 AM, starts 6/16
SP21048 **Advanced Beginner** .. 4 sessions, \$142

Sat, 10:00 AM to 11:30 AM, starts 7/18
SP61312 **Advanced Beginner** .. 4 sessions, \$142

» Pickleball at Narberth Tennis Club

Teaching Professionals, Julian Krinsky School of Tennis

Mon, 12:00 PM to 1:00 PM, starts 2/16
SP11050 **Beginner** 6 sessions, \$142

Thu, 2:00 PM to 3:00 PM, starts 2/19
SP41068 **Beginner** 6 sessions, \$142

Mon, 12:00 PM to 1:00 PM, starts 4/6
SP11052 **Beginner** 6 sessions, \$142

Thu, 2:00 PM to 3:00 PM, starts 4/9
SP41072 **Beginner** 6 sessions, \$142

Thu, 1:00 PM to 2:00 PM, starts 2/19
SP41067 **Advanced Beginner** 6 sessions, \$142

Mon, 1:00 PM to 2:00 PM, starts 2/16
SP11051 **Advanced Beginner** 6 sessions, \$142

Mon, 1:00 PM to 2:00 PM, starts 4/6
SP11053 **Advanced Beginner** 6 sessions, \$142

Mon, 1:00 PM to 2:00 PM, starts 4/9
SP41073 **Advanced Beginner** 6 sessions, \$142

Wed, 2:00 PM to 3:30 PM, starts 2/18
SP31058 **Intermediate** 6 sessions, \$179

Wed, 12:30 PM to 2:00 PM, starts 2/18
SP31057 **Intermediate** 6 sessions, \$179

Thu, 11:30 AM to 1:00 PM, starts 2/19
SP41066 **Intermediate** 6 sessions, \$179

Thu, 10:00 AM to 11:30 AM, starts 2/19
SP41065 **Intermediate** 6 sessions, \$179

Wed, 2:00 PM to 3:30 PM, starts 4/8
SP31060 **Intermediate** 6 sessions, \$179

Wed, 12:30 PM to 2:00 PM, starts 4/8
SP31059 **Intermediate** 6 sessions, \$179

Thu, 11:30 AM to 1:00 PM, starts 4/9
SP41070 **Intermediate** 6 sessions, \$179

Thu, 10:00 AM to 11:30 AM, starts 4/9
SP41069 **Intermediate** 6 sessions, \$179

LOCAL TOURS & BUS TRIPS

WALKING/STANDING SCALE


EASY/LITTLE

MODERATE/SOME

EXTENSIVE/LENGTHY

BUS TRIPS

» Colonial Williamsburg and Mount Vernon: A Journey into the 18th Century

 **NEW** On this three day excursion, explore two iconic landmarks: Mt. Vernon and Colonial Williamsburg. Your journey begins at George Washington's estate on the Potomac, home to some of the most storied moments in American history, where you'll tour the grounds and mansion, followed by a three-course lunch at the Historic Mt. Vernon Inn. Then travel to the Woodlands Hotel in Colonial Williamsburg and where your light dinner will be followed by a special presentation: "Colonial Clothing and Life," by MLSN instructor Kyra Zapf. On the second day you'll have the day to explore the historic area, choosing your own adventure: observe historic trade demonstrations, browse authentic colonial shops, and engage with costumed interpreters who bring the past to life. To complete the experience, you'll savor a memorable dinner at a historic tavern, enjoying both the authentic colonial ambiance and cuisine. On the way home the next day, stop in the Historic District of Occoquan — a picturesque 18th-century riverside mill town now famous for its thriving artisan community and unique shops.

MLSN Staff

Tue, 7:30 AM to 7:30 PM, starts 9/15, 9/16, 9/17
TT21001 Radnor Financial
.....3 days, \$995/single supplement \$225


» Guided Visit to the Reopened Frick Collection

Join us for an educator-led tour of the newly renovated Frick Collection. Experience the masterpieces collected by Pittsburgh industrialist Henry Clay Frick and housed in his former residence, one of the Upper East Side's few remaining Gilded Age mansions. Hear a brief introduction to the museum's history and founder before heading into the galleries for a close look and interactive conversation about artworks from the permanent collection. Lunch on your own.

