

500+
CLASSES

MLSN

main line school night



CLASSES, EVENTS & TRIPS

FALL/WINTER
2025

ELEVATE YOUR FANDOM:
UNDERSTAND THE BASICS OF FOOTBALL

SUCCULENT PUMPKIN CENTERPIECE

HOW PHILLY BECAME THE WORLD'S
BEST SANDWICH CITY: TALK & TASTE

Register Today at MainLineSchoolNight.org

Become A MEMBER



Join our community of lifelong learners and enjoy free and discounted classes, special events and support the future of MLSN. Your choice to become a member helps us deliver high quality programs and attract skilled instructors, while keeping class fees affordable and accessible. If you have any questions, please call our office, 610.687.0460, we would be happy to help!

MEMBERSHIP BENEFIT

GENERAL

- Discounted registration fees*
- Members-Only Event
- Early Registration

Total Number of Memberships

Recognition in
Program Catalog

Complimentary registration
to Special Event**

Complimentary registration
to Annual Symposium

Recognition on
Societies Plaque+

Scholar
\$65
Senior Scholar
\$60
Scholar Couple
\$120
Senior Scholar
Couple
\$110
Artisan
\$250
Discoverer
\$500
Circle of Learners
\$1,000
1938 Society
\$1,938
Creutzburg
Society
\$5,000

				1	2	3	4	4	
				1 Program	2 Programs	3 Programs	4 Programs	4 Programs	
							2 Guests	2 Guests	

JOIN TODAY!

SCAN THE QR CODE OR VISIT
MainLineSchoolNight.org



* Limited exclusions apply, including international travel.

** Includes 90 Minutes that Matter*, "Smart Lunches", "Midday Medley," and "Evening Engagements."

+ Your support will be gratefully acknowledged on the Societies Plaque for 12 months from the date of your gift.

POLICIES AND PROCEDURES

- Memberships may be purchased online, by phone or in person.
- Memberships are active 365 days from the date of activation/renewal.
- Members receive discounts for classes taken within the 365-day term. This benefit does not extend to classes that start after the date of expiration.
- The membership discount varies depending upon the type and meeting frequency of the class.
- Some exclusions apply, such as international travel programs. Classes not eligible for a member discount are noted in the Program Catalog.
- Membership has no cash value and refunds are not provided if membership is not used while active.
- Memberships are not transferable.

On the cover: Koren Draper, Koren's Kitchen; Scott Noye, Chef Dad's Table; Amanda Blevins, Blevins Sommelier Services

Welcome

TO THE FALL 2025 MAIN LINE SCHOOL NIGHT CATALOG!



DEAR FRIENDS,

This fall, we are all about Food, Football, Fun & Friendship and we are kicking off the school year with Fall for Learning: A Community Day with MLSN, an open house celebration on September 6th, 2025, from noon to 4 PM. We have an all-star lineup of classes and trips that will keep your mind, body and spirit sharp while we tackle unique experiences, stretch our skills and pass the time with new friends.

Special Thanks to UGI Corporation for supporting the Building Bridges program, which highlights the cultural diversity in our fall class offerings. MLSN proudly supports the America 250 PA Delco campaign by highlighting classes that spotlight places, people and the history of America as we near the 250th Anniversary in July 2026.

I invite you to explore the benefits of membership. Your support enables us to deliver our championship lineup of lifelong learning opportunities. Whether you are a long-time student or if you are just coming off the bench, I guarantee there is a place for you on the MLSN Team.

Sincerely,

Rebecca Cain, Executive Director

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The Delaware County America 250 Commission is a local initiative designed to engage the community in celebrating 250 years of American history through enriching educational opportunities, special programs and innovative experiences.



Main Line School Night offers adults of all ages affordable educational experiences to promote personal enrichment and to enhance the quality of our community.

Fall for Learning: A COMMUNITY DAY WITH MLSN

Saturday, September 6, 2025

12 noon – 4 pm

Creutzburg Center, Harford Park

Kick off the fall semester

with an afternoon of fun, flavor, and community! Enjoy tasty bites, local artisans, live music, games, dance, and hands-on demos. Whether you're 9 or ninety, there's something for every lifelong learner!

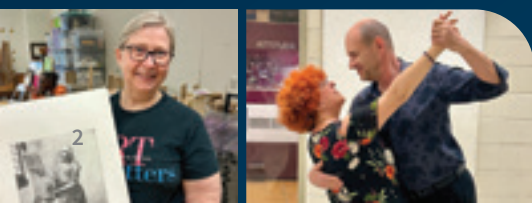


For more information, scan QR code or visit MainLineSchoolNight.org



8 YEARS OF DISCOVERY AT LOWER MERION HIGH SCHOOL

Since the 1940s generations have grappled with the puzzles, perplexities and promises of the times on Tuesday evenings at Lower Merion High School. Join us as we celebrate our 80th year of offering you intriguing, engaging and entertaining experiences.



THROUGH HISTORY

Philadelphians in Classic Movies and Television, p. 57
Ronald Reagan's Presidency in Retrospect, p. 6
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INTO THE KITCHEN

Cook with Chef Koren: A Fall Feast, p. 16
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Food Photography, p. 15
Chocolate Bark, p. 18

ACROSS CULTURES

Native American Bead Weaving, p. 33
Resilience and Resistance: Literature in Times of Crisis, p. 50
Introduction to Numerology, p. 39
Korean Language & Culture, p. 39

BY BUILDING YOUR FUTURE

AI in the Arts, p. 12
Business Growth Workshop, p. 52
Assert Yourself at Any Age, p. 61
Downsizing Heirlooms & Collectibles, p. 37

SPECIAL EVENTS

90 MINUTES THAT MATTER

» **The Truth About Immigration: Why Successful Societies Welcome Newcomers**

NEW How does immigration actually impact you and your community? Through a combination of rigorous data and compelling stories from Wharton professor Hernandez's 20 years of research on the topic, examine how immigrants drive innovation, investment, job creation, and national vitality. Also cover hot-button social topics like crime, jobs, and assimilation using an evidence-based, apolitical approach.

Zeke Hernandez, Professor, The Wharton School

Fri, 12:00 PM to 1:30 PM, 10/17

SL51817 Creutzburg 1 session, \$39
member \$35

» **Development of Latin America-China Relations in the 20th and 21st Centuries**

NEW Coverage on China's presence and influence in Latin America has increased. Sometimes, China is presented as a tough competitor to U.S. influence. Other times, as a player that has filled in gaps that traditional partners have left. What is China's history and role in Latin America? Is it one in which the Latin America-China relationship mirrors a new form of colonialism or dependency? What are the interests and objectives at hand in this relationship?

Victoria Chonn Ching, Non-resident Fellow, FPRI and The Atlantic Council

Thu, 1:30 PM to 3:00 PM, 11/13

SL41506 ONLINE 1 session, \$39
member \$35

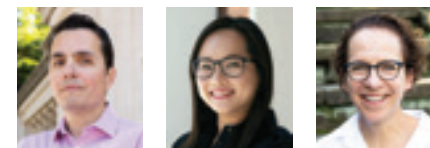
» **The Enduring Search by Formerly Enslaved People to Find Their Lost Families**

NEW Drawing from an archive of nearly five thousand letters and advertisements, Giesberg has written about the riveting, dramatic stories of formerly enslaved people who spent years searching for family members taken away during slavery. Hear about these stories and the resources for the desperate searches for loved ones.

Judith Giesberg, Author; Professor, History, Villanova University

Fri, 12:30 PM to 2:00 PM, 11/14

SL51814 Creutzburg 1 session, \$39
member \$35



» **The Rise and Fall (and Rise?) of American Liberalism and the Democratic Party**

NEW At a moment of deep division and acrimony within the Democratic Party and across various factions of liberals and the left, explore the historical evolution of U.S. liberalism and the Democratic Party from Roosevelt's New Deal, through the Great Society of Johnson, Clinton's New Democrats, and the more recent years of Obama and Biden. Explore liberal approaches to governance and social and economic policy, popular politics, and more recently, the varied ways liberals have attempted to counter the Trump phenomenon.

Brent Cebul, Associate Professor, History, University of Pennsylvania

Fri, 12:30 PM to 2:00 PM, 11/21

SL51818 Creutzburg 1 session, \$39
member \$35

» **To the Success of Our Hopeless Cause: The Many Lives of the Soviet Dissident Movement**

NEW Explore the world of Soviet dissidents. This is a dramatic story of men and women who spearheaded the struggle to break free of the Soviet Union's totalitarian past, a struggle that continues today in Putin's Russia. Drawing on diaries, memoirs, personal letters, interviews, and KGB interrogation records, Nathans, whose book won the 2025 Pulitzer Prize in general non-fiction, reveals how Soviet dissidents illuminate our own struggle between hopelessness and perseverance.

Benjamin Nathans, Professor, History, University of Pennsylvania

Fri, 12:30 PM to 2:00 PM, 12/5

SL51816 Creutzburg 1 session, \$39
member \$35

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NOTE THE DAY OF THE WEEK AND THE TIME.

» Investigating Bernie Madoff



NEW Learn intricate details related to the FBI's six-year investigation into Madoff and his co-conspirators. Hear what it took to convict Madoff to over 150 years in prison and better understand aspects of the investigation not released to the general public. This is a fascinating case study of one of the world's largest ever financial crimes. Thousands of victims; billions of dollars stolen.

Patrick Duffy, Supervisory Special Agent, Federal Bureau of Investigation

Fri, 12:00 PM to 2:00 PM, 10/10

SL51801 Creutzburg. 1 session, \$49
member \$44

» A Sermon Seen: The Transformative Impact of the Film *Cabrini*

NEW Wolfington will share the inspiring journey behind the making of *Cabrini*—how he became involved, the film's release, and its widespread impact, especially among young people. He'll highlight how *Cabrini* is now transforming lives in schools, parishes, and prisons. With global acclaim and awards including Rotten Tomatoes' Top Film of 2024, *Cabrini* is also the foundation for a character formation program built on Wolfington's timeless foundational principles.

J. Eustace Wolfington, Executive Producer, Cabrini

Thu, 12:30 PM to 2:30 PM, 10/23

SL41806 Creutzburg. 1 session, \$49
member \$44

» Is Buddhism Scientifically Sound?



NEW Drawing upon his own modest meditation practice and videos and books by Joseph Goldstein and Robert Wright, Bottles will evaluate how well Buddhism matches up with evolutionary psychology and neuroscience. Even if the goal is not attaining nirvana, does mindfulness meditation help one cope with uncertainty and anxiety?

Kent Bottles, MD; Lecturer, The Thomas Jefferson University College of Population Health

Fri, 12:00 PM to 2:00 PM, 10/24

SL51812 Creutzburg. 1 session, \$49
member \$44

» Disconnected: Reuniting Communities & Their Waterways



NEW The majority of our country lives within a mile of fresh water, but few of us know where it is and what it provides. Discuss the growing physical and psychological disconnect between communities and their local waterways. Why are we less connected to our creeks today? How does this separation impact the health of our freshwater ecosystems? Discuss these questions and explore potential solutions for reconnecting with, and conserving, the creeks, streams, and rivers that flow near us.

Carly Lare, Executive Director, Chester Ridley Crum Watersheds Association

Fri, 12:00 PM to 2:00 PM, 10/31

SL51808 Creutzburg. 1 session, \$49
member \$44

» Pope Leo XIV in Context: The Papacy on the World Stage



NEW The election of Villanova University alumnus Robert Prevost, OSA as Pope Leo XIV has brought the papacy into the public eye once again. Explore where the office of the Pope comes from in history, the role the pope has played on the global stage, especially in the third millennium, and possibilities, prospects, and challenges for the new pope in the years ahead.

Kevin Hughes, Professor, Historical Theology, Villanova University

Fri, 12:00 PM to 2:00 PM, 11/7

SL51813 Creutzburg. 1 session, \$49
member \$44



» "Here Comes the Sun:" Illuminating Nina Simone's Legacy

NEW Join us for a powerful exploration of the life, music, and enduring impact of Nina Simone, singer, pianist, composer, and fearless voice for justice. Drawing inspiration from her stirring rendition of "Here Comes the Sun," shine a light on Simone's journey from prodigious musician to iconic artist-activist. Through her timeless songs, fiery advocacy, and unbreakable spirit, she challenged the world to see and hear Blackness, womanhood, and freedom anew. Reflect on how her artistry continues to inspire movements for equity and liberation.

Vinroy David Brown, Jr., ADJAP, Sacred Music, Westminster Choir College; PhD Student, Musicology, Temple University

Thu, 1:00 PM to 2:30 PM, 9/25

SL41807 Creutzburg. 1 session, \$39
member \$35

» Mysteries of the Pine Barrens: An Illustrated Lecture

NEW South Jersey's Pine Barrens, a million-acre preserve of seemingly endless pine trees and cedar swamps, is filled with secrets and mysteries: cranberry bogs home to insect-eating plants, dwarf pine forests no taller than you, rare and endangered orchids, ghost towns that vanished long ago, and of course the Jersey Devil, the state's official demon. In an illustrated lecture that mixes equal parts history and ecology, explore this magical region and learn about its preservation. See p. 68 for our 10/14 Pine Barrens bus trip.

Mike Weilbacher, Naturalist; Author

Tue, 1:00 PM to 2:30 PM, 9/30

SL21801 Creutzburg. 1 session, \$39
member \$35



» Coroners of Pennsylvania: A Field Guide

NEW Do you know the difference between a coroner, a medical examiner, and a forensic pathologist? What does a coroner do anyway? Did you know that in Pennsylvania we elect coroners, that William Penn appointed the Commonwealth's first coroner, that coroners have been around longer than District Attorneys? Learn about the fascinating history and little-known powers of coroners at this interactive talk. Bring your questions!

Christina VandePol, M.D., Former Chester County Coroner

Wed, 1:00 PM to 2:30 PM, 10/8

SL31802 Creutzburg. 1 session, \$39
member \$35

» Uncovering the History of the Diving Horses

NEW People of a certain age may remember the spectacle of seeing horses "dive" at the far end of Atlantic City's Steel Pier, back when the site was known as "The Showplace of the Nation." The woman who had the privilege of caring for the last diving horse will tell you about the act's colorful history starting in the late 1800s, and show slides of some of the characters, both human and equine, who were involved.

Cynthia Branigan, Author

Thu, 1:00 PM to 2:00 PM, 11/20

SL41809 Creutzburg. 1 session, \$35
member \$31

» Remembering a Forgotten Philadelphia Hero

NEW The civil rights movement we know about is Dr. King, Selma, the bus boycott and Bull Connor. We saw it all on television. But few of us were taught about the civil rights movement before that, the first one, one hundred years earlier. Visit Philadelphia, a city that financed slavery. Come see South Carolina and see it declare education against the law. Meet Octavius Catto, a Black school teacher and civil rights leader in Philadelphia. See what really happened. And why.

Dan Biddle, Author; Journalist

Murray Dubin, Author; Journalist

Tue, 1:00 PM to 2:30 PM, 11/4

SL21820 Creutzburg. 1 session, \$39
member \$35

EVENING ENGAGEMENTS

» **QUIZZO MLSN Style: Celebrating the 1980s**

Quizzo travels to Lower Merion High School (LMHS) this semester in celebration of the 80 year partnership of MLSN and LMHS. For a little fun and to commemorate this shared vision of life long learning, all trivia questions will revolve around the 80s, the music, entertainment, sports, notable people, history, and much more. Enroll by yourself and be teamed with others or bring friends and teammates to join you.

MLSN Staff

Tue, 5:45 PM to 7:00 PM, 9/30
SL22815 Lower Merion HS. 1 session, \$20

» **ADHD: Strengthening Internal Executive Function Skills & Resiliency**

NEW McLeod's GrowNOW Executive Function Training equips parents with practical tools to foster their child's independence and resilience. Utilizing the GrowNOW Internal Skills Coaching Model®, the program emphasizes developing self-awareness, self-regulation, self-motivation, and self-evaluation. By focusing on internal language and reducing prompt dependence, parents learn to support their child's executive functioning growth effectively at home.

Michael McLeod, MA; CCC-SLP, Executive Function Specialist

Tue, 7:00 PM to 8:30 PM, 10/7
SL22806 Lower Merion HS. 1 session, \$39
member \$35

» **Elevate your Fandom, Understand the Basics of Football**

NEW Don't get football? Understand the basics and the game becomes exciting, social, and a lot more fun to watch. Focus only on the essentials: what the rules mean, what the positions do, how scoring works, and what's really happening on the field. Learn through interactive opportunities and real-game examples. Confidently follow and enjoy the games from the season opener kickoff to Super Bowl Sunday.

Felicia Newman, Adjunct Professor, Villanova & West Chester Universities (Former)

Tue, 6:45 PM to 8:00 PM, 10/7
SL22810 Lower Merion HS. 2 sessions, \$45
member \$40

» **Ronald Reagan's Presidency in Retrospect**

NEW Many stories are told by and about each president during his (someday her!) time in office. Over three decades have passed since Ronald Reagan left the presidency, and it is now possible to sift through those stories and learn more accurately about what kind of president he was, and what kind of presidency he carried out, and why. Presidency scholar Barrett draws on declassified information to illuminate this fascinating subject.

David Barrett, Presidency Scholar, Villanova University

Tue, 7:15 PM to 8:45 PM, 10/21
SL22805 Lower Merion HS. 1 session, \$39
member \$35

» **Brew Your Own Brand: The Explorer Roadmap to Entrepreneurship**

NEW Ever dreamed of launching your own business? In this interactive session, Explorer Cold Brew founder Crane shares the real-world roadmap he followed—from idea to shelf. Learn how to identify market opportunities, navigate sourcing and manufacturing, build a brand, and fund your venture. With honest insights and practical tips, this workshop will give you tools and perspective to move forward with confidence.

Cason Crane, Entrepreneur, Explorer

Wed, 7:00 PM to 8:30 PM, 10/22
SL32505 ONLINE. 1 session, \$39
member \$35

» **Buon Natale: Surprising Stories Behind Beloved Holiday Traditions**

NEW Celebrate the season! Discover the unexpected and delightful stories behind some of our most cherished holiday traditions from Saint Nicholas to nativity scenes to candy canes and Christmas stockings. Explore how pagan and Christian rituals magically merged into the holiday we celebrate today as well as several uniquely Italian customs such as the Feast of the Epiphany and wearing red underwear!

Carla Gambescia, Author, La Dolce Vita University

Wed, 5:45 PM to 7:00 PM, 11/19
SL32804 Creutzburg. 1 session, \$39
member \$35

» **The Great Gatsby Party of the Year**

NEW Don your finest 1920s attire, old sport, and join us as we transport you to an evening on the Gold Coast (West Egg). Enjoy light bites, learn to make and enjoy cocktails reminiscent of the decade and put on your dancing shoes as we learn the Charleston and other 20s dances. The class size is limited. See p. 51 for a Gatsby book talk and p.56 for a Gatsby film review.

Pat Nogar, Founder, Living Well with Pat Nogar

Marie Cosgrove, Founder, Ruby Tableaux

Donna Boyle, Professional Dancer, Dance Teacher

Thu, 6:00 PM to 8:00 PM, 12/4
SL42810 Creutzburg. 1 session, \$49



MLSN
main line school night

**ONCE AGAIN VOTED
BEST OF THE MAIN LINE
FOR ADULT CLASSES.**

**Congratulations to our amazing
community—instructors, staff,
volunteers, and lifelong learners—
for this incredible honor!**



ART HISTORY & CULTURE

» “Spirited” Halloween Art & Culture

NEW Listen to stories and explore works of art featuring ghosts, witches, devils, skeletons, and monsters from various cultures that inhabit this time of celebration and superstition. Delve into the 19th-century obsession with psychics and mediums, and view artistic interpretations of the spectral by masters such as Francisco Goya, William Blake, Hieronymus Bosch and others.

Mariann Smith, MA, Art Historian

Thu, 7:00 PM to 8:15 PM, 10/30
AA41002 ONLINE..... 1 session, \$18

» Archaeological Treasures of Turkey

NEW Ancient Anatolia, now modern-day Turkey, boasts impressive archaeological remains ranging from the Bronze Age Hittites to Iron Age Phrygians to the Persians, Greeks, and Romans. Explore the most important archaeological sites of this region, including the Lion Gate at Hattusa, the important religious sanctuary at Midas City, the famous library of Celsus at Ephesus, the monumental altar at Pergamum, and the temple of Aphrodite at Aphrodisias.

Devin Lawson, Department of Greek, Latin & Classical Studies, Bryn Mawr College

Wed, 2:30 PM to 3:30 PM, starts 10/8
AA31007 Creutzburg 4 sessions, \$69
member \$62

» Cézanne in Provence

NEW Captivated by the radiant skies, mountains, and fertile valleys of Provence, French Impressionist Paul Cézanne abandoned his Parisian studio in the late 1870s to return to his native Aix-en-Provence. Painting en plein air, the artist depicted the region's verdant landscapes and its magnificent Mont Sainte Victoire. Explore the artist's deep connection to this land, its history, and its people. Discover how Cézanne transformed his artistic style to become known as the father of modern art.

Lynn Marsden-Atlass, President LMART
Consultant LLC

Thu, 1:30 PM to 2:30 PM, starts 9/25
AA41004 Creutzburg 2 sessions, \$42
member \$32



» Chaos & Calm: Painting the Outer and Inner Worlds

NEW This journey delves into how artists use the power of painting to capture the drama of nature, spiritual experiences, and personal emotional landscapes. Explore diverse artistic styles and media, analyzing how artists across history, including Michelangelo, Klimt, Rothko, Picasso, Neel and others translated these complex themes into compelling visual narratives. Short videos enrich this exploration.

Lynn Berkowitz, BFA, MFA

Mon, 2:00 PM to 3:15 PM, starts 11/3
AA11012 ONLINE..... 3 sessions, \$59
member \$53

» East Asian Art Through the Lens of Philosophy

NEW Gain insights into how Eastern philosophical systems, including Buddhism, Daoism, and Confucianism have shaped artistic expression in East Asian art. Examine how viewers interpret and engage with this art, particularly as outsiders to the culture. As John Berger noted, the experience of art can be a ritualistic act, and East Asian art has a distinct focus on ritual as part of understanding. This course will guide you through the process of seeing, interpreting, and appreciating themes such as Buddhist enlightenment and the Daoist idea of “wu wei”.

Benjamin B. Olshin PhD., Fulbright Scholar

Fri, 10:00 AM to 11:15 AM, starts 10/10
AA51001 Creutzburg 4 sessions, \$69
member \$62

» From George Inness to John Cage: Power of Silence in Art

NEW In this exploration of how silence is manifested in art, contemplate how artists across various disciplines, from installation to film and even musical composition, harness the power of quietude to create profound immersive experiences. Discuss how the use of space, the juxtaposition of movement and stillness, and forming new relationships with sound can invite you to engage with the arts on a deeper level. Discover how artists use absence to amplify presence and learn to listen to the silent messages within their works.

Amy Anna, Esq, Artist, Author

Wed, 11:15 AM to 12:30 PM, starts 11/5
AA31006 ONLINE..... 3 sessions, \$59
member \$53

» Global Currents in Contemporary Art: 1940s-2000

NEW Reflecting the increasingly transnational nature of contemporary art, explore how art has served as a platform for social and political commentary, transcending geographical boundaries and fostering dialogue. Themes include art's role as a response to the politics of identity, representations, immigration, race and colonialism. Discuss the cultural, religious, social, political and historical contexts that inform the works of Judy Chicago, Jeff Koons, Shirin Neshat, Kazuo Shiraga and other artists from Africa, the Middle East and Japan, among others.

Aliza M. Benjamin PhD

Tue, 2:00 PM to 3:15 PM, starts 9/30
AA21010 ONLINE..... 4 sessions, \$69
member \$62

» Impressionism Through the Lens of French Culinary Tradition

NEW Inspired by the traveling exhibition, Farm to Table: Art Food, and Identity in the Age of Impressionism, see how the work of artists such as Monet, Renoir, Pissarro, Cassatt and others gave insights into the political, cultural and shifting social dynamics shaping France on the eve of the modern era. From farmers in fields and gardens to bustling urban markets, chefs and diners, this feast for the eyes brings the art and culture of food to light.

Lynn Berkowitz, BFA, MFA

Mon, 2:00 PM to 3:15 PM, starts 10/6
AA11011 ONLINE..... 3 sessions, \$59
member \$53

» Mythology & Legend in the Arts

NEW Timeless tales of gods, mortals, and monsters have inspired artists across millennia. From the epic saga of Gilgamesh etched in ancient clay to vibrant reinterpretations of classical myths in contemporary art, literature, dance, film, and opera, this course explores how these narratives have been continually transformed into powerful expressions of the human condition. Discover how artists like Nancy Speer, Gustave Moreau, Audrey Flack, Stephen Mitchell, and Cy Twombly have brought these legendary figures and stories to life.

Amy Anna, Esq, Artist, Author

Wed, 11:15 AM to 12:30 PM, starts 10/8
AA31005 ONLINE..... 4 sessions, \$69
member \$62



» On Tour: Museum Highlights from Baltimore to Buffalo

NEW What do Baltimore, Buffalo and Brooklyn have in common? Incredible cultural offerings and magnificent museums filled with stunning works of art. To enrich your travel experiences, this virtual tour takes you to happening sites to view and discuss a diverse range of works that feature artists, both famous and less well-known. Engaging videos bring fresh perspectives to art movements from classical to contemporary.

Lynn Berkowitz, BFA, MFA

Mon, 2:00 PM to 3:15 PM, starts 1/26/26
AA11013 ONLINE 3 sessions, \$59
member \$53

» Revolutionary Philadelphia Architects: Louis Kahn & Others

In this engaging and informative presentation, a noted architectural historian will discuss some of the astonishing twentieth-century modernist buildings that shaped the city's skyline and architectural legacy. From the radical design of the PSFS skyscraper to the remarkable work of Romaldo Giurgola, Louis Kahn, and Robert Venturi, see how these "Philadelphia School" architects revolutionized the practice of architecture in the mid-twentieth century. Hear first-hand stories from Dr. Maynard, who knew several of the architects personally.

W. Barksdale Maynard, Author, Lecturer, Art History, University of Delaware

Wed, 10:00 AM to 11:30 AM, starts 1/21/26
AA31001 ONLINE 2 sessions, \$45
member \$37

» Treasures of Western Art

NEW Almost every country in the world has a rich artistic heritage and this course features an in-depth exploration of painting and sculpture from France, Italy, Spain, and the United States. Highlighted artists include Eugene Delacroix, Auguste Rodin, Michelangelo, Gian Lorenzo Bernini, Eugène Velázquez, Diego Velazquez, Salvador Dali, Charles Willson Peale, and Andy Warhol.

Mariann Smith, MA, Art Historian

Tue, 9:30 AM to 10:30 AM, starts 10/14
AA21009 ONLINE 4 sessions, \$65
member \$58

» Visions of America: Through the Eyes of Our Greatest Artists

NEW Journey through American history as seen through the masterpieces of its most influential artists. From Gilbert Stuart's patriotic portraits to Basquiat's raw social commentary, explore how artists captured and portrayed the nation's evolving identity. Witness shifting values in America, from the romantic landscapes of the Hudson River School to Warhol's pop-art critique of consumerism, and discover how these iconic works reflect complex views of life in America.

Kenneth F. DeMarco, MS, JD

Thu, 1:30 PM to 2:30 PM, starts 10/16
AA41003 Creutzburg 4 sessions, \$75
member \$67



» Walking Japan in the Footsteps of the Pilgrims

NEW The three most sacred sites in Japan are centered around the Kumano Kodo Pilgrimage, one of only two UNESCO World heritage designated pilgrimages. Ise Grand Shrine is the most important Shinto Shrine. Koya-san is at the center of esoteric Buddhism, while the three Grand Shrines of Kumano represent the syncretic nature of Shinto and Buddhism. If you're planning a trip or are interested in the country's culture, this virtual journey led by an award-winning walking guide will give you insights into Japanese mythology and religious history.

John McBride, AM (Order of Australia)

Wed, 3:00 PM to 4:30 PM, 2/18/26
AA31014 ONLINE 1 session, \$39
member \$29

COMPUTERS & TECHNOLOGY

Students should have appropriate devices and software for technology classes.

EVERYDAY TECHNOLOGY & WEB SOFTWARE

» Artificial Intelligence: AI in Your Everyday Life

NEW Join us as we delve into the world of Artificial Intelligence! Together, we will learn to simplify terms such as LLMs, chatbots, and Generative AI while uncovering ways they can be used to enhance and improve your daily life! Find out how AI generates content and engage in discussion on its ethical impacts on society. Students will need a computer that can operate Zoom and a free Google or Microsoft account. No technical background is required.

Mo Moadeli, Senior Manager, AI Engineer

Wed, 6:00 PM to 7:00 PM, starts 10/8
CO32022 ONLINE 2 sessions, \$55
member \$49



» Cutting the Cable: Is it for You?

Want to cancel your cable television contract? Learn about alternatives for viewing television shows and movies without a cable service plan.

Joel Price, Technology Consultant

Mon, 10:30 AM to 12:30 PM, 10/27
CO11015 ONLINE 1 session, \$55
member \$49
Tue, 10:30 AM to 12:30 PM, 1/27/2026
CO21016 ONLINE 1 session, \$55
member \$49

» Navigating Windows 11: A PC User's Guide

Dive into the exciting world of Windows 11 on your PC! Discover all the new features and enhancements, from mastering the start menu to effortlessly accessing multiple programs. Learn to organize your files, tweak computer settings, arrange your desktop, and efficiently open, save, and print documents.

David Grauel, Computer Consultant

Wed, 6:15 PM to 8:15 PM, starts 11/12
CO32018 Creutzburg 3 sessions, \$139
member \$125

» Master Your iPhone: Beginners

Take a leap forward with your iPhone use. Learn to navigate the user interface, understand settings options, create folders, and explore the iPhone's built-in applications. For beginners.

Nina Epstein, IT Consultant and Instructor

Tue, 10:15 AM to 12:15 PM, starts 10/28
CO21014 Creutzburg 4 sessions, \$165
member \$148

» Master Your iPhone: For Intermediate Users

Having mastered the basics, learn the tips and tricks to take your iPhone to the next level!

Nina Epstein, IT Consultant and Instructor

Tue, 10:15 AM to 12:15 PM, starts 11/25
CO21013 Creutzburg 2 sessions, \$89
member \$80



PHOTOGRAPHY & MEDIA

» Getting Beyond the Headset in Virtual Reality

NEW Explore the history and fundamentals of Virtual Reality (VR), including the technologies used to create immersive experiences. Learn how VR is applied in education and research, and how software supports these environments. Topics include web-based, headset-based, and large-scale screen-based approaches. Students will also experience VR projects in Dr. Klassner's CAVE (Cave Automatic Virtual Environment), where lightweight glasses allow shared 3D viewing. A laptop is required; basic programming knowledge is helpful but not necessary.