MLSN Staff

Wed, 8:30 AM to 8:00 PM, 3/11
TT31124 Radnor Financial 1 session, \$189
member \$169

» Celebrating America in Washington DC: Renwick Gallery and National Archives

 **NEW** Jump on the bus to Washington DC for a day celebrating America's roots! Start with a guided tour of the *State Fairs: Growing American Craft* exhibition dedicated to artists' contributions to our great tradition of state fairs. After lunch on your own, visit the National Archives to say Happy Birthday to the Declaration of Independence.

MLSN Staff

Tue, 7:00 AM to 7:00 PM, 3/24
TT21176 Radnor Financial 1 session, \$159
member \$142

» Culinary Institute of America: Bocuse

NEW Start with a three-course gourmet lunch prepared and served by students at Bocuse, a sophisticated elevation of classic French cuisine using ultra-modern cooking techniques. Following dessert, enjoy the "CIA Experience" including the Institute's history, interactive "science of taste" demonstration, tour of Roth Hall, Q&A, and finally, a visit to the fabulous book and kitchen utensil store and cafe for to-go delicacies.

MLSN Staff

Wed, 7:30 AM to 7:00 PM, 4/1
TT31103 Radnor Financial 1 session, \$199
member \$179

MainLineSchoolNight.org 67

» **Raphael: Sublime Poetry: A Landmark Retrospective at the Met** ●●●●●

NEW Bringing together more than 200 of Raphael's drawings, paintings, tapestries, and decorative arts, both masterpieces and rarely seen treasures from collections around the world, this exhibition offers a fresh perspective revealing the extraordinarily creative mind of this defining figure of the Italian Renaissance. The exhibition pays particular attention to his portrayal of women—from his pioneering use of nude female models to his sensitive portrayals of the Madonna and Child. Guided tour of the High Renaissance galleries for historical context. Lunch on your own. (See p. 8 for lecture on 3/18)

MLSN Staff

Tue, 8:00 AM to 8:00 PM, 4/14
TT21144 Radnor Financial 1 session, \$189
member \$169

» **Long Island's Gold Coast: Old Westbury Gardens and Vanderbilt Museum** ●●●●●

NEW Travel to Long Island's Gold Coast to admire the early 20th C. country estates of the privileged few. First tour Old Westbury Gardens including a magnificent Charles II-style mansion furnished with fine English antiques and surrounded by 200 acres of wildflower-filled nooks, grand allees, ponds and formal gardens. After lunch on your own in the seaport town of Northport, tour "Eagle's Nest," William K. Vanderbilt's Spanish Revival Mansion and hear about the 43-acre Museum and education complex.

MLSN Staff

Thu, 7:00 AM to 8:00 PM, 4/23
TT41169 Radnor Financial 1 session, \$189
member \$169

» **Princeton Art Museum** ●●●●●

NEW Drawing from the Museum's 117,000 objects, our guided tour will explore selections from across time, geography, and medium as well as architectural highlights of the building and site-specific commissions. From Roman floor mosaics to Rembrandt to Monet to Basquiat to a Chinese Buddhist sculpture, this global collection is now housed in a museum designed as "a kind of town square in which we can all find ourselves in pursuit of knowledge, comfort, joy, and even provocation." Lunch on your own.

MLSN Staff

Thu, 9:00 AM to 5:00 PM, 5/7
TT41123 Radnor Financial 1 session, \$139
member \$125

» **From the Main Line to Broadway, it's Tony Time!** ●●●●●

NEW See who's been nominated for a Tony Award, book a Wednesday matinee of your choice and leave the driving to us! Enjoy the magic of New York City's towering skyscrapers, bustling crowds, and iconic landmarks amplified by the anticipation of catching a live Broadway show with door-to-door ease. Drop off and pick up is in the Theater District with ample time to lunch and explore on your own. MLSN staff aboard for fun and facilitation.

MLSN Staff

Wed, 8:30 AM to 7:30 PM, 5/20
TT31185 Radnor Financial 1 session, \$135

» **Legendary Brooklyn: Battles, Bridges, Beach!** ●●●●●

NEW Join us on a narrated journey through legendary Brooklyn: scene of the first battle of the American Revolution! Drive through historic streets lined with charming brownstones and posh mansions and discover old and new ethnic enclaves. Stroll on the Coney Island boardwalk and under the Brooklyn Bridge for a breathtaking Manhattan skyline view. Our professional local guide will recount the birth of the hotdog, Washington's "Great Escape," celebrity Brooklynites, 390 years of Brooklyn history (he'll talk fast), architectural styles, and more. Lunch Included at Juniors, a Brooklyn landmark.

Eliot Niles, *Licensed NYC Guide, Member of GNYC*

MLSN Staff

Tue, 7:30 AM to 7:30 PM, 6/2
TT21165 Radnor Financial 1 session, \$199
member \$179

» **Hillwood Estate Museum & Rose Gardens in Bloom** ●●●●●

NEW Marjorie Merriweather Post bought Hillwood in 1955 with a vision to inspire and educate through her comprehensive collection of Russian imperial art, 18th C French decorative arts and 25 acres of serene woodlands and landscaped gardens. Enjoy the Perry Wheeler designed rose garden in bloom during a docent-led tour of the grounds. Following lunch, tour the mansion with an expert guide. Two special exhibitions are onsite: *On Time* – Post's collection of decorative clocks and *Interwoven: A Tradition of Textiles* featuring antique and contemporary fabric artworks. Lunch on your own.

MLSN Staff

Thu, 7:30 AM to 7:00 PM, 6/11
TT41101 Radnor Financial 1 session, \$179
member \$160



» **Mysteries of Mushrooms: The Bus Tour** ●●●●●

NEW Chester County's Kennett Square grows almost two-thirds America's mushrooms, Pennsylvania's leading cash crop employing about 10,000 people annually. Join Mike Weilbacher to travel to Phillips Mushroom Farms, a fourth-generation mushroom farm that also provides a mushroom museum and mushroom growing display. Visit the museum and meet with their staff mushroom biologist, check out their delightful mushroom gift shop, and enjoy a mushroom-forward lunch in Kennett Square. (See lecture on the emerging science of mushroom biology on page 7).

Mike Weilbacher, *Naturalist; Author*

MLSN Staff

Tue, 9:00 AM to 6:30 PM, 7/7
TT21110 Radnor Financial 1 session, \$169
member \$152

» **Summer Mansions Along the Delaware** ●●●●●

NEW Escape the heat of the summer by visiting historic mansions built by Philadelphia's first families. First stop is Nicholas Biddle's Andalusia, one of the finest examples of domestic Greek Revival architecture in America surrounded by gorgeous gardens. Stop for lunch (included) at the King George II Inn built in 1681. End your exploration with a visit to Pennsbury Manor, the former country estate of William Penn. Includes a step-on guide recounting local history along the way.

MLSN Staff

Thu, 8:30 AM to 6:30 PM, 7/23
TT41146 Radnor Financial 1 session, \$185
member \$170

» **Heavenly Hershey: Rose Garden and Hershey Story Museum** ●●●●●

NEW Take a private guided tour of Hershey Gardens opened in 1937 at Milton Hershey's request for a "nice garden of roses." Now 23-acres, it offers beauty in every season with a breathtaking assortment of flowers and shrubs, a stately collection of signature trees and the Butterfly Atrium. After lunch on your own in downtown Hershey visit the interactive Hershey Story Museum and learn all about America's great chocolate entrepreneur and his legacy, now the subject of a major motion picture!