Wed, 5:30 PM to 7:00 PM, 10/29
CO32023 Villanova University . . . 1 session, \$49
member \$44

» Build Platform Games with LevelQuest.AI



NEW LevelQuest.AI offers a transformative game development program designed for beginners with no coding experience. Create playable games with the use of AI assistive tools, simplifying the coding process and unleashing your creativity! We will cover the foundational skills necessary for game design and development, followed by an advanced track for deep exploration. Turn your ideas into reality while mastering the future of game development! Material fee (\$20) payable to instructor. Bring your PC!

Rob Wyszynski, Tech Instructor, Founder of LevelQuest.AI

Tue, 6:30 PM to 8:00 PM, starts 10/7
CO22021 Lower Merion HS. . . . 5 sessions, \$129
member \$116



» Photo Mechanic

NEW Master the art of photo organizing by naming, tagging, converting and saving photos using this incredibly lightweight program! Bring your own laptop to class.

Nancy White, Computer Consultant

Tue, 6:30 PM to 8:30 PM, starts 10/21
CO22012 Lower Merion HS. . . . 2 session, \$67
member \$59

» Scan & Preserve Photos, Slides, Negatives, Artwork and More

In this hands-on experience, learn how to scan printed photographs, negatives, slides, documents, books, artwork and memorabilia. See different scanner types and create the best workflow and documentation for your project.

Nancy White, Computer Consultant

Tue, 6:30 PM to 9:30 PM, 10/7
CO22013 Lower Merion HS. . . . 1 session, \$125
member \$112

Sat, 1:00 PM to 4:00 PM, 11/8
CO61027 Creutzburg 1 session, \$125
member \$112

» Organize Your Digital Photos

Learn how to gather and organize all your digital photos in a searchable library you can easily maintain and customize to share with family and friends. Bring your own laptop to class (PC or Mac).

Nancy White, Computer Consultant

Tue, 6:30 PM to 8:30 PM, 10/14
CO22011 Lower Merion HS. 1 session, \$55
member \$49

» AI In the Arts



NEW Want to learn how Generative AI (GenAI) can enhance your work in graphics, writing, music, or coding? Discover the benefits and challenges of AI in these creative fields! Explore the latest advancements in AI

for text, image, and music generation, cutting through the hype to examine their impact on artists and supporting organizations. Perfect for individuals, schools, or nonprofits seeking a clear understanding of how professionals have utilized AI in these areas.

Jeremy dePrisco, Digital Media Specialist, Producer & Musician

Tue, 6:00 PM to 8:00 PM, 11/4
CO22025 Lower Merion HS. 1 session, \$65
member \$59

» Podcasting 101

NEW Podcasts are everywhere. They've become extremely popular, even spawning movies and television programs! Podcasts can take on many forms in media, but what is a podcast exactly and why do people make them? How are they made and what do you need to learn to create your own podcast? Discover the process of podcast creation in this hands-on workshop by examining both technical and non-technical aspects of this medium.

Jeremy dePrisco, Digital Media Specialist, Producer & Musician

Tue, 6:00 PM to 8:00 PM, 11/4
CO22026 Lower Merion HS. 1 session, \$65
member \$59

BUSINESS APPLICATIONS

» Introduction to WordPress

Learn WordPress, the leading website development and design software. WordPress requires no coding knowledge and is easy to use. Create posts, pages and menus for your site in no time! Bring a laptop to class for hands-on practice. WordPress site not required.

David Grauel, Computer Consultant

Wed, 6:15 PM to 8:15 PM, starts 9/17
CO32019 Creutzburg 3 session, \$139
member \$125

» Excel

Develop confidence using Excel. Learn how to automate data entry, create calculations, and format your spreadsheets to optimize efficiency. Learn more advanced formulas, how to sort and filter your data into tables, how to visualize it in charts and graphs, and much more in Level 2.

David Grauel, Computer Consultant

Thu, 6:15 PM to 8:15 PM, starts 10/9
CO42023 Level 1 Creutzburg . . 3 session, \$139
member \$125

Thu, 6:15 PM to 8:15 PM, starts 10/30
CO42024 Level 2 Creutzburg . . 3 session, \$139
member \$125

» Word for PC

Learn the tips and tricks for creating professional documents. Discover how to format, edit, set up a Quick Access Toolbar and find "reveal codes" along with adding cover tables, lists and other design elements to them. Bring your Windows laptop with Microsoft Word to class.

Susan Evans, Owner, Your Office Assistant

Tue, 6:15 PM to 8:15 PM, 10/28
CO22020 Lower Merion HS. 1 session, \$39
member \$35

» PowerPoint: Creating Clear Concise Presentations

Learn how to create an entertaining and informative PowerPoint slideshow using either built-in templates or your own layouts. We'll cover how to insert pictures, text, and graphics along with adding "zip" with transitions and animations with your PC. Beginners are welcome!

Susan Evans, Owner, Your Office Assistant

Wed, 6:15 PM to 8:15 PM, 10/22
CO32017 Creutzburg 1 session, \$39
member \$35

» QuickBooks Desktop Pro for PC

Frustrated with using QuickBooks online? We'll cover setting up your books so that you can discover how to generate financial reports, track business progress and manage your taxes more efficiently. Learn the hidden secrets for recording the correct data as well as reconciling accounts and more! Some bookkeeping knowledge will be helpful but not required. Bring your PC with QuickBooks installed to follow along!

Susan Evans, Owner, Your Office Assistant

Wed, 6:15 PM to 8:15 PM, 10/29
CO32010 Creutzburg 1 session, \$39
member \$33



Engage WITH MAIN LINE SCHOOL NIGHT!



VOLUNTEER Are you looking for a meaningful way to give back, make new friends and be part of something big in the community? Volunteering with MLSN is a unique opportunity to make a difference — and have a great time doing it!

Visit MainLineSchoolNight.org/get-involved/volunteer



TEACH Do you have a class idea you'd love to teach or a special skill or talent you'd like to share? Become part of the MLSN faculty and inspire eager, enthusiastic adult learners in a relaxed and engaging environment!

Visit MainLineSchoolNight.org/get-involved/teach

COOKING, FOOD & WINE

BASICS & BEYOND

» Winning Chicken Dishes

NEW These delicious crowd-pleasing dishes are surprisingly simple and easy to prepare. From sautéing to oven roasting, you'll learn techniques to guarantee tender and juicy results. Come away with a repertoire of recipes including classic chicken marsala with orzo and a comforting stovetop chicken pot pie. Elevate your chicken game and enjoy the results.

Ann Hazan, Culinary Professional; Cookbook Author
Mon, 10:00 AM to 12:00 PM, 10/6
CW11051 Creutzburg 1 session, \$55
member \$49



» Thriving Through Menopause: A Culinary Workshop

NEW Find out how delicious and supportive foods can help you navigate the powerful transitions of perimenopause and menopause. This class offers more than just recipes; it's a deep dive into understanding the root cause of hormonal shifts and how natural foods can be your allies. You'll sample a flavorful Thai basil chicken, with jasmine rice as examples of nourishing and enjoyable cuisine. Leave with practical strategies to restore balance and empower yourself to thrive during these midlife changes.

Dianne Moore, Founder and Owner, MooreBetterFood
Tue, 6:00 PM to 8:00 PM, 10/7
CW22007 Lower Merion HS 1 session, \$55
member \$49

» Dinner for One or Two of You

NEW Go beyond reheated leftovers and take-out and see how these perfectly proportioned, easy-to-execute recipes make cooking both pleasurable and practical for the solo cook or a two-person household. Ann will show you how to create flavorful sheet pan chicken with apples, brussels sprouts and sweet potatoes. End with an elegant and easy dessert for a perfect finale and leave with the skills to design memorable menus for just one or two of you.

Ann Hazan, Culinary Professional; Cookbook Author
Mon, 10:00 AM to 12:00 PM, 10/13
CW11050 Creutzburg 1 session, \$49
member \$44

» Knife Skills

Are you finding that it takes more time to chop and prep your ingredients than to actually cook them? Sharpen your slicing and dicing techniques so you will feel more confident in the kitchen. Learn how to grip a knife, master the "claw" for safety and other important techniques in this hands-on experience.

Michael Castillo, Owner, Michael Castillo's Kitchen
Tue, 6:30 PM to 8:30 PM, 10/14
CW22006 Lower Merion HS 1 session, \$49
member \$44

» Fall Soup

Fall is soup season! Join us to make three cozy favorites: hearty Minestrone, comforting Split Pea, and flavorful Tuscan White Bean. You'll love these rich, warming recipes—perfect for crisp autumn days. Come stir the pot and savor the season!

Michael Castillo, Owner, Michael Castillo's Kitchen
Sat, 1:30 PM to 3:30 PM, 10/18
CW61026 Creutzburg 1 session, \$49
member \$44

» Fabulous Fish and Shellfish

Dive into the delicious world of fish and shellfish! Ann will show you how quick, easy, and healthy it is to prepare seafood at home. You'll master essential cooking techniques like sautéing, searing, and poaching, all designed to bring out the best in each variety. Get ready to savor your culinary creations with a menu that includes: sautéed salmon in a soy and honey sauce and baked shrimp with feta.

Ann Hazan, Culinary Professional; Cookbook Author
Mon, 10:00 AM to 12:00 PM, 10/27
CW11048 Creutzburg 1 session, \$69
member \$60

» Red Velvet Cake

NEW Join lifestyle doyenne, Pat Nogar as she teaches you how to make that southern classic—Red Velvet Cake. But this version has a twist! Learn both the old and new tricks that will help you create a special occasion cake good enough to impress both your family and friends.

Pat Nogar, Founder, Living Well with Pat Nogar
Fri, 10:30 AM to 12:30 PM, 11/7
CW51018 Creutzburg 1 session, \$49
member \$44



» Scones – Right Out of Your Oven

After this hands-on class, the only scones you'll serve will be made from scratch (by you!) and enjoyed warm and fresh, right out of your oven. Delight your family and friends—scones are great for holidays, a special occasion, or any day of the week!

Cindy Shaw, Owner, Paines Hollow Kitchen
Sat, 1:15 PM to 3:15 PM, 11/8
CW61041 Creutzburg 1 session, \$55
member \$49

COOKING, FOOD & WINE



» Food Photography

NEW Learn how to make your meals pop on social media! Get the essentials of food photography and video—from lighting and angles to styling and editing. Perfect for foodies, influencers, or small business owners looking to elevate their content and grow engagement. No fancy camera needed—just your phone. Start snapping scroll-stopping food photos today!

Lizzie Friedman, Philadelphia Magazine People's Choice Winner 2024 @lowermerionfoodie
Tue, 6:30 PM to 8:30 PM, 11/11
CW22002 Lower Merion HS 1 session, \$45
member \$40

» Meatless Meals in Minutes

Rich in fibers, vitamins and other nutrients, plant-based proteins offer many health benefits and can help your budget too. Broaden your culinary horizons when you learn and sample these meatless recipes including vegetable pot pie, butternut squash and sweet potato gratin and a leek and spinach galette. These dishes also make great sides for your holiday meals.

Ann Hazan, Culinary Professional; Cookbook Author
Mon, 10:00 AM to 12 N, 11/17
CW11046 Creutzburg 1 session, \$55
member \$49

» Air Fryer Basics for the Holidays

Learn to use your air fryer while cooking for the holidays. A great class for new users and those looking for seasonal recipes. Tips on best food choices, cooking techniques and optimizing this hot new appliance.

Frances Alloway, MA, RDN, LDN, Nutritionist
Thu, 2:30 PM to 4:30 PM, 11/20
CW41007 Creutzburg 1 session, \$55
member \$49

» **Beyond Basics with the Air Fryer**

NEW Take your air fryer cooking beyond “sides” to preparing main courses, appetizers and desserts. Seasonal foods and healthy options will be highlighted to save time on busy evenings, party prep and small batch baking.

Frances Alloway, MA, RDN, LDN, Nutritionist

Fri, 10:00 AM to 12:00 PM, 11/21

CW51009 Creutzburg 1 session, \$55
member \$49

LOCAL & INTERNATIONAL» **Taste of Asia: Chinese Cooking**

NEW Learn to make savory Pepper Steak with tender flank steak, vibrant bell peppers, and onions in a rich homemade sauce. Then, master Veggie Fried Rice bursting with sesame, ginger, soy, and fresh veggies. A flavorful culinary journey awaits!

Koren Draper, Owner, Koren's Kitchen

Thu, 2:00 PM to 4:00 PM, 9/25

CW41014 Creutzburg 1 session, \$55
member \$49

» **Bolognese-Style Lasagna**

NEW Master the art of Bolognese-Style lasagna from scratch. From rich meat sauce to fresh pasta layers, learn every step to create this comforting, classic dish. A perfect warming favorite for cozy fall nights!

Michael Castillo, Owner, Michael Castillo's Kitchen

Thu, 6:30 PM to 8:30 PM, 10/9

CW42042 Creutzburg 1 session, \$55
member \$49

» **Indian Street Food: Samosas with Chickpeas**

NEW Spice up your kitchen with our hands-on Indian Street Food class! Learn to craft crispy, golden samosas. It's the perfect blend of crunch, spice, and tradition, not to mention gluten-free and vegetarian—right from the streets of India to your plate. Great for food lovers of all skill levels. Come hungry and leave inspired!

Mita Barot, Certified Food Safety Manager, Food and Nutrition Services

Sat, 10:00 AM to 12:00 PM, 10/18

CW61053 Creutzburg 1 session, \$49
member \$44

» **Casablanca Cuisine**

NEW Transport your tastebuds to Morocco in this flavorful class! Learn to prepare a traditional chicken tagine with warming spices and tender vegetables, served with perfectly steamed couscous. A rich, cultural culinary experience that brings global flair to your kitchen.

Scott Noye, Owner, Chef Dad's Table

Tue, 10:30 AM to 12:00 PM, 11/4

CW21044 Creutzburg 1 session, \$55
member \$49

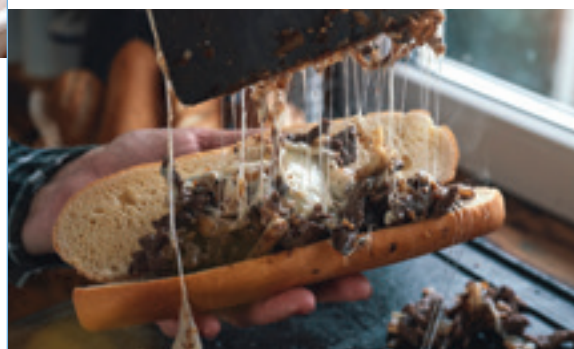
» **How Philly Became the World's Best Sandwich City: Talk & Taste**

NEW Philadelphia boasts some of the most delicious original sandwiches and passionate sandwich aficionados. From the cheesesteak to the hoagie, and many more, the city's culinary history has resulted in many of America's most established meals between bread. Join sandwich “historian” Mike Madaio in a lively discussion about the origins of your favorite sandwiches, including some myth busting. Be sure to save room for tastin—sandwich samples will be provided.

Mike Madaio, Author of A History of Philadelphia Sandwiches

Tue, 6:30 PM to 8:30 PM, 11/4

CW22003 Lower Merion HS 1 session, \$55
member \$49

» **Cook with Chef Koren: A Fall Feast**

NEW Master Atlantic Salmon Fillets with a herb-lemon gremolata, savor buttery Lemon Orzo with Parmesan, and celebrate the season with an Autumn Harvest Salad bursting with apples and squash. A hands-on culinary experience full of flavor, elegance, and cozy autumn charm—all in one unforgettable class!

Koren Draper, Owner, Koren's Kitchen

Tue, 6:30 PM to 8:30 PM, 9/30

CW22008 Lower Merion HS 1 session, \$55
member \$49

» **Make and Take Preserved Apple Butter**

NEW Preserve the warmth of apple season as we make apple butter and learn to seal the jars in a water bath canner. Great for gifting and enjoying later in the year. A hands-on experience with a jar of apple butter to take home.

Frances Alloway, MA, RDN, LDN, Nutritionist

Fri, 10:00 AM to 12:00 PM, 10/10

CW51011 Creutzburg 1 session, \$45
member \$40

» **Pumpkins, Pumpkins and Pumpkins!**

NEW Calling all pumpkin lovers for the spooky season! We will make a smoothie, warm grain salad, soup and dessert. Come hungry and ready to explore the world of edible pumpkins. Recipes provided.

Frances Alloway, MA, RDN, LDN, Nutritionist

Mon, 10:00 AM to 12:00 PM, 10/20

CW11001 Creutzburg 1 session, \$55
member \$49

» **Bats in the Belfry Halloween Tea**

Join us for a seasonal tea party to celebrate the spookiest time of the year—Halloween! We will indulge in Fall seasonal teas, complete with finger sandwiches, scones, and small pastries. Think pumpkin spice—we all know no one gets enough spice when the weather turns cold! Add in some Halloween fun and tutorials on Afternoon Tea and it's the perfect time to relax with a cuppa!

Marie Cosgrove, Founder, Ruby Tableaux

Fri, 10:00 AM to 12:00 PM, 10/24

CW51005 Creutzburg 1 session, \$55
member \$49

» **Bond and Bake Family Cooking Class**

NEW Get into the Halloween spirit with this fun, hands-on family class! Cook up a comforting Chicken and Rice Casserole, whip up spooky Ghostly Biscuits, and bake delicious Pumpkin Chocolate Chip Cookies. Ideal for kids and parents to enjoy time together in the kitchen. Fee is for a pair. \$25 for each additional child.

Scott Noye, Owner, Chef Dad's Table

Tue, 6:30 PM to 8:00 PM, 10/28

CW22004 Lower Merion HS 1 session, \$59
member \$50

» **Autumn App & Mocktail Party**

Tired of last-minute party stress? Dazzle your guests with a stunning array of appetizers, all prepped and ready before the first one arrives. Menu includes elegant brie with cranberries, a festive pumpkin cheese ball, and savory artichoke cheese puffs. Receive recipes for accompanying mocktails, perfectly paired to complete your spread.

Ann Hazan, Culinary Professional; Cookbook Author

Mon, 10:00 AM to 12:00 PM, 11/3

CW11049 Creutzburg 1 session, \$55
member \$49

» **Fall Entertaining With Ease**

NEW Impress your guests with effortless autumn dishes! Learn to make a Roasted Butternut Squash Salad with Balsamic Grilled Chicken and beautiful Apple Puff Pastry Roses. A perfect class for home entertainers seeking seasonal flavors with elegant presentation.

Scott Noye, Owner, Chef Dad's Table

Tue, 6:30 PM to 8:00 PM, 10/21

CW22005 Lower Merion HS 1 session, \$55
member \$49

» **Thanksgiving Appetizers**

NEW Wondering what to serve alongside the turkey? Discover unforgettable Thanksgiving side dishes your guests won't stop talking about: whole stalk roasted Brussels sprouts, sweet glazed carrots, and savory prosciutto-wrapped green beans. Festive, flavorful, and sure to impress—these sides might just steal the show. Warning: these recipes may cause second helpings and unsolicited recipe requests.

Michael Castillo, Owner, Michael Castillo's Kitchen

Sat, 10:00 AM to 12:00 PM, 11/8
CW61025 Creutzburg 1 session, \$49
member \$44

» **Winter Entertaining With Ease**

Delight holiday guests with a variety of elegant desserts. You'll learn to bake Holiday Biscotti and Mandel Brot, tangy Cranberry Snowballs, and fragrant Lemon Rosemary Shortbread. Perfect for gift-giving or entertaining with homemade flair this winter season.

Scott Noye, Owner, Chef Dad's Table

Fri, 10:30 AM to 12:00 PM, 11/14
CW51038 Creutzburg 1 session, \$49
member \$44

» **Chocolate Bark**

NEW Create festive, custom chocolate bark perfect for holiday gifting! In this hands-on class, you'll melt, mix, and top rich chocolate with seasonal flavors like peppermint, nuts, and dried fruit. Leave with beautifully wrapped treats and the skills to recreate them at home. Sweet, simple, and totally giftable!

Judy L. Buxton, Creative Cook

Tue, 6:30 PM to 8:00 PM, 11/18
CW22001 Lower Merion HS 1 session, \$55
member \$49

» **A Tartan Christmas Tea**

NEW Celebrate the holiday season with a cozy tartan themed tea party. We will indulge in seasonal inspired tea blends along with finger sandwiches, scones, and small pastries. Tutorials on Afternoon Tea, holiday entertaining and table decor will accompany relaxing with a soothing cuppa!

Marie Cosgrove, Founder, Ruby Tableaux

Mon, 1:30 PM to 3:30 PM, 11/24
CW11036 Creutzburg 1 session, \$55
member \$49

» **German Apple Pie**

NEW Learn to make Gedeckter Apfelkuchen—a classic German apple pie-cake that's as beautiful as it is delicious. With a tender crust and spiced apple filling, it's the perfect show-stopping dessert for your holiday table. Easy to bake, delightful to serve, and sure to impress!

Michael Castillo, Owner, Michael Castillo's Kitchen

Mon, 10:00 AM to 12:00 PM, 12/1
CW11024 Creutzburg 1 session, \$49
member \$44

» **Holiday Mocktails and Snacks**

NEW Kick off your winter holiday season with this fun class that will explore mocktail recipes to pair with party worthy appetizers, such as Cranberry Gin Fizz Mocktail, Fresh Cider Mule, Mulled Null Red Wine, fig and feta flat bread, rosemary spiced nuts and many more! Learn about nonalcoholic liquors that can be substituted for stronger choices and how to “accessorize” your drinks to add eye appeal.

Frances Alloway, MA, RDN, LDN, Nutritionist

Fri, 11:00 AM to 1:00 PM, 12/5
CW51008 Creutzburg 1 session, \$55
member \$49

» **Creative Combinations: Winter Soups & Salads**

NEW Looking for new, creative ideas for lunch and dinner? See how easy it is to prepare healthy meals which include a warming winter soup paired with a super salad. Start with a classic broth, bisque or stock, incorporate a variety of fresh, seasonal ingredients and aromatic herbs to make an Easy Dumpling Soup (chicken and vegetable options), Baby Bok Choy Tossed Salad and more!

Ann Hazan, Culinary Professional; Cookbook Author

Mon, 10:00 AM to 12:00 PM, 1/12/26
CW11047 Creutzburg 1 session, \$55
member \$49

» **Lose More Weight with Protein**

NEW Whether you are trying to lose weight with weight loss drugs or lower carbs, a high protein diet is recommended to maintain muscle mass. Discuss how much protein is healthy, food sources of protein, and how to boost intake while balancing other dietary needs and meal planning. Several recipes will be prepared and tasted.

Frances Alloway, MA, RDN, LDN, Nutritionist

Fri, 10:00 AM to 12:00 PM, 2/6/26
CW51010 Creutzburg 1 session, \$55
member \$49

WINE, SPIRITS, AND COFFEE TASTING» **Non & Low Caffeine Coffee**

Cascara, the dried coffee fruit of the coffee cherry is a low caffeine, non-coffee product that can be steeped and distilled. Taste three decaffeinated water processed specialty coffees and Cascara beverages steeped as tea, in our Cascaway non-alcoholic sparkling beverage, and as Amari (an after dinner alcoholic drink). We'll be discussing decaffeinating processes and how cascara is harvested and its challenges.

Richard Berman, Owner, Pour Richard's Coffee Company

Wed, 5:00 PM to 6:30 PM, 10/8
CW32061 Pour Richard's 1 session, \$41

» **Coffee Talk**

Join us for a coffee tasting from our seasonal menu of 20ish single varietals of specialty coffee. Discuss coffee growing, harvesting and processing practices along with the many certifications that distinguish and at times complicate the coffee purchasing process. Which of these distinctions are important and have an economic and environmental impact and which do not? Sip coffees with these certifications and discuss flavor profiles, terroir, varietal and farm.

Richard Berman, Owner, Pour Richard's Coffee Company

Wed, 5:00 PM to 6:30 PM, 10/22
CW32060 Pour Richard's 1 session, \$41

» **Coffee Spirits & Cocktail Making**

Taste Pour Richard's Spirit of 1737 series of three cold brew coffee liqueurs: Gold (Vodka based), Fiesta (Tequila based), Chene (Cognac based) and our non-caffeinated 18 Cannons Discovery series of three cascara amari: Prema, Shanti, and Saha. Learn about flavor profiles and their relationship to sustainable sourcing and the entire coffee plant. Discuss the mixology of these liqueurs and how to make delicious cocktails.

Richard Berman, Owner, Pour Richard's Coffee Company

Wed, 5:00 PM to 6:30 PM, 11/19
CW32062 Pour Richard's 1 session, \$41

» **Beaujolais Nouveau**

NEW Just in time for the storied release of the Beaujolais Nouveau! Some say it's the wine industry's marketing ploy, but it's so much fun to enjoy a wine just after harvest and taste what makes it different. Of course, there are the other important levels of Beaujolais—Villages and Cru. Also enjoy the wines of Burgundy, some of the most adored and expensive wines.

Vicki Miller, President, Vinocity

Thu, 6:30 PM to 8:00 PM, 11/20
CW42041 Creutzburg 1 session, \$65
member \$58

» **Celebrity Wines**

NEW We're rolling out the red carpet for you! From Sarah Jessica Parker to Bon Jovi, celebrities are leaving their mark on the wine world. Discover the story behind the bottle and how each star influences the style of wine. Enjoy a guided flight of 5-star studded wines. We'll add you to the VIP list.

Amanda Blevins, Owner, Blevins Sommelier Services

Wed, 6:30 PM to 8:00 PM, 9/17
CW32023 Creutzburg 1 session, \$65
member \$58



» Wild Varietals & Style – Exploring Unique Wines of the World!

NEW Are you an adventurous wine lover? Looking to try something new? Here's your chance! From Orange wine of Italy to Txakoli of San Sebastian, we'll explore unique styles from all over the world. Surprise your taste buds as we enjoy a flight of 5 wines that will lead to delightful new discoveries.

Amanda Blevins, Owner, Blevins Sommelier Services

Wed, 6:30 PM to 8:00 PM, 10/15

CW32022 Creutzburg 1 session, \$65
member \$58

» Wines of South America

NEW More than Malbec? Absolutely! Explore all Chile, Argentina and yes—even Uruguay have to offer the wine world. Discover how these unique microclimates, mountainous terrain and coastal breezes lead to amazing wines. Winemakers in this region are pairing new world rules with classic, French wine making techniques, leading to remarkable wines. As a certified Argentinian wine specialist, Amanda is excited to showcase all South America has to offer in a flight of 5 fantastic wines.

Amanda Blevins, Owner, Blevins Sommelier Services

Wed, 6:30 PM to 8:00 PM, 11/12

CW32020 Creutzburg 1 session, \$65
member \$58

» East Coast vs. West Coast Wines

NEW Explore America's Finest in a Coast-to-Coast Wine Face-Off. Discover the diverse flavors of U.S. winemaking as you sample 8 standout wines. This class features 4 distinct varietals—2 whites and 2 reds—with selections from top vineyards on the East and West Coasts. Dive into tasting notes, regional characteristics, and food-pairing tips as you compare and contrast these regional stars. You might be pleasantly surprised!

Robert Peters, Wine Specialist, Best of Philadelphia Magazine

Wed, 6:30 PM to 8:00 PM, 9/24

CW32031 Creutzburg 1 session, \$65
member \$58

» Chilean and Argentinian Wines

NEW Explore bold reds and vibrant whites from two neighboring South American wine giants. Taste exceptional selections while learning about grape varieties, regional history, and the environmental factors that shape their unique profiles.

Robert Peters, Wine Specialist, Best of Philadelphia Magazine

Wed, 6:30 PM to 8:00 PM, 10/8

CW32029 Creutzburg 1 session, \$65
member \$58



» Wines of Washington and Oregon

They may be neighbors, but these states produce very different wines from various varietals. The growing regions are located on opposite sides of the Cascade Mountains. Discuss the environmental influences that help to dictate the grapes that are cultivated and sample the wines that are produced.

Robert Peters, Wine Specialist, Best of Philadelphia Magazine

Wed, 6:30 PM to 8:00 PM, 11/5

CW32030 Creutzburg 1 session, \$65
member \$58

» Quality Sparkling Wines

In the past few years, Champagne has dramatically increased in price, often impacting our decisions to include this classic in our celebrations. Learn about other parts of the world that produce delicious, quality sparkling wines. Different grapes may be used but careful vinification can result in tasty wines suitable for special occasions. All samples will be produced in the "methode champenoise", including two champagnes. Cheers!

Robert Peters, Wine Specialist, Best of Philadelphia Magazine

Wed, 6:30 PM to 8:00 PM, 12/3

CW32032 Creutzburg 1 session, \$69
member \$60

» Gin, Gin, Gin!

NEW What can you do with Gin besides drink it? As it turns out, lots! Join Pat Nogar of "Living Well with Pat Nogar" as she shows you new ways to use this juniper forward spirit. While you sip on a hand-crafted Gin & Tonic, your eyes will be opened to new ways to enjoy gin besides imbibing.

Pat Nogar, Founder, Living Well with Pat Nogar

Thu, 2:30 PM to 4:30 PM, 11/6

CW41037 Creutzburg 1 session, \$69
member \$60



» 80's Dance Night

NEW Come out to dance to music from the 80's, including line dances, disco and free style! The 80's dance music scene owes much of its sound and style to disco with artists such as Donna Summer, the Bee Gees and Chic at the forefront of the movement. Enjoy dancing to Michael Jackson, Madonna, Prince and others that ruled the dance floor.

Donna Boyle, Professional Dancer and Dance Teacher

Tue, 8:15 PM to 9:15 PM, 11/4

DA22008 Lower Merion HS. 1 session, \$35
member \$31

» Soul Line Dancing

Get fit and have fun as you dance to R&B, jazz, the Philly sound, classic oldies and the latest soul favorites. It's easy and good exercise.

Gloria Kingcade, Soul Line Dance Instructor

Tue, 7:00 PM to 8:00 PM, starts 9/30

DA22006 Lower Merion HS. . . . 8 sessions, \$155
member \$139



» Celtic Meets Country Dance

Explore Irish step dance, Ceili and Country Line adapted to Irish music. Have fun and get great aerobic exercise at the same time. No partner or experience required. Pre-requisite: beginner Celtic for intermediate class.