MLSN Staff

Thu, 9 AM to 6:30 PM, 8/13
TT41166 Radnor Financial 1 session, \$175
member \$157

» **Annapolis: Naval Academy and Maryland State House** ●●●●●

NEW Experience Annapolis' role in the sweep of American history, first with a guided walking tour of the Naval Academy's majestic buildings, stunning views and the impressive Noon Formation (weather permitting.) After lunch on your own in the quaint harbor area, tour the Maryland State House. Embodying 400 years of history, it was the first peacetime capitol of the U.S. where General Washington resigned his commission as commander-in-chief, the Treaty of Paris ended the Revolutionary War, and the U.S. first diplomatic appointment was made sending Thomas Jefferson to France.

MLSN Staff

Tue, 7:30 AM to 7:00 PM, 8/25
TT21114 Radnor Financial 1 session, \$185
member \$169

LOCAL TOURS

» **A House Divided: Colonial Patriots and Tories at Woodford Mansion** ●●●●●

NEW This guided tour will discuss three families who called Woodford Mansion their summer home in the turbulent years up to and including the Revolutionary War: The Barclays and Franks who were British loyalists, and George Clymer, a Founding Father who signed both the Declaration of Independence and Constitution. We will also put a spotlight on the enslaved, indentured, and hired persons that lived and worked at Woodford, and how the Revolutionary War impacted them.

Staff, *Woodford Mansion*

Wed, 10:30 AM to 12:00 PM, 3/4
TT31011 Woodford Mansion 1 session, \$39
member \$35

» **Exploring City Hall – Inside, Outside and the Tower!** ●●●●●

NEW Located at the geographical center of William Penn's 1682 plan for Philadelphia is City Hall, the largest municipal building in America, housing all 3 branches of government in more than 700 rooms! On this unique guided tour, learn about the history, art, and architecture of the interior, the exterior, and surrounding statues. Then take an elevator to the observation deck of the 548-foot tower to see the city from William Penn's point of view!

Staff, *City Hall Visitor Center*

Wed, 10:00 AM to 12:00 PM, 3/18
TT31031 City Hall Visitor Center . . . 1 session, \$55
member \$50

» **Stateside Distillery Tour and Tasting** ●●●●●

NEW Come taste and tour at Stateside Vodka and learn about its award-winning, gluten-free, cold-filtered, seven-times-distilled, single-grain corn vodka, born and bred in Philadelphia. Also known for Stateside and Surfside canned cocktails, the visit includes a tasting flight of seasonal infused vodkas available only in the tasting room. Snacks provided.

Staff, Stateside Distillery
Thu, 3:30 PM to 5:45 PM, 3/26
TT41082 Stateside Distillery . . . 1 session, \$75

» **Japanese Tea in Fairmount Park** ●●●●●

Relax in the serenity of this traditional Japanese house and garden. After a guided tour of Shofuso, enjoy a presentation on the Japanese tea ceremony, including a brief history of tea in Japan, a traditional sweet, and making a bowl of matcha. Then explore the beautiful garden landscape, including Japanese cherry trees, on your own.

Staff, Japanese Tea House
Wed, 1:00 PM to 3:00 PM, 4/1
TT31010 Shofuso . . . 1 session, \$55
member \$49

» **Tour of Ardrossan** ●●●●●

View one of the last remaining great estates of the Main Line on this first-floor tour given by Joanie Mackie, granddaughter of the Montgomerys. A Horace Trumbauer design, the extended family has lived here since 1912. Playwright Philip Barry, a family friend, based *The Philadelphia Story* on the Montgomery family and Ardrossan. Katharine Hepburn’s character was loosely based on Helen Hope, Joanie’s aunt.

Joanie Mackie, Tour Guide
David Nelson Wren, Author, Ardrossan: The Last Great Estate on the Main Line
Sat, 10:00 AM to 11:30 AM, 4/11
TT61032 **Morning** Ardrossan . . . 1 session, \$65
member \$58

Sat, 12:30 PM to 2:00 PM, 4/11
TT61033 **Afternoon** Ardrossan. . 1 session, \$65
member \$58

Sat, 10:00 AM to 11:30 AM, 4/18
TT61034 **Morning** Ardrossan . . . 1 session, \$65
member \$58

Sat, 12:30 PM to 2:00 PM, 4/18
TT61035 **Afternoon** Ardrossan. . 1 session, \$65
member \$58

Sat, 10:00 AM to 11:30 AM, 4/25
TT61036 **Morning** Ardrossan . . . 1 session, \$65
member \$58

Sat, 12:30 PM to 2:00 PM, 4/25
TT61037 **Afternoon** Ardrossan. . 1 session, \$65
member \$58

» **Boathouse Row Hidden History Tour** ●●●●●

PA DELCO Dotty Brown, former editor at the Philadelphia Inquirer, leads this walking tour that will bring Boathouse Row to life through often unknown stories. What was the relationship of the painter Thomas Eakins to the Row? Why is the Row’s architecture so eclectic, and what famous Philadelphia architect left his mark there? When were women included on the Row?

Dotty Brown, Former Editor, Philadelphia Inquirer; Author, Boathouse Row
Thu, 10:30 AM to 12:00 PM, 4/16
TT41085 Lloyd Hall. 1 session, \$49
member \$44

Thu, 12:30 PM to 2:00 PM, 4/16
TT41086 Lloyd Hall. 1 session, \$49
member \$44

» **McGillin’s Olde Ale House** ●●●●●

PA DELCO **NEW** Drink in some history and enjoy heavy hors d’oeuvres while Chris Mullins, co-owner and Irene Levy Baker, author of a newly published book tell stories about the oldest continuously operating tavern in Philadelphia and one of the oldest in the country. Hear tales of yesteryear, of survival through wars, a fire, two pandemics, and even Prohibition: of celebrities, love stories, ghost stories and modern-day secrets! Snacks and book included, cash bar.

Chris Mullins, Co- Owner, McGillin’s
Irene Levy Baker, Author, Cheers to McGillin’s: Philly’s Oldest Tavern
Sun, 1:00PM to 2:30 PM, 4/19
TT71020 McGillin’s Ale House . . 1 session, \$65

» **Citizen’s Bank Park** ●●●●●

NEW This behind-the-scenes tour of the Phillies’ home field grants access to areas usually reserved for team insiders and the media. Step onto the field and experience the ballpark from the same perspective as the players. Visit the Cadillac Hall of Fame Club where you can see memorabilia, past triumphs, and enjoy historical moments. Get a look at the media room and press box/broadcast booth as well as premium spaces like the CP Rankin and Diamond clubs.

Staff, Philadelphia Phillies
Tue, 1:00 PM to 2:30 PM, 4/21
TT21072 Citizen’s Bank Park . . . 1 session, \$39
member \$35



» **Inside the Italian Market: A Tasting Journey** ●●●●●

Join South Philly native Chef Jacquie on her fun-filled food and culture tour strolling through the Italian Market visiting Philly’s only cookbook store, boutique, food shops and tasting as you go! Lunch at Angelo’s Grandma style pizza at Di Bruno Bros. Bottle Shop (wine and beer for purchase) followed by unforgettable cannoli at the iconic Isgro’s Pastries. Bring your shopping list, exclusive discounts included, and you’ll want to take home more than memories!

Chef Jacquie Kelly
Wed, 11:00 AM to 1:30 PM, 4/29
TT31060 Italian Market Visitor’s Center . . . 1 session, \$89
member \$80

» **The Lazaretto: Epidemics, Quarantine and Philadelphia** ●●●●●

PA DELCO Along the riverfront in Tinicum Township is the oldest surviving quarantine facility in the Western Hemisphere. Built in response to devastating yellow fever epidemics, it was the gateway to Philadelphia where all arriving ships, passengers, and cargos were inspected and quarantined if necessary. Enjoy a guided tour of this “monument to a hidden history” and learn the legacy of how cities protected themselves before laboratory medicine and germ theory; when quarantine looked and felt very different from that of COVID-19.