Maggie Wreski, Irish and Country Line Dance Instructor

Thu, 7:15 PM to 8:15 PM, starts 9/25

DA42011 **Beginner** Creutzburg
. 6 sessions, \$105
member \$94

Mon, 2:00 PM to 3:00 PM, starts 9/29

DA11002 **Beginner** Creutzburg
. 6 sessions, \$105
member \$94

Thu, 6:00 PM to 7:00 PM, starts 9/25

DA42010 **Intermediate** Creutzburg
. 6 sessions, \$105
member \$94

» Argentine Tango

Discover the phenomenon of Argentine tango, dance and music. With roots in Spain, Cuba and Africa, tango evolved as the signature dance of Argentina in the early 20th century, then spread in popularity worldwide. Learn body movement, sequences, the culture and codes of tango. All levels welcome. Register individually or with a partner.

Ellen (Lena) & Oleg Mashkovich, Tango Teachers & Performers, Owners of Tango Design Company

Tue, 7:30 PM to 8:30 PM, starts 9/30

DA22007 Lower Merion HS. . . . 7 sessions, \$125
member \$112/partner \$79



» Tap Dancing

Loosen up. Tap your feet. Swing your arms. Look, sound and feel great! Improve balance and coordination while enjoying healthy aerobic exercise, learning simple routines and having a great time. Beginner Plus welcomes beginners and students with previous experience.

Sarah K. Vogan, Professional Dancer

Wed, 10:30 AM to 11:30 AM, starts 9/17
DA31003 **Beginner** The Studio of Valley Forge
..... 10 sessions, \$175

Debbie Smith, MLSN Dance Instructor for 40 years

Tue, 5:45 PM to 6:45 PM, starts 9/30
DA22004 **Beginner Plus** Lower Merion HS
..... 8 sessions, \$159
member \$142

» Belly Dancing: Beginners

Explore the beautiful world of belly dancing. Stretch, curve and sway from head to toe, learning techniques and various combinations. Belly dancing fosters confidence, grace, strength and flexibility. No experience necessary.

Amalia, Belly Dance Performer & Instructor

Tue, 6:30 PM to 7:30 PM, starts 10/7
DA22005 Lower Merion HS. 4 sessions, \$75
member \$67



» Belly Dancing: Movements & Rhythms

NEW Belly dance has deep roots in cultures around the world—known as Raqs Sharqi in Arabic and Tsifteteli in Greek. Learn expressive belly dance movements along with a taste of traditional Middle Eastern and Mediterranean folk dances. No experience necessary!

Amalia, Belly Dance Performer & Instructor

Mon, 3:00 PM to 4:00 PM, starts 11/3
DA11001 The Willows. 3 sessions, \$59
member \$53

» Social Dance

Get ready to dance for an upcoming special occasion or for your own enjoyment! Learn (or revisit) basic ballroom, Latin, and swing, while getting great exercise and having fun. Expect to rotate partners. Instruction includes new steps each week and time for review and practice. Partner required. Fee is for a pair.

Donna Boyle, Professional Dancer and Dance Teacher

Mon, 4:30 PM to 5:30 PM, starts 10/6
DA12002 The Willows. 6 sessions, \$205
member \$184

» East Coast Swing Dance

Learn to dance East Coast Swing. We'll cover the basics, including good leading and following dance techniques, along with fun dance moves and routines. Open to beginners and continuing. No partner required.

Donna Boyle, Professional Dancer and Dance Teacher

Mon, 4:30 PM to 5:30 PM, starts 11/17
DA12003 The Willows. 4 sessions, \$85
member \$76



FITNESS & HEALTH

EXERCISE

» Exercising for Bone Strength

NEW Build stronger bones and better balance in this workout designed to support bone health. Learn safe, research-based exercises with expert guidance to help prevent and manage osteoporosis. Improve posture, strength, and balance as you move through floor and standing routines. Ideal for those who can transition independently between positions. Join us for movement that makes a difference!

Alison Hallam, MSc, Physical Therapist

Tue, 10:00 AM to 11:00 AM, starts 9/30
FH21010 Creutzburg 4 sessions, \$65
member \$58

» Stretch Every Body

NEW This inclusive class welcomes all sizes, shapes, and mobility levels. Stretching offers powerful benefits—from improved flexibility and range of motion to reduced stress and enhanced mindfulness. Each session targets multiple muscle groups to help you feel stronger, calmer, and more connected to your body. Join us and discover how stretching can be a powerful act of self-care. Let this be how you take care of you.

Simone L. Pollard, Founder, The Stretch Room®

Wed, 1:45 PM to 2:45 PM, starts 10/1
FH31061 Creutzburg 4 sessions, \$65
member \$58

» ESSENTRICS® Aging Backwards

Experience an age-reversing, slow-paced, full-body workout that restores movement in your joints, increases muscle flexibility, relieves pain, and stimulates your cells to boost energy, vibrancy, and immune health. This dynamic workout draws on the flowing movements of tai chi to promote balance, the strengthening techniques of ballet to create long, lean, flexible muscles, and the healing principles of physiotherapy to help build a pain-free body.

Charo Evangelista, ESSENTRICS® Level 1 Instructor

Mon, 9:00 AM to 10:00 AM, 9/8
FH11031 **Discover** Creutzburg & Online (Hybrid)
..... 1 session, \$29

Mon, 9:00 AM to 10:00 AM, starts 9/15
FH11021 Creutzburg & Online (Hybrid)
..... 12 sessions, \$289
member \$279

Wed, 10:00 AM to 11:00 AM, starts 9/17
FH31027 ONLINE. 12 sessions, \$289
member \$279

Mon, 9:00 AM to 10:00 AM, starts 1/5/26
FH11022 Creutzburg & Online (Hybrid)
..... 5 sessions, \$131
member \$121

Wed, 10:00 AM to 11:00 AM, starts 1/7/26
FH31028 ONLINE. 5 sessions, \$131
member \$121

» Awesome Abs and Thighs

Get in shape with this super program of toning exercises. Focus on abs and thighs for a leaner, tighter, more toned body. Learn effective ways to flatten your tummy, firm your fanny and trim inches from your waist, hips and thighs.

Julie Seville, Julie Seville's Lifetime Fitness

Mon, 9:15 AM to 10:15 AM, starts 9/15
FH11067 ONLINE. 12 sessions, \$165
member \$148

Mon, 9:15 AM to 10:15 AM, starts 1/5/26
FH11070 ONLINE. 5 sessions, \$85
member \$76



» Power Tone and Tighten

Blast away those soft spots! Sculpt a leaner, stronger body with resistance exercises using hand-held weights, resistance bands and your own body weight. This total body conditioning class is fun, easy-to-follow and effective. Resistance band required – see receipt.

Julie Seville, Julie Seville's Lifetime Fitness

Wed, 9:15 AM to 10:15 AM, starts 9/17
FH31071 ONLINE. 12 sessions, \$165
member \$148

Wed, 9:15 AM to 10:15 AM, starts 1/7/26
FH31068 ONLINE. 5 sessions, \$85
member \$76

» 45-Minute Express Workout

Squeeze in a workout with this non-stop, high-energy class which combines low impact aerobic exercises, muscle sculpting, weight exercises and abdominal work. This fat-burning workout is a great way to get an energy boost and increase strength, stamina and overall fitness. Light weights and mat required.

Julie Seville, Julie Seville's Lifetime Fitness

Fri, 9:00 AM to 9:45 AM, starts 9/19
FH51069 ONLINE. 12 sessions, \$165
member \$148

Fri, 9:00 AM to 9:45 AM, starts 1/2/26
FH51072 ONLINE. 6 sessions, \$95
member \$85

» Fitness Over 50

These safe and gentle body sculpting movements will help strengthen and tone your muscles while also enhancing your flexibility and range of motion. Designed for active older adults, those who may be recovering from an injury or people just getting started with an exercise program, you'll enjoy this low intensity workout focusing on total body conditioning.

Sandi Kirschner, MEd, Certified Group Fitness Instructor

Tue, 10:00 AM to 10:30 AM, starts 9/16
FH21051 ONLINE. 12 sessions, \$135
member \$121

MIND & BODY

» Mood, Menopause, and You

NEW Get practical, evidence-based guidance to optimize your mental health during perimenopause and menopause. Discover how to recognize symptoms of depression, anxiety, and insomnia, explore effective treatments including supplements, nutrition, lifestyle changes, and learn when to get further psychiatric interventions. Designed to empower women with knowledge and tools, this class provides a comprehensive approach to navigating hormonal transitions with resilience, clarity, and strength.

Linda Kim, MD

Thu, 7:00 PM to 8:30 PM, starts 11/13
FH42074 Creutzburg 2 sessions, \$65
member \$58

» The Healing Power of Breath

NEW Discover the power of your breath to support emotional balance and physical well-being. Learn energizing and calming breathing techniques that naturally cleanse the body, open energy channels, and boost immunity. Reduce stress, anxiety, and depression while promoting clarity and happiness. With each breath, feel more grounded, present, and alive.

Sarita Priyadarshi, Breathwork and Meditation Instructor

Tue, 6:30 PM to 8:30 PM, 10/28
FH22011 Lower Merion HS. 1 session, \$45
member \$40

» Fall Wellness Reset

NEW Revitalize your body and mind with a holistic approach to wellness. Learn about whole foods and lifestyle practices to boost energy, improve overall health, and nourish your body after summer parties and vacation indulgences. Recipes and handbook included.

Dianne Moore, Founder & Owner, MooreBetterFood

Mon, 2:00 PM to 3:30 PM, starts 9/22
FH11041 Creutzburg 3 sessions, \$75
member \$67

» How to Keep Your Bones Healthy

Keeping your bones strong is essential to maintaining good health and ease of movement at every stage of life. Learn about risk factors, what a DEXA scan tells you, how to prevent bone loss as well as how to reduce the effects of osteopenia and osteoporosis with nutrition and the BoneWise exercise program. Try some balance and posture exercises to incorporate into your everyday activities to help boost your bone health.

Alison Hallam, MSc, Physical Therapist

Tue, 10:00 AM to 11:30 AM, 9/16
FH21054 Creutzburg 1 session, \$45
member \$40



» Self-Defense for Women & Teens

Designed exclusively for female teens and adults, this class teaches powerful skills for your body, mind, and spirit. Build confidence through practical self-defense techniques and personal safety strategies. Develop street smarts and situational awareness to help you avoid danger, while practicing effective physical techniques you can rely on.

Jennifer Colucciello, State Certified EMT Instructor

Tue, 7:15 PM to 9:15 PM, starts 10/7
FH22056 Lower Merion HS. 2 sessions, \$69
member \$62

» Qigong Outdoors: Connect with Fall Energy & The Moon's Cream

NEW Cultivate your energy and health as you learn qigong practices that connect you with the restorative powers of nature. We have good fortune because there's a full moon during our class session. Enjoy "Gathering the Moon's Cream Qigong," which can be practiced only 9 days a month. This form replenishes depleted energy, nourishes your organs and brain, and contributes to longevity according to Chinese medicine. Feel relaxed, less stressed, and peacefully energized.

Rona Cordish Satten, MCAT; MQT-Certified Qigong Instructor; Sheng Zhen Instructor

Mon, 11:00 AM to 12:00 PM, starts 9/29
FH11044 Harford Park 3 sessions, \$59
member \$53

» Qigong for Physical & Mental Well-Being

NEW Benefit your overall health, relieve stress, and boost the natural healing capacity of your body by practicing Shamanic Cosmic Orbit Qigong. This powerful series of movements unites breath, hand positions, and intention, supporting your innate creativity leaving you feeling more energized yet calm. The Ritual of the Heart, Shaking, and Qi Self Massage also included. Class is beneficial for individuals at any level of health and incorporates both seated and standing practices.

Rona Cordish Satten, MCAT; MQT-Certified Qigong Instructor; Sheng Zhen Instructor

Tue, 11:30 AM to 12:30 PM, starts 9/30
FH21048 Creutzburg 9 sessions, \$139
member \$125

» CPR Certification

In this hands-on class, learn basic emergency response procedures for adults, children and infants including CPR, response to conscious and unconscious choking and Automatic External Defibrillator usage. You will receive a digital CPR certification card. Handbook included.

Staff, Tri-State Training

Tue, 6:30 PM to 8:30 PM, 9/30
FH22063 Lower Merion HS. 1 session, \$65

Sat, 10:00 AM to 12:00 PM, 11/8
FH61036 Creutzburg 1 session, \$65



» Sit and Walk Without Pain Using the Gokhale Method®

Learn how to alter the way you stand, sit and move based on the Gokhale Method®—a postural awareness technique which helps realign and restore the spine to its natural shape. Focus on how to sit at your computer, kitchen table and in your car using practical approaches you can use every day to relieve back, neck and musculoskeletal pain and avoid injury.

Roberta Cooks, MD, Gokhale Method® Teacher

Tue, 1:00 PM to 3:00 PM, 10/7
FH21038 Creutzburg 1 session, \$45
member \$40





» Help for Your Hips and Glutes

Strengthen your glutes to support better balance, posture, and mobility. The gluteus maximus plays a key role in walking, standing, and stability, especially as we age. Weak glutes can contribute to back, hip, and knee discomfort. This class includes gentle exercises to ease hip flexor tightness and safely build strength, helping you move more comfortably and confidently in daily life.

Emily Smith, LMT Myofascial Release Therapist

Thu, 12:00 PM to 1:00 PM, starts 10/9
FH41062 ONLINE..... 3 sessions, \$55
member \$49

» Feel Great and Thrive through Menopause and Perimenopause

Are you experiencing health changes that may be related to perimenopause or menopause? Want to better understand this powerful phase of a woman's life? Learn about common symptoms, the psychological impact, and a variety of treatment options. Explore how nutrition, movement, and lifestyle choices can support vibrant health during the menopause transition and beyond.

Kim Einhorn, MD, Certified Menopause Provider

Tue, 7:00 PM to 8:30 PM, starts 10/28
FH22075 Lower Merion HS. 3 sessions, \$79
member \$71

» Basic First Aid Certification

Get hands-on training including practical skills testing and a two-year basic first aid certification card. Class covers medical emergencies including cardiac, respiratory, diabetic and allergic reactions; injury emergencies such as fractures, dislocations and bleeding; environmental emergencies related to cold, heat, bites and stings; dealing with specialty equipment and specialty population patients.

Jennifer Colucciello, State Certified EMT Instructor

Tue, 6:30 PM to 8:30 PM, starts 11/4
FH22039 Lower Merion HS. 2 sessions, \$65
member \$58

» Improve Your Posture: Feel Younger & Stronger

Better posture is the foundation for a healthy and pain-free body. Through gentle exercises, you'll improve flexibility, strengthen core muscles and build a strong foundation for better balance and fall prevention. Combat aches and pains by learning techniques to prevent and relieve discomfort caused by poor posture. Enhance your range of motion and increase your mobility with exercises designed to help you feel more confident in your body. All levels welcome and modifications are provided.

Roberta Cooks, MD, Gokhale Method® Teacher

Sat, 10:30 AM to 12:00 PM, 11/8
FH61052 Creutzburg 1 session, \$45
member \$40

» Healing Your Gut

Healthy digestion is a fundamental foundation for good health and if the process is compromised, it often affects not just your gut, but also your immune, hormonal and nervous systems. Learn about the Functional 5 R protocol to resolve your digestion issues. Take away top functional nutrition principles, recipes and recommendations.

Dianne Moore, Founder & Owner, MooreBetterFood

Thu, 2:30 PM to 4:00 PM, 11/20
FH41055 Creutzburg 1 session, \$45
member \$40

» Chanting Circle

Join our circle to chant Vedic mantras in a call-and-response format. Rooted in Bhakti Yoga—the yoga of devotion—mantra chanting uses sacred sound formulas that carry specific focus and energy. These vibrations resonate through the body, influencing the mind, emotions, and spirit. The word mantra means “to guide and protect the mind.” Through repetition, mantras nurture self-awareness, compassion, patience, love, and inner wisdom.

Charo Evangelista, Certified Hatha Yoga Instructor, Reiki Master

Fri, 10:00 AM to 11:30 AM, 9/19
FH51032 Creutzburg 1 session, \$25

Fri, 10:00 AM to 11:30 AM, 11/14
FH51033 Creutzburg 1 session, \$25



» Kick the Sugar Habit

Sugar is a delicious but addictive substance and most of us consume far more than we realize. Learn all the sneaky names for sugar, the unexpected ways it gets into our diet, which foods cause uncontrollable cravings, and how to replace those sugary treats with more satisfying options. Leave with grocery store cheat sheets, reduced cravings, and improved well-being.

Dianne Moore, Founder & Owner, MooreBetterFood

Mon, 7:00 PM to 8:30 PM, starts 1/12/26
FH12043 ONLINE..... 2 sessions, \$51
member \$46

YOGA & TAI CHI

» Chair Yoga for Brain Health

NEW Boost your brain with gentle, chair-based yoga designed to support memory and focus. Ideal for those with mild memory loss or anyone looking to stay sharp, this class combines adapted poses, oppositional movement, and breathwork to stimulate cognitive function, reduce stress, and build new neural pathways.

Abby Contract, Owner, YOGA206

Fri, 9:30 AM to 10:30 AM, 10/10
FH51030 Creutzburg 1 session, \$35
member \$31

» Yoga for Bone Strength

About fifty percent of women and twenty-five percent of men age 50 and older will break a bone due to osteoporosis. If you have osteoporosis, osteopenia, medical conditions that weaken bones, or would like to be proactive about your bone health, this mat and chair session will introduce scientifically-proven and safely-adapted yoga. Students must be able to safely sit on and rise from a mat.

Abby Contract, Owner, YOGA206

Fri, 9:30 AM to 10:30 AM, 9/19
FH51077 Creutzburg 1 session, \$35
member \$31

» Yoga Flow with Charo

Experience gentle yoga flows that combine posture, breath, focus, mantra and meditation. With regular practice, you'll notice not only physical changes, but also a subtle shift in your approach to life. As you consistently tone and relax the body and still the mind, you begin to glimpse a deep inner peace — your true nature — emerging from within.

Charo Evangelista, Certified Hatha Yoga Instructor

Tue, 9:00 AM to 10:00 AM, starts 9/16
FH21023 Creutzburg 12 sessions, \$175
member \$159

Tue, 9:00 AM to 10:00 AM, starts 1/6/26
FH21025 Creutzburg 5 sessions, \$79
member \$71

» Serenity Yoga with Charo

Slow down and gently reconnect with yourself. Through a nourishing blend of yoga postures, breathing techniques, and meditation, you'll reduce stress, quiet the mind, elevate your sense of well-being, and tap into a deep inner stillness.

Charo Evangelista, Certified Hatha Yoga Instructor

Tue, 10:15 AM to 11:15 AM, starts 9/16
FH21024 Creutzburg 12 sessions, \$175
member \$159

Tue, 10:15 AM to 11:15 AM, starts 1/6/26
FH21026 Creutzburg 5 sessions, \$79
member \$71

» Yoga for Beginners and Beyond

Study with a master practitioner who can guide you personally at your level. Learn skills you can apply to any practice in this step-by-step exploration that includes postures, breathing exercises, affirmations and meditation, along with practical life principles specially designed with you in mind to create a healthy foundation for a harmonious life on and off the mat.

Hari Zandler, Master Yoga Instructor and Practitioner

Tue, 7:00 PM to 8:00 PM, starts 9/30
FH22059 Lower Merion HS. 8 sessions, \$119
member \$107

» Tai Chi

Longevity and rejuvenation are the primary goals of this gentle, centuries-old system of exercise. Ideal for those of any age who want to maintain or improve flexibility, energy, balance, coordination and tranquility.

Andrew Heckert, Germantown Tai Chi Study Group

Thu, 9:15 AM to 10:15 AM, starts 9/18
FH41064 **Beginners** Creutzburg
..... 11 sessions, \$175
member \$157

Thu, 10:30 AM to 11:30 AM, starts 9/18
FH41065 **Advanced** Creutzburg
..... 11 sessions, \$175
member \$157

Beth Perry, Tai Chi Instructor

Tue, 6:30 PM to 7:30 PM, starts 9/30
FH22057 **Beginners** Lower Merion HS
..... 8 sessions, \$129
member \$116

Tue, 7:35 PM to 8:35 PM, starts 9/30
FH22058 **All Levels** Lower Merion HS
..... 8 sessions, \$129
member \$116

CREATIVE ARTS

VARIOUS ARTS

» Introduction to Mosaics

NEW Curious about mosaic? Enjoy a fun and relaxed way to learn the basics such as cutting glass, arranging tiles and grouting your piece. Choose from a variety of interesting tiles to create a one-of-a-kind project for your home. No experience needed. Material fee (\$30) payable to instructor.

Jessica Liddell, Professional Artist; Owner, Bella Mosaic Art

Wed, 6:30 PM to 8:30 PM, starts 9/17
HC32050 Creutzburg 2 sessions, \$55
member \$49

» Fused Glass Wind Chime

NEW Craft your own fused glass wind chime. In the first class, learn about different types of fusible glass, design your piece and get it ready for the kiln. In the second class, use beads, wire and other fun accents to assemble the wind chime. It's the perfect project for trying something new and leaving with a cheerful piece of art. Material fee (\$35) payable to instructor.

Jessica Liddell, Professional Artist; Owner, Bella Mosaic Art

Wed, 3:00 PM to 5:00 PM, starts 11/5
HC31039 Creutzburg 2 sessions, \$49
member \$44

» Broom Making

Get ready for October! With all-natural materials, make a small, short handle broom, attractive and perfect to use with a dustpan. This craft requires moderate hand and arm strength, such as the strength to open a sealed jar or lift a full trash bag. Materials included.

Eva Mergen, Craftsperson of Historic Trades & Crafts

Tue, 6:00 PM to 9:00 PM, 9/30
HC22012 Lower Merion HS 1 session, \$59
member \$54

» Basket Weaving

Basket weaving is an ancient and beautiful craft. You'll make a small square-bottom basket from commercially produced basket reed. Materials included. New and returning students welcome.

Eva Mergen, Craftsperson of Historic Trades & Crafts

Thu, 6:00 PM to 9:00 PM, starts 10/9
HC42044 Creutzburg 2 sessions, \$75
member \$67

» Paper Craft

NEW Explore three aspects of paper craft to create a unique 4x6" notebook. First we'll make hand-made paper, then we'll marble commercial drawing paper with acrylics to create beautiful designs, and finally we'll use a simple bookbinding stitch and glue to put it all together. Perfect to stick in your pocket or give as a gift! Materials included.

Eva Mergen, Craftsperson of Historic Trades & Crafts

Thu, 6:30 PM to 8:00 PM, starts 11/6
HC42045 Creutzburg 2 sessions, \$59
member \$53

» Genealogy: Organizing Your Family History

NEW You have boxes, folders, digital files, programs, binders, books, all saved for "some day." How do you organize the pieces of your family history, for yourself, and for those who come after you? Genealogist Evans will provide a variety of ideas to get your materials under control for keeping and sharing.

Susan Evans, Genealogist; Owner, Family Tales & Trails

Thu, 10:00 AM to 12:00 PM, 9/18
HC41043 Creutzburg 1 session, \$45
member \$40



» Genealogy: Getting Started

Family history is fascinating but can be daunting to pursue. Get an overview chockfull of resources to trace your heritage. Who knows what "lost" ancestors you may find!

Susan Evans, Genealogist; Owner, Family Tales & Trails

Tue, 6:15 PM to 8:15 PM, 10/7
HC22019 Lower Merion HS 1 session, \$45
member \$40

» Succulent Pumpkin Centerpiece

Celebrate the season. Grab a friend and decorate your own pumpkin with beautiful succulents to create a fall centerpiece for your table or to give as a gift. No carving required. Bring home a beautiful tabletop garden that you can enjoy for months to come. Plant and decor materials provided. Students bring their own pumpkin or heirloom gourd, flat-topped.

Alison Jaeger, Garden Designer, Fresh Look Design

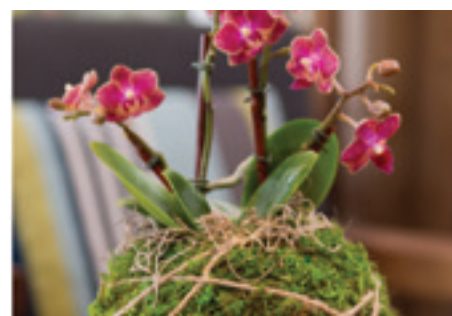
Sat, 10:15 AM to 12:15 PM, 10/18
HC61052 Creutzburg 1 session, \$59
member \$53

» Kokedama: The Art of the Moss Ball

NEW Discover the ancient Japanese botanical art of Kokedama, where plants are transformed into sculptural, self-contained arrangements rooted in moss. Learn the history and cultural significance of this unique gardening tradition and how to care for moss balls, then create your own kokedama. Open to all levels. Materials included.

Alison Jaeger, Garden Designer, Fresh Look Design

Tue, 6:45 PM to 8:45 PM, 10/21
HC22018 Lower Merion HS 1 session, \$79
member \$71



» The Buzz about Beekeeping

Learn about the rewarding and important art of beekeeping. See how a hive is constructed of frames and wax and how to use an apiary costume and tools.

Bruce Gill, Beekeeper

Sat, 10:00 AM to 12:00 PM, 10/11
HC61073 On Receipt 1 session, \$55

» Fall Flower Arrangements

NEW Join us for a hands-on floral class celebrating the rich textures and tones of fall. Create and take home two beautiful arrangements: a lush vase design and a seasonal centerpiece. Learn about basic floral techniques, color pairing and how to work with autumn's most inspiring blooms. Materials included. No experience necessary.

Amy Hunt, Floral Designer, Grapewood Florals LLC

Fri, 9:15 AM to 11:00 AM, 11/7
HC51052 Creutzburg 1 session, \$71
member \$64

» Etched! Everything but the Wine

Learn an easy technique for etching glass. Using initials or a name, and some fun shapes, create a one-of-a-kind set for gifts or your next wine and cheese event. Etch two glasses and a cheese plate to bring home. Materials included.

Cheri Skipworth, Artist, Owner, HandmadeU Studio

Tue, 6:30 PM to 8:30 PM, 11/11
HC22015 Lower Merion HS 1 session, \$59
member \$53

» Glassblowing Workshop: Ghosts!

A one day workshop designed for the total beginner! Students will be led through the process of blowing and shaping molten glass into a glass ghost of their very own by one of our skilled instructors—a MLSN class exclusive! All supplies and tools needed are provided and no experience necessary! Class structure consist of one hour of instruction and introduction to the process, followed by each student making a piece. Actual class duration may vary slightly based on enrollment.

Staff, East Falls Glassworks

Sun, 10:00 AM to 1:15 PM, 10/12
HC71078 East Falls Glassworks. . 1 session, \$195

» Tumbler, Rocks, or Stemless Wine Glass Workshop

An evening workshop designed for the total beginner! Students will be led through the process of blowing and shaping molten glass into their choice of a tumbler, rocks glass, or stemless wine glass of their very own by one of our skilled instructors—a MLSN class exclusive! All supplies and tools needed are provided and no experience necessary! Class structure consist of one hour of instruction and introduction to process, followed by each student making a piece. Actual class duration may vary slightly based on enrollment. Perfect for a date night!

Staff, East Falls Glassworks

Tue, 5:45 PM to 9:00 PM, 2/17/26
HC22079 East Falls Glassworks . 1 session, \$195

» Household Electrical Safety: From Heaters to Holiday Lights and Your Car

NEW Discuss the importance of electrical safety using extension cords, space heaters, outlets, appliances, and holiday lights. Receive an introduction of basic electrical systems including AC and DC circuits, their differences, the relationship between how electricity is measured, along with the tools used to diagnose components. Learn about wires sizes, types, and the difference between a conductor, semiconductor and an insulator. Basic automobile circuits, how to jump start a car and related safety precautions will be covered.

David R. Back, ASE Master certified Electrical Instructor

Sat, 11:00 AM to 1:00 PM, 11/8
HC61076 Creutzburg 1 session, \$45
member \$40

DRAWING, PAINTING & CALLIGRAPHY

» Alcohol Ink for Beginners

Learn the captivating art of dye-based ink. Explore color and movement with inks that work beautifully on a variety of surfaces. This engaging medium allows anyone to create beautiful abstract art! Materials included.

Lori Lorraine Crook, Alcohol Ink Artist

Wed, 3:00 PM to 5:15 PM, 9/17
HC31035 Creutzburg 1 session, \$55
member \$49

Sat, 1:30 PM to 3:45 PM, 11/8
HC61051 Creutzburg 1 session, \$55
member \$49

» Creating Alcohol Ink Abstract Florals

Explore the magical medium of dye-based ink. Learn the basics then create abstract florals with a variety of techniques. Make several pieces for yourself or for gifts. No previous experience required. Materials included.

Lori Lorraine Crook, Alcohol Ink Artist

Tue, 1:30 PM to 3:45 PM, starts 10/14
HC21010 Creutzburg 3 sessions, \$105
member \$94

» Intuitive Abstract Painting

NEW Learn to paint from the inside out! Develop a step-by-step process for uncovering your inner self, allowing your feelings and intuition to guide your creative journey. Class exercises will dampen the desire to “try” and help you to explore the art of letting go. All levels welcome. Supply list on receipt.

Sally Weinstock, Founder, Pennington Arts

Thu, 7:00 PM to 9:00 PM, starts 9/18
HC42029 Creutzburg 5 sessions, \$125
member \$112



» Personal Still Life

NEW Create still life paintings that have personal meaning for you. Bring in still life subjects that have emotional importance or visual interest for you. We'll work from direct observation, rather than photos, in the medium you choose. Class demonstrations will be provided each week, along with instruction in techniques for your medium. Prerequisite: basic familiarity with your medium, acrylic, oil, watercolor. Supply list on receipt.

Nancy Bea Miller, Professional Artist

Mon, 3:00 PM to 6:00 PM, starts 11/17
HC11006 The Willows 3 sessions, \$99
member \$89

» Acrylic Painting

Explore this versatile and forgiving medium! We will work from still life and reproductions. Learn to mix, copy and layer colors. Discover how to create strong compositions, fine-tune your perception and use this medium to its maximum potential. Class includes demonstrations of materials and techniques and guided work in a supportive atmosphere. Previous experience required for intermediate class. Supply list on receipt.