David Barnes, Associate Professor, University of Pennsylvania
Sat, 10:30 AM to 12:30 PM 5/2
TT61062 **Morning** Lazaretto 1 session \$43
member \$39

Sat, 1:00 PM to 3:00 PM, 5/2
TT61063 **Afternoon** Lazaretto. . . 1 session, \$43
member \$39

» **Washington Memorial Chapel and Cemetery Tour** ●●●●●

PA DELCO **NEW** Discover one of the nation’s most inspiring sacred landmarks on this guided tour of the Washington Memorial Chapel offering a moving journey through history, artistry and remembrance. Study its stunning Gothic architecture, exquisite stained glass and remarkable carvings that tell the story of America. The tour continues through the serene cemetery, designed in 1911 by noted landscape architect Thomas W. Sears where many notable figures rest.

Staff, Washington Memorial Chapel
Tue, 10:30 AM to 12:30 PM, 5/5
TT21056 Washington Memorial Chapel . . . 1 session, \$35
member \$31

» **Living History at Colonial Farm Museum** ●●●●●

PA DELCO **NEW** Gain a deeper understanding of Revolutionary Era farm life and appreciate the ingenuity and effort required for daily survival during a guided exploration of the Colonial Pennsylvania Farmstead. Located within Ridley Creek State Park, it is a working farm bringing the past to life through early tools and techniques, heritage breeds, a kitchen garden and historic house tour. Be engaged and inspired by the colonial farmer and his changing world in 1776!

Staff, Colonial PA Farmstead
Wed, 2:00 PM to 4:00 PM, 5/27
TT31013 Colonial Farmstead . . . 1 session, \$35
member \$31

» **Garden Highlights at Chanticleer** ●●●●●

Discover how the “most romantic, imaginative, and exciting public garden in America” evolved from a historic private estate into a living work of horticultural art. On this private guided tour of Chanticleer, exclusive to MLSN, wander through its ever-changing, imaginative garden and explore the first floor of the Rosengarten’s 1913 home, where history and design meet in timeless harmony.

Staff, Chanticleer
Thu, 1:30 PM to 3:00 PM, 6/4
TT41076 Chanticleer 1 session, \$49
member \$44



» **Colonial Philadelphia: Cliveden in the 18th Century** ●●●

NEW Beginning in 2026, the interpretation and installation at historic Cliveden House will focus on the period between construction in 1763 and the Chews' removal from Philadelphia after the Battle of Germantown in 1779. Start with a talk about the research and development behind this new installation and then tour the house to discuss the Chew family, laborers and people enslaved there while engaging with themes of identity, consumerism, material culture, service and revolution.

Carolyn Wallace, Education Director, Cliveden House

Wed, 10:30 AM to 12:00 PM, 6/10

TT31047 Cliveden House 1 session, \$39
member \$35

» **Stroll Stoneleigh** ●●●●

Take an exclusive after-hours guided tour of Stoneleigh: *a natural garden*. During this tranquil stroll through Natural Lands' public garden learn surprising facts about this spectacular 42-acre garden's past and present. Highlights include towering trees, historic landscape features and innovative plantings designed and installed since the garden's opening in 2018. Walk through the Tudor Revival style main house, now shared with the Organ Historical Society, and take a brief tour of the Aeolian-Skinner pipe organ.

Staff, Stoneleigh: A Natural Garden

Tue, 5:00 PM to 6:30 PM, 6/16

TT22010 Stoneleigh 1 session, \$49
member \$44

» **Wharton Esherick Studio Tour** ●●●

Explore the artistry and dynamic creativity of Wharton Esherick on this guided tour of this "whimsical" dwelling furnished entirely with his handiwork: sofas, beds, wastebaskets, door latches... and decorated with his sculptures. A leader in the studio furniture movement, he considered himself an artist not a craftsman, concerned with form not technique, once declaring "if it's not fun it's not worth doing."

Staff Wharton Esherick Museum

Wed, 11:00 AM to 12:30 PM, 7/8

TT31034 Wharton Esherick Museum

..... 1 session, \$53
member \$47

» **Haverford College Arboretum Tour** ●●●●

Take a behind-the-scenes highlights tour of Haverford College Arboretum, the oldest planned collegiate landscape in the nation dating back to 1843. This 216-acre property is home to a premier collection of historical trees, a sustainable farm, rain gardens, pollinator habitats, and more! The Arboretum is a significant green space that provides abundant tree canopy and recreational space to the community.

Staff, Haverford College Arboretum

Thu, 9:00 AM to 10:30 AM, 7/16

TT41042 Haverford College Arboretum

..... 1 session, \$35
member \$31

» **Discover Francis M. Maguire Hall: Woodmere Art Museum's New Expansion** ●●●●

NEW Visit the recently opened Francis M. Maguire Hall for Art & Education in Chestnut Hill and see how a Gothic Revival residence was transformed into a 21st century museum. Explore galleries with a docent-led tour highlighting Violet Oakley, the Pennsylvania Impressionists, living Philadelphia artists, the Illustration Arts, plus a new jewelry vault. See many masterpieces previously held in storage. Stay for the "art + nature" experience on the grounds.

Staff, Woodmere Art Museum

Wed, 10:30 AM to 12:00 PM, 8/5

TT31045 Woodmere Art Museum . 1 session, \$49
member \$44

» **Inside the Private Karamoor Estate Winery: Tour & Tasting** ●●

NEW "Still surprised that good wine is made in Philly's suburbs? I'm not, especially from Karamoor... who have done everything right to get the most out of their Montgomery County terroir..." - Craig LaBan. Farmed since the time of William Penn, the Karabots continue stewardship of this land, growing grapes that have become award-winning wines in International Wine Competitions. Join us for a tour of this incredible property, a tasting of five remarkable wines as well as charcuterie snacks.

Staff, Karamoor Winery

Thu 2:00 PM to 4:00 PM, 8/20

TT41018 Karamoor 1 session, \$89

» **Autobiographical Writing**

Most of us have good stories to tell, but how best to tell them? This class helps you bring your stories to life, starting with a reading of your work, and with the aid of feedback on how others understand what you've written. Teacher and class commentary become tools to better see our own written work. Bring curiosity, perception, bravery, empathy and a piece of writing to be read.

Kate Varley, Published Author

Mon, 9:30 AM to 12:00 PM, starts 2/16

WC11501 ONLINE 10 sessions, \$186
member \$166

Mon, 9:30 AM to 12:00 PM, starts 4/27

WC11502 ONLINE 9 sessions, \$169
member \$152

» **Diving Into Poetry**

Join us as we dive into poetry! Whether an emerging or practiced poet, we can all benefit from reading others' poems and experimenting with our own writing. Explore specific devices such as imagery, metaphor and forms. Foster connection and support for each others' voices.

Cathleen Cohen, Poet, 2019 Poet Laureate of Montgomery County; Teacher; Painter

Tue, 2:00 PM to 3:15 PM, starts 2/17

WC21804 Creutzburg 8 sessions, \$139
member \$125

» **Writing Children's Books: From Picture Books to Young Adult**

Have you ever wanted to write a book for young people, but you didn't know where to start? Cover the differences in age categories, picture books to young adult; writing tips like three-act structure and developing characters; misconceptions about children's publishing; the difference between traditional and self-publishing; how you (yes, you!) can see the world through a child's eyes.

Eric Bell, Author, Juvenile Fiction

Mon, 1:00 PM to 2:30 PM, starts 3/2

WC11803 Creutzburg 3 sessions, \$74
member \$71

Tue, 6:45 PM to 8:15 PM, starts 3/17

WC22808 Lower Merion HS 3 sessions, \$74
member \$71

» **Finding Your Voice: The Humorous Essay**

NEW Learn to explore serious subjects with penetrating wisdom, brutal honesty, and a hearty dose of self-deprecating humor, turning any subject into a personal essay that both enlightens and entertains. Carefully examine humor-driven personal essays by writers like Anne Lamott, Dave Barry, and David Sedaris and enjoy a workshop experience with the opportunity to present and receive feedback on personal writing. All levels of experience welcome. Come prepared to laugh, mostly at yourself.