Nury Vicens, Professional Artist

Mon, 10:30 AM to 1:00 PM, starts 10/6
HC11020 Creutzburg 5 sessions, \$139
member \$125

NEW Mon, 10:30 AM to 1:00 PM, starts 11/10
HC11021 **Intermediate** Creutzburg
..... 5 sessions, \$139
member \$125

» Botanical Art: Watercolor Painting

Join us for the study of living plants in this introduction to graphite and watercolor. We will explore flora and fauna through careful observation of color, design and pattern. Learn how colors interact with each other in hue and value. Work on composition, color theory and layering transparent watercolor. Demonstrations will be given. Continuing class geared for students with some previous experience. Supply list on receipt and reviewed at first class.

Marylyn Waltzer, NY Botanical Gardens, Certified Botanical Illustrator

NEW Tue, 1:00 PM to 3:30 PM, starts 9/30
HC21012 **Continuing** Creutzburg
..... 8 sessions, \$225
member \$202

Mon, 3:00 PM to 5:30 PM, starts 10/6
HC11005 **Beginners** The Willows
..... 6 sessions, \$169
member \$152

» Expressive Watercolor Painting

NEW Learn about this versatile medium in a supportive and immersive environment. Focus will be color theory and brush work as we explore the basics of color mixing, layering washes and a sense of touch while painting natural subject matter. Drawing experience is helpful but not required. Supply list on receipt.

Michelle Oosterbaan, Professional Artist

Thu, 12:30 PM to 2:30 PM, starts 9/18
HC41045 Creutzburg 8 sessions, \$159
member \$142

» Drawing with Color: Intermediate

Discover the vibrancy and realism you can achieve with color pencil! Topics include descriptive and expressive line quality, color relationships, cross-hatching, capturing light, volume and texture. Learn about the science of color theory and diverse applications of color pencil. We will be drawing from botanicals and your favorite photographs of landscapes. For students with previous experience.

Michelle Oosterbaan, Professional Artist

Thu, 3:00 PM to 5:00 PM, starts 9/18
HC41040 Creutzburg 8 sessions, \$159
member \$142

» Drawing: Beginners & Continuing

Open your ways of seeing and enjoy expressing yourself through drawing. Learn basic techniques for interpreting the three-dimensional world onto a two-dimensional picture plane. Topics include line, shape, value, perspective, figure and ground, and communicating with a variety of traditional drawing media (pencil, charcoal, pastel). Supply list on receipt.

Michelle Oosterbaan, Professional Artist

Tue, 6:15 PM to 8:15 PM, starts 9/30
HC22032 Lower Merion HS .. 8 sessions, \$159
member \$142

» Drawing Animal Portraits

NEW Experiment with capturing the likeness and texture of your favorite pet or animal (working from photos) in graphite and color pencil or any dry medium of your choice. Class starts with art history context for this subject. For students with previous drawing experience. Supply list on receipt.

Michelle Oosterbaan, Professional Artist

Thu, 1:15 PM to 3:15 PM, starts 1/8/26
HC41047 Creutzburg 5 sessions, \$129
member \$116



» Drawing What You Love: Fundamentals

It's time to uncover the secret to drawing things you love. Objects, characters and scenes are made up of shapes in space; learn how to see shapes to draw. Perfect for beginners and those who want a refresher.

Jason Rodriguez, Professional Artist

Tue, 6:00 PM to 8:00 PM, starts 9/16
HC22016 ONLINE 5 sessions, \$109
member \$98

» Drawing with Color Pencils

Discover the possibilities of color pencils! We'll learn some techniques to make this accessible media your go-to for color and shading. Topics include how light affects color, color theory, color blending, complementary colors and color value. All levels welcome. Supply list on receipt.

Jason Rodriguez, Professional Artist

Wed, 6:00 PM to 8:00 PM, starts 10/8
HC32034 Creutzburg 5 sessions, \$109
member \$98

» Creating with Pen and Watercolor

Together, pen and watercolor are an incredible combination to master. Learn both drawing fundamentals and color theory. Topics include color and pen techniques. We'll be coloring people, animals, animated movie shots and our own illustrations. All levels welcome. Supply list on receipt.

Jason Rodriguez, Professional Artist

Tue, 6:00 PM to 8:00 PM, starts 11/4
HC22017 ONLINE 4 sessions, \$85
member \$76

» Flow Art for Wellness: A Creative Journey for the New Year

NEW Participate in an immersive, intuitive and therapeutic practice that invites you to tap into inner resources and your natural flow state. In our fast-paced world, stress, trauma, and illness often create barriers that inhibit this free-flowing state, resulting in reduced energy, diminished creativity, and strained relationships. Explore Flow Art by creating a spontaneous drawing and then a guided poem. No experience required.

Julie A. Zagdanski, M.ed

Tue, 10:00 AM to 11:15 AM, starts 1/13/26
HC21020 ONLINE 2 sessions, \$45
member \$40

» **Calligraphy: Modern Script**

Try your hand at the modern pointed pen! Learn Kristina's custom "Frolic Script," a loose script with a moving baseline, based on Copperplate calligraphy from the 1800's. Class will cover upper and lowercase characters as well as layout techniques and basic letter forms. All levels welcome. Materials included.

Kristina Maletta, Professional Calligraphy Artist

Thu, 10:30 AM to 12:00 PM, starts 9/18
HC41044 Creutzburg 8 sessions, \$179
member \$160

» **Introduction to Modern Calligraphy**

NEW Curious about calligraphy? Receive the tools and resources needed to launch your journey with the pointed pen in a modern way. Materials & manual included. No experience necessary. A perfect night for a date with a friend, or your partner!

Kristina Maletta, Professional Calligraphy Artist

Tue, 5:45 PM to 9:00 PM, 10/28
HC22011 Lower Merion HS 1 session, \$67
member \$62

» **Zentangle™ Essentials**

Discover the meditative practice of Zentangle™. Learn the technique and explore this inspirational art form by creating beautiful images, drawing structured, repetitive patterns. It is a fun way to intentionally facilitate a shift in focus and perspective. No prior art experience required. Material fee (\$13) payable to instructor.

Sue Trembeth, Certified Zentangle™ Teacher

Tue, 6:30 PM to 8:30 PM, 9/30
HC22010 Lower Merion HS 1 session, \$45
member \$40

Sat, 1:30 PM to 3:30 PM, 10/18
HC61055 Creutzburg 1 session, \$45
member \$40

» **Zentangle™ Mandalas**

Using the Zentangle™ Method you will draw a beautiful Mandala. Zentangle™ is based on repetitive patterns which anyone can do. Combining Mandalas with Zentangle™ promotes mindfulness and creativity. Previous experience with Zentangle™ is helpful, but not required. Bring a basic Zentangle™ kit to class if you have one or pay \$13 to instructor.

Sue Trembeth, Certified Zentangle™ Teacher

Sat, 9:30 AM to 11:30 AM, 11/8
HC61056 Creutzburg 1 session, \$45
member \$40

» **Zentangle™ Lettering**

NEW Discover the combination of Zentangle™ and hand lettering in this engaging and beginner-friendly class. Zentangle™ is a meditative art form that uses structured patterns to create beautiful abstract designs. You'll walk away with finished artwork and the skills to keep creating Zentangle™ lettering. Bring a basic Zentangle™ kit to class or pay \$13 to instructor.

Sue Trembeth, Certified Zentangle™ Teacher

Fri, 10:00 AM to 12:00 PM, 11/14
HC51057 Creutzburg 1 session, \$45
member \$40

JEWELRY» **Jewelry Making: Basics and Continuing**

Create jewelry designed from silver and other metals with inset stone. Learn or continue to hone the basic skills of sawing, filing, forging, and setting stones, beads and pearls. Develop different pieces during class. For beginners and students with some previous experience. Material fee (\$20) payable to instructor.

Pat Halsey, Member, PA Guild of Craftsmen

Thu, 6:30 PM to 8:30 PM, starts 9/18
HC42047 Creutzburg 4 sessions, \$65
member \$58

» **Jewelry Making: Soldering Made Simple**

Learn or review the basics of soldering, then develop a variety of pieces with guidance, using metals, stones and beads. Beginning and continuing students welcome. Material fee (\$20) payable to instructor.

Pat Halsey, Member, PA Guild of Craftsmen

Thu, 6:30 PM to 8:30 PM, starts 10/23
HC42049 Creutzburg 4 sessions, \$65
member \$58

» **Jewelry Repair & Refurbishing**

Make your jewelry wearable again! Learn to repair broken jewelry, replacing necessary attachments, sizing, restringing beads and more. Bring pieces you want to repair to class. Material fee (\$15) payable to instructor.

Pat Halsey, Member, PA Guild of Craftsmen

Tue, 1:15 PM to 3:45 PM, starts 9/16
HC21011 Creutzburg 3 sessions, \$65
member \$58

» **Silver Jewelry Fabrication**

NEW Hands-on class in sterling silver for beginner and intermediate students. Instructor will demonstrate a twisted cuff bracelet and sweat soldering. Students will choose their projects and are encouraged to bring in a few ideas and/or inspiration images to work from. Materials may be purchased from the instructor in a range of \$30-\$60, depending on the projects chosen.

Hali MacLaren, HKM Jewelry Owner, Maker and Instructor

Tue, 7:00 PM to 9:00 PM, starts 10/7
HC22030 Lower Merion HS 4 sessions, \$89
member \$80

» **Lapidary Workshop: Gemstone Cutting**

Make something beautiful out of rough rock! Learn how to shape and polish rounded gemstones (cabochons). Use a diamond trim saw as well as diamond grinding, sanding and polishing equipment. A variety of natural materials such as jaspers and agates will be available for your use or you may bring your own rough. Lots of individual attention given.

Staff, Tuscarora Lapidary Society

Sun, Sat, 9:00 AM to 5:00 PM, 10/18 & 10/19
HC61074 Tuscarora Lapidary Society
. 2 sessions, \$189

» **Wire-Wrapped Tree Pendants**

NEW Create wire-wrapped tree pendants that can be turned into earrings, necklaces and even sun catchers! Use your new wire skills to craft gnarled trunks and twisting roots before adorning your tree with glass and jewel leaves. Techniques can be applied to other jewelry pursuits. Open to all levels and to teens accompanied by a parent. Materials included.

Kyra Zapf Mlitt, Teaching Artist

Tue, 7:00 PM to 8:30 PM, 11/4
HC22033 Lower Merion HS 1 session, \$55
member \$49

» **Native American Bead Weaving**

NEW Discover the basics of Peyote, an ancient off-loom bead weaving technique practiced in Latin America, Egypt and Asia. See examples and learn how to construct your own gridded patterns for use in bracelets, necklaces and other accessories. Open to all levels. Materials included.

Kyra Zapf Mlitt, Teaching Artist

Tue, 7:00 PM to 8:30 PM, 11/11
HC22034 Lower Merion HS 1 session, \$49
member \$44

» **A History of Scandalous Jewelry**

NEW Join dress historian Kyra for a behind-the-scenes look at some of the most scandalous jewelry in history, from Henry VIII to Elizabeth Taylor. Design your own rebus, or jewelry puzzle, while handling some historical pieces. Feel free to bring in your own pieces to show. Materials included.

Kyra Zapf Mlitt, Teaching Artist & Dress Historian

Tue, 7:00 PM to 9:00 PM, 11/18
HC22035 Lower Merion HS 1 session, \$45
member \$40

NEEDLECRAFTING, FABRIC ART» **Knitting**

Discover the joys of knitting. Be inspired to create your own blanket, sweater, or scarf. Learn all the basics you need to get started. You may bring in any project that you are currently working on or would like to try as well. Enjoy individual instruction in a relaxing setting.

Laura Shook, Knitting Coach

Mon, 10:30 AM to 12:00 PM, starts 9/15
HC11003 **Beginners** Creutzburg
. 8 sessions, \$145
member \$129

Sue Hilger, Knitting and Crochet Designer

Wed, 9:45 AM to 11:15 AM, starts 9/24
HC31037 Creutzburg 10 sessions, \$165
member \$148

Wed, 11:15 AM to 12:45 PM, starts 9/24
HC31038 Creutzburg 10 sessions, \$165
member \$148

Elizabeth Wright, Knitting Coach

Tue, 7:00 PM to 8:30 PM, starts 9/30
HC22075 Lower Merion HS . . . 7 sessions, \$125
member \$112

» **Knit Your First Sweater**

NEW Knit a sweater vest! Learn the basic techniques of knitting a garment, including gauge and fit. Gain confidence to knit garments that fit you. Prerequisite: basic knitting skills, including proficiency in knit and purl. Supply list on receipt.

Laura Shook, Knitting Coach

Mon, 12:30 PM to 2:00 PM, starts 9/15
HC11004 Creutzburg 10 sessions, \$179
member \$160



» **Crochet**

Find out why crochet is a popular pursuit for all ages! Get comfortable with the yarn and hook as you learn the foundation chain and single and double stitches. For guided open studio class, students must be able to do the basics of crochet. Bring a project you are working on or are ready to start. Samples and individual guidance provided. Supply list on receipt.

Sue Hilger, Knitting and Crochet Designer

Tue, 9:30 AM to 11:00 AM, starts 9/30
HC21014 **Basics** Creutzburg 8 sessions, \$139

member \$125

Tue, 11:00 AM to 12:30 PM, starts 9/30
HC21015 **Guided Open Studio** Creutzburg
..... 10 sessions, \$169
member \$152

Yolanda Booker, Experienced Crochet Teacher

Tue, 6:30 PM to 8:30 PM, starts 10/7
HC22022 **Basics** Lower Merion HS
..... 7 sessions, \$129
member \$116

» **Punch Needle Rug Hooking**

Punch needle rug hooking has gained recent popularity due to the relatively simple nature of the craft. Learn how to punch a rug by starting out with a small 7" round project. Class materials (\$45) payable to instructor includes yarn, hoop, and backing fabric to complete a wall hanging in class. Punch needles will be provided and can be purchased after the class to complete future projects.

*Katie Kriner, Author, Fibert Artist, Shop Owner
The Bee & The Bear*

Tue, 6:15 PM to 8:15 PM, 10/14
HC22070 Lower Merion HS 1 session, \$39
member \$35

» **Rug Hooking for Beginners**

Learn how to hook rugs using wool strips by starting with a small 7" square piece. There will be several designs to choose from. Class will cover how to draw your patterns, source materials, and pull loops. You'll leave with instruction and knowledge to finish your rugs and the tools to create your own future pieces. Sharp scissors are required. If you have a rug hooking frame, bring it. Materials (\$75) payable to instructor includes rug hooking kit, beginner hook and wooden hoop.

*Katie Kriner, Author, Fibert Artist, Shop Owner
The Bee & The Bear*

Sat, 10:00 AM to 1:00 PM, 11/8
HC61071 Creutzburg 1 session, \$55
member \$49

» **Indigo Dyeing**

Indigo dyeing has captivated artisans throughout the centuries. Indigo's deep blue hues adorn textiles and garments across various cultures. In this hands-on class, learn a Japanese resist-dyeing method that involves folding and binding. The transformative nature of this art form allows students great freedom to create unique designs. Materials included. All levels welcome.

*Tatiana Young, PhD, Department of
Anthropology, Temple University*

Tue, 12:30 PM to 3:30 PM, 10/21
HC21013 Creutzburg 1 session, \$69
member \$62

» **Yarn Embroidery on a Throw Pillow**

NEW Learn how to use chunky yarn embroidery to create a personalized throw pillow for yourself or as a gift. Stitch a name or word onto a stylish decorative pillow (included). The 12" x 20" pillow cover has a soft linen-look finish, hidden zipper, and fringe accents—plus it comes with a plush insert. Beginners welcome. Try something new and relaxing! Materials included.

*Emily Gunn, Embroidery Artist and Owner of
Fishtown Stitch*

Tue, 6:30 PM to 8:30 PM, 9/30
HC22013 Lower Merion HS 1 session, \$79
member \$71

» **Yarn Embroidery on a Tote Bag**

NEW Fall in love with the art of chunky yarn embroidery. Learn how to personalize a sturdy canvas boat tote bag (included) with a name or word of your choice. The 13" x 11" x 6" bag is crafted from premium canvas, complete with a zipper top and bold black handles. No prior experience needed. Try something creative and fun! Materials included.

*Emily Gunn, Embroidery Artist and Owner of
Fishtown Stitch*

Tue, 6:30 PM to 8:30 PM, 11/4
HC22014 Lower Merion HS 1 session, \$75
member \$67

PHOTOGRAPHY» **DSLR and Mirrorless Photography**

Discover the amazing potential of digital photography! DSLR and Mirrorless cameras are designed to give tremendous control and to take exciting pictures. Learn to blur out the background, freeze action and control color in images. Assignments between classes and in-class feedback are provided. For students who are ready to explore the full potential of their sophisticated cameras. Master class will delve into principals of composition and higher-level technical skills and offer analysis and feedback of student work.

Owen Biddle, Professional Photographer

Mon, 10:00 AM to 12:30 PM, starts 9/15
HC11001 Creutzburg 5 sessions, \$105
member \$94

NEW Mon, 10:00 AM to 12:30 PM, starts 10/27
HC11002 **Master Class** Creutzburg
..... 2 sessions, \$45
member \$40

» **iPhone Photography Basics**

NEW Discuss techniques for taking stunning nature photographs and pleasing portraits. Learn about getting the best color and brightness, accessories, camera features and settings, using the adjustment tools that come with your iPhone. Class will also cover basic lighting strategies and compositional ideas.

Anthony Wood, Professional Photographer

Tue, 6:00 PM to 8:00 PM, starts 9/30
HC22024 Lower Merion HS 2 sessions, \$55
member \$49

» **Photography Outdoors for DSLR and Smartphone Cameras**

NEW How do great photographers make amazing photos? We will look at how famous photographers use light and composition outdoors in street photography, portraiture, architecture and landscapes. We'll consider the "decisive moment," different times of day, composition strategies and how to find great light. Light modifiers and fill light will be demonstrated.

Anthony Wood, Professional Photographer

Tue, 6:00 PM to 8:00 PM, starts 10/14
HC22025 Lower Merion HS 3 sessions, \$75
member \$67

» **Natural Portrait Lighting**

Learn how to light a portrait using the available light, inside and out. We'll discuss lenses and using windows, room lights, shade, overcast days, time of day, reflectors and tripods. Class includes assignments and in-class critique. DSLR or Smartphones are welcome.

Anthony Wood, Professional Photographer

Tue, 6:00 PM to 8:00 PM, starts 11/4
HC22028 Lower Merion HS 3 sessions, \$75
member \$67

» **Landscape Photography with DSLR/Mirrorless Cameras**

NEW Explore essential techniques for capturing stunning outdoor scenes with DSLR/mirrorless cameras. Learn how to use natural light, compose dynamic shots, and various camera settings for landscapes. Ideal for beginners and enthusiasts, we'll cover working with filters, camera settings, editing and post-processing. Bring your camera to class. Last class is a field trip.

Robert Siravo, Owner, Siravo Photography LLC

Thu, 1:00 PM to 3:00 PM, starts 10/16
HC41051 Creutzburg 3 sessions, \$75
member \$67

» **iPhone Photography for Beginners**

Learn how to take better pictures with your iPhone camera app, edit them in Photos, and take their visual appeal to the next level using filters. Bring your iPhone updated to the latest iOS version to class.

Joel Price, Technology Consultant

Wed, 10:00 AM to 12:00 PM, 11/12
HC31036 ONLINE 1 session, \$49
member \$44

» **Photography, Cell Phone and Camera, for Print & Internet Display**

NEW Start with the basics of creating the optimal photo, using light and camera settings for artistic effects, how to obtain sharp photographs in low light or moving objects, and understanding white balance, focus, aperture, and panning. Discuss digital file types, file sizes, compression and methods of transferring files from a camera or cell phone to a computer, naming and saving files on a computer. An introduction to digital processing software such as Photoshop or Lightroom will be covered.

David R. Back, Photojournalist

Thu, 6:30 PM to 8:30 PM, starts 11/13
HC42077 Creutzburg 2 sessions, \$55
member \$49



HOME & GARDEN

HOME & GARDEN CLASSES ARE SPONSORED BY



» The Growing Garden

NEW It's time to change spring fever into fall enthusiasm as autumn is the time to divide, plant and transplant in the ecological garden. Learn how to properly plant perennials and woodies in anticipation of Radnor Conservancy's Treetoberfest. Seed collection will be highlighted with seeds going to Radnor Library's seed library. Additional topics include food for migratory birds and leaving the leaves for overwintering beneficial insects.

Noah Meanix, Assistant Horticulturist,
Chanticleer Garden

Wed, 5:30 PM to 7:00 PM, 9/17
HG32070 Creutzburg 1 session, \$35
member \$31

» The Dormant Garden

NEW The gardening season may be at an end, but it doesn't mean the garden has to be absent of life and beauty. Winter structure for beauty and habitat for stem nesting insects will be discussed. We will reflect on the season, learn how to assess it throughout winter and plan for continued growth in spring. Additional topics will include winter pruning and how to identify rodent and winter damage.

Noah Meanix, Assistant Horticulturist,
Chanticleer Garden

Wed, 5:30 PM to 7:00 PM, 11/5
HG32071 Creutzburg 1 session, \$35
member \$31

» Birding with MLSN & Radnor Conservancy

Experience the exciting hobby of bird watching. Learn tips on using field guides and electronic gadgets. Includes birding basics, binocular training and information about Radnor Conservancy. Dress for the weather, rain or shine.

Staff, Radnor Conservancy

Phil Witmer, Birder and Conservationist

Sat, 8:00 AM to 10:00 AM, 9/6
HG61026 John James Audubon Center
. 1 session, \$35
member \$31

» Know & Enjoy Your Birds

Learn the art and science of identifying birds by their unique characteristics, including field marks, bill structure, plumage, postures and more. Find out how you can attract a wide variety of birds to your yard. Class meets three sessions and then takes two field trips to practice your new skills. Details on receipt.

Phil Witmer, Past President, Delaware Valley
Ornithological Club; Birder and Conservationist

Fri, 10:00 AM to 12:00 PM, starts 10/3
HG51022 Creutzburg 5 sessions, \$89
member \$80

» Dog Training: Relationship-Based Approach

NEW Learn the psychology and science behind working with your dog. Effective, compassionate dog training begins with building a relationship and understanding how to read your dog's body language and communicate using yours. The instructor and her dog will demonstrate the approach. While your dogs will stay home, you'll leave with plenty of tools to try together later.

Paws & Affection, Trainer

Thu, 4:00 PM to 5:00 PM, starts 9/18
HG42021 Creutzburg 3 sessions, \$75

» The Garden in Late Fall & Winter

NEW Learn to create a beautiful fall and winter garden, selecting the plants, shrubs and trees for beauty. Enjoy berries, bark and even blooms during these months. Yes, BLOOMS in the winter!

Andrea Hallmark, MLA, BSA, Landscape Architect

Tue, 10:00 AM to 11:00 AM, 9/30
HG21012 Creutzburg 1 session, \$41
member \$37

» All About Bulbs

Want to plant a beautiful succession of bulbs this fall to create dramatic compositions of color, texture, and height in the spring? Find out which varieties will naturalize and spread and how to extend your display by selecting early, mid, and late bloomers.

Andrea Hallmark, MLA, BSA, Landscape Architect

Tue, 11:15 AM to 12:15 PM, 9/30
HG21013 Creutzburg 1 session, \$41
member \$37

» Know Your Shrubs

NEW Discover the many wonderful long-lasting shrubs we can plant in the Delaware Valley, including when they bloom, berry and their beautiful textures. Learn the new cultivars and the different sizes these plants come in. For example, some holly can be 18 inches tall while some grow to 60 feet depending on the variety.

Andrea Hallmark, MLA, BSA, Landscape Architect

Tue, 11:15 AM to 12:15 PM, 10/14
HG21014 Creutzburg 1 session, \$41
member \$37

» Orchid Care Essentials

The commonly available *Phalaenopsis* orchid originates from tropical rain forests where it grows upside down from the crook of a tree. Learn proper care for this "air plant." Class will cover repotting, hydrating, watering, fertilizing, and more. Bring one *Phalaenopsis* orchid and pruning shears to class.

John Parker, Orchid Care Specialist

Tue, 1:30 PM to 3:30 PM, 9/30
HG21024 Creutzburg 1 session, \$55
member \$49

Wed, 3:00 PM to 5:00 PM, 10/29
HG31025 Creutzburg 1 session, \$55
member \$49



» Quick Composting

Proper soil is the foundation of any garden. And that means amending your existing soil to the type of plants that you want to grow and feeding them with the right kind of compost. Learn how to do organic composting in 2 weeks instead of a year, with no special tools or bins!

John Parker, Orchid Care Specialist

Tue, 1:30 PM to 3:30 PM, 11/11
HG21023 Creutzburg 1 session, \$45
member \$40

» Downsizing Heirlooms & Collectibles

Is it time to downsize your heirlooms and other important objects? Learn how to assess these items, ask the right questions, and understand the different options as you decide what to keep and what to let go.

Lindsey Smith, Professional Preservationist
and Educator

Tue, 7:00 PM to 8:30 PM, 10/7
HG22018 Lower Merion HS 1 session, \$49
member \$44

» Your Red File: Vital Information at the Ready

Identify and organize the information your family or others will need in a handy paper file if you're unavailable. Avoid fruitless hunting; put your legal, medical and other information in order. Material fee (\$15) payable to instructor.

Leslie Robison, Professional Life & ADD Coach
& Organizer

Tue, 10:00 AM to 12:00 PM, 9/30
HG21016 Creutzburg 1 session, \$41
member \$37

» Downsizing: What to Sell, Save & Do with the Rest

Whether you're downsizing or rightsizing into a more streamlined life, knowing what to do saves time, money and stress. Learn ways to make money from things no longer needed and make your spaces more spacious and enjoyable.

Leslie Robison, Professional Life & ADD Coach
& Organizer

Tue, 10:00 AM to 12:00 PM, 9/16
HG21015 Creutzburg 1 session, \$45
member \$40

Tue, 6:30 PM to 8:30 PM, 11/18
HG22017 Lower Merion HS 1 session, \$45
member \$40

» Paper Clutter Control

Overwhelmed with mail and paperwork? Learn how to manage information overload with a system that helps you find what you need. You'll know what to keep, how long to keep it and what should go in your 911 file. Handouts included.

Leslie Robison, Professional Life & ADD Coach
& Organizer

Thu, 3:30 PM to 5:30 PM, 11/6
HG41020 Creutzburg 1 session, \$45
member \$40

» Staging Your Home to Sell or for Better Living

Called a marketing strategy "with a dash of psychology," staging brings out your home's assets, minimizes flaws, highlights its best features and may result in a 25 percent increase in its listing price. Consider changes that can make your home more appealing whether you're getting ready to sell or trying to add new life to your home.

Melissa Schweiter Oeth, Professional Stager;
Real Estate Agent

Thu, 3:30 PM to 5:30 PM, 10/16
HG41019 Creutzburg 1 session, \$45
member \$40



LANGUAGE & CULTURE

» ESL: Conversation

Learn to use English in real life situations. Improve your speaking ability. Learn about sentence patterns. Work on pronunciation and understanding spoken language. Material fee \$15 payable to instructor.

Harrington Crissey, ESL Instructor

Tue, 7:00 PM to 8:15 PM, starts 9/30
LF22005 Lower Merion HS . . . 8 sessions, \$139
member \$125

» ESL: Grammar & Composition

Study grammar, usage, sentence structure and punctuation to improve reading and writing skills. Develop a fluent writing style. For more rapid improvement pair with conversation course. Material fee \$15 payable to instructor.

Harrington Crissey, ESL Instructor

Tue, 8:15 PM to 9:30 PM, starts 9/30
LF22006 Lower Merion HS . . . 8 sessions, \$139
member \$125

» American Sign Language

Beginners class is an introduction to American Sign Language (ASL), one of the primary languages used by the Deaf community in the U.S. Designed for absolute beginners with no prior knowledge of ASL, classes are taught by a Deaf individual. Be introduced to ASL grammar, Deaf culture and its history and ASL. Continuing Beginner is for those with prior ASL language experience and for returning students who want to take their skills further. Required textbook – see receipt.

Staff, Deaf-Hearing Communication Centre

Tue, 10:00 AM to 11:30 AM, starts 9/16
LF21045 **Beginner** Creutzburg
.....10 sessions, \$195
member \$175

Thu, 6:30 PM to 8:00 PM, starts 9/18
LF42047 **Beginner** Creutzburg
.....10 sessions, \$195
member \$175

Tue, 12:00 PM to 1:30 PM, starts 9/16
LF21046 **Continuing Beginner** Creutzburg
.....10 sessions, \$195
member \$175

» Chinese Language & Culture

Focus on conversational Chinese to become functional with the basic, everyday Mandarin spoken language by studying Chinese pinyin—the basic four-tone phonetic system which is the most important part in learning the language. Develop your speaking and listening skills through imitation, repetition, role play, and group exercise in different everyday life situations. Chinese cultural topics conducive to learning the language will also be explored. New material for returning students.

Xuemei Li, Native Speaker, Experienced CSL and Chinese Teacher

Tue, 7:15 PM to 8:30 PM, starts 10/14
LF22007 Lower Merion HS . . . 6 sessions, \$115
member \$103

» Hebrew for Beginners

Learn the printed alphabet, the vowels, and pronunciation to develop basic reading and conversation skills. You will learn about 200 common words in Hebrew. Study the basic rudiments of grammar, including personal pronouns and possessives, adjectives, the use of masculine and feminine, and verbs. Materials included.

Barnett Kamen, Teacher (Ret.), Bible, Literature and Philosophy

Tue, 7:00 PM to 8:00 PM, starts 9/30
LF22008 Lower Merion HS . . . 8 sessions, \$155
member \$139

» Hebrew for Continuing Beginners

Review and practice the skills you learned in the Hebrew for Beginners class. Work on reading and writing the cursive alphabet as we continue our study of grammar. Learn past and future tenses for all the verbs and take a look at the possessive suffixes for plural words. Add another 200 words to your vocabulary. Materials included.

Barnett Kamen, Teacher (Ret.), Bible, Literature and Philosophy

Tue, 5:50 PM to 6:50 PM, starts 9/30
LF22009 Lower Merion HS . . . 8 sessions, \$155
member \$139

» Arabic Language & Culture

Explore the rich and diverse Arabic culture and learn to read, speak and write it in a supportive and encouraging manner. The Modern Arabic standard method will be used to facilitate what you learn in any Arabic speaking country.

Juliet Najdawi, PhD, Native Speaker, Experienced Arabic Instructor

Wed, 6:00 PM to 7:15 PM, starts 10/8
LF32010 Creutzburg. 6 sessions, \$124
member \$108

» Korean Language & Culture

Learn the basics of Korean language; how to write and read consonants, vowels, and diphthongs as well as speak simple phrases useful in everyday conversations. Survey the history and types of Korean food, kimchi and bibimbap; and discover various popular street foods. Considering the global popularity of K-Pop, explore music and dance that collaborates conventional and modern elements. The Continuing Beginner level is for those with some prior Korean language experience and for returning students who want to take their skills further.