Sally Weinstock, Founder, Pennington Arts

Tue, 7:30 PM to 9:00 PM, starts 3/3

WC22807 Lower Merion HS ... 8 sessions, \$135
member \$121



» The Blueprint: Outlining Your Book

NEW Got a book idea but feeling stuck on structure? Putting together and organizing a solid outline is the fastest way to start...and the best step to finish your novel, memoir, or guide! Map narrative arcs for fiction or organize complex research for non-fiction, actively drafting the core content of your book, chapter-by-chapter. Receive creative and pragmatic insights for writers of all kinds. Leave with a powerful, flexible blueprint to your manuscript!

Pamela Aloia, Writing Consultant; Author

Thu, 6:30 PM to 8:30 PM, 3/12

WC42809 Creutzburg..... 1 session, \$49
member \$44

» Unleash Your Inner Author

Ready to write your book? Receive the guidance, considerations, and personal reflection you need to turn your ideas into reality. Cover some of the major pitfalls people face when writing a book – from getting started, writer’s block, to the logistics of book size, independent publishing, and marketing. Stop the spiral of second guessing and bring in the motivation and joy of writing your own story.

Pamela Aloia, Writing Consultant; Author

Thu, 6:30 PM to 8:00 PM, starts 3/19

WC42805 Creutzburg..... 2 sessions, \$59
member \$53

» Content Writing For Beginners

NEW Intimidated by the blank page? Break down the process of writing a piece of content that supports your brand’s growth. Cover why content writing is important, the step-by-step process of crafting an article for a blog or newsletter, how to AI-proof your writing, and how to repurpose your content across all platforms. Leave the class with the outline for your first piece of content!

Laura Bryan, Marketing Consultant, Travel Writer, Digital Nomad

Wed, 1:30 PM to 3:00 PM, 3/25

WC31811 Creutzburg 1 session, \$45
member \$40



» Travel Writing: Capture Those Memories

Turn travel memories into travel narratives, for your personal archives or for publication. Find ways to “unpack” experiences long after you’ve unpacked your suitcases—use photographs, online research tools, history, humor, and/or different essay structures and elements (like postcards or recipes) to capture the essence of a place or a memorable encounter. Recommended readings provided, along with advice on how and where to publish travel essays.

Eileen Cuniff, Nonfiction Author

Mon, 1:00 PM to 2:30 PM, starts 5/4

WC11806 Creutzburg..... 4 sessions, \$79
member \$71

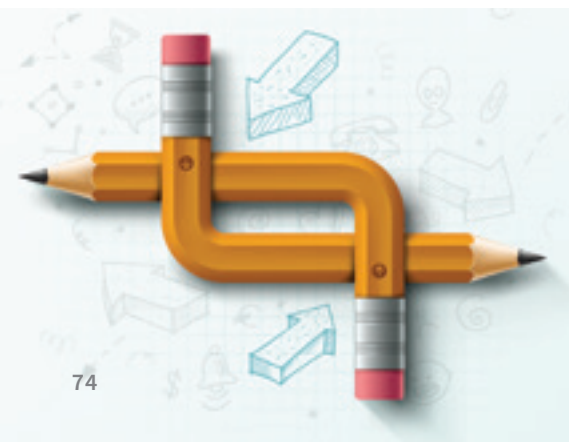
» Creative Writing Workshop

Do you have a short story, poem or novel excerpt and would like feedback on it? Share your work and receive written and verbal comments from the instructor and your classmates. Also read the work of other writers in the class and offer your feedback. Prose should be no longer than 2,500 words and up to 3 poems will be accepted.

Maria Ceferatti, Published Author

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