Ji Ku, Native Speaker, ACTFL Certified, Korean Instructor

Tue, 7:45 PM to 8:45 PM, starts 10/7
LF22004 **Advanced Beginner** Lower Merion HS
..... 7 sessions, \$101
member \$90

Tue, 6:35 PM to 7:35 PM, starts 10/7
LF22003 **Continuing Beginner** Lower Merion HS
..... 7 sessions, \$101
member \$90



FRENCH

» French Language & Culture

Through the combination of interactive conversations, drills and oral practice, improve your skill in using practical everyday vocabulary. Using the teachings of a progressive grammar, and the understanding of verb tenses (présent, passé composé, imparfait, and futur) increase your mastery of the language.

Elana Kazakova, Native Speaker

Thu, 9:30 AM to 11:00 AM, starts 9/18
LF41039 Creutzburg. 9 sessions, \$175
member \$159

» French Language & Culture: Advanced

If you are familiar with the seven major French verb tenses and some of the complex aspects of the grammar, but need practice join us. Several chapters of a novel will be assigned weekly and discussed during the following class. Conversation and paragraph writing are also part of this class. French is exclusively spoken. Required book – see receipt.

Christiane De Boisseson, Native Speaker, Former Instructor, The Baldwin School

Thu, 10:30 AM to 12:00 PM, starts 9/18
LF41053 ONLINE 12 sessions, \$229
member \$210

» French I: Beginners

Learn to speak French covering basic sentence structure, grammar and vocabulary in an engaging, supportive environment. Required textbook – see receipt.

Muriel Harmon, Native Speaker, French Instructor

Mon, 7:15 PM to 8:15 PM, starts 9/29
LF12020 ONLINE 12 sessions, \$195
member \$179

Fabienne Lauret, Native Speaker

Tue, 5:45 PM to 7:00 PM, starts 9/30
LF22011 Lower Merion HS . . . 8 sessions, \$175
member \$159

» French I: Continuing Beginners

Expand French vocabulary and knowledge of basic grammar. Develop confidence in speaking and listening. Required textbook – see receipt.

Muriel Harmon, Native Speaker, French Instructor

Tue, 5:50 PM to 6:50 PM, starts 9/30
LF22021 ONLINE 12 sessions, \$195
member \$179

Fabienne Lauret, Native Speaker

Tue, 7:15 PM to 8:30 PM, starts 9/30
LF22012 Lower Merion HS . . . 8 sessions, \$175
member \$159

» French II

Improve your confidence and knowledge while learning new verbs. Discuss different topics such as how to order food, activities, weather, some idiomatic expressions and reflexive verbs. Required textbook -see receipt.

Muriel Harmon, Native Speaker, French Instructor

Tue, 8:10 PM to 9:10 PM, starts 9/30
LF22022 ONLINE 12 sessions, \$195
member \$179

» **French II: Continuing Beginners**

Improve your speaking and listening skills while gaining more vocabulary and a more detailed grammar review. Required textbook – see receipt.

Muriel Harmon, Native Speaker; French Instructor

Wed, 6:10 PM to 7:10 PM, starts 10/8
LF32023 ONLINE 10 sessions, \$195
member \$179

» **French II: Beginning Conversation**

Designed to help bridge the gap between beginners and conversation classes. Introduction of the past tense, new vocabulary while reinforcing your grammar skills will be covered. Required textbook - see receipt.

Muriel Harmon, Native Speaker; French Instructor

Mon, 6:00 PM to 7:00 PM, starts 9/29
LF12024 **Part One** ONLINE .. 12 sessions, \$195
member \$179

Tue, 7:00 PM to 8:00 PM, starts 9/30
LF22025 **Part Two** ONLINE .. 12 sessions, \$195
member \$179

Tue, 4:40 PM to 5:40 PM, starts 9/30
LF22026 **Part Three** ONLINE ... 12 sessions, \$195
member \$179

» **French III: Intermediate Conversation**

Focus on everyday speech through listening, speaking, role-play, grammar, reading and discussion designed to give you a native speaker's feel for the language. Review or learn to express yourself in the past, future, Conditionnel, and pluperfect tenses. Required textbook – see receipt.

Muriel Harmon, Native Speaker; French Instructor

Wed, 7:20 PM to 8:20 PM, starts 10/8
LF32027 **Part One** ONLINE .. 10 sessions, \$195
member \$179

Wed, 8:30 PM to 9:30 PM, starts 10/8
LF32028 **Part Two** ONLINE .. 10 sessions, \$195
member \$179

» **French IV: Advanced Conversation & Reading**

This lively conversation group is for those with well-established French skills. Improve your speaking skills, grammar, vocabulary and use of idioms and slang. Discuss cultural topics and current events using newspaper, essays and other materials. Prerequisite: solid knowledge of grammar.

Vincent Lartigue, Native Speaker; Cultural Trainer

Tue, 9:30 AM to 11:00 AM, starts 9/16
LF21048 ONLINE 10 sessions, \$229
member \$210

Lawrence Minisci, Corporate Language and Intercultural Trainer

Thu, 5:00 PM to 6:30 PM, starts 9/18
LF42058 ONLINE 10 sessions, \$249
member \$223

» **Exploring French Literature**

Read and discuss famous French poems and short stories on different topics. Discussions will be in French. Prerequisite: solid knowledge of the French language.

Muriel Harmon, Native Speaker; French Instructor

Wed, 5:00 PM to 6:00 PM, starts 10/8
LF32030 ONLINE 10 sessions, \$195
member \$179

» **French Club: Un Peu de Tout**

Read, write, speak and listen to French in this class (conducted entirely in French) for those with advanced reading, comprehension and communication skills. Each week engage in insightful discussion of current happenings in France then sample contemporary short stories and articles from leading publications to improve your communication skills and knowledge of French and Francophone culture. Prerequisite: advanced level of reading comprehension and ability to converse in French during the entire class. Materials included.

Nancy Gabel, MA, French

Wed, 9:45 AM to 11:15 AM, starts 9/17
LF31038 Creutzburg 9 sessions, \$222
member \$199

» **French Grammar: Pre-Intermediate**

In this pre-intermediate grammar class study the present, possessive adjectives and possessive pronouns, reflexive verbs, imperative, present perfect (passé composé) and imparfait tenses with various grammar points associated to these tenses. Class can be taken alone or in conjunction with any other MLSN French class.

Muriel Harmon, Native Speaker; French Instructor

Thu, 9:30 AM to 10:30 AM, starts 10/9
LF41031 ONLINE 9 sessions, \$132
member \$120

» **French Grammar: Intermediate**

Learn or review hypothesis with If, and its tenses, as well as grammar points associated with this class level. Class can be taken alone or with any French class.

Muriel Harmon, Native Speaker; French Instructor

Thu, 12:30 PM to 1:30 PM, starts 10/9
LF41032 ONLINE 9 sessions, \$132
member \$120

» **French Grammar: Advanced**

Conducted entirely in French, learn or review “Futur antérieur, les compléments circonstanciels de lieu, temps, manière...” “As well as grammar points associated with this class level. Class can be taken alone or with any other MLSN class.

Muriel Harmon, Native Speaker; French Instructor

Thu, 11:00 AM to 12:00 PM, starts 10/9
LF41033 ONLINE 9 sessions, \$132
member \$120

GERMAN» **German: Beginners**

NEW Whether you are a true beginner or someone who would like to refresh a basic knowledge of German, this class will help you expand your skills and confidence. We will focus on vocabulary building, conversation practice and some basic German grammar.

Anne Harris, MEd; MA, German, Duke University

Mon, 11:00 AM to 12:15 PM, starts 9/15
LF11045 Creutzburg 8 sessions, \$149
member \$135

» **German: Continuing Beginners**

Expand your vocabulary and your knowledge of basic German grammar. Improve your listening skills and develop confidence in speaking. Ideal for those who have had Continuing Beginners One or equivalent.

Anne Harris, MEd; MA, German, Duke University

Thu, 7:30 PM to 8:45 PM, starts 9/18
LF42043 **Part Two** ONLINE ... 9 sessions, \$165
member \$149

» **German: Continuing Beginners**

Continue to increase your vocabulary, improve your listening skills and develop confidence in speaking. Basic grammar and sentence structure will also be covered. Ideal for those who have had Continuing Beginners Part Three or equivalent.

Anne Harris, MEd; MA, German, Duke University

Mon, 7:30 PM to 8:45 PM, starts 9/15
LF12041 **Part Four** ONLINE ... 9 sessions, \$165
member \$149

» **German: Pre-Intermediate**

Ideal for those who have had several continuing beginners classes. Build your vocabulary and develop your listening, speaking, and reading skills. Increase your understanding of German grammar through oral and written exercises.

Anne Harris, MEd; MA, German, Duke University

Thu, 6:00 PM to 7:15 PM, starts 9/18
LF42042 ONLINE 9 sessions, \$165
member \$149

» **German II**

Designed for those who would like to improve their communication skills. Class is conducted in German as you develop your listening and speaking ability, increase your understanding of grammar and expand your vocabulary. We will read and discuss several short stories, as well as explore various cultural topics.

Anne Harris, MEd; MA, German, Duke University

Mon, 6:00 PM to 7:15 PM, starts 9/15
LF12040 ONLINE 9 sessions, \$165
member \$149

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Get the inside scoop on upcoming classes, trips, local tours and special events at Main Line School Night!

**mainlineschoolnight****MLSchoolNight****Main Line School Night**

ITALIAN» **Famous Italians Throughout History**

NEW In 2000, A&E network's biography selected the most influential 100 people of the 1000-2000 Millennium and twelve were Italians! Italy is as small as Arizona, so such figures are very disproportionate to its population over the Millennium. Learn about these individuals, and MANY other Italians who contributed to all fields of human endeavor: the arts, science, exploration, music, sport, and more! The number and breadth of Italians' achievements will be astounding.

*Anthony Russo, Italian Language Faculty (Ret.),
Conestoga High School*

Fri, 12:30 PM to 1:45 PM, starts 10/3
LF51045 Creutzburg 4 sessions, \$69
member \$60

» **Italian for Travelers & Language Lovers**

If you are a beginner or want to refresh your skills, learn basic grammar, essential tourist phrases and pronunciation to help you get around on your trip.

*Lawrence Minisci, Corporate Language and
Intercultural Trainer*

Wed, 7:40 PM to 8:40 PM, starts 9/17
LF32052 ONLINE 10 sessions, \$165
member \$149

*Anthony Russo, Italian Language Faculty (Ret.),
Conestoga High School*

Fri, 11:00 AM to 12:15 PM, starts 9/19
LF51044 Creutzburg 10 sessions, \$165
member \$149

» **Italian: Beginning Conversation**

Parts three and five are for more experienced beginners; learn the everyday vocabulary and phrases needed to deal with real life situations. Some basic grammar and sentence structure will be covered.

*Lawrence Minisci, Corporate Language and
Intercultural Trainer*

Thu, 11:15 AM to 12:15 PM, starts 9/18
LF41056 **Part Three** ONLINE 10 sessions, \$165
member \$149

Thu, 12:25 PM to 1:25 PM, starts 9/18
LF41057 **Part Five** ONLINE .. 10 sessions, \$165
member \$149

» **Italian: Pre-Intermediate Conversation**

Learn everyday vocabulary and phrases needed to deal with real life situations and the past tense. Some basic grammar and sentence structure will be covered. Covers basic grammar, vocabulary, pronunciation, culture and everyday conversation. Materials will be emailed.

*Lawrence Minisci, Corporate Language and
Intercultural Trainer*

Wed, 5:00 PM to 6:00 PM, starts 9/17
LF32050 ONLINE 10 sessions, \$165
member \$149

» **Italian: Intermediate Conversation**

Review and learn practical vocabulary, past tense, imperfect, future, direct and indirect object pronouns, and prepositions and avoid common pitfalls through oral drills, conversation, reading and written exercises. Materials will be emailed.

*Lawrence Minisci, Corporate Language and
Intercultural Trainer*

Thu, 6:30 PM to 7:30 PM, starts 9/18
LF42059 **Part One** ONLINE .. 10 sessions, \$165
member \$149

Wed, 6:05 PM to 7:35 PM, starts 9/17
LF32051 **Part Two** ONLINE .. 10 sessions, \$249
member \$223

» **Italian: Advanced Conversation Seminar**

Conducted entirely in Italian, learn vocabulary, idiomatic expressions, grammar and culture by discussing Italian podcasts and vlogs. Each week participate in engaging dialogue to improve your communication skills.

*Lawrence Minisci, Corporate Language and
Intercultural Trainer*

Thu, 9:00 AM to 10:00 AM, starts 9/18
LF41054 ONLINE 10 sessions, \$165
member \$149

» **Italian: Advanced Conversation & Grammar**

Review and learn more complex grammar points and avoid common pitfalls through oral drills, conversation, and written exercises. Take this class alone or in conjunction with any other MLSN Italian class.

*Lawrence Minisci, Corporate Language and
Intercultural Trainer*

Thu, 10:05 AM to 11:05 AM, starts 9/18
LF41055 ONLINE 10 sessions, \$165
member \$149

SPANISH» **Spanish I: Beginners**

Whether you are new to Spanish or would like to review basic grammar and pronunciation, this class will help you develop your listening and speaking skills. Through vocabulary building exercises you'll also learn practical phrases useful in real-life situations. Required textbook – see receipt.

Cynthia Foxworth, retired HS Language Teacher

Wed, 9:45 AM to 11:00 AM, starts 9/10
LF31034 Creutzburg 12 sessions, \$205
member \$189

*Laura Kanavy, Native Speaker; Legal and
Medical Core CHI and CHI Interpreter*

Mon, 5:00 PM to 6:00 PM, starts 9/15
LF12072 ONLINE 10 sessions, \$165
member \$149

Wed, 7:20 PM to 8:20 PM, starts 9/17
LF32070 ONLINE 10 sessions, \$165
member \$149

*Pedro Suarez, M.A.; Native Speaker; Spanish
Instructor*

Tue, 5:45 PM to 7:00 PM, starts 9/30
LF22001 Lower Merion HS 8 sessions, \$185
member \$169

» **Spanish I: Continuing Beginners**

Take your basic Spanish skills one step further by continuing to build your comprehension and understanding through interactive dialogue and exercises. Improve your comfort in listening and speaking and practice using direct and indirect object pronouns and verb tenses. Appropriate for those who have studied Spanish or have some basic Spanish knowledge. Required textbook – see receipt.

Cynthia Foxworth, retired HS Language Teacher

Wed, 11:15 AM to 12:30 PM, starts 9/10
LF31035 Creutzburg 12 sessions, \$205
member \$189

*Laura Kanavy, Native Speaker; Legal and
Medical Core CHI and CHI Interpreter*

Wed, 5:00 PM to 6:00 PM, starts 9/17
LF32075 ONLINE 10 sessions, \$165
member \$149

Tue, 6:10 PM to 7:10 PM, starts 9/16
LF22074 **Part Two** ONLINE .. 10 sessions, \$165
member \$149

*Pedro Suarez, M.A.; Native Speaker; Spanish
Instructor*

Tue, 7:10 PM to 8:25 PM, starts 9/30
LF22002 Lower Merion HS 8 sessions, \$185
member \$169

» **Spanish II**

Ideal class for those who have taken a beginners or continuing beginners class. Improve your listening and speaking abilities and review object pronouns while introducing new vocabulary and grammar. Gain confidence with your communication skills. Required textbook – see receipt.

Cynthia Foxworth, retired HS Language Teacher

Wed, 12:45 PM to 2:00 PM, starts 9/10
LF31036 Creutzburg 12 sessions, \$205
member \$189

» **Spanish II: Beginning Conversation**

Gain the ability and confidence to understand and to take part in conversations on simple topics of daily life using all grammar tenses and grammar structures. Review indicative and subjunctive moods, direct, indirect and reflexive pronouns with the introduction of more advanced grammar. Emphasis will be placed on oral communication and the development of reading and vocabulary skills.

Cynthia Foxworth, retired HS Language Teacher

Wed, 2:15 PM to 3:30 PM, starts 9/10
LF31037 Creutzburg 12 sessions, \$205
member \$189

*Laura Kanavy, Native Speaker; Legal and
Medical Core CHI and CHI Interpreter*

Tue, 5:00 PM to 6:00 PM, starts 9/16
LF22073 ONLINE 10 sessions, \$165
member \$149

» **Spanish Conversation: Intermediate to Advanced**

Designed for those who want to improve their communicative abilities in Spanish. With this goal in mind, class will provide exposure to the other language skills (reading and listening comprehension, writing, vocabulary acquisition, sociocultural competence) which are integral to developing speaking fluency. Various topics will be discussed and debated.

*Laura Kanavy, Native Speaker; Legal and
Medical Core CHI and CHI Interpreter*

Wed, 6:10 PM to 7:10 PM, starts 9/17
LF32076 ONLINE 10 sessions, \$165
member \$149



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DISCOVERING SOUTHEAST ALASKA

AUGUST 4 – 21, 2026

Cabin prices start at \$5,995 per person, based on double occupancy



BLACK HILLS, BADLANDS & MT. RUSHMORE

AUGUST 26 – SEPTEMBER 1, 2026

Trip Price: \$3,899 per person, based on double occupancy, single occupancy: \$4,774
Price includes round-trip international airfare



MONTREAL & QUEBEC CITY CHRISTMAS

DECEMBER 3 – 8, 2025

Trip Price: \$3,799 per person, based on double occupancy, single occupancy: \$4,849
Price includes round-trip international airfare



VILLAGE LIFE IN THE COTSWOLDS

APRIL 27 – MAY 5, 2026

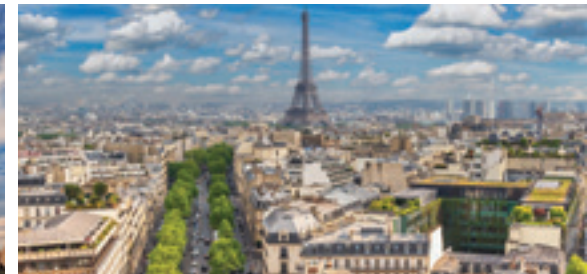
Trip Price: \$4,495 per person, based on double occupancy, single occupancy: \$5,865



GREECE: ATHENS & KALAMATA

SEPTEMBER 4 – 13, 2026

Trip Price: \$4,495 per person, based on double occupancy, No single supplement



SPECTACULAR SEINE RIVER: PARIS & NORMANDY

SEPTEMBER 12 – 20, 2026

Cabin prices start at \$3,995 per person, based on double occupancy



NICE, MONACO & PORTOFINO

MAY 12 – 20, 2026

Cabin Prices start at \$5,495 per person, based on double occupancy



UNDISCOVERED ITALY: APULIA

MAY 13 – 21, 2026

Trip Price: \$3,795 per person, based on double occupancy. No single supplement



MACKINAC ISLAND, THE GRAND HOTEL & NIAGARA FALLS

OCTOBER 9 – 16, 2026

Trip Price: \$4,199 per person, based on double occupancy, single occupancy: \$5,199
Price includes round-trip international airfare



SHAPING ICELAND: GLACIERS, LAVA AND THE NORTHERN LIGHTS

NOVEMBER 5 – 11, 2026

Trip Price: \$4,399 per person, based on double occupancy, single occupancy: \$5,398

THE BEST OF THE BALKANS

JUNE 27 – JULY 5, 2026

Trip Price: \$3,999 per person, based on double occupancy, single occupancy: \$4,598



CHRISTMAS SEASON IN VICTORIA & VANCOUVER

DECEMBER 3 – 9, 2026

Trip Price: \$5,149 per person, based on double occupancy, single occupancy: \$6,649
Price includes round-trip international airfare



LITERATURE, HISTORY, SCIENCE & CURRENT AFFAIRS

CURRENT AFFAIRS

» Racism in America: The History We Didn't Learn in School

NEW Much of the racial turmoil in our country today can be traced directly to elements of our history. Many racial stereotypes are a direct consequence of intentional economic and public policy and beliefs that have no grounding in genetics. Understanding this history gives us a foundation for action to address the profound inequities that exist today. Part 1 was offered in the spring. Now, Part 2 covers mass incarceration and the war on drugs, voter suppression then and now and, importantly, where do we go from here? Everyone welcome.

Sue Linderman, Co-founder, Westminster Peace & Justice Work Group

Mon, 1:00 PM to 2:30 PM, starts 9/15
LH11820 Creutzburg 3 sessions, \$69
member \$62

» Topics in the News

Analyze a different topic in depth each week. The topics may currently be in the news while others are more eclectic and focus on timeless issues. American domestic politics as well as foreign policy are constant themes running through many of the topics. Classmates and guest speakers contribute regularly, ensuring a wide variety of points of view.

Ken Sklar, Teacher (Ret.), Global Issues and American Politics, Radnor High School

Wed, 9:30 AM to 11:00 AM, starts 10/8
LH31817 Creutzburg & Online (Hybrid)
..... 16 sessions, \$215
member \$193

» How to Protect Yourself from Fake News

NEW Fake news campaigns were started as early as the 1960s by corporate lawyers working for the producers of DDT and for the tobacco and fossil fuel industries. Via personal attacks and claims of fraudulent data, their aim was to discredit scientists that showed the damage they were doing. With the advent of the internet, social media and for-profit news, this framework has become dominant. Learn how to see through the lies and get the facts.

George Magakis, PhD, Licensed Clinical Psychologist; Writer, Editorials

Mon, 10:30 AM to 12:00 PM, 10/13
LH11821 Creutzburg 1 session, \$39
member \$35

» The Rise of the Autocrats

NEW Bookstores can dispense piles of works dealing with concerns about modern authoritarian movements from Erdogan of Turkey, Orban in Hungary, Bolsonaro in Brazil, to rising concerns about authoritarianism in the U.S. Historians, however, stress that objectivity requires some distance in time for the movement under consideration. Examine the factors that gave rise to authoritarian regimes in Italy, Germany, Spain, and the Soviet Union during the 1920s and 30s. Understanding these historical events will help us comprehend modern movements.

R. Barry Levis, PhD; Professor Emeritus, History, Rollins College; Author

Mon, 3:00 PM to 4:00 PM, starts 10/20
LH11819 Creutzburg 5 sessions, \$89
member \$80

» The Living Constitution

Most of us know that we have a constitution. Few understand what this "Rule of Law" is or says. Examine why and how this governing document continues to protect the liberty and rights of our citizens. Discover the history of this thriving document born of the consensus of widely divergent convention delegates that has evolved with the nation and come to understand why it continues to live in today's complex and changing society.

Lawrence Swesey, MEd; Instructor (Ret.); Adj Prof, VFMC, Ethics and History; Maj USA (Ret.)

Thu, 3:00 PM to 4:15 PM, starts 10/23
LH41803 Creutzburg 4 sessions, \$69
member \$62

HISTORY

» American Women, 1960 to the Present

NEW Join us as we explore the story of American women in our lifetimes: women in the workplace, the civil rights movement, the sexual revolution, and more. Read and discuss *When Everything Changed* by Gail Collins.

Alice Garrett, MA; Latin Teacher, Lower Merion High School (Ret.)

Mon, 1:30 PM to 2:30 PM, starts 9/15
LH11504 ONLINE 8 sessions, \$135
member \$121

Wed, 1:00 PM to 2:00 PM, starts 9/17
LH31808 Creutzburg 8 sessions, \$135
member \$121



» Unpacking the Tudors

Discover the rich and complex world of Tudor History beyond Henry VIII's six wives. Join a historian with firsthand experience at royal palaces, UK museums, and handling authentic Tudor artifacts. Featured are engaging film clips, readings, and lively discussion as we explore the politics, personalities, and daily life of this fascinating era. Perfect for history buffs and curious minds alike!

Kyra Zapf Mlitt, Teaching Artist & Dress Historian

Fri, 10:30 AM to 12:00 PM, starts 9/26
LH51826 Creutzburg 6 sessions, \$109
member \$98

» Germany Weimar: Politics, Culture, Decadence

NEW Examine the aftermath of Germany's defeat in World War I, its recovery and the growth of the social and cultural environment that made especially Berlin an artistic and intellectual Mecca of Europe, only to see its demise with the rise of the Nazis. Investigate the causes of these changes, both internal forces inside Germany and the pressures from outside.

R. Barry Levis, PhD; Professor Emeritus, History, Rollins College; Author

Tue, 6:45 PM to 8:30 PM, starts 10/14
LH22822 Lower Merion HS. 5 sessions, \$115
member \$103

» Sacred Spaces: Temples, Shrines, and Pilgrimage in Antiquity

NEW Discover the religious heart of the ancient world. From mountaintop shrines to urban temples, we will explore sacred spaces, rituals, and the experience of ancient pilgrims across the Mediterranean world.

Asil Yaman, Archeologist, Dir., Phoenix Archeol. Project, Turkey; Prof., Villanova U. & Penn Museum

Thu, 10:00 AM to 11:15 AM, starts 9/18
LH41511 ONLINE 5 sessions, \$89
member \$80

» Tastes of the Past: Cooking & Eating in the Ancient Mediterranean

NEW Dive into the culinary culture of the ancient Mediterranean world, explore ingredients, recipes, and food-related rituals of Greek, Roman, and Near Eastern civilizations. A perfect blend of history, archaeology, and food studies!

Asil Yaman, Archeologist, Dir., Phoenix Archeol. Project, Turkey; Prof., Villanova U. & Penn Museum

Fri, 10:00 AM to 11:15 AM, starts 9/19
LH51508 ONLINE 5 sessions, \$89
member \$80

» FDR on the World and National Stage

NEW Explore two unique dress rehearsals that prepared Franklin Roosevelt to see us successfully through the Great Depression and World War II.

Jeffrey Urbin, Education Director, Roosevelt Presidential Library and Museum

Thu, 1:00 PM to 2:30 PM, 9/18
LH41507 ONLINE 1 session, \$39
member \$35

» **George Washington: A Concise History**

We know the name, but many know only that he was the Commander-in-Chief of our Continental Army and the first President. Join us in finding out who the man Swesey calls the “Finest Citizen” in our nation’s history really was. Examine his life from the young Virginia aristocrat through his growth as a militia officer, a political force in the young nation and finally his legacy.

Lawrence Swesey, MEd; Instructor (Ret.); Adj Prof, VFMC, Ethics and History; Maj USA (Ret.)

Wed, 3:00 PM to 4:15 PM, starts 10/8
LH31809 Creutzburg 4 sessions, \$69
member \$62

» **Forbidden Political Philosophies**

NEW In a very political age, it is surprising that our political discussions are very limited in scope. If we look back at writers ranging from Plato to George Orwell, there have always been a wide variety of political philosophies—everything from monarchism to philosopher-kings to anarcho-syndicalism. This course offers students a selected look at these ‘other’ political philosophies, and the valuable insights they offer in addressing the challenges of political polarization, classism, and societal instability.

Benjamin B. Olshin PhD., Fulbright Scholar

Mon, 10:00 AM to 11:15 AM, starts 10/13
LH11014 Creutzburg 4 sessions, \$69
member \$62

» **Plain People; Settlers of William Penn’s Holy Experiment**

NEW The King of England granted William Penn the land that is today Pennsylvania. Penn called this large new real estate project The Holy Experiment. He sold his land to Quakers of England and Wales and German Anabaptists of Germany and Switzerland. These Plain People formed the early community culture of Philadelphia and much of Eastern Pennsylvania.

Perry Hamilton, Business Historian

Tue, 7:15 PM to 8:30 PM, 10/14
LH22821 Lower Merion HS. 1 session, \$35
member \$31

» **In Search of Excellence; the Pennsylvania Railroad**

NEW Many of the top executives and presidents of the Pennsylvania Railroad lived in Philadelphia’s Main Line communities. These executives ran an extraordinarily successful business corporation. Examine excellence in business as articulated by the book of Peters and Waterman, *In Search of Excellence*, and look for the Pennsylvania Railroad’s place among America’s very best business corporations.

Perry Hamilton, Business Historian

Tue, 7:15 PM to 8:30 PM, 10/28
LH22825 Lower Merion HS. 1 session, \$35
member \$31

» **The Life of King Solomon**

The life of Solomon is depicted in the first eleven chapters of the First Book of Kings. He is described as the wisest man who will ever live (as is Socrates as well). Focus on the stories that depict his wisdom, such as the prostitutes and the babies, and the Queen of Sheba. Look at the three books ascribed to Solomon: Proverbs, the Song of Songs, and Ecclesiastes.

Barnett Kamen, Teacher (Ret.), Bible, Literature and Philosophy

Wed, 10:00 AM to 11:00 AM, starts 10/15
LH31812 Creutzburg 3 sessions, \$59
member \$53

» **The Prophet Isaiah Through Jewish and Christian Eyes**

NEW Isaiah is the most quoted prophet in the New Testament. Examine a number of these quotes, in particular, the quotes that attempt to prove that Jesus was the Messiah. For example, Isaiah 40, “a voice cries out” is quoted in all four gospels. Look at the grammar and poetic devices to compare and contrast the different interpretations.

Barnett Kamen, Teacher (Ret.), Bible, Literature and Philosophy

Wed, 10:00 AM to 11:00 AM, starts 11/5
LH31815 Creutzburg 3 sessions, \$59
member \$53

» **Irish Origins of Halloween**

Many people think of Halloween as a quintessentially American holiday, but its origins are actually Irish/Celtic. October 31st was the Celtic New Year, and the Irish term Oíche Shamhna designated the most mystical night of the year, when the past and present could meet and when supernatural spirits might be roaming through the mortal world. Explore the tradition and take away some ideas for celebrating this holiday with a Celtic touch!

Roslyn Blyn-LaDrew, PhD, University of Pennsylvania

Thu, 7:00 PM to 8:30 PM, 10/23
LH42509 ONLINE 1 session, \$39
member \$35

SCIENCE AND SOCIAL SCIENCE

» **Introduction to Astronomy/Astrochemistry/Astrobiology**

Review basic astronomy and utilize “Stellarium” and other software to take virtual tours of our observable solar system and beyond. Demonstration of modern amateur telescopes used for both visual imaging and astrophotography included. Discuss nuclear chemistry origins of all starlight and extend to the on-going search for potential chemical signatures of life beyond our planet. Explore NASA-JPL unmanned science missions, including ongoing astrobiology related missions (with particular emphasis on the search for chemical signatures of extraterrestrial microbial life).

Ken Koeplinger, NASA-JPL Solar Ambassador; Chemistry Instructor, DCCC

Tue, 6:00 PM to 9:00 PM, starts 9/30
LH22819 Lower Merion HS 2 sessions, \$89
member \$80

» **How Not To Be Angry**

Feelings come and go. Holding on to anger leads to resentment. Delaying an angry response often leads to it dissipating. Treating others as you would want to be treated makes you less likely to lash out. Arguing is trying to change others, which you cannot do. Avoid obnoxious people. Stop displacing your anger and sublimate it through constructive action. Become assertive, not aggressive. Consider a number of different techniques, cognitive therapy, neuroscience, assertiveness training, and anger management.

George Magakis, PhD, Licensed Clinical Psychologist; Writer, Editorials

Tue, 6:45 PM to 8:15 PM, 9/30
LH22823 Lower Merion HS. 1 session, \$39
member \$35

» **The Science of Sleep**

NEW We spend one-third of our lives asleep. Why do we sleep, and what exactly are our brains doing while we aren’t conscious? Explore what scientists currently know about sleep. Take a look at our understanding of the purpose and meaning of dreams. Finally, examine sleep difficulties and the importance of sleep, and briefly touch on current approaches to getting better sleep.

Naomi Pliskow MD, MA

Thu, 7:00 PM to 8:30 PM, starts 11/6
LH42802 Creutzburg 1 session, \$49
member \$44

LITERATURE

» **Persuasion**

Because this year marks the 250th anniversary of Jane Austen’s birth, take another look at her novels, starting with her last, *Persuasion*. This late work is usually thought of as her “autumnal” one because of its melancholy and regret for past decisions. Her wit and wisdom shine here. Virginia Woolf said, “Of all great writers, she is the most difficult to catch in the act of greatness.” Discover what makes her so great. Clips from films will be shown.

Susan Weisgrau, MA, English Literature; English Teacher, Akiba Hebrew Academy (Ret.); Former Jane Austen Society Board Member

Tue, 10:30 AM to 11:45 AM, starts 9/16
LH21501 ONLINE. 4 sessions, \$75
member \$67

» **Pride and Prejudice**

Go back to the beginning of Jane Austen’s short life and six novels and look at the most beloved one. *Pride and Prejudice* has been made into 18 film adaptations, and countless TV series, one arriving at the end of this year on Netflix. The book is spirited, funny and romantic, and written with great wit and subtle prose. Austen wrote in the 19th century, but her sharp eye saw and satirized the foibles and follies of all of us at any time. Clips of the adaptations will be shown.

Susan Weisgrau, MA, English Literature; English Teacher, Akiba Hebrew Academy (Ret.)

Tue, 10:30 AM to 11:45 AM, starts 10/28
LH21502 ONLINE. 4 sessions, \$75
member \$67

» **Irish Literature**

NEW Ireland experienced a remarkable flowering of literary imagination in the volatile late 19th and early 20th centuries, happening alongside a revival of its Gaelic heritage, and a pitched struggle to break free from British rule. Through tales of strife, beauty, and kinship with the land, explore the Emerald Isle, and a rich literary tradition that helped forge a nation’s destiny. Close readings may include Joyce, Yeats, Beckett, Mary Lavin, Isabella Augusta, Edna O’Brien and more.

Justin Ahlback, MA, Teacher

Wed, 3:15 PM to 4:30 PM, starts 9/17
LH31505 ONLINE. 10 sessions, \$129
member \$116



» **(Dis)United Voices: James Baldwin, Flannery O'Connor and the Civil Rights Movement**

NEW Both Baldwin and O'Connor published much of their major works after 1954 during the rise of the Civil Rights Movement. One white, female and southern, one Black, male and from the north, these authors often articulate different attitudes about race, class and gender, but their lives and fiction also converge in meaningful ways that help us reflect on a turbulent time in American history.

Rebecca Jaroff, PhD, Professor Emerita, English, Ursinus College

Wed, 11:30 AM to 1:00 PM, starts 9/24
LH31814 Creutzburg 8 sessions, \$149
member \$133

» **Resilience and Resistance: Literature in Times of Crisis**

NEW In times of crisis, literature can be a witness for resistance. Begin with Shakespeare's fraught monarchies, then move to Zweig's fall of liberal Europe, Baldwin's fierce critiques of race and power, and Huxley's dystopian warnings. Spotlight women writers like Morrison on historical trauma and Mandelstam on survival under Stalin. Together, ask: How does literature help us name injustice, preserve our humanity, and find hope in even the darkest times?

Kevin Altman, Speechwriter; Political Strategist

Tue, 6:45 PM to 8:15 PM, starts 9/30
LH22824 Lower Merion HS. . . . 6 sessions, \$119
member \$107

» **Greek Mythology: Ovid's Metamorphoses**

NEW Two thousand years ago in the Roman Empire, Ovid wrote an epic poem containing many stories from Greek mythology that we still love to read today, ending with a new myth from his own lifetime: how Julius Caesar became a god. Read from Stephanie McCarter's new translation.

Joanna Kenty, PhD, Classics Professor (Ret.)

Tue, 6:45 PM to 8:15 PM, starts 10/7
LH22818 Lower Merion HS. . . . 4 sessions, \$75
member \$67

» **Goethe's Drama, Faust: A Story of Universal Resonance**

NEW The legend of *Faust*, the story of man's bargain with the devil, has been treated by many writers and finds its ultimate expression in the German poet Johann Wolfgang von Goethe's depiction of the conflict of science with superstition and faith. Focus on the poetic significance of the play as well as its historical and sociopolitical relevance for today's momentous challenges.

Azade Seyhan, PhD, Res. Prof, German & Comparative Lit., Bryn Mawr College

Thu, 1:00 PM to 2:30 PM, starts 10/9
LH41806 Creutzburg 2 sessions, \$49
member \$44

» **Forster and Fitzgerald: Satirists of Society**

NEW Shakespeare observed that the function of literature is to "hold a mirror up to nature." E. M. Forster's romantic novel, *A Room With a View* (1908), wittily mirrors the follies of the English upper class. By contrast, F. Scott Fitzgerald's tragic novel, *The Great Gatsby*, harshly criticizes {reflects} a corrupt American society in the 1920's, where money vanquishes morality and love. Through close reading and lively discussion, we will explore the relevance of these satirists' commentaries on our society today.

Olive Ledlie, PhD, Former Chair, English Department, The Baldwin School

Thu, 1:00 PM to 2:15 PM, starts 10/9
LH41506 Creutzburg 6 sessions, \$95
member \$85

» **Irish Women Poets: 1734 to 2025**

NEW Sample poetry from various women including an 18th century mother of nine, a Gaelic speaking widow lamenting the murder of her husband in 1773, a 19th century Celtic revivalist, and contemporary women writing in both English and Irish, including Blyn-LaDrew, as represented in the anthology *Washing Windows V* (1975-2025), the largest collection of its kind. Explore many recurring themes, especially those blending mythology and folklore with modern life.

Roslyn Blyn-LaDrew, PhD, UPenn

Fri, 10:30 AM to 11:30 AM, 10/24
LH51510 ONLINE. 5 sessions \$89
member \$80

AUTHORS IN THE NEWS



» **Reunion and The Blessings, One Author, Two Literary Gems**

NEW Award-winning novelist Jaska discusses the creative process behind two of her novels: New York Times Editors' Choice *Reunion*, about three friends returning to a pandemic-delayed 25th college reunion in Maine, and *The Blessings*, a Barnes & Noble Discover Great New Writers selection about a close extended family in Philadelphia. Jaska shares brief readings and insights about crafting each novel, her inspiration and writing life.

Elise Jaska, Novelist; Creative Writing Professor

Thu, 1:00 PM to 2:00 PM, 10/9
LH41801 Creutzburg 1 session, \$35
member \$31

» **Secrets, Stakes, and Second Chances: How My Debut Novel Landed a Hollywood Deal**

NEW From courtrooms to plot twists, former litigator Slinkard shares the behind-the-scenes journey of traditional publishing of *Her Final Gamble*, a debut legal thriller now optioned for TV by a major Hollywood studio. Discover what it takes to bring a story to life through traditional publishing—complete with highs, heartbreaks, and hard-earned wisdom.

Mary Slinkard, Debut Suspense Author & Former Trial Attorney

Thu, 1:00 PM to 2:30 PM, 10/30
LH41807 Creutzburg 1 session, \$39
member \$35

» **Something in the Air**

NEW The air we breathe, the environment in which we live, have profound effects on our health and well-being. Why do you think we use the phrase "under the weather" to describe illness? Season-by-season, take a look at how the atmosphere and environment affect our health and what we can do about it. Talk about the fascinating history of this science called "biometeorology."

Anthony Wood, Author; Writer; Editor, Philadelphia Inquirer

Thu, 1:00 PM to 2:30 PM, 11/6
LH41804 Creutzburg 1 session, \$39
member \$35

READING WITH PURPOSE BOOK GROUP

Ellen Trachtenberg, Presenter; Narberth Bookshop Owner; Former Book Publicist; Publishing Consultant

» **The Great Gatsby at 100: Celebrating a Classic**

NEW This year marks the 100th anniversary of the publishing of *The Great Gatsby* by F. Scott Fitzgerald. The novel has become perhaps the most iconic representation of the Jazz Age and its glorification of extravagance. Read this revered classic and discuss its cultural legacy, including several film adaptations and a recent Broadway musical production. See p. 7 for a Gatsby party and p.56 for the Gatsby movie review.

Tue, 7:00 PM to 8:00 PM, 10/7
LH22827 Lower Merion HS & ONLINE (Hybrid)
. 1 session, \$27

1980s BOOK DISCUSSION

To celebrate MSLN's 80th birthday at LMHS, reflect on a couple of the big literary milestones from the 1980s! Though the decade is often associated with consumerism, it generated many legendary and diverse novels. Discuss two different examples this season.

» **The House on Mango Street by Sandra Cisneros**

NEW Told in a series of vibrant vignettes, it is the coming-of-age story of a young Latina girl growing up in Chicago, inventing for herself who and what she will become. Cisneros's masterpiece is a classic story of childhood and self-discovery and considered one of the greatest neighborhood novels of all time.

Tue, 7:00 PM to 8:00 PM, 10/28
LH22811 LMHS & ONLINE (Hybrid). 1 session, \$27

» **White Noise by Don DeLillo**

NEW A postmodern classic, *White Noise* is the story of Jack, his wife, Babette, and their four ultramodern kids who navigate the rather rocky roads of family life. The novel's themes of consumerism, divorce, and dangerous technology place it squarely in the realm of the quintessential 80s literary snapshot.

Tue, 7:00 PM to 8:00 PM, 11/11
LH22808 LMHS & ONLINE (Hybrid) . 1 session, \$27



MONEY MATTERS & CAREERS

ENTREPRENEURSHIP & SAVING

» Real Estate Investing: Success by the Numbers

NEW Unlock the secrets of successful real estate investments! Whether you're a beginner or looking to sharpen your skills, discover how to analyze deals and understand the numbers that drive success. Real life case studies with discussions help you learn these essential strategies. Book included.

Jon Bock, CPA/PFS, CEPA®

Tue, 6:30 PM to 8:00 PM, starts 10/7
IM22065 Lower Merion HS 2 session, \$59
member \$53

» Real Estate Investing: Asset Protection and Tax Strategies

NEW Discover strategies to protect your assets, leave a legacy, and reduce your taxes. Tailored for existing real estate owners seeking to elevate their planning. It is not recommended for beginners. Real life case studies and interactive classroom discussions will help you achieve your goals. A book will be provided and used as a resource.

Jon Bock, CPA/PFS, CEPA®

Tue, 6:30 PM to 8:00 PM, starts 11/11
IM22066 Lower Merion HS 2 sessions, \$59
member \$53

» How to Make Your Vacation Free

Learn how to make your travel free and even earn money doing it! If you are retired, changing careers, a student, or someone who likes the idea of making additional income, this class is for you. Discover important tips on travel safety, trip insurance, affordable retirement opportunities & other life-enhancing strategies. Earn free airline tickets, hotel nights, tours, cruises & more!

Gina Henry, Owner, GoGlobal

Wed, 6:30 PM to 9:00 PM, 10/8
IM32050 ONLINE 1 session, \$52

» Mystery Shopping: Get Paid to Shop!

Get paid to shop at local stores or online from home. Learn how to avoid scam companies and work for the best mystery shopping platforms. Find out how to promote your qualifications for the best assignments, how to fit mystery shopping into your daily schedule, and how to earn the most income.

Gina Henry, Owner, GoGlobal

Wed, 6:30 PM to 9:00 PM, 11/12
IM32038 ONLINE 1 session, \$52

» Business Growth Workshop

Attention: Serious business owners! Are you looking to scale your business but feel tired of wasting money on ineffective marketing and advertising? Learn proven growth strategies that are guaranteed to double any businesses' leads and sales without spending more money on marketing or advertising. Everyone will leave this workshop with a roadmap on how to get predictable results in their business. Seats are limited!

Business Growth Specialist, Owner, Leahcim James Coaching

Tue, 6:00 PM to 8:00 PM, 11/11
IM22064 Lower Merion HS 1 session, \$45
member \$40



» Earn Extra Income by Teaching English

Teaching English can fund traveling worldwide! It can be a high-paying career or a way to travel for free. While a certificate helps with landing these jobs, there are still many opportunities to teach conversational English thanks to its global reach and usefulness. Earn money teaching online, secure a free vacation, a paid summer job, or full-time work. Class covers the best opportunities, certifications, and promotions. Includes digital handout.

Gina Henry, Owner, GoGlobal

Wed, 6:30 PM to 9:00 PM, 11/5
IM32051 ONLINE 1 session, \$59

» Travel for Less

Are you curious to travel near and far? Not sure how to plan your next trip without breaking the bank? Discover how to create an affordable solo or family vacation. Learn to navigate the confusing number of travel services, websites and apps so you can take advantage of the best deals available. Confidently book your next themed or wellness journey of your dreams. All travelers, including those seeking 'revenge travel' are welcome!

Suzanne Wolko, Travel Expert; Writer of PhilaTravelGirl

Sat, 1:30 PM to 4:00 PM, 10/18
IM61070 Creutzburg 1 session, \$49
member \$44



» Savvy Tax Strategies in Retirement

Discuss strategies for retaining more of your hard-earned resources including how and when it makes sense to do partial Roth Conversions, tax consequences based on where you choose to live in retirement, the different taxation structures of Social Security, pensions, part-time earnings and retirement withdrawals among other ways to preserve the longevity of your assets.

Andrew Herron, CFP®, Managing Partner, Stone Pine Financial Partners

Mon, 6:30 PM to 8:30 PM, 1/12/26
IM12052 ONLINE 1 session, \$49
member \$44

FINANCE & LIFE PLANNING

» Understanding Social Security

NEW Learn how to make sense of Social Security and how it fits into your broader retirement strategy. Discover how benefits are calculated, when to claim for maximum value, and how spousal, survivor, and taxation rules impact overall income. Whether nearing retirement or planning ahead, you will walk away with practical guidance to optimize your benefits and make confident, informed decisions about the Social Security options.

Christopher Glover, Cerebrum Strategic Advisor, Managing Partner

Thu, 6:00 PM to 7:00 PM, 10/16
IM42068 Creutzburg 1 session, \$35
member \$31

» Retirement Readiness for Women

Are you a woman nearing or newly in retirement? Venture with us as we navigate challenging experiences like longer life expectancy and managing wealth solo due to widowhood, divorce, or staying single. You'll learn how to assess retirement readiness, create a sustainable income plan, and align finances with your values! Topics include tax-efficient withdrawals, investing in retirement, Social Security, Medicare, and estate planning. Leave with tools and confidence to make informed decisions for your next chapter.

Myriah Lipke, CFP® Financial Advisor, Stone Pine Financial Partners

Wed, 6:30 PM to 8:30 PM, starts 9/17
IM32055 Creutzburg 2 sessions, \$65
member \$58



» Design Your Next Chapter to Flourish in Retirement

Find meaning, satisfaction and enjoyment in retirement! Through self-discovery exercises and group support, explore the key areas of relationships, health & well-being, service and community to determine what a happier retirement means to you.

Lisa Kramer, MSW, PCC

Thu, 6:00 PM to 7:30 PM, starts 9/18
IM42056 Creutzburg 4 sessions, \$75
member \$67

» **Medicare 101**

The Medicare process is confusing and finding the right Medicare plan can be a daunting task. It doesn't have to be that way. For those people turning 65 in the next six months, we discuss how Medicare works, dissect all options, and review a real life example of the Rx "donut hole". For those people currently on a Medicare plan, learn how to save on your Medicare insurance.

Allen Heffler, ChFC; CLU; President, MyMedicareAdvisor

Tue, 6:30 PM to 8:30 PM, 9/30
IM22067 Lower Merion HS 1 session, \$55
member \$49

» **Financial Empowerment for Women**

Are your financial circumstances changing due to a major life event? Enhance your financial knowledge and learn to invest with confidence in the company of other women.

Karen Santini Clemens, CPA, CFP®

Wed, 7:00 PM to 8:00 PM, starts 10/15
IM32058 Creutzburg 3 sessions, \$59
member \$53

» **Retirement Income and Withdrawal Strategies**

Replacing your income when you stop working is one of the most important and least talked about issues in personal finance. Understand common withdrawal strategies including their benefits and risks. Discuss Roth Conversions and other tax strategies that can have a significant impact on the longevity of your assets. Learn about the 4% rule, dividends, the pros and cons of annuities, plus more.

Kevin Manning, CFP®; Managing Partner, Stone Pine Financial Partners

Wed, 6:30 PM to 8:30 PM, starts 10/15
IM32062 ONLINE 2 sessions, \$65
member \$58

Myriah Lipke, CFP®; Financial Advisor, Stone Pine Financial Partners

Wed, 6:30 PM to 8:30 PM, starts 1/14/26
IM32059 ONLINE 2 sessions, \$65
member \$58

» **Powers of Attorney & Advance Medical Directives**

Learn about Financial Powers of Attorney, Healthcare Powers of Attorney and Advance Medical Directives/Living Wills. Prepare your own living will in compliance with Pennsylvania law. Also covered: the consequences of not having these documents in place and who should retain them for you after they are signed.

Carol Ryan Livingood, Esq., Timoney Knox

Thu, 10:00 AM to 11:00 AM, 11/13
IM41053 Creutzburg 1 session, \$39
member \$35

» **Estate Planning: Getting Started**

Discover why everyone should have a will. Who are fiduciaries and what do they do? Get an overview of estate administration, including state inheritance tax, taxable assets vs. probate assets, and federal estate and gift taxes. Recent changes to the law are explained.

Carol Ryan Livingood, Esq., Timoney Knox

Thu, 10:00 AM to 11:30 AM, 11/20
IM41054 Creutzburg 1 session, \$49
member \$44

» **The Importance of Long-Term Care**

NEW Tailored for proactive individuals, you will be empowered to master essential tools to address extended care costs and preserve wealth through informed decision-making. Explore current trends in long-term care (LTC) planning, including traditional and hybrid LTC solutions, annuities with LTC riders, and life insurance with LTC benefits. Gain insight into evolving state tax legislation, caregiver impacts, and how to strategically protect your assets while planning for future care needs.

Christopher Glover, Cerebrum Strategic Advisor, Managing Partner

Wed, 6:00 PM to 7:00 PM, 11/12
IM32063 Creutzburg 1 session, \$45
member \$40

» **Transition to Retirement: The Top 5 Decisions Everyone Must Consider**

Take control of your finances and avoid costly mistakes when you consider the five most important topics for every retiree: Social Security, Medicare, housing, income replacement, taxes and software to illustrate the impact and importance these decisions can have on your retirement. Learn an effective way to consolidate your retirement planning decisions to one page.

Andrew Herron, CFP®; Managing Partner, Stone Pine Financial Partners

Mon, 6:30 PM to 8:30 PM, starts 11/24
IM12057 The Willows 2 sessions, \$65
member \$58



MUSIC, FILM & PERFORMING ARTS

» **MUSIC AND PERFORMING ARTS APPRECIATION**» **Leonard Bernstein – American Idol/American Idealist**

Beginning in the 1940s Leonard Bernstein reigned as America's idol, the most charismatic presence in American arts. He was also an idealist and an adventurous spirit with lots of Mahler and mayhem in his life. Whether composing for the Broadway theater or the concert stage, Lenny's music and performances electrified audiences. Learn what made him tick.

Karl Middleman, Founder & Artistic Dir. (Ret.), Philadelphia Classical Symphony; Prof., Temple U.

Tue, 6:30 PM to 8:00 PM, starts 9/30
MT22819 Lower Merion HS 4 sessions, \$99
member \$89

» **The Intense Magic of Stephen Sondheim**

He stood alone as both composer and wordsmith. Sondheim was the last and perhaps greatest master of American musical theater. Each show was uniquely different from all others. His "concept" musicals, *Company* and *Follies*, were revolutionary and captivating. Spectacular video excerpts feature *Into the Woods*, *A Little Night Music* and much more.

Karl Middleman, Founder & Artistic Dir. (Ret.), Phila Classical Symphony; Prof., Temple U.

Tue, 6:30 PM to 8:00 PM, starts 11/4
MT22821 Lower Merion HS 2 sessions, \$59
member \$53

» **Into Film: A Deeper Appreciation**

Enjoy an in-depth introduction to the history, context, anecdotes, and "Things to Look For." View a celebrated, exciting, but somewhat rare film in its entirety. All new material for previous students.

Neal Newman, Actor; Thtr Dir.; Prod.; Writer

Tue, 12:30 PM to 3:00 PM, starts 10/28
MT21801 Creutzburg 5 sessions, \$79
member \$71

» **The Philadelphia Orchestra Celebrates 125 Years!**

NEW Preview selections from the Orchestra's 2025-2026 performances at the Kimmel Center. Using audio-visual examples, focus on the forms, instrumentation and other stylistic elements of the music. Understanding great music is much easier when you know what to listen for!

Elizabeth Cochran, AB, Bryn Mawr; New School of Music

Mon, 1:30 PM to 3:00 PM, starts 9/15
MT11801 Creutzburg 6 sessions, \$119
member \$107

» **The Birth of a Nation and the Path to Today's America**

NEW Use classic film to analyze contemporary society. Beginning before the Civil War, discuss the Jim Crow era, the rise of the first and newer Klan, the dawn of the new white supremacy, and today's policies that racism no longer exists in the country. Watch D. W. Griffith's classic in four parts with a lecture and discussion before and after.

Neal Newman, Actor; Theater Director; Producer; Writer; Teacher

Tue, 12:30 PM to 3:00 PM, starts 9/16
MT21802 Creutzburg 5 sessions, \$79
member \$71

» **The 80s. A Celebration**

NEW Depart from the usual variety of films and eras to remember MLN's 80 years at LMHS with a look at films from the 80s. Each includes lectures, full showings, and discussion in an appreciation format. Each features the tumultuous decade both as a crucible for the current troubles we live in and a dose of nostalgia, these experiences we remember fondly.

Neal Newman, Actor; Theater Director; Producer; Writer; Teacher

Tue, 6:30 PM to 9:00 PM, starts 9/30
MT22817 Lower Merion HS 5 sessions, \$79
member \$71

» Six Indie Films That Changed Everything

NEW Some films do more than entertain; they upend expectations, shift the industry, and launch entire movements. Explore six such landmark indie films that reshaped the landscape of American cinema from the 1980s to today. Consider *Sex, Lies, and Videotape*, *Do the Right Thing*, *Pulp Fiction*, *The Blair Witch Project*, *Get Out*, and *Clerks*. Ideal for film lovers, screenwriters, aspiring directors, and anyone curious about the intersection of art, culture, and industry in the world of independent film.

David Greenberg, Filmmaker; Professor,
Screenwriting & Film History, Drexel University
Tue, 7:15 PM to 8:45 PM, starts 9/30
MT22814 Lower Merion HS ... 6 sessions, \$109
member \$98

» Gatsby on Film: Adapting the American Dream

NEW F. Scott Fitzgerald's *The Great Gatsby* has been adapted for the screen more than any other modern American novel—but no two versions tell the story the same way. Explore how filmmakers from different eras and sensibilities have interpreted this quintessential tale of wealth, longing, illusion, and loss. Ideal for film lovers, literature fans, educators, and anyone interested in the ongoing dialogue between page and screen. See p. 51 for a *Gatsby* book review and p. 7 for the *Gatsby* party.

David Greenberg, Filmmaker; Professor,
Screenwriting & Film History, Drexel University
Thu, 7:15 PM to 8:45 PM, starts 10/16
MT42808 Creutzburg ... 3 sessions, \$59
member \$53

» A Gothic Encounter with Edgar Allan Poe & The Raven

This Halloween Dr. Covington channels the chillingly gothic ghost of Edgar Allan Poe. Poe's haunting poems and short stories long ago established him as the undisputed "Master of the Macabre." Underneath his eventual worldwide popularity and acclaim, lay a graveyard of loss and personal tragedy. Meet the "real" Poe, as Covington "channels" the writer—through inspired readings of Poe's most famous poems and prose, and a dramatic presentation of *The Raven* and *Tell-Tale Heart*!

Jack Covington, Oxford-educated Living
Historian; Classically Trained Stage Actor
Wed, 2:00 PM to 3:15 PM, 10/15
MT31804 Creutzburg ... 1 session, \$39
member \$35



» Greet Teddy Roosevelt & The Great Adventure of Life!

NEW Honor Veterans Day with Teddy Roosevelt, the 26th President of the United States, and learn more about his extraordinary life and times. Experience his warm, outgoing and larger-than-life personality as well as his timeless wisdom, courage, and dedication to his country, revealed in his own striking words, flamboyant gestures and unforgettable phrases. He was highly intelligent, individualistic, uninhibited and audacious, an American spirit!

Jack Covington, Oxford-educated Living
Historian; Classically Trained Stage Actor

Wed, 2:00 PM to 3:15 PM, 11/5
MT31809 Creutzburg ... 1 session, \$39
member \$35

» A Yuletide Fest with Charles Dickens, Scrooge & The Mirthful Rest!

One of England's greatest and most popular novelists, Charles Dickens remains universally regarded as "The Man who Invented Christmas." To many, his literary characters are as real today as the day they were created, especially Ebenezer Scrooge. Dickens' life was a true tale of rags-to-riches—from the shame of debt and humiliation to international literary success and worldwide acclaim. Enjoy this holiday season as Covington becomes the "Master of Holiday Mirth" himself!

Jack Covington, Oxford-educated Living
Historian; Classically Trained Stage Actor

Wed, 2:00 PM to 3:15 PM, 12/10
MT31807 Creutzburg ... 1 session, \$39
member \$35

» Dark Star: Vivien Leigh

Her mystique was a combination of staggering beauty and genuine talent, displayed in her Oscar winning performances in *Gone With the Wind* and *A Streetcar Named Desire*. She inspired the greatest visionaries of her time; Laurence Olivier loved her; Winston Churchill praised her; Christian Dior dressed her. She also fought bipolar disorder her whole life which impacted and yet informed her performances. For Scarlet O'Hara and Vivien Leigh tomorrow was indeed another day.

Catherine Jeanne Robert, PhD, Professor of
Liberal Arts, University of the Arts (Ret.)

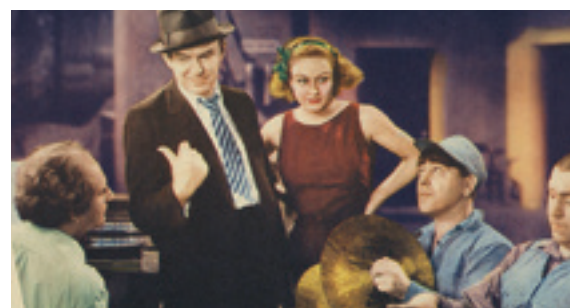
Sat, 3:00 PM to 5:00 PM, 10/18
MT61810 Creutzburg ... 1 session, \$49
member \$44

» The Three Stooges

NEW The world is divided into two groups... one half who love the Stooges, the other half who wonders why. If you belong to the first group, you must take this class. The Three Stooges were more than just slapstick. Learn the basic principles of successful comedy that have ensured the Stooges' popularity for more than 90 years, enjoy fun Stooges quizzes, meet the supporting cast, discuss your favorite episodes. This class is brought to you by "Whatsamata" U."

Rick Spector, Owner, Moviehouse Productions

Wed, 1:00 PM to 2:30 PM, 10/22
MT31803 Creutzburg ... 1 session, \$39
member \$35



» Philadelphians in Classic Movies and Television

NEW Explore the important roles locals played in the early days of the movies- from behind the camera silent films producer Siegmund Lubin and film composer David Raksin, and through the contributions of on-screen stars Lionel Barrymore, Jeanette MacDonald, Grace Kelly, and many more. Learn and reminisce about early television innovations, and meet early Philadelphia television personalities.

Rick Spector, Owner, Moviehouse Productions

Tue, 6:45 PM to 8:45 PM, 10/28
MT22815 Lower Merion HS ... 1 session, \$39
member \$35

» Bollywood Cinema

Gain an understanding of the vast diversity and richness of Indian culture through the medium of cinema and move beyond stereotypes to experience what this beautiful and profound genre has to offer. Focus on popular Hindi language films, aka Bollywood, from the last twenty years. They will serve as a back-drop for an analysis of the culture, language, history and cuisine of northern India. Foods depicted in each movie are provided.

Anjali Shaw, BA, MLS

Thu, 1:00 PM to 4:00 PM, starts 10/23
MT41806 Creutzburg ... 3 sessions, \$85
member \$76

» "Hey kids, what time is it?"

If you know the answer, let's take a trip back in time when your only worry was what show to watch on TV or listen to on the radio. When Sunday nights belonged to Ed Sullivan, Lucy ruled Mondays and Tuesdays meant Uncle Miltie! When we were "Stuck on Band-aids" and drank that "Heavenly Coffee." When we asked "Mikey to try it 'cause he hates everything!" Keyboard accompaniment will help bring it all back!

Jackie Strauss, Co-host, "Remember When"
Radio Show; Singer, "The Tridels"

Wed, 1:00 PM to 2:30 PM, 10/29
MT31805 Creutzburg ... 1 session, \$39
member \$35

VOICE, INSTRUMENT AND PERFORMANCE ART

» The Well Tempered Musician: Theory and Composition

Have a melody stuck in your head but don't know how to write it down? This class will introduce you to the three building blocks of music: melody, harmony, and rhythm, what they are, and how to put them together to play a song. Learn to read musical notation, add the Circle of Fifths, major and minor keys, chord progressions, and you're on your way! Recommended for beginners.

Sally Weinstock, Founder, Pennington Arts

Tue, 6:30 PM to 7:30 PM, starts 9/30
MT22816 Lower Merion HS ... 6 sessions, \$89
member \$80

» Harmonica: Beginner

Learn simple traditional folk songs and elementary blues on one of America's most popular portable instruments—the harmonica. Cover basic techniques such as bending, trilling, tongue-blocking, vibrato, and wah-wah. Individual attention will be given. Bring a 10-hole diatonic key of C-major harmonica (such as the Hohner Special 20, the Hohner Marine Band Model 1896, or equivalent). Required manual (\$10) payable to instructor.

Seth Holzman, BA, Music; Musician, Studio and Performing

Tue, 6:30 PM to 7:45 PM, starts 9/30
MT22506 ONLINE ... 8 sessions, \$125
member \$112



» **Harmonica: Blues**

Continue our work with the harmonica and focus on the blues. The harmonica's unique sound is integral to the distinctiveness of many great blues bands. Work on songs by Slim Harpo, Little Walter, Sonny Terry and more. Bring a 10-hole diatonic key of C major harmonica (such as the Hohner Special 20, the Hohner Marine Band Model 1896, or equivalent). Required manual (\$10) payable to instructor.

Seth Holzman, BA, Music; Musician, Studio and Performing

Tue, 8:00 PM to 9:15 PM, starts 9/30
MT22507 ONLINE 8 sessions, \$125
member \$112

» **Improv, Why Not?**

What is improvisation, or improv for short? Basically, it's unscripted acting. You do scenes without writing a script first. But there are warmups to doing that, games you play and exercises you do to learn the principles of Improv. Learn to think fast on your feet, listen better, trust yourself, be in the moment and unwind and have fun. Returning students welcome.

Larry Kaufman, Improviser/Facilitator

Tue, 7:00 PM to 8:30 PM, starts 9/30
MT22812 Lower Merion HS ... 7 sessions, \$135
member \$121

» **Intro: Improve & Short Form Games**

Learn/practice the basic principles and skills of Improv, the art of working without a script. Like "Whose Line Is It Anyway?," learn and play improv games together. This is a no pressure opportunity to explore your comedic side or practice presentation skills with others. Come on out and play!

Susannah Beckett, Improv Performer, CSz Phila.

Sat. 1:00 PM to 4:00 PM, 10/18
MT61802 Creutzburg 1 session \$59
member \$53

» **Piano: Beginner**

NEW Learn the basic fundamentals of the piano and develop a basic understanding of piano music. Also discuss music history. Learn a simple piece of music to play at the end of six weeks! Play the piano during each class (bring your keyboard or digital piano.) Practice at home is required to be prepared for the next class. Learning to play the piano can be fun and enriching!

Jean Distephano, Instructor; Student, Nelly Berman School of Music

Tue, 6:00 PM to 7:00 PM, starts 10/7
MT22818 Lower Merion HS ... 6 sessions, \$119
member \$107

» **Guitar: Beginner**

Learn how to tune the guitar. Learn all open position major and minor chords, some basic strumming techniques, some basic fingerpicking techniques and put them together to start playing songs. Do all of this in a relaxed, friendly and inclusive manner. Material fee (\$10) payable to instructor.

Wanamaker Lewis, Musician

Tue, 5:45 PM to 6:45 PM, starts 10/7
MT22822 Lower Merion HS ... 6 sessions, \$119
member \$107

» **The Art Of Fingerstyle Guitar**

Designed for the guitarist who already knows basic chords and strums and is looking to expand into some new territory. Make your guitar an orchestra! Learn pattern picking, playing bass and melody at the same time with independent thumb, finger rolls and more. Cover some of the music of the great fingerstyle guitar players—Merle Travis, Chet Atkins, Jerry Reed and Tommy Emmanuel. Ability to read tablature is suggested. Material fee (\$15) payable to instructor.

Wanamaker Lewis, Musician

Tue, 7:00 PM to 8:00 PM, starts 10/7
MT22823 Lower Merion HS ... 6 sessions, \$119
member \$107

» **An Introduction to Voice Over**

From audio books to advertisements and beyond, we encounter recorded voices everywhere! Go behind-the-scenes in the voice over field for a fun and realistic look at how the voice over field really works. Gain inside perspective on developing skills, and how to leverage your voice's strengths and interests, and more. Record a sample professional voice over under the direction of the instructor in the in person class or a one on one read if participating online.

Staff, Creative Voice Development Group

Tue, 6:30 PM to 9:00 PM, 10/14
MT22813 Lower Merion HS 1 session, \$55
member \$49

Mon, 6:30 PM to 8:00 PM, 11/3
MT12505 ONLINE 1 session, \$55
member \$49

» **Intro to Acting for Film & TV**

NEW Cover breaking down a script, staying grounded, creating prior circumstances, making specific choices, tapping into your imagination, all in the service of producing work that is compelling and truthful. No experience necessary.

Marti Keegan, Acting Instructor

Tue, 6:45 PM to 8:45 PM, 9/30
MT22820 Lower Merion HS ... 6 sessions, \$119
member \$107

PERSONAL ENRICHMENT

» **You, One Year from Now**

NEW Where do you want to be one year from today — and what small steps can you take to get there? This engaging and reflective workshop invites you to reconnect with what matters most to you. Through guided experiences, creative exploration and meaningful self-discovery, you'll gain clarity, inspiration and a renewed sense of direction. Whether you're navigating change or seeking a fresh start, you'll leave with insight and energy for the next chapter.

Nancy Sullivan, Board Certified Health and Wellness Coach

Jood Thompson, Functional Medicine Certified Health Coach

Sat, 2:00 PM to 4:00 PM, 11/8
SE61041 Creutzburg 1 session, \$49
member \$44

» **Introduction to Numerology**

NEW Unlock the hidden messages in numbers. Explore the ancient art of Pythagorean numerology and discover how the numbers in your life reveal insights into your purpose, path, relationships, career, and personal challenges. Whether you've noticed repeating numbers or are simply curious, this class offers an empowering journey into the meaning behind the math—helping you connect more deeply with yourself and the universe.

Denise Daniels, Co-Founder, Believe Dream Become

Tue, 6:30 PM to 8:30 PM, starts 10/21
SE22037 Lower Merion HS 2 sessions, \$59
member \$53

» **Navigate Aging with Confidence**

NEW Plan confidently for the road ahead. Get practical guidance for holistic aging planning—including senior living options, caregiving challenges, family responsibilities, social support, and legacy wishes. Thoughtful preparation is one of the most meaningful gifts we can give our loved ones—easing stress, reducing uncertainty, and strengthening family relationships. Gain actionable strategies, explore real-life case studies, and receive valuable resources to support yourself or your loved ones.

Stephen Marshall, C.S.A, Silver Path Consulting

Jill Marshall, CSA, Silver Path Consulting

Tue, 6:00 PM to 8:00 PM, 11/18
SE22033 Lower Merion HS 1 session, \$45
member \$40

» **Tending the Creative Soul: A Women's Circle**

NEW Awaken your inner artist in this soulful circle inspired by The Artist's Way and enriched with Jungian insights. Through dreams, symbols, morning pages, artist's dates, and deep reflection, you'll reconnect with your authentic self. No artistic experience needed—just a desire to live more fully and creatively. Ideal for women in transition, seeking inspiration, or craving deeper self-discovery. Book required – see receipt.

Lennie Perrott, MS, Licensed Psychologist

Tue, 12:30 PM to 2:00 PM, starts 10/7
SE21032 Creutzburg 6 sessions, \$149
member \$133



» Walking the Labyrinth: Your Path to Inner Peace

Experience the transformative power of the labyrinth, an ancient pathway to personal growth and spiritual connection. Through labyrinth walks, meditation, breathwork, journaling, and inspired writing, you'll learn to quiet your mind, open your heart, and find a deeper sense of peace within. This class combines contemplation/reflection time with experiential learning.

Anne Montgomery Schmid, Certified Labyrinth Facilitator and Founder, Encircled Grace

Tue, 6:45 PM to 8:15 PM, starts 10/7
SE22034 Lower Merion HS 2 sessions, \$59
member \$53

» Dating Strategies for Men & Women

Join us for a lively class designed for men and women over 50. Discover what the opposite sex really wants to see and hear from your dating profile, and what expectations are common on first dates and relationships. This interactive class includes open discussions, statistical data, and honest real-world advice in a supportive environment. Whether you're new to dating or re-entering the scene, learn to navigate dating confidently and safely.

Nancy Rugart Plummer, Life Coach/Dating Expert

Wed, 6:30 PM to 8:30 PM, 10/22
SE32036 Creutzburg 1 session, \$39
member \$35



» Tarot for Self-Discovery

Harness the ancient wisdom of Tarot for profound insights to aid personal growth. Discover the rich history of this symbolic language, originating in 15th century Italy, and its enduring relevance for navigating the past, present, and future. Embark on a journey of self-discovery, learning basic tools for interpreting the cards for insightful readings for yourself and others. Tarot decks will be available for purchase from instructor.

Gina Tomaine, Author, Philly Tarot Deck Guidebook

Tue, 7:00 PM to 8:30 PM, starts 11/4
SE22038 Lower Merion HS 2 sessions, \$59
member \$53



MEDITATION

» Menopause & Mindfulness

NEW Explore how mindfulness can support your brain through perimenopause and menopause. Learn evidence-based practices to help manage mood, memory, and mental clarity during hormonal shifts. Gain tools to strengthen cognitive resilience and emotional balance—not just for this transition, but for the years ahead. Step into this new phase of life with greater clarity, calm, and confidence.

Valerie Dickman, Mindfulness Coach

Thu, 6:30 PM to 8:30 PM, 10/23
SE42039 Creutzburg 1 session, \$49
member \$44

» Find Inner Peace Through Meditation

Throughout the ages, meditation has helped people find peace of mind and balance in daily living. Today, modern medicine uses meditation to help reduce stress, lower blood pressure and improve mental outlook. Practice a variety of meditation techniques and find one that works for you.

Hari Zandler, Master Yoga Instructor and Practitioner

Tue, 8:10 PM to 9:10 PM, starts 9/30
SE22035 Lower Merion HS . . . 8 sessions, \$110
member \$99

» Cultivating Joy Through Mindfulness

Break free from negative thought patterns and learn how to increase joy and contentment through mindfulness practices. Discover the neuroscience behind positive emotions and how to intentionally savor life's simple pleasures by observing your thoughts without judgement, allowing you to choose more positive perspectives.

Clayton Platt, Master Corporate Trainer; Executive Coach; Meditation Teacher

Thu, 6:30 PM to 8:30 PM, 10/30
SE42042 Creutzburg 1 session, \$49
member \$44

» Mindful Meditation

Mindfulness is not just a trendy buzzword. It's the tried-and-true method many spiritual traditions and psychologies offer so we can deal effectively with anxiety and live more positive lives. We'll practice breathing techniques that can help and discuss how to stay mindful and more relaxed in all areas of our lives.

Marie Roberts, MA, MS, Author

Tue, 7:00 PM to 8:00 PM, starts 1/6/26
SE22040 ONLINE 5 sessions, \$65
member \$58



COUNCIL FOR
Relationships
PRESENTS

OWNING YOUR STORY AT EVERY AGE

VOICE, CONFIDENCE, IDENTITY



» Assert Yourself at Any Age

NEW Learn to express yourself with clarity and confidence—even in challenging situations. Explore the principles of assertive communication and how it differs from passive or aggressive styles. Gain practical tools for timing, preparation, and crafting effective responses. Through real-life examples and guided practice, build skills to speak up for yourself in healthcare, family, and daily life—so your voice is heard and your needs are understood.

Michele Marsh, PhD, CST, Senior Clinical Staff, Council for Relationships

Tue, 6:30 PM to 8:30 PM, 10/28
SE22030 Lower Merion HS & ONLINE (Hybrid)
. 1 session, \$45
member \$40

» Identity in the Third Act of Life

NEW As we move into our 60s and 70s and beyond, life shifts—roles change, productivity may slow, and questions of identity, meaning, and legacy arise. Am I an elder now? What have I learned? What do I regret? In this reflective, interactive class, we'll explore what it means to grow older with insight, purpose, and acceptance. Part presentation, part discussion, this is a space for honest conversation about aging, identity, and wisdom.

Michele Southworth, J.D., LMFT, Senior Clinical Staff, Council for Relationships

Tue, 1:00 PM to 2:30 PM, 11/4
SE21031 Creutzburg & ONLINE (Hybrid)
. 1 session, \$39
member \$35



SPORTS, GAMES & OUTDOOR ADVENTURES

OUTDOOR ADVENTURES

» **Hiking Tour of McKaig's Old Growth Forest**

NEW Discover the wonders of McKaig Nature Center's certified Old Growth Forest, guided by the Park Ranger. Immerse yourself in the presence of centuries-old trees while learning practical skills to identify them by their leaves, bark and shape. Expect moderate elevation changes and some uneven terrain.

Vytas Masalaitis, McKaig Park Ranger, VP KoP Historical Society (Ret.)

Thu, 5:45 PM to 7:45 PM, 9/25
SP42058 McKaig Nature Center . 1 session, \$35
member \$31

» **Step Back in Time: A Historic Hike through McKaig**

Embark on a 2-mile historic journey within McKaig Nature Center! Discover American history rooted in this very land, from the symbolism of the Tree of Liberty and the Pine Tree Riot to a 1731 Swedish Settlers Farm House. The hike culminates in tracing the route of the Continental Army's march to Valley Forge. Expect moderate elevation changes and uneven terrain along serene trails.

Vytas Masalaitis, McKaig Park Ranger, VP KoP Historical Society (Ret.)

Thu, 4:45 PM to 6:45 PM, 10/9
SP42059 McKaig Nature Center . 1 session, \$35
member \$31



» **Geminid Meteor Shower Peak at McKaig**

NEW Get ready for a celestial spectacle with McKaig Nature Center! The Geminid meteor shower, renowned as one of the most reliable annual showers, is expected to peak December 13 & 14. With the moon not rising until after midnight, we anticipate dark skies for enhanced viewing. In past years we've seen 18-26 meteors and this year promises to be especially bountiful! Guided by McKaig Park Ranger. Star guide included.

Vytas Masalaitis, McKaig Park Ranger, VP KoP Historical Society (Ret.)

Sat, 7:30 PM to 9:00 PM, 12/13
SP62052 McKaig Nature Center . 1 session, \$10

» **Forest Bathing: A Therapeutic Walk in Nature**

Originating in Japan, "Forest Bathing" or "taking in the forest atmosphere," is a way to see both outer and inner worlds with new eyes. This practice has been found to help calm, center and heal both body and mind. On our gentle walk you'll be guided in immersing all of your senses in the natural world as you experience the restorative benefits of the forest. At the end, gather to sip tea and enjoy some small snacks.

Rona Cordish Satten, MCAT; MQT-Certified Qigong Instructor; Sheng Zhen Instructor

Thu, 10:00 AM to 12:00 PM, 10/9
SP41064 Shortridge Park 1 session, \$39



» **A Walk in the Woods: Area Trail Hikes**

Enjoy the outdoors hiking a series of 4-mile trails of varied terrain along picturesque creeks, through woods, sweeping meadows and historic rock formations. Experience the unsurpassed beauty of area parks and preserves in the fun company of other nature enthusiasts.

David and Barbara Heaton, Hike Leaders

Thu, 9:30 AM to 11:30 AM, starts 9/18
SP41059 On receipt 5 sessions, \$59
member \$53

» **Trail Trekkers**

Discover beautiful local trails (4-6 miles) with challenging terrain. Tackle roots, rocks and water crossings with other experienced hikers. Brisk pace; good company.

Tasha Carson, Hike Leader

Fri, 9:30 AM to 11:30 AM, starts 9/26
SP51057 On Receipt. 6 sessions, \$69
member \$62

» **MLSN Hiking Club**

Join the club and head outside. Explore local trails with varied terrain and moderate inclines at a moderate pace. We'll hike 3 to 5 miles with stops to enjoy the calm.

Tasha Carson, Hike Leader

Tue, 9:30 AM to 11:30 AM, starts 9/30
SP21069 On Receipt. 6 sessions, \$69
member \$62

» **Hiking in Radnor: Fall Foliage**

Deepen your connection with nature with a leisurely hike on the wooded trails in Skunk Hollow Park, next to the Willows. Enjoy autumn's colors while learning about how and why leaves change color in the fall, why some leaves hang on all winter long, and which leaves adorn which tree species.

MaryCoe, Hike Leader, Willows Park Preserve Board

Sat, 1:00 PM to 3:00 PM, 10/25
SP61002 The Willows 1 session, \$35
member \$31

» **Hiking in Radnor: Tree Identification**

There are over 50 species of tree at The Willows Park and Skunk Hollow. Learn how to identify the various tree species in these parks by examining their bark, buds, branches, fruits, nuts, seeds and cones.

MaryCoe, Hike Leader, Willows Park Preserve Board

Sat, 1:00 PM to 3:00 PM, 11/22
SP61003 The Willows 1 session, \$35
member \$31

SPORTS

» **Boat America**

Basic boating class for power, sail & PWC operators. Meets the education requirements for certification in PA, NJ, DE, and MD. Cover types of boats, boating law, safety equipment, handling, boating problems, navigation and more. Successful completion earns you PA State Operator Certification (\$10 fee). Official manual and exam included.

Staff, U.S. Coast Guard Auxiliary

Tue, 7:00 PM to 9:00 PM, starts 10/14
SP22027 Lower Merion HS. 4 sessions, \$99
member \$89/Partner \$49

» **Boating Skills and Seamanship Certification**

This officially certified Coast Guard class for recreational power boat operators covers rules of the sea, safe boating procedures, charts, navigation and more. Successful completion earns PA State Operators Certification and Basic Skills and Seamanship Certification. Meets requirements for PA, NJ and MD safe boating education laws. Text (\$30) available from instructor.

Staff, U.S. Coast Guard Auxiliary

Wed, 7:00 PM to 9:00 PM, starts 10/8
SP32026 Creutzburg 8 sessions, \$149
member \$133/Partner \$79

» **Kayaking Skills Series**

Find your rhythm on the water and the skills and confidence to enjoy the beauty and benefits of recreational kayaking. Experience hands-on guidance from expert instructors using drills and feedback with ample time to practice. Topics cover essential equipment, clothing, safety gear and planning tools, fundamental paddling strokes and crucial kayak rescue methods. Each session builds on the last, for a gradual and thorough introduction that gives you all the tools required for safe and successful kayaking. No prior experience needed and all equipment provided.

Staff, L.L. Bean

Sat, 2:00 PM to 4:30 PM, starts 9/6
SP61055 Marsh Creek State Park
. 4 sessions, \$199



» Full Moon Kayaking

Discover the beauty of nature at night as you paddle through calm waters under the glow of the moon. In comfortable, stable kayaks get a chance to experience nature up close. As the moon rises higher in the sky, see the fascinating wildlife that emerges when the sun sets. View the full moon and enjoy a complimentary snack. No prior experience needed and all equipment provided.

Staff, L.L. Bean
Sun, 7:00 PM to 10:00 PM, 9/7
SP72011 Marsh Creek State Park . 1 session, \$79
Tue, 7:00 PM to 10:00 PM, 10/7
SP22050 Marsh Creek State Park . 1 session, \$79

» Golf at Paxon Hollow

Improve your golf game in these clinics designed with intermediate, beginner and first-timers in mind. Learn golfing basics: grip, posture, swing mechanics, alignment, club selection, etc. Practice hitting your driver and irons on the natural turf range, chip and putt on the practice green, all under the watchful eyes of PGA professionals.

Dan Malley, Paxon Hollow Country Club
Mon, 10:00 AM to 11:00 AM, starts 9/8
SP11007 Paxon Hollow Country Club
..... 6 sessions, \$186
Mon, 11:15 AM to 12:15 PM, starts 9/8
SP11006 Paxon Hollow Country Club
..... 6 sessions, \$186
Tue, 11:15 AM to 12:15 PM, starts 9/9
SP21005 Paxon Hollow Country Club
..... 6 sessions, \$186
Tue, 10:00 AM to 11:00 AM, starts 9/9
SP21004 Paxon Hollow Country Club
..... 6 sessions, \$186
Thu, 10:00 AM to 11:00 AM, starts 9/11
SP41002 Paxon Hollow Country Club
..... 6 sessions, \$186
Thu, 11:15 AM to 12:15 PM, starts 9/11
SP41001 Paxon Hollow Country Club
..... 6 sessions, \$186

» Owl Prowl Under the Full Moon

NEW Join us for an owl prowling hike in the glow of the full moon! Birding experts will guide you along trails and make calls to the owls with a chance to spot these majestic birds of prey. Learn about our local feathered friends and find out what owls are out to see and hear!

LL Bean Staff, Staff, L.L. Bean
Sat, 7:00 PM to 9:00 PM, 1/3/26
SP62053 Marsh Creek State Park . 1 session, \$89
Sun, 7:00 PM to 9:00 PM, 2/1/26
SP72001 Marsh Creek State Park . 1 session, \$89



» Archery

After brief introductions and safety talk, learn the proper technique for correctly holding a bow and releasing an arrow for optimal accuracy and precision. Students will practice hitting targets with a recurve bow. All necessary archery equipment is provided.

Staff, L.L. Bean
Sat, 1:00 PM to 3:00 PM, 10/11
SP61054 Marsh Creek State Park . 1 session, \$69
Sat, 10:00 AM to 12:00 PM, 11/15
SP61052 Marsh Creek State Park . 1 session, \$69

» Recurve Archery

NEW Archery experts cover everything from fundamentals to advanced targeting tips and techniques with a recurve bow. Get the essentials including safety, bow selection, proper stringing and unstringing a bow and maintenance. Discuss types of archery, targets, arrows and more. On the range, practice achieving the correct body mechanics, bow dynamics and adjusting sights to improve your form and overall accuracy. Leave skills to enjoy this sport confidently and safely. Perfect for beginners or anyone who wants to take their skills further.

Staff, L.L. Bean
Fri, 2:00 PM to 5:00 PM, 9/26
SP51051 Marsh Creek State Park . 1 session, \$85
Sat, 1:00 PM to 4:00 PM, 10/25
SP61001 Marsh Creek State Park . 1 session, \$85

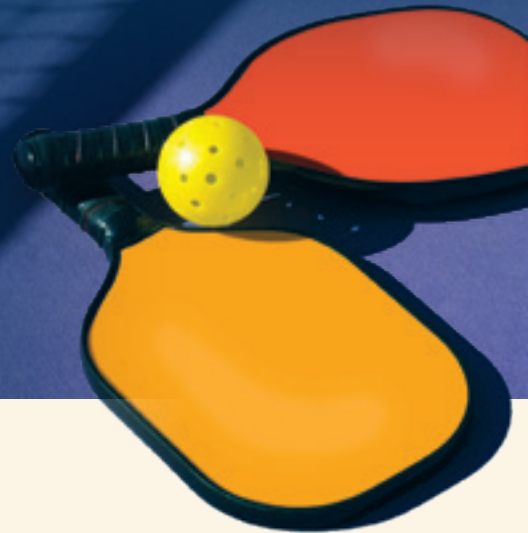
» Squash

Have fun and increase your fitness in fast-paced squash. Learn or brush up on all aspects of the game, including service, drives, boasts, drop shots, rules and scoring methods. Enjoy small classes with time to practice and play. Bring your own equipment or borrow it from the venue, or purchase package offered by Berwyn Squash. Details on receipt.

Staff, Berwyn Squash & Fitness Club
Sat, 11:15 AM to 12:00 PM, starts 9/6
SP61088 Berwyn Squash 4 sessions, \$149
Sat, 11:15 AM to 12:00 PM, starts 10/4
SP61087 Berwyn Squash 4 sessions, \$149

PICKLEBALL

Don't miss out on the hottest new sport! Rules of the game, serve, court positioning, groundstrokes, volleys, the all-important "soft" game, and basic strategies will be covered. Start your lifelong love of Pickleball with MLSN!



» Pickleball at UMCC

Staff, Upper Merion Community Center
Sun, 1:00 PM to 2:00 PM, starts 9/21
SP71086 **Beginners** 6 sessions, \$142

» Pickleball at Berwyn Squash & Fitness Club

Staff, Berwyn Squash & Fitness Club
Sat, 10:00 AM to 11:30 AM, starts 9/6
SP61089 **Beginners** 4 sessions, \$142
Thu, 5:30 PM to 7:00 PM, starts 9/4
SP42092 **Advanced Beginners** . 4 sessions, \$142
Tue, 10:00 AM to 11:30 AM, starts 9/9
SP21094 **Advanced Beginners** . 4 sessions, \$142

Sat, 10:00 AM to 11:30 AM, starts 10/4
SP61090 **Advanced Beginners** . 4 sessions, \$142
Thu, 5:00 PM to 6:30 PM, starts 10/9
SP42093 **Advanced Beginners** . 4 sessions, \$142
Tue, 10:00 AM to 11:30 AM, starts 10/14
SP21095 **Advanced Beginners** . 4 sessions, \$142

» Pickleball at Narberth Tennis Club

Teaching Professionals, Julian Krinsky School of Tennis
Mon, 12:00 PM to 1:00 PM, starts 9/8
SP11101 **Beginners** 6 sessions, \$142
Thu, 2:00 PM to 3:00 PM, starts 9/11
SP41104 **Beginners** 6 sessions, \$142
Mon, 12:00 PM to 1:00 PM, starts 10/20
SP11103 **Beginners** 6 sessions, \$142
Thu, 2:00 PM to 3:00 PM, starts 10/30
SP41102 **Beginners** 6 sessions, \$142
Mon, 1:00 PM to 2:00 PM, starts 9/8
SP11109 **Advanced Beginners** . 6 sessions, \$142
Thu, 1:00 PM to 2:00 PM, starts 9/11
SP41110 **Advanced Beginners** . 6 sessions, \$142
Mon, 1:00 PM to 2:00 PM, starts 10/20
SP11107 **Advanced Beginners** . 6 sessions, \$142
Thu, 1:00 PM to 2:00 PM, starts 10/30
SP41108 **Advanced Beginners** . 6 sessions, \$142

Wed, 2:00 PM to 3:30 PM, starts 9/10
SP31116 **Intermediate** 6 sessions, \$179
Wed, 12:30 PM to 2:00 PM, starts 9/10
SP31113 **Intermediate** 6 sessions, \$179
Thu, 11:30 AM to 1:00 PM, starts 9/11
SP41122 **Intermediate** 6 sessions, \$179
Thu, 10:00 AM to 11:30 AM, starts 9/11
SP41119 **Intermediate** 6 sessions, \$179
Wed, 12:30 PM to 2:00 PM, starts 10/22
SP31115 **Intermediate** 6 sessions, \$179
Wed, 2:00 PM to 3:30 PM, starts 10/22
SP31114 **Intermediate** 6 sessions, \$179
Thu, 10:00 AM to 11:30 AM, starts 10/30
SP41121 **Intermediate** 6 sessions, \$179
Thu, 11:30 AM to 1:00 PM, starts 10/30
SP41120 **Intermediate** 6 sessions, \$179

GAMES

» Chess

Embark on an exciting journey into the world of chess! Receive step-by-step guidance from an experienced instructor, then enjoy playing with others. Beginners learn the fundamentals, piece movements and basic strategies. Once you've played a great game and are ahead in the endgame, find out what to do next in Endings. Students should have already taken Beginner Chess to take Endings.

Anthony Durkin, U.S. Chess Federation Certified Chess Coach

Mon, 1:30 PM to 3:00 PM, starts 9/15
SP11028 **Beginner** Creutzburg. . 6 sessions, \$129
member \$116

NEW Mon, 1:30 PM to 3:00 PM, starts 11/3
SP11029 **Endings** Creutzburg . 6 sessions, \$129
member \$116

» Cribbage

This centuries-old card game is a great way to socialize and connect with others, and its rules are simple and easily understood. In the Beginners class you will learn how to play, tips for counting points, and basic strategy. Experienced students will study deeper strategies like board position, playing offense and defense, and reading cards in Strategy & Supervised Play.

Scott Harker, Four-Time Champion, American Cribbage Congress

Wed, 2:30 PM to 4:30 PM, starts 10/8
SP31008 **Beginner** Creutzburg. . 5 sessions, \$109
member \$98

Thu, 2:30 PM to 4:30 PM, starts 10/9
SP41009 **Strategy & Supervised Play**
Creutzburg 5 sessions, \$109
member \$98

» MLSN Board Game Club

Enjoy the captivating world of board games, where laughter, strategy, and community reign supreme. Prepare to spend meaningful time with family and friends during the colder months. Classic or modern games will be introduced according to the preferences of the group. Invite your spouse, teen (16 and up) or friend at a discounted rate.

Matt Hendricks, Board Game Enthusiast

Wed, 7:00 PM to 9:00 PM, starts 10/29
SP32065 Creutzburg 4 sessions, \$99
member \$89/Partner \$49

» Play Pool!

This classic game is a lot easier to pick up than you think. Learn the game and cover topics including the proper stance, body alignment and stroking techniques. Learn how to aim accurately, the proper shot selection, cue ball positioning and other fundamentals. Discuss strategies of the game including run-out patterns, safeties and banking. Explore the mental side of the game including pre-shot visualization, self confidence builders and practice routines. All skill levels welcome.

Michael Lizzio, Certified Pool Instructor

Mon, 1:00 PM to 3:00 PM, starts 10/6
SP11023 Dunwoody Village
. 4 sessions, \$115
member \$103

» Bridge Refresher

NEW This fun and relaxed refresher class is designed for people who want to get back into the game. We'll review the basics, brush up on bidding and play strategies, and ease back into playing hands in a friendly, supportive environment. Whether you're looking to rejoin a group or just play casually, this class will help you feel confident at the table again.

Carla DiMuzio, Bridge and Tennis Coach

Sat, 10:00 AM to 12:00 PM, 11/8
SP61021 Creutzburg 1 session, \$20

» Bridge

Keep your mind sharp while having fun! Beginners learn the fundamentals—bidding, communicating with your partner, playing of the hand and bridge etiquette. In Advanced Beginner, topics covered are overcalls, takeout doubles and preemptive bids. Required textbook – see receipt.

Susanne Lennon, Bridge Instructor

Tue, 6:30 PM to 8:30 PM, starts 9/30
SP22018 **Beginner** Lower Merion HS
. 6 sessions, \$136
member \$121

Wed, 6:30 PM to 8:30 PM, starts 10/22
SP32021 **Advanced Beginner** Creutzburg
. 6 sessions, \$136
member \$121

Carla DiMuzio, Bridge and Tennis Coach

Thu, 11:00 AM to 12:30 PM, starts 10/9
SP41019 **Beginner** Creutzburg. . 6 sessions, \$109
member \$93

Thu, 12:45 PM to 2:15 PM, starts 10/9
SP41020 **Advanced Beginner** Creutzburg
. 6 sessions, \$109
member \$98

» Canasta

Enjoy playing Canasta, a card game in the rummy family. Beginners learn the fundamentals of play and winning strategies so you can join in the fun. Strategy classes are designed to improve success for players with at least 3 months' experience. In all classes, we play Modern American canasta where you cannot discard a wild card.

Sue Laskin, Experienced Canasta Teacher

Mon, 1:00 PM to 3:00 PM, starts 10/6
SP11010 **Beginner** Creutzburg. . 8 sessions, \$135
member \$121

Tue, 1:00 PM to 3:00 PM, starts 10/7
SP21012 **Beginner** Creutzburg. . 8 sessions, \$135
member \$121

Wed, 1:00 PM to 3:00 PM, starts 10/8
SP31015 **Beginner** Creutzburg. . 8 sessions, \$135
member \$121

Mon, 1:00 PM to 3:00 PM, starts 12/1
SP11017 **Strategy & Supervised Play**
Creutzburg 3 sessions, \$69
member \$62

» Canasta Meet-Up

A one-time opportunity to meet and play canasta with others who have completed the Beginner's canasta class and would like to form a group or join a game. We will rotate tables for optimum exposure.

Sue Laskin, Experienced Canasta Teacher

Wed, 12:30 PM to 3:00 PM, 12/10
SP31056 Creutzburg 1 session, \$20

» Pinochle

Learn one of the country's most popular games that is also fun, fast-moving and social. Pinochle uses a 48-card deck and each hand is played in three phases: bidding, meld and tricks. Beginning students learn and practice the basics and receive a pinochle deck of cards. If you have experience playing Pinochle, join the Supervised Play class to improve your strategy.

Marebeth Conard, Experienced Games Teacher

Thu, 1:00 PM to 3:00 PM, starts 9/18
SP41062 **Beginner** Creutzburg. 4 sessions, \$79
member \$71

Thu, 1:00 PM to 3:00 PM, starts 10/23
SP41063 **Supervised Play** Creutzburg
. 4 sessions, \$79
member \$71

» Mah Jongg Overview

Learn about Chinese history and culture, how the game came to America, and its popularity today with celebrities and younger people. Get introduced to the game so you know what to expect if you take a class. Open to those who play Mah Jongg and those who don't (yet!)

Michelle Partlow, Professional Educator

Mon, 7:00 PM to 8:00 PM, 9/15
SP12018 ONLINE. 1 session, \$20

» Mah Jongg Refresher

NEW Brush up on your Mah Jongg skills in this lively refresher class! Designed for those who've played before but need a confidence boost, we'll review rules, scoring, strategy, and the latest National Mah Jongg League card. Reconnect with the game, sharpen your play, and enjoy the camaraderie of fellow players. A current Mah Jongg card is required – see receipt.

Esther Gordon, Professional Educator

Mon, 11:15 AM to 1:15 PM, 11/17
SP11014 Creutzburg 1 session, \$20

» Mah Jongg

Learn to play American Mah Jongg, a four-person game played with decorative tiles. Beginner classes cover the fundamentals. Increase skills in the Advanced Beginner and Intermediate / Advanced class. Take your game to the next level in the Supervised Play. A current Mah Jongg card is required in all classes – see receipt for details.

Esther Gordon, Professional Educator, Harriton High School (Ret.)

Mon, 11:15 AM to 1:15 PM, starts 9/15
SP11072 **Beginner** Creutzburg . 8 sessions, \$195
member \$175

Mon, 1:45 PM to 3:45 PM, starts 9/15
SP11074 **Beginner** Creutzburg. . 8 sessions, \$195
member \$175

Mon, 11:15 AM to 1:15 PM, starts 11/24
SP11076 **Beginner** Creutzburg. . 8 sessions, \$195
member \$175

Mon, 11:15 AM to 1:15 PM, starts 11/24
SP11073 **Supervised Play** Creutzburg
. 3 sessions, \$75
member \$67

Meredith Krain, Mah Jongg Enthusiast

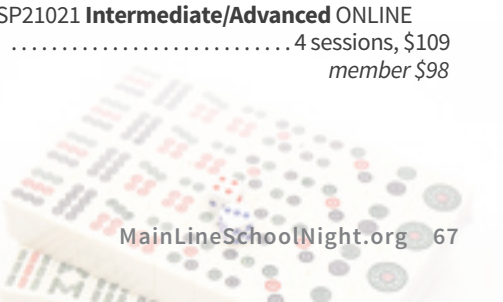
NEW Tue, 7:00 PM to 9:00 PM, starts 9/30
SP22077 **Beginner** Lower Merion HS
. 8 sessions, \$195
member \$175

Michelle Partlow, Professional Educator

Mon, 7:00 PM to 9:00 PM, starts 10/6
SP12035 **Beginner** ONLINE . . . 5 sessions, \$129
member \$116

Mon, 7:00 PM to 9:00 PM, starts 11/10
SP12016 **Advanced Beginner** ONLINE
. 3 sessions, \$89
member \$80

Tue, 9:30 AM to 11:30 AM, starts 1/6/26
SP21021 **Intermediate/Advanced** ONLINE
. 4 sessions, \$109
member \$98



LOCAL TOURS & BUS TRIPS

WALKING/STANDING SCALE



EASY/LITTLE



MODERATE/SOME



EXTENSIVE/LENGTHY

» **Historic St. Michaels, MD and Boat Excursion** ●●●

Join us for a day out in historic St. Michaels, Maryland. Browse quaint shops or visit a museum and lunch on your own before embarking on a relaxing narrated historical cruise on the Miles River to see beautiful estates and wildlife. Learn about local history, the formation of the Chesapeake Bay and some of the homes you see along the way. Lunch on your own.

MLSN Staff

Sat, 8:30 AM to 6:30 PM, 9/13

TT61173 Radnor Financial 1 session, \$179
member \$160

» **Iconic NYC Landmarks: Central Park & the New York Historical Society** ●●●●

NEW Central Park, located in the heart of Manhattan, is arguably the most famous urban oasis in the world. This compact tour discusses park history and context, famous film sites and events by visiting the Tavern on the Green and Sheep Meadow; The Lake, Bethesda Fountain and Bow Bridge, Strawberry Fields and the Dakota. After lunch on your own, visit the city's first museum, the New York Historical Society, home to Tiffany lamps, a replica Oval Office and more, for a guided tour of the *Objects Tell Stories* exhibition.

Eliot Niles, Licensed NYC Guide, Member of GNYC

MLSN Staff

Thu, 7:15 AM to 7:30 PM, 9/18

TT31122 Radnor Financial 1 session, \$189
member \$169

» **Ford's Theatre and the National Building Museum** ●●●

NEW Spend the morning exploring the four National Park Service sites that tell the story of the Lincoln assassination in April 1865 and its lasting impact on our nation. Following lunch on your own, meet at the awe-inspiring 19th C. National Building Museum. Our Historic Building Tour delves into architectural features, construction history, and its evolution to present day museum. Enjoy special access to areas not typically open to the public, including historic photographs of the people and institutions that shaped this unique part of the D.C. cityscape.

MLSN Staff

Thu, 7:30 AM to 6:00 PM, 9/25

TT41142 Radnor Financial 1 session \$179
member \$160

» **Mysteries of the Pine Barrens: The Bus Tour** ●●●

NEW Join us for a bus tour of several sites across New Jersey's Pine Barrens. Walk a sandy trail along cedar swamps, meet insect-eating plants and endangered species, discover cranberry bogs at the height of the season, and wander through a ghost town, all while searching for the infamous Jersey Devil! (See p.5 for class on Pine Barrens) Lunch on your own.

Mike Weilbacher, Naturalist; Author

Tue, 9:00 AM to 6:30 PM, 10/14

TT21110 Radnor Financial 1 session, \$155
member \$139

» **Hudson Valley Tour: Storm King Art Center** ●●●

NEW Travel to the Storm King Art Center known for the harmonious yet dramatic interaction between its large-scale sculptures and the landscape it has been dedicated to stewarding since 1960. Take a guided trolley tour to learn more about Storm King's history, art, and landscape and then explore on your own the collection of modern, monumental sculptures exhibited to glorious advantage on 500 acres of fields and woodlands. Lunch on your own in charming Cornwall on Hudson.

MLSN Staff

Wed, 7:30 AM to 7:30 PM, 10/22

TT31115 Radnor Financial 1 session, \$189
member \$169

» **Guided Visit to the Reopened Frick Collection** ●●●●

NEW Join us for an educator-led tour of the newly renovated Frick Collection in New York City. Experience the masterpieces collected by Pittsburgh industrialist Henry Clay Frick and housed in his former residence, one of the Upper East Side's few remaining Gilded Age mansions. Hear a brief introduction to the museum's history and founder before heading into the galleries for a close look and interactive conversation about artworks from the permanent collection. Lunch on your own.

MLSN Staff

Thu, 7:00 AM to 7:00 PM, 10/30

TT41124 Radnor Financial 1 session, \$189
member \$169

» **Culinary Institute of America** ●●●

NEW Start with the "CIA Experience" tour including the Institute's history, interactive demonstration on the science of taste, Roth Hall and Q&A with current CIA students. Then enjoy a three-course gourmet lunch prepared and served by students at American Bounty, a farm-to-table restaurant showcasing regional and seasonal products of the Hudson Valley. Visit the fabulous book and kitchen utensil store and cafe for to-go delicacies.

MLSN Staff

Fri, 6:45 AM to 6:00 PM, 11/7

TT51103 Radnor Financial 1 session, \$199
member \$179

LOCAL TOURS & BUS TRIPS

» **Sweet Escape: The Hershey Story Museum and Gardens** ●●●

NEW Visit the interactive Hershey Museum and learn the story of America's great chocolate entrepreneur. Experience a flight of 6 warm drinking chocolates from around the world to hone your skills as a cocoa connoisseur or simply enjoy a taste of indulgence. After lunch on your own in downtown Hershey, visit the 23-acre Hershey Gardens designed to offer beauty in every season including a breathtaking assortment of flowers, shrubs and signature trees as well as the Butterfly Atrium.

MLSN Staff

Tue, 9 AM to 6:30 PM, 11/11

TT21166 Radnor Financial 1 session, \$169
member \$154

» **The American Revolution: 10 Critical Days and the Battles that Saved the War** ●●●

NEW Turn the clock back 250 years as you join MLSN instructor, Major Lawrence Swesey in an exciting exploration of the three battles that saved the Continental Army in the winter of 1776-1777. Stand where Washington organized the Army after crossing the Delaware, see where General Knox directed cannon fire at Trenton and walk the Princeton battlefield. The tour includes museums, multi-media representations, historical artifacts, and conversations with reenactors. Lunch included.

Lawrence Swesey, MEd; Instructor (Ret.); Adj Prof, VFMC, Ethics and History; Maj USA (Ret.)

MLSN Staff

Sat, 8:30 AM to 6:00 PM, 11/15

TT61156 Radnor Financial 1 session, \$179
member \$160

» **Past into Present: Gracie Mansion and the Museum of the City of New York** ●●●●

NEW Take a docent-led tour of Gracie Mansion and learn its storied path from 1799 to being known as "the People's House" the official residence of the Mayor of New York. Visit the Museum of the City of New York where its history and future come alive in a guided tour of the *New York at Its Core* exhibition. Framed around the key themes of money, density, diversity, and creativity, it captures 400 years of the human energy that created a city like no other, from the Lenape chieftain Penhawitz to Jay Z. Lunch on your own.

MLSN Staff

Wed, 7:30 AM to 7:00 PM, 11/19

TT31150 Radnor Financial 1 session, \$189
member \$169

» **Holidays in Historic New Castle**

NEW Travel back in time as we visit New Castle Delaware. Founded by the Dutch in 1651 it is a must-visit for those interested in early American history and architecture, especially during the holiday season! On our guided walking tour you will visit the Dutch, Read and Amstel houses, learn about St. Nicholas and Sinterklaas Day and colonial Christmas customs. Enjoy an 18th C hearth demonstration and create a Bannetstaven ornament for your tree. Lunch, shopping and time to explore the town on your own round out your day.

MLSN Staff

Thu, 8:30 AM to 5:30 PM, 12/4
TT41158 Radnor Financial 1 session, \$155
member \$139

» **Princeton for the Holidays**

NEW Visit the Morven Museum during its *Festival of Trees* and enjoy the decorations and stories of its 200-year history, first as a colonial home, then as the NJ Governor's mansion. After lunch and time on your own, join your guide on a walking tour to explore historical sites like Nassau Hall, University Chapel, and Palmer Square and hear some of the lesser-known stories of Princeton's diverse past.

MLSN Staff

Tue, 9:00 AM to 5:00 PM, 12/16
TT21123 Radnor Financial 1 session, \$155
member \$139

» **Monet and Venice at the Brooklyn Museum**

NEW Claude Monet stated that Venice was "too beautiful to be painted," but spent his career embracing that challenge. New York's largest Monet exhibition in over a decade reunites many paintings for the first time since their debut in 1912. Monet's vision of Venice is set in dialogue with portrayals by Canaletto, Paul Signac, John Singer Sargent, and Renoir. Sonic installations by Niles Luther, the Museum's composer in residence, and other immersive elements further transport you to this fabled place. Brooklyn Botanical Garden visit included (weather permitting). Lunch on your own.

MLSN Staff

Wed, 8:30 AM to 7:00 PM, 1/14/26
TT 31133 Radnor Financial 1 session, \$179
member \$165

» **Renoir at the Morgan Library**

NEW While the paintings of Auguste Renoir may be icons of Impressionism, his drawings, watercolors, and pastels were central to his artistic practice. Organized by Musee D'Orsay and the Morgan Library, this exhibition of over 100 artworks is the first in 100 years to explore the ways he tested ideas and planned compositions, interpreting landscapes and the human figure. It reveals Renoir's creative process while offering insights into his artistic methods over five decades. Lunch on your own.

MLSN Staff

Thu, 8:30 AM to 7:30 PM, 1/29/26
TT41188 Radnor Financial 1 session \$179
member \$165

» **Baltimore Craft Show**

NEW Chase away your February blues with a trip to American Craft Made Baltimore, the largest juried craft fair on the East Coast. Now in its 49th year it has become a celebrated local institution bringing together hundreds of leading artists presenting their jewelry, furniture, clothing, home decor and more. Come for shopping, hands-on experiences and connection through craft. A guided tour of the American Visionary Art Museum tour is included. Lunch on your own.

MLSN Staff

Fri, 8:00 AM to 7:00 PM, 2/20/26
TT51135 Radnor Financial 1 session, \$159
member \$145

LOCAL TOURS» **Maguire Art Museum & Barnes Arboretum at St. Joseph's University**

Nestled within the Barnes Arboretum in Merion, the Frances M. Maguire Art Museum opened in May 2023 in the renovated historic Barnes Foundation building, whose iconic salon galleries now display pieces from the University's extensive collection. Enjoy a private tour with the Curator and learn about the collection and the Museum's mission. Then explore the Arboretum's plants and history with the Assistant Director for Living Collections & Horticulture Programs as he shares his passion for this unique 12-acre site.

Bill Rein, Asst. Director for Living Collections & Horticulture

Erin Downey, Asst. Museum Curator and Professor, SJU

Thu, 10:30 AM to 12:30 PM, 9/11
TT41087 Maguire Art Museum at SJU
. 1 session, \$49
member \$44

» **American Philosophical Society**

NEW Founded in 1743 by Benjamin Franklin for the purpose of "promoting useful knowledge" the American Philosophical Society is the oldest learned society in the United States housing over 3,000 artifacts. Join us for a guided tour of the new exhibition, *Philadelphia, The Revolutionary City*. Explore Philadelphia in the late 1700s, learn about the toll the war took on daily life in and around the city and discover lesser-known stories from this pivotal period.

Staff, American Philosophical Society

Tue, 10:30 AM to 12:00 PM, 9/16
TT21023 American Philosophical Society
. 1 session, \$35
member \$31

» **The Lazaretto: Epidemics, Quarantine and Philadelphia**

Along the riverfront in Tinicum Township is the oldest surviving quarantine facility in the Western Hemisphere. Built in response to devastating yellow fever epidemics, it was the gateway to Philadelphia where all arriving ships, passengers, and cargos were inspected and quarantined if necessary. Enjoy a guided tour of this "monument to a hidden history" and learn the legacy of how cities protected themselves before laboratory medicine and germ theory; when quarantine looked and felt very different from that of COVID-19.

David Barnes, Associate Professor, University of Pennsylvania

Sat, 10:30 AM to 12:30 PM 9/27
TT61062 Lazaretto Quarantine Station
. 1 session \$39
member \$35

» **Boathouse Row Hidden History Tour**

Dotty Brown, former editor at the Philadelphia Inquirer, leads this walking tour that will bring Boathouse Row to life through often unknown stories. What was the relationship of the painter Thomas Eakins to the Row? Why is the Row's architecture so eclectic and what famous Philadelphia architect left his mark there? When were women included on the Row?

Dotty Brown, Former Editor, Philadelphia Inquirer; Author, Boathouse Row

Tue, 10:30 AM to 12:00 PM, 9/30
TT21085 Lloyd Hall 1 session, \$49
member \$44

» **The Architecture of Bryn Mawr College**

Step back in time as you stroll through Bryn Mawr College to view and discuss its iconic architecture. On this guided walking tour explore its design and evolution from the 1880s until today. Highlights will include buildings by Addison Hutton, George T. Pearson, Cope & Stewardson, Mellor, Meigs & Howe, and Louis Kahn.

Jeffrey A. Cohen, Assoc. Professor, Bryn Mawr College

Wed, 5:00 PM to 6:30 PM, 10/7
TT22047 BMC Goodhart Hall . . . 1 session, \$49
member \$44

» **Walking Tour of the Italian Market**

Join Chef Jacquie on her fun-filled food, culture, and art tour and immerse yourself in the long-standing history and exciting new food trends in the Italian Market. She will show you how to shop like a chef and teach you about the unique and interesting food and wares that you can find on this historic stretch of 9th Street. Tastings and Santucci's pizza lunch included. Buon Appetito!

Chef Jacquie Kelly

Wed, 10:30 AM to 1:00 PM, 10/8
TT31070 Italian Market 1 session, \$89
member \$80

» **Stroll Stoneleigh**

Take an exclusive guided tour of Stoneleigh, a Natural Lands Garden. During this tranquil stroll learn surprising facts about this spectacular 42-acre garden's past and present. Highlights include towering trees, historic landscape features, and innovative plantings designed and installed since the garden's opening in 2018. Walk through the Tudor Revival style main house, now shared with the Organ Historical Society, and take a brief tour of the Aeolian-Skinner pipe organ.

Staff, Stoneleigh: A Natural Garden

Thu, 4:00 PM to 5:30 PM, 10/16
TT42010 Stoneleigh 1 session, \$49
member \$44



» **Tour of Ardrossan** ●●●●●

View one of the last remaining great estates on the Main Line. The first-floor tour of Ardrossan will be given by Joanie Mackie, the granddaughter of the Montgomerys. Horace Trumbauer designed the house where the extended Montgomery family has lived since 1912. Playwright Philip Barry, a family friend, based *The Philadelphia Story* on members of the Montgomery family, Ardrossan and Radnor Township. Katharine Hepburn's character was loosely based on Helen Hope, the oldest Montgomery child.

Joanie Mackie, Tour Guide

David Nelson Wren, Author, Ardrossan: The Last Great Estate on the Main Line

Sat, 10:00 AM to 11:30 AM, 10/18
TT61032 Morning Ardrossan . . . 1 session, \$65
member \$58

Sat, 12:30 PM to 2:00 PM, 10/18
TT61033 Afternoon Ardrossan . . 1 session, \$65
member \$58

Sat, 10:00 AM to 11:30 AM, 10/25
TT61034 Morning Ardrossan . . . 1 session, \$65
member \$58

Sat, 12:30 PM to 2:00 PM, 10/25
TT61033 Afternoon Ardrossan . . 1 session, \$65
member \$58

Sat, 10:00 AM to 11:30 AM, 11/1
TT61036 Morning Ardrossan . . . 1 session, \$65
member \$58

Sat, 12:30 PM to 2:00 PM, 11/1
TT61037 Afternoon Ardrossan . . 1 session, \$65
member \$58

» **Wharton Esherick Studio Tour** ●●●●●

NEW Explore the artistry and dynamic creativity of Wharton Esherick on this guided tour of this "whimsical" dwelling furnished entirely with his handiwork: sofas, beds, wastebaskets, door latches, and decorated with his sculptures. A leader in the studio furniture movement, he considered himself an artist not a craftsman, concerned with form not technique declaring "if it's not fun it's not worth doing."

Staff, Wharton Esherick Museum

Wed, 10:30 AM to 12:00 PM, 10/29
TT31034 Wharton Esherick Museum
..... 1 session, \$53
member \$48

» **Garden Highlights at Chanticleer** ●●●●●

Discover how Chanticleer evolved from the Rosengarten's historic private estate to a public garden blending several curated spaces intended to inspire home gardeners. On this private guided walking tour exclusive to MLSN, take an in-depth look at one area, examine garden designs, plantings and maintenance, and tour the first floor of the 1913 mansion. Visit with the gardener in charge and learn from their perspective what goes into creating today's enchanting display of "a pleasure garden."

Staff, Chanticleer Tour Guide

Wed, 10:30 AM to 12:00 PM, 11/5
TT31078 Chanticleer 1 session, \$49
member \$44

» **Penns Woods Winery: Tour and Tasting** ●●●●●

NEW Enjoy an afternoon in the vineyard sipping a number of internationally recognized wines paired with a charcuterie board of local meats, cheeses and spreads. Learn about the history of this family-owned estate winery and take a walk through the 15-acre vineyard, which was recently designated as part of the First State National Park, one of only two wineries in the U. S. to sit upon National Park Land.

Staff, Penns Woods Winery

Thu, 1:00 PM to 3:00 PM, 11/13
TT41074 Penns Woods Winery. . 1 session, \$75

» **Freedom's Path: Kennett Square's Underground Railroad Sites** ●●●●●

Your guided bus tour explores the hidden history of the Underground Railroad in Kennett Square. Learn about the critical contributions of the courageous abolitionists, local African American communities and faith-based groups who assisted those on a quest for liberty and safety. Visit documented sites, historic homes and Quaker Meeting houses and hear the stories of the freedom seekers who risked everything to escape the horrors of slavery.

Staff, Kennett Underground Railroad Center

Tues 10:00 AM to 12:30 PM, 11/18
TT21099 Kennett Heritage Center . 1 session \$79
member \$71

» **Holiday Wreath Workshop at Historic Lemon Hill** ●●●●●

NEW Harkening back to 18th Century holiday traditions, join MLSN and award-winning gardener and florist Jaime Davenport in a step by step guided class to craft a citrus-themed holiday wreath. Afterward, tour Lemon Hill's holiday decorations, hear its history and explore this fascinating Federal style mansion which features unique oval rooms overlooking the Schuylkill.

Jaime Davenport, Professional Florist, Lemon Hill Caretaker

Tues, 1:00 PM to 3:30 PM, 12/2
TT21011 Lemon Hill Mansion . . . 1 session, \$79

» **Masonic Temple & Union League: Philly at Christmas** ●●●●●

Explore Philly decorated for the holidays! Private tours will reveal the historical and architectural splendor of two National Historic Landmarks. In the morning, explore the Masonic Temple's stunning exterior and monumental meeting halls reflecting ancient civilizations. Reconvene in the afternoon at the Union League, a magnificent 250,000 sq ft. French Renaissance-style edifice and tour its extraordinary collection of Americana art and artifacts amid its stunning seasonal decorations. Lunch on your own.

Staff, Masonic Temple

Staff, Union League

Wed, 10:00 AM to 3:30 PM, 12/10
TT31018 Masonic Temple. 1 session, \$65
member \$58

» **Philadelphia's Swedish History and Holidays** ●●●●●

NEW Founded in 1926, the American Swedish Historical Museum in South Philadelphia is the oldest in the United States. The Museum's galleries explore the history of Swedish immigration to the United States, beginning with the New Sweden Colony in 1638 and continuing through the 1900s. On this unique holiday tour, visit the Museum decorated for the holidays in traditional Swedish fashion and learn about their holiday celebrations for Christmas and St. Lucia Day.

Staff, Swedish Museum

Thu, 10:00 AM to 11:30 AM, 12/18
TT41032 American Swedish Historical Museum
..... 1 session, \$45
member \$40



» **The 1876 Centennial Exposition's Legacy at the Historic Guild House Hotel** ●●●●●

NEW Philly History Pop Ups leader Cara Bongiorno will introduce us to the Centennial Exposition of 1876's catalyzation of the women's movement, and to the subsequent New Century Guild's support of women in the workforce. Learn the names and stories of Guild founder Eliza Sproat Turner; philanthropist Dr. Alice Norton; NAACP organizer Florence Kelley; and suffragist Edith Brubaker by exploring some of the gorgeous rooms of the Guild House Hotel that pay homage to their legacy. Light refreshments.

Cara Schneider Bongiorno, Founder, Philly History Pop Ups

Tue, 1:00 PM to 3:00 PM, 1/13/26
TT21034 Guild House Hotel. . . . 1 session, \$49
member \$44

» **Lancaster County Farmer's Market: A Community Treasure** ●●●●●

Experience the Lancaster County Farmers Market in Wayne, serving the Main Line since 1929. Hear the history of how it started, its locations over the years, and what makes it unique among retail food stores and other farmers markets. Meet market vendors as you sample some of their wonderful offerings, including pastries, wines and cheeses. A Tredyffrin Easttown Historical Quarterly issue on the market is included.

Staff, Lancaster County Farm Market

Wed, 10:00 AM to 11:30 AM, 1/28/26
TT31085 Lancaster County Farmer's Market
..... 1 session, \$39
member \$35

» **Pennsylvania Distilling Tour and Tasting** ●●●●●

NEW Enjoy a personal tour with Head Distiller and Owner Richard Buoni and find out how the different spirits are made. All grains are sourced locally and are non-GMO. Experience their wide variety of small batch craft liquors through a guided tasting including Bourbon, Rye, Single Malt Whiskey, Vodka, Gin and Rum. Light Snacks included.

Richard Buoni, Head Distiller and Owner

Thu, 1:30 PM to 3:30 PM, 2/12/26
TT41082 Pennsylvania Distilling Company
..... 1 session, \$75

WRITING & COMMUNICATION

» Diving Into Poetry

All are welcome: those new to poetry and those with a writing practice. Learn more about forms, poems from different cultures and ourselves! By reading others' work and using writing prompts, we'll experiment, edit and provide a nurturing environment for sharing our writing.

Cathleen Cohen, Poet, Teacher, Painter

Tue, 2:00 PM to 3:15 PM, starts 9/16
WC21863 Creutzburg 8 sessions, \$139
member \$125

» Creative Writing Workshop

Explore the many ways we express ourselves through creative writing: poetry, fiction and nonfiction. Read poems, short stories and essays and explore techniques that writers use to bring us closer to the emotional core of the material. There will be opportunities to read and share one another's work, offering feedback and encouragement.

Maria Ceferatti, Author; Writing Teacher

Wed, 6:30 PM to 9:00 PM, starts 9/17
WC32862 Creutzburg 4 sessions, \$99
member \$89

» Autobiographical Writing

Most of us have good stories to tell, but how best to tell them? Bring your stories to life, starting with a reading of your work, and with the aid of feedback on how others understand what you've written. Teacher and class commentary become tools to better see our own written work. Bring a piece of writing to class.

Kate Varley, Published Author

Mon, 9:30 AM to 12:00 PM, starts 9/22
WC11570 ONLINE 10 sessions, \$186
member \$166

» Writer's Workshop

Learn the MFA way to write with passion, clarity, and punch. Join fellow writers of any genre and discover what makes good writing good. Address technical skill, learn to edit your work and develop the motivation to move forward as well as gain insight into what holds you back. Handouts provided.

Sally Weinstock, Founder, Pennington Arts

Tue, 7:45 PM to 9:00 PM, starts 9/30
WC22866 Lower Merion HS . . . 8 sessions, \$135
member \$121

» Unleash Your Inner Author

Ready to write your book? Receive the guidance, considerations, and personal reflection you need to turn your ideas into reality. Cover some of the pitfalls people face when writing a book—from starting and writer's block, to the logistics of book size, independent publishing, and marketing.

Pamela Aloia, Writing Consultant; Author

Tue, 6:30 PM to 8:00 PM, starts 11/11
WC22864 Lower Merion HS 2 sessions, \$49
member \$44

» Travel Writing: Capturing Memories

Turn travel memories into travel narratives for your personal archives or for publication. "Unpack" experiences long after you've unpacked your suitcases—use photographs, online research tools, history, humor, and/or different essay structures and elements (like postcards or recipes) to capture their essence.

Eileen Cunniffe, Nonfiction Author

Tue, 6:45 PM to 8:15 PM, starts 10/7
WC22865 Lower Merion HS 5 sessions, \$95
member \$85

» Writing Children's Books

Have you ever wanted to write a book for young people? Cover the differences in age categories, picture books to young adult; writing tips like three-act structure and developing characters; misconceptions about children's publishing; the difference between traditional and self-publishing. See the world through a child's eyes.

Eric Bell, Author, Juvenile Fiction

Mon, 1:00 PM to 2:30 PM, starts 10/20
WC11861 Creutzburg 3 sessions, \$74
member \$71


» Journaling: Pages of Change

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24 Upland Road
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Upper Merion Community Center

431 W Valley Forge Road
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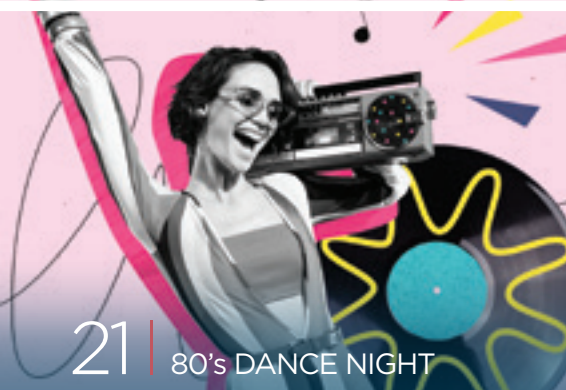
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Archaeological Treasures of Turkey p. 8
